

# 1. Ibbenbürener Klippenlauf

## Klippenlauf 22 KM Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	81	392	Ruthe, Ralf	TUS Eintracht Bielefeld	M 30	01:27:58	01:27:58
2	2	2	80	537	Welp, Robert	SV Teuto Riesenbeck	M 30	01:29:46	01:29:45
3	3	3	79	15	Assmann, Ingo	SC Melle 03	M 30	01:32:22	01:32:21
4	1	4	63	203	Igelbrink, Hans-Peter	TV Georgsmarienhütte	M 45	01:34:02	01:33:56
5	1	5	68	440	Seifert, Ronny	LT Furtwangen	M 40	01:34:03	01:34:00
6	1	6	61	165	Heithorn, Andreas	SV Eintracht Neuenkirchen	M 50	01:35:03	01:35:00
7	2	7	69	217	Kamp, Jörg	TV - Mettingen	M 40	01:35:44	01:35:43
8	3	8	70	238	Konermann, Michael	Rennschweine Greffen	M 40	01:38:17	01:38:14
9	1	9	76	461	Steffen, Markus	SV Eintracht Neuenkirchen	M 35	01:40:24	01:40:19
10	2	10	67	201	Ickert, Oliver	TV Georgsmarienhütte	M 45	01:41:08	01:41:02
11	2	11	73	245	Kosakowski, Daniel	TuS Germania Horstmar	M 35	01:41:21	01:41:18
12	3	12	67	131	Gößling, Andreas	SV Teuto Riesenbeck	M 45	01:41:50	01:41:44
13	4	13	67	309	Mende, Uwe	Tri Finish Münster	M 45	01:42:31	01:41:47
14	5	14	67	216	Kamp, Guido	LG Emsdetten	M 45	01:42:41	01:42:39
15	6	15	63	463	Steinhauser, Axel	LG Rhiene	M 45	01:42:47	01:42:42
16	3	16	74	330	Mußgnug, Oliver	TSVE 1890 Bielefeld	M 35	01:42:52	01:42:44
17	4	17	69	310	Menger, Peter	TriRaLa Kolping Püsselbüren	M 40	01:43:05	01:43:02
18	1	18	83	565	Wulfmeyer, Henning	Bielefeld	M HK	01:43:11	01:43:07
19	5	19	69	632	Lammers, Andreas	Tri Ra La Kolping Püsselbüren	M 40	01:43:19	01:43:16
20	6	20	68	319	Merten, Olaf	TriRaLa Kolping Püsselbüren	M 40	01:43:32	01:43:28
21	4	21	77	11	Altehülsing, Thomas	Team Laufcampus	M 35	01:44:09	01:44:08
22	5	22	75	21	Bauer, Alex	Montagebauer Lübbecke	M 35	01:44:25	01:44:07
23	2	23	85	465	Sterthaus, Jens	TV Mesum	M HK	01:44:38	01:44:34
24	7	24	63	283	Lindemann, Holger	TriRun Ibbenbüren	M 45	01:45:09	01:44:58
25	7	25	70	618	Khatib, Abdel	TV Friesen Telgte	M 40	01:45:35	01:45:31
26	8	26	64	599	Maag, Theo	Grün Weiß Steinbeck	M 45	01:45:36	01:45:32
27	4	27	80	84	Dörries, Thorsten	SV Eintracht Neuenkirchen	M 30	01:45:36	01:45:09
28	8	28	71	236	Köll, Stefan	SC Herringhausen	M 40	01:45:59	01:45:53
29	9	29	66	391	Ruploh, Werner	LV Oelde	M 45	01:46:03	01:45:52
30	5	30	81	316	Merse, Andreas	Blau-Weiß Merzen	M 30	01:46:29	01:45:49
31	10	31	66	106	Finkelmann, Ralf	TUS Hiltrup	M 45	01:46:43	01:46:37
32	1	1	78	598	Queren, Stefanie	OTB Osnabrück	W 30	01:47:15	01:47:11
33	1	32	52	95	Engeländer, Goar	Haxter Lauffreunde Paderborn	M 60	01:47:17	01:46:57
34	9	33	72	38	Bien, Jochen	TriRaLa Kolping Püsselbüren	M 40	01:47:23	01:47:11
35	3	34	86	311	Menke, Tobias	Hannover	M HK	01:47:26	01:47:25
36	2	35	62	321	Meyer, Andreas	BSG Westfalen AG.	M 50	01:47:31	01:47:17
37	11	36	63	9	Alke, Burkhard	Rennschweine Greffen	M 45	01:47:45	01:47:35
38	10	37	72	128	Görlich, Reiner	TV Hohne	M 40	01:48:03	01:47:59
39	3	38	60	611	Weihmann, Thomas	Osnabrück	M 50	01:48:10	01:48:00
40	11	39	70	54	Brink, Jan	SV Cosmos Getelo	M 40	01:48:30	01:48:26
41	12	40	67	452	souza, carlos	lotte	M 45	01:48:37	01:48:09
42	6	41	73	644	Hampel, Marco	LSF Münster	M 35	01:48:43	01:48:39
43	13	42	67	458	Stapelbroek, Dieter	DJK Coesfeld	M 45	01:48:48	01:48:46
44	4	43	62	564	Woltring, Stefan	SVC Laggenbeck	M 50	01:48:54	01:48:50
45	12	44	71	650	Rostek, Peter	LC Solbad Ravensberg	M 40	01:49:08	01:48:55
46	7	45	76	267	Langlitz, Dimitri	OKE Group GmbH	M 35	01:49:12	01:49:01
47	5	46	61	149	Hamann, Thomas	Ski-Club Springe	M 50	01:49:16	01:49:11
48	14	47	67	443	Severt, Günter	LG Coesfeld	M 45	01:49:19	01:49:11
49	13	48	68	577	fistarol, marcus	team radsport schriewer	M 40	01:49:30	01:49:22

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	15	49	67	368	Pohl, Martin	TV Georgsmarienhütte	M 45	01:49:44	01:49:37
51	6	50	79	231	Knappeide, Mark	TV Georgsmarienhütte	M 30	01:49:56	01:49:45
52	16	51	65	271	Leimkühler, Jürgen	TV Georgsmarienhütte	M 45	01:50:01	01:49:53
53	6	52	62	132	Gottwald, Dieter	SV Teuto Riesenbeck	M 50	01:50:13	01:50:07
54	14	53	70	101	Feldbusch, Markus	SV Teuto Riesenbeck	M 40	01:50:13	01:50:07
55	8	54	74	223	Kenning, Karl-Heinz	Lauftreff Merzen	M 35	01:50:41	01:49:45
56	15	55	69	63	Brüseke, Andreas	TV Hohne	M 40	01:50:45	01:50:40
57	16	56	71	252	Kretschmer, Jörg	Laufsport Senden	M 40	01:50:49	01:49:57
58	17	57	67	527	Wargers, Martin	BSG Westfalen AG	M 45	01:50:50	01:50:40
59	17	58	70	29	Becks, Michael	Tri Finish Münster	M 40	01:50:53	01:50:20
60	4	59	85	104	Fender, Frederic	Nottuln	M HK	01:51:13	01:50:44
61	18	60	70	20	Bartkowski, Markus	Herford	M 40	01:51:17	01:50:52
62	19	61	68	282	Licher, Eckhard	VfL Kloster Oesede	M 40	01:51:30	01:51:27
63	9	62	73	281	Leuvelink, Bob	LAAC Twente	M 35	01:51:32	01:50:55
64	10	63	76	218	Kasprik, Michael	Laufsportfreunde Münster e.V.	M 35	01:51:33	01:51:28
65	20	64	72	408	Schmeink, Stefan	Mercedes Herbrand	M 40	01:51:37	01:51:35
66	18	65	67	538	Wendker, Thomas	Brock Rocks	M 45	01:51:39	01:51:22
67	1	2	93	110	Freimuth, Friederike	TV Ibbenbüren	W Jgd A	01:51:42	01:51:12
68	7	66	62	160	Hecker, Peter	FTSV Heckershausen	M 50	01:51:47	01:51:26
69	19	67	67	40	Billermann, Markus	SV- Herbern	M 45	01:51:59	01:51:44
70	20	68	65	487	Thentie, Michael	LG Coesfeld	M 45	01:52:13	01:52:06
71	21	69	66	39	Bien, Rainer	SV Teuto Riesenbeck	M 45	01:52:22	01:52:10
72	21	70	70	169	Herbert, Stephan	SC Nordwalde	M 40	01:52:24	01:52:05
73	22	71	63	61	Bröker, Hermann	LG Emsdetten	M 45	01:52:24	01:52:10
74	23	72	67	426	Schrant, Jürgen	SV Bokeloh	M 45	01:52:27	01:52:12
75	8	73	62	159	Häusler, Ralf	LiVe-Lauftreff in Versmold	M 50	01:52:34	01:52:11
76	9	74	62	100	Feicht, Gunnar	LC Solbad Ravensberg	M 50	01:52:36	01:52:23
77	7	75	80	419	Schnieders, Thomas	TriRun Ibbenbüren	M 30	01:52:40	01:52:39
78	22	76	70	642	Stollhans, Klaus	RSC Rietberg	M 40	01:52:47	01:52:36
79	5	77	90	460	Steffan, Jan-Hendrik	SV Büren	M HK	01:52:58	01:52:27
80	10	78	59	8	Albers, Werner	LG Emsdetten	M 50	01:53:08	01:53:00
81	24	79	63	157	Hartmann, Uwe	Bippener SC	M 45	01:53:17	01:52:41
82	8	80	81	591	salewsky, dominik	SC Osnabrück	M 30	01:53:20	01:53:10
83	23	81	69	66	Carstens, Oliver	STUDIO AKTIV OS	M 40	01:53:27	01:52:43
84	24	82	72	496	Tormöhlen, Jörn	Ibbenbüren	M 40	01:53:29	01:53:07
85	25	83	69	226	Kiene, Andreas	SSV Hamm	M 40	01:53:38	01:53:35
86	6	84	84	592	Schrammeyer, Kai	Tri4Fun Ibbenbüren	M HK	01:53:57	01:53:55
87	1	3	67	332	Nachtwey, Claudia	TV Werne 03	W 45	01:54:10	01:54:02
88	25	85	63	612	Hövel, Helmut	SV Teuto Riesenbeck	M 45	01:54:13	01:54:01
89	26	86	67	635	Strübbe, Karl-Heinz	LC Nordhorn	M 45	01:54:21	01:54:16
90	11	87	60	154	Harbering, Andreas	LG Emsdetten	M 50	01:54:21	01:54:18
91	1	88	54	207	John, Peter	LC Nordhorn	M 55	01:54:26	01:54:21
92	27	89	64	138	Grimme, Harald	LG Emsdetten	M 45	01:54:30	01:54:25
93	26	90	69	491	Tietz, Udo	SV Bokeloh	M 40	01:54:38	01:54:22
94	7	91	84	420	Schönewolf, Sebastian	Bumkies LG	M HK	01:54:40	01:53:54
95	2	4	66	471	Stöppler, Petra	Marathon Steinfurt	W 45	01:54:43	01:53:59
96	11	92	76	569	Höflich, Tobias	SVC Laggenbeck	M 35	01:54:53	01:54:36
97	27	93	72	404	Schluchter, Thommy	Lauftreff Merzen	M 40	01:54:55	01:53:59
98	28	94	67	292	Lukas, Steven	OKE Group GmbH	M 45	01:54:57	01:54:48
99	28	95	68	359	Peters, Uwe	VfL Lönningen	M 40	01:55:00	01:54:04
100	29	96	72	522	Voß, Lars	Warendorf	M 40	01:55:07	01:54:21
101	29	97	66	578	drehlmaNN, peter	rsg emsdetten	M 45	01:55:15	01:55:06

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	30	98	70	323	Misch, Jörg	TV Mettingen	M 40	01:55:17	01:54:53
103	30	99	66	314	Mergelmeyer, Hans-Bernd	TuS Borgloh	M 45	01:55:21	01:55:04
104	8	100	83	589	Rasmußen, Jörn	Tri Ducks Dorsten	M HK	01:55:29	01:54:51
105	2	101	54	559	Winter, Günter	LG Emsdetten	M 55	01:55:30	01:55:27
106	31	102	63	77	Dieckmann, Raimund	Grün-Weiß Steinbeck	M 45	01:55:35	01:55:15
107	12	103	60	69	Clausing, Andreas	LSF Münster	M 50	01:55:37	01:55:27
108	31	104	68	177	Hintemann, Andreas	SuS Stadtlohn	M 40	01:55:42	01:55:31
109	32	105	65	179	Hoffrogge, Dieter	SC Spelle-Venhaus	M 45	01:55:52	01:55:47
110	9	106	89	250	Krawietz, Carsten	Feuerwehr Ibbenbüren	M HK	01:55:55	01:55:37
111	33	107	65	448	Silvestri, Francesco	LG Ems Warendorf	M 45	01:56:07	01:54:55
112	3	108	57	257	Küpker, Heinz	BSG Kraftwerke Lingen	M 55	01:56:11	01:56:09
113	9	109	80	643	Hiebing, Sebastian	1 Tri Team Gütersloh GTV	M 30	01:56:12	01:56:09
114	34	110	67	241	Kordsmeyer, Michael	Stella Bevergern	M 45	01:56:18	01:56:09
115	35	111	67	120	Gehlen, Markus	LG Rheine-Elte	M 45	01:56:19	01:55:57
116	36	112	66	437	Schwarte, Christian	LG Emsdetten	M 45	01:56:26	01:56:17
117	37	113	65	511	Veismann, Hermann	Hörstel	M 45	01:56:28	01:56:12
118	38	114	65	334	Neuhaus, Walter	PC Telgte	M 45	01:56:30	01:55:49
119	10	115	84	192	Horstmann, Michael	Feuerwehr Ibbenbüren	M HK	01:56:34	01:56:15
120	32	116	70	163	Heidenreich, Sascha	Enger	M 40	01:56:34	01:55:29
121	39	117	65	13	Arnsberg, Ulrich	Wasser Freizeit Münster	M 45	01:56:35	01:56:11
122	3	5	63	483	Tappmeier, Beatrice	Bellzett	W 45	01:56:37	01:56:13
123	11	118	84	394	Sandherm, Christian	Ibbenbüren	M HK	01:56:38	01:55:53
124	33	119	71	24	Baumann, Thomas	Tri-Team Dissen	M 40	01:56:44	01:56:31
125	40	120	66	17	Aulkemeyer, Jochen	TV Mettingen	M 45	01:56:52	01:56:29
126	41	121	65	105	Fenger, Bernd	Ibbenbüren	M 45	01:57:07	01:57:00
127	12	122	87	472	Stoye, Kai-Uwe	Bramsche	M HK	01:57:09	01:57:05
128	4	123	53	477	Striewski, Gerhard	Löhne	M 55	01:57:11	01:57:07
129	10	124	78	72	Crusius, Lars	Sockenräuber Osnabrück	M 30	01:57:11	01:56:45
130	13	125	88	378	Revermann, Michael	Bevergern	M HK	01:57:20	01:56:20
131	13	126	61	46	Böhle, Dirk	TV Werne 03	M 50	01:57:20	01:57:11
132	2	6	78	97	Esselmann, Jela	Live- Lauftreff in Versmold	W 30	01:57:22	01:56:47
133	34	127	69	88	Duda, Ingo	TV Georgsmarienhütte	M 40	01:57:25	01:57:14
134	12	128	75	6	Ahrlrichs, Florian	Bumkies LG	M 35	01:57:29	01:56:43
135	11	129	81	30	Beermann, Matthias	Feuerwehr Ibbenbüren	M 30	01:57:41	01:57:21
136	42	130	64	94	Elstrodt, Dieter	TV Mettingen	M 45	01:57:41	01:57:22
137	14	131	61	126	Goltsche, Thomas	SV Eintracht Neuenkirchen	M 50	01:57:47	01:57:39
138	43	132	63	280	Leutermann, Thomas	TuS Glane	M 45	01:57:48	01:56:54
139	12	133	81	617	Stoppe, Christian	TUS Glane	M 30	01:57:48	01:57:43
140	2	134	49	186	Holterman, Jan	Emmen	M 60	01:57:49	01:57:48
141	15	135	61	80	Dierkes, Reinhard	Feuerwehr Ibbenbüren	M 50	01:57:51	01:57:45
142	35	136	69	240	Koppe, Martin	W + F Münster	M 40	01:57:52	01:57:19
143	4	7	65	395	Sandkühler - Daniel, Dorothee	LV Oelde	W 45	01:57:55	01:57:48
144	44	137	66	113	Fröhlking, Joachim	Ibbenbüren	M 45	01:58:04	01:57:53
145	36	138	68	422	Schötker, Ulf	Bippener SC	M 40	01:58:06	01:57:48
146	16	139	62	435	Schuschel, Oliver	SV Herbern	M 50	01:58:07	01:57:55
147	45	140	63	570	Fikus, Ewald	LSF Münster	M 45	01:58:13	01:57:58
148	5	141	54	300	Masch, Holger	FC Stella Bevergern	M 55	01:58:26	01:58:21
149	17	142	60	166	Hellmann, Andreas	SV Ofenerdiek	M 50	01:58:30	01:58:17
150	37	143	68	363	Pickkers, Marcel	Zwijndrecht	M 40	01:58:34	01:58:27
151	38	144	68	640	klasing, jürgen	TV Mesum	M 40	01:58:34	01:58:13
152	39	145	70	616	lake, christian	TV Mesum	M 40	01:58:34	01:58:13
153	18	146	59	493	Toepper, Georg	WSU- Warendorf	M 50	01:58:37	01:58:21

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	46	147	67	528	Warner, Michael	RW-Sutthausen	M 45	01:58:50	01:58:33
155	13	148	77	305	Maus, Christian	Ruderclub Hamm	M 35	01:58:54	01:58:48
156	13	149	80	438	Schwede, Stefan	Münster	M 30	01:58:54	01:58:48
157	6	150	56	609	Oude Hesselink, Theo	MPM Hengelo	M 55	01:58:54	01:58:47
158	14	151	77	545	Westermann, Tobias	Münster	M 35	01:58:57	01:58:47
159	19	152	62	194	Hövel, Walter	SC Falke Saerbeck	M 50	01:58:58	01:58:46
160	14	153	79	327	Münster, Heiko	RSV Lünen	M 30	01:58:59	01:58:54
161	15	154	80	590	kopp, christian	triducks dorsten	M 30	01:59:04	01:58:26
162	20	155	62	155	Harmeling, Ewald	SuS Stadtlohn	M 50	01:59:16	01:59:00
163	47	156	67	52	Brege, Bernd	LC Nordhorn Triathlon	M 45	01:59:19	01:58:21
164	40	157	71	265	Lammerskitten, Marko	Ibbenbüren	M 40	01:59:25	01:59:08
165	48	158	63	380	Rogge, Uwe	Lengerich	M 45	01:59:32	01:59:16
166	7	159	54	23	Baum, Rüdiger	Tri Club Paderborn	M 55	01:59:45	01:59:26
167	15	160	76	325	Mühlencord, Malte	TV Friesen Telgte	M 35	01:59:53	01:58:50
168	49	161	66	414	Schnetgöke, Reiner	Ibbenbüren	M 45	02:00:12	02:00:00
169	50	162	65	450	Sonntag, Mike	Tri-Team-Pirate	M 45	02:00:18	01:59:59
170	41	163	69	388	Rudolph, Eugen	SUS Neuenkirchen	M 40	02:00:23	01:59:48
171	51	164	64	573	Schwertner, Torsten	SV Ems Westbevern	M 45	02:00:27	02:00:01
172	8	165	57	488	Thole, Jürgen	Bippener SC	M 55	02:00:29	02:00:11
173	42	166	69	576	lütkenhaus, dirk	eurofighter 97 altenberge	M 40	02:00:32	02:00:02
174	14	167	91	579	Stowermann, Martin	DJK Stadtlohn	M HK	02:00:37	02:00:12
175	15	168	84	464	Stermann, Benjamin	Crespel & Deiters - Bewegung m	M HK	02:00:40	02:00:12
176	1	8	77	466	Steunebrink, Mirjam	Eelde	W 35	02:00:47	02:00:31
177	3	169	50	582	Hoge, Werner	TV Hohne	M 60	02:00:49	02:00:45
178	52	170	64	146	Hähndel, Frank	TV Hohne	M 45	02:01:01	02:00:29
179	21	171	62	566	Zimmerling, Detlev	Münster	M 50	02:01:13	02:00:39
180	22	172	61	307	Mehlhase, Frank	SC Melle 03	M 50	02:01:17	02:00:38
181	53	173	65	500	Uphoff, Peter	SV Teuto Riesenbeck	M 45	02:01:20	02:00:23
182	23	174	62	595	buchterkirche, klaus	LSF Münster	M 50	02:01:27	02:01:20
183	5	9	66	148	Hamann, Simone	Ski-Club Springe	W 45	02:01:33	02:01:23
184	16	175	84	634	Krampe, Sebastian	Tri Team Warendorf	M HK	02:01:36	02:01:09
185	54	176	64	85	Drescher, Olaf	Sportler 4 a childrens world e	M 45	02:01:38	02:01:20
186	43	177	68	71	Crocoll, Andreas	Hopsten-Halverde	M 40	02:01:38	02:01:18
187	17	178	85	246	Kösters, SVEN	Sportler 4 a childrens world e	M HK	02:01:38	02:01:19
188	16	179	80	379	Richter, Marc	Team Raidlight / LT Bittermark	M 30	02:01:54	02:01:38
189	24	180	58	581	Kaster, Gerhard	Trail Team OWL	M 50	02:01:57	02:01:51
190	4	181	51	572	Kuhn, Hans-Dieter	Münster	M 60	02:02:01	02:01:20
191	55	182	66	449	Sommer, Norbert	TuS Altenberge 09	M 45	02:02:05	02:01:06
192	56	183	67	551	Wieskus, Michael	LG Coesfeld	M 45	02:02:13	02:01:26
193	57	184	65	210	Kähler, Enno	Osnabück	M 45	02:02:14	02:02:06
194	2	10	74	553	Willerscheid, Nicola	Münster	W 35	02:02:15	02:02:00
195	25	185	59	603	Deiting, Thomas	Stella Bevergern	M 50	02:02:17	02:01:45
196	58	186	63	43	Böckmann, Andreas	Spenge	M 45	02:02:18	02:01:12
197	26	187	59	293	Lütke Schute, Siegfried	Tus Hiltrup	M 50	02:02:20	02:01:58
198	44	188	68	529	Warps, Jules	Nijmegen (Niederlande)	M 40	02:02:23	02:01:47
199	27	189	61	398	Scheitza, Falko	DJK Preussen 1911 Bochum	M 50	02:02:25	02:02:07
200	59	190	65	298	Marquez, Patric	LC Nordhorn	M 45	02:02:27	02:01:27
201	16	191	74	489	Thomas, Marco	SVT Bechtheim	M 35	02:02:31	02:02:01
202	18	192	83	109	Franksmann, Alexander	Kürbishof Franksmann	M HK	02:02:39	02:01:50
203	28	193	58	133	Gralka, Lutz	Bad Iburg	M 50	02:02:47	02:02:22
204	1	11	90	313	Mergelkamp, Stephanie	Appelhülsen	W HK	02:02:48	02:02:03
205	60	194	66	613	Krumbeck, Christian	SC Falke Saerbeck	M 45	02:02:49	02:02:11

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	17	195	78	98	Esselmann, Tim	LC Solbad Ravensberg	M 30	02:02:53	02:02:29
207	18	196	81	37	Besenius, Pol	Münster	M 30	02:02:55	02:01:50
208	3	12	78	233	Koay, Melissa	Münster	W 30	02:02:56	02:01:52
209	29	197	60	473	Strathaus, Wolfgang	W + F Münster	M 50	02:02:56	02:02:51
210	1	13	69	358	peller-tölle, kerstin	gelsenkirchen	W 40	02:03:00	02:02:43
211	30	198	62	424	Schräer, Christian	LG Emsdetten	M 50	02:03:03	02:03:01
212	5	199	49	56	Brinkhues, Bernd	SC Altenrheine	M 60	02:03:04	02:02:51
213	61	200	66	350	Ostrowski, Jörg	LG Hamm	M 45	02:03:07	02:02:54
214	31	201	60	137	Greshake, Klaus	Münster	M 50	02:03:21	02:02:30
215	17	202	73	33	Bentlin, Mario	Help Age	M 35	02:03:28	02:02:53
216	19	203	79	515	Viße, Martin	DJK Arminia Ibbenbüren	M 30	02:03:33	02:03:19
217	62	204	64	428	Schroer, Frank	LG Rheine-Elte	M 45	02:03:38	02:03:22
218	6	14	63	239	König, Ingrid	SC Altenrheine	W 45	02:03:42	02:03:15
219	63	205	64	507	van Tellegen, marcel	laac twente	M 45	02:03:45	02:03:07
220	7	15	63	357	Paschedag, Ina	SV Herbern	W 45	02:03:48	02:03:33
221	32	206	60	502	van den Berg, Jürgen	SV Teuto Riesenbeck	M 50	02:03:57	02:03:48
222	64	207	67	260	Labianca, Andreas	SC-Relax	M 45	02:03:58	02:03:22
223	18	208	75	261	Lagemann, Maik	LG Emsdetten	M 35	02:04:05	02:02:44
224	45	209	69	470	Stoppe, Andreas	Emsdetten	M 40	02:04:17	02:04:07
225	8	16	66	384	Rosentreter, Beate	Haxter Lauffreunde Paderborn	W 45	02:04:26	02:03:55
226	46	210	69	277	Lentz, Oliver	Rheine	M 40	02:04:30	02:03:52
227	19	211	83	557	Winkler, Sven	Lengerich	M HK	02:04:38	02:04:25
228	33	212	62	479	Strotmann, Thomas	Marathon Steinfurt	M 50	02:04:40	02:04:01
229	9	213	56	64	Buck, Gerhard	TUS Stemwede	M 55	02:04:45	02:04:40
230	19	214	76	108	Franke, Frank	TV Hohne	M 35	02:04:49	02:04:29
231	65	215	63	597	Lampe, Jürgen	SC Falke Saerbeck	M 45	02:04:49	02:04:38
232	20	216	77	60	Brockmann, Torsten	Münster	M 35	02:04:50	02:04:32
233	3	17	74	324	Möllers, Alexandra	VFL-Sassenberg	W 35	02:04:51	02:04:42
234	2	18	71	308	Meier, Sandra	SC Osnabrück	W 40	02:04:51	02:04:03
235	4	19	81	530	Wegner, Christina	Fishtown Runners Bremerhaven	W 30	02:04:58	02:04:36
236	34	217	61	295	Mann, Klaus	Stangendreher	M 50	02:05:06	02:04:50
237	21	218	76	469	Stockhoff, Mario	Harsewinkel	M 35	02:05:11	02:05:06
238	5	20	78	140	Große-Hartlage, Julia	Bumkies LG	W 30	02:05:13	02:04:26
239	66	219	66	31	Beermann, Ulrich	Ibbenbüren	M 45	02:05:19	02:04:52
240	35	220	59	555	Windmann, Ralf	Westerkappeln	M 50	02:05:36	02:05:22
241	22	221	76	418	Schnieders, Markus	TriRun Ibbenbüren	M 35	02:05:39	02:05:16
242	67	222	64	600	Fudigar, Alexander	SV Dickenberg	M 45	02:05:54	02:05:11
243	68	223	64	536	Welkener, Jürgen	SC Melle 03	M 45	02:06:00	02:05:35
244	36	224	61	317	Mersmann, Andreas	SV Herbern	M 50	02:06:03	02:05:18
245	69	225	66	506	Van Marle, Frank	Almelo (NL)	M 45	02:06:11	02:05:24
246	37	226	59	619	Brouwers, Hans	Sisu	M 50	02:06:14	02:05:25
247	70	227	64	93	Eijgelsheim, Aart	Zwijndrecht	M 45	02:06:15	02:06:07
248	47	228	70	549	Wiedkamp, Dieter	MBH	M 40	02:06:20	02:05:40
249	38	229	59	492	Timmerhuis, Henri	Sisu Almelo	M 50	02:06:20	02:05:35
250	6	230	51	10	Altehülsing, Laurenz	Laufcampus	M 60	02:06:22	02:05:52
251	48	231	71	188	Holtsch, Rainer	Rheine	M 40	02:06:24	02:05:22
252	49	232	71	344	Nospickel, Udo	OKE Group GmbH	M 40	02:06:45	02:06:09
253	50	233	70	413	schnetgöke, Jürgen	Hörstel	M 40	02:06:46	02:06:12
254	10	234	57	376	Reinke, Karl	TuS Altenberge 09	M 55	02:06:47	02:06:34
255	71	235	65	331	Naatz, Olaf	TV Hohne	M 45	02:06:52	02:06:47
256	72	236	66	568	Zumdieck, Norbert	WSU TriTeam Warendorf	M 45	02:06:55	02:06:29
257	7	237	50	294	Lüttmann, Richard	LG Rheine-Elte	M 60	02:06:58	02:06:56

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	1	21	58	421	Schoppmann, Helga	Münster	W 50	02:07:01	02:06:40
259	39	238	58	356	Palesche, Manfred	Westerkappeln	M 50	02:07:18	02:06:33
260	2	22	84	481	Sumbeck, Imke	LC Nordhorn	W HK	02:07:39	02:06:42
261	23	239	76	586	AHLERS, patrick	Ig nordhorn	M 35	02:07:39	02:06:41
262	11	240	57	499	Ullrich, Udo	Dortmund	M 55	02:08:01	02:07:47
263	2	23	58	221	Kattenbusch, Monika	Haxter Lauffreunde Paderborn	W 50	02:08:15	02:07:45
264	3	24	68	180	Hoffrogge, Marita	SC Spelle-Venhaus	W 40	02:08:16	02:07:51
265	40	241	59	485	Tenberg, Helmut	TV Mettingen	M 50	02:08:24	02:07:22
266	20	242	78	503	van der Ploeg, Christian	Ibbenbüren	M 30	02:08:26	02:08:06
267	24	243	73	604	Menger, Carsten	Tri Run Ibbenbüren	M 35	02:08:26	02:07:14
268	4	25	75	336	Niedick, Tanja	Jogmap Ruhr	W 35	02:08:39	02:08:06
269	5	26	75	593	Diekhaus, Anja	1 Tri Team Gütersloh	W 35	02:08:45	02:07:48
270	51	244	69	594	Ueding, Heiko	I-Against-Me	M 40	02:08:45	02:07:47
271	3	27	61	171	Herrmann, Beate	TUS Altenberge 09	W 50	02:08:51	02:07:54
272	25	245	76	130	Goßling, Dominik	Marathon Steinfurt	M 35	02:09:04	02:07:50
273	41	246	62	385	Rösler, Andreas	LT Wischlingen Dortmund	M 50	02:09:11	02:08:55
274	52	247	68	264	Lakmann, Uwe	Weyher Lauftreff	M 40	02:09:11	02:08:56
275	21	248	79	514	Verlage, Daniel	Feuerwehr Ibbenbüren	M 30	02:09:14	02:08:17
276	73	249	65	258	Kwiatkowski, Wilfried	ETuS Rheine	M 45	02:09:16	02:08:59
277	4	28	61	552	Wiggers, Mechthild	SUS Neuenkirchen	W 50	02:09:22	02:09:14
278	42	250	59	524	Voß-Burandt, Manfred	Belm	M 50	02:09:27	02:09:13
279	12	251	56	462	stegemeier, bernd	Das Duo	M 55	02:09:27	02:09:18
280	26	252	77	49	Borgmeyer, Markus	OKE Group GmbH	M 35	02:09:36	02:09:18
281	74	253	66	306	Deitmann, Jürgen	LG Emsdetten	M 45	02:09:44	02:09:42
282	75	254	63	124	Göbel, Uwe	Rheine	M 45	02:09:48	02:09:28
283	53	255	69	393	Rüther, Michael	TV Mettingen	M 40	02:09:57	02:09:35
284	76	256	66	213	Kajüter, Burkhard	Emsbüren	M 45	02:10:11	02:10:05
285	9	29	64	405	Hess, Klaus	LiVe Lauftreff Versmold	W 45	02:10:12	02:09:35
286	54	257	70	187	Holtmeyer, Markus	BW Hollage	M 40	02:10:18	02:09:35
287	20	258	88	263	Laig, Matthias	TV Hohne	M HK	02:10:40	02:09:33
288	77	259	67	204	Jendrowiak, Torsten	LG Coesfeld	M 45	02:10:42	02:09:55
289	21	260	91	34	Berg, Matthias	Feuerwehr Ibbenbüren	M HK	02:10:42	02:09:47
290	22	261	91	158	Haßmann, Yannik	TV Hohne	M HK	02:10:42	02:09:35
291	22	262	81	118	Geers, Markus	Keniatrics	M 30	02:10:42	02:09:45
292	43	263	60	574	Spanier, Ekkehard	LT Sport Ziel Bremen	M 50	02:10:45	02:10:26
293	27	264	73	539	Wenk, Jens J.	GAD BSG Laufen	M 35	02:11:00	02:10:22
294	6	30	77	12	Arning, Nicole	Münster	W 35	02:11:08	02:10:35
295	55	265	68	375	Rehers, Herbert	GW Nottuln	M 40	02:11:10	02:09:57
296	78	266	64	374	Rehers, Alfred	TriRaLa Kolping Püßelbüren	M 45	02:11:11	02:09:57
297	7	31	74	170	Hermes, Marion	Bippener SC	W 35	02:11:13	02:10:12
298	23	267	86	411	Schnabel, James	emstek	M HK	02:11:15	02:10:03
299	79	268	65	347	Ollerdissen, Stefan	TSVE 1890 Bielefeld	M 45	02:11:21	02:10:43
300	80	269	65	400	Schilling, Martin	TV Friesen Telgte	M 45	02:11:23	02:10:32
301	13	270	57	25	Bechmann, Wilhelm	Recklinghausen	M 55	02:11:23	02:10:22
302	81	271	66	382	Rose, Norbert	Laufteam Sundermann	M 45	02:11:29	02:10:42
303	14	272	56	189	Hornung, Mathias	TSG 07 Burg Gretesch	M 55	02:11:31	02:11:03
304	15	273	56	219	Kastrup, Klaus-Peter	TSVE 1890 Bielefeld	M 55	02:11:34	02:11:07
305	56	274	71	259	Laackman, Jörg	mTrspHubschrRgt 15 Rheine/Bent	M 40	02:11:41	02:10:59
306	44	275	60	242	Kortekamp, Bernd	TV-Lemgo	M 50	02:11:41	02:10:16
307	24	276	89	453	Spanel, Stefan	TuS Altenberge	M HK	02:11:50	02:10:55
308	25	277	88	181	Hofmann, Tobias	Twistetal	M HK	02:11:52	02:11:33
309	8	32	74	274	Lemm, Natalie	TSVE 1890 Bielefeld e.V.	W 35	02:11:54	02:11:45

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	45	278	59	377	Revermann, Klaus	Bevergern	M 50	02:12:11	02:11:11
311	57	279	71	211	Kähler, Maik	Osnabrück	M 40	02:12:20	02:12:13
312	4	33	68	315	Mergelmeyer, Heidrun	TuS Borgloh	W 40	02:12:27	02:12:08
313	82	280	64	102	Feldhoff, Peter	LG Rheine-Elte	M 45	02:12:38	02:12:21
314	23	281	82	478	Stroet, Hendrik	Münster	M 30	02:12:38	02:11:50
315	26	282	89	117	Gedicke, Manuel	Rheine	M HK	02:12:38	02:11:51
316	27	283	89	193	Hövel, Oliver	Ibbenbüren	M HK	02:12:44	02:12:29
317	83	284	66	53	Brink, Arend	SC Union Emlichheim	M 45	02:12:44	02:12:21
318	16	285	56	209	Junker, Gerd	TSV Wallenhorst	M 55	02:12:44	02:11:56
319	84	286	64	197	Hülsen, Andreas	Bergschnecken Beckum	M 45	02:12:49	02:12:16
320	58	287	72	287	Löckemann, Markus	LG Emsdetten	M 40	02:12:52	02:12:35
321	46	288	59	351	Ottensmann, Manfred	PC Telgte	M 50	02:12:53	02:12:11
322	85	289	64	150	Hammenga, Gert	Xtensie	M 45	02:12:53	02:12:30
323	47	290	61	365	Pijp, Kees	Adventure Design	M 50	02:12:59	02:12:01
324	48	291	62	225	Kerk, Thomas	Feuerwehr Ibbenbüren	M 50	02:13:00	02:11:39
325	86	292	63	410	Schmidtke, Rudi	Wildeshäuser Laufftreff	M 45	02:13:02	02:12:39
326	5	34	69	383	Rose, Petra	Laufteam Sundermann	W 40	02:13:13	02:12:25
327	17	293	55	369	Postel, Thomas	Bielefeld	M 55	02:13:17	02:12:28
328	49	294	60	5	Ahlers, Michael	BSG Westfalen AG	M 50	02:13:19	02:13:04
329	6	35	71	425	Schrant, Heike	SV Bokeloh	W 40	02:13:20	02:13:03
330	59	295	72	68	Christ, Peter	Münster	M 40	02:13:22	02:12:18
331	87	296	66	346	Okon, Walter	StStff mTrspHubschrRgt 15	M 45	02:13:24	02:12:40
332	50	297	60	35	Bergmann, Manfred	Wallenhorst	M 50	02:13:28	02:12:39
333	88	298	64	361	Pfister, Daniel	Osnabrück	M 45	02:13:30	02:13:06
334	7	36	72	490	Thünte, Elke	Münster	W 40	02:13:34	02:12:15
335	60	299	70	249	Kraska, Mario	Busemann-Sportabteilung	M 40	02:13:36	02:13:20
336	10	37	67	122	GERKEN, BETTINA	TLV Rünthe	W 45	02:13:46	02:13:32
337	3	38	85	636	Hoppe, Stephanie	LSF Münster	W HK	02:13:49	02:12:55
338	89	300	63	541	Wesseler, Hartmut	SC Melle 03	M 45	02:14:09	02:13:27
339	51	301	58	651	Leyk, Heinrich	FC Stella Bevergern	M 50	02:14:29	02:14:09
340	28	302	73	284	Linnemann, Ingo	SV Dickenberg	M 35	02:14:34	02:13:34
341	52	303	60	81	Dohe, Jürgen	Lengerich	M 50	02:14:39	02:13:21
342	53	304	61	653	GAUSMANN, klaus	long may you run	M 50	02:14:42	02:14:09
343	6	39	78	544	Weßling, Steffi	Hamburg	W 30	02:14:49	02:14:21
344	90	305	63	89	Dunnewind, André	Kontrast Dalfsen	M 45	02:14:52	02:14:19
345	54	306	60	633	Heeke, Antonius	DJK Arminia Ibbenbüren	M 50	02:15:01	02:14:04
346	29	307	73	562	Wolf, Nils	BROCK ROCKS	M 35	02:15:08	02:14:18
347	8	308	52	390	Runow, Günter	Reestranner	M 60	02:15:13	02:14:05
348	61	309	72	587	Leugers, Norbert	BSG T-Mobile	M 40	02:15:21	02:14:54
349	5	40	60	403	Schliephake, Marlies	SV Teuto Riesenbeck	W 50	02:15:23	02:14:53
350	91	310	67	364	Pieper, Rainer	SitaTriAs	M 45	02:15:24	02:14:19
351	11	41	65	547	Wickmann, Christine	Keniatrics	W 45	02:15:39	02:14:43
352	24	311	79	139	Gross, Michael	Keniatrics	M 30	02:15:39	02:14:44
353	6	42	61	251	Kresin, Edda	Bramscher Rumläufer	W 50	02:15:39	02:14:56
354	30	312	73	352	Otte-Vinke, Mike	BSG Kreissparkasse Melle	M 35	02:15:42	02:14:43
355	28	313	91	480	stuke, Kevin David	Bielefeld	M HK	02:15:49	02:15:47
356	92	314	64	457	Stannies, Bodo	SVTeuto Riesenbeck	M 45	02:15:55	02:15:23
357	55	315	60	615	kocks, ULLRICH	oke group gmbh	M 50	02:16:03	02:15:26
358	8	43	72	433	Schulz, Elisabeth	LG Rheine-Elte	W 40	02:16:11	02:15:31
359	9	44	73	596	Tebbe, Christa	SV Teuto Riesenbeck	W 35	02:16:17	02:15:49
360	31	316	76	417	Schnieders, Andre	Schnie is running	M 35	02:16:21	02:15:04
361	9	45	72	416	Schnieber, Ursel	Greven	W 40	02:16:27	02:15:22

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	62	317	71	415	Schnieber, Karsten	TVE Greven Triathlon	M 40	02:16:27	02:15:21
363	56	318	62	32	Benneker, Benno	LAAC Twente	M 50	02:16:27	02:15:41
364	12	46	67	646	krey, Reinhild	LG Rheine Elte	W 45	02:16:33	02:15:55
365	57	319	59	510	Vehr, Rainer	LG-Rheine-Elte	M 50	02:16:33	02:15:58
366	18	320	56	474	Strauch, Heinz	SV Teuto Riesenbeck	M 55	02:16:37	02:16:05
367	1	47	56	299	Masch, Hedwig	FC Stella Bevergern	W 55	02:16:40	02:16:34
368	93	321	65	212	Kaiser, Andreas	TVM-Mettingen	M 45	02:16:45	02:15:42
369	58	322	61	645	Würl, Hans	Trail OWL /100MC	M 50	02:16:49	02:16:24
370	29	323	91	302	Matheke, Marco	TV Hohne	M HK	02:16:51	02:16:09
371	59	324	62	235	koldam van, koos	extensie	M 50	02:16:54	02:16:28
372	19	325	53	290	Loupatty, Daniël	Loopgroep Xtensie	M 55	02:16:54	02:16:29
373	30	326	88	468	Stöber, Tristan	Münster	M HK	02:16:57	02:16:37
374	4	48	91	127	Gora, Silvia	WSU Tri-Team Warendorf	W HK	02:17:00	02:16:34
375	20	327	57	147	Haman, Dietmar	TuS Altenberge 09	M 55	02:17:02	02:16:06
376	13	49	67	348	Oortwijn, Ina	Dutch Runners Basic	W 45	02:17:04	02:16:46
377	60	328	59	360	Petring, Heinz	Trail Team OWL	M 50	02:17:20	02:15:56
378	14	50	67	504	van der Werf, Maaïke	Xtensie	W 45	02:17:32	02:17:03
379	63	329	72	115	Fuchs, Jurek	TV Hohne	M 40	02:17:43	02:17:21
380	94	330	64	184	Holleman, Anton	Zwijndrecht	M 45	02:17:43	02:17:36
381	31	331	86	57	Brix, Christian	TV Hohne	M HK	02:17:48	02:16:49
382	32	332	84	145	Hahn, Donatus	Münster	M HK	02:17:53	02:17:03
383	61	333	62	402	Schlarmann, Ludger	SF Lechtingen	M 50	02:17:56	02:17:02
384	33	334	83	48	Bonczyk, Adrian	Püßelbüren	M HK	02:17:57	02:17:46
385	64	335	68	534	Weiß, Wilfried	Kurze Str.	M 40	02:17:59	02:17:09
386	7	51	80	272	Leistner, Anja	TV Werne 03	W 30	02:18:26	02:17:31
387	32	336	76	475	Strecker, Tobias	TV Werne 03	M 35	02:18:26	02:17:32
388	15	52	63	338	Nieweler, Mechthild	SuS 09 Neuenkirchen	W 45	02:18:27	02:18:17
389	33	337	74	434	Schumacher, Andreas	LT Feuerwehr Lastrup	M 35	02:18:27	02:18:04
390	65	338	69	484	te Wildt, Michael	LG Brukteria Dreierwalde	M 40	02:18:29	02:17:24
391	2	53	55	172	Hertz, Gisela	Marathon Steinfurt	W 55	02:18:50	02:18:07
392	21	339	57	525	Wagener, Thomas	SUS Neuenkirchen	M 55	02:18:51	02:18:12
393	62	340	61	550	Wieggers, Christoph	Laufftreff SuS Neuenkirchen	M 50	02:18:51	02:18:14
394	66	341	68	326	Müller, Peter	SC 28 Nordwalde	M 40	02:19:15	02:18:23
395	25	342	80	588	Fröhmer, Andreas	Schöppingen	M 30	02:19:16	02:18:25
396	95	343	65	75	de Boer, Eddy	Reestridders	M 45	02:19:17	02:18:08
397	63	344	61	301	Matheke, Jürgen	TV Hohne	M 50	02:19:29	02:18:51
398	67	345	71	372	Rauschenberger, Sven	VfL Wildeshausen	M 40	02:19:33	02:18:30
399	68	346	69	198	Hülsmann, Jürgen	VfL Wildeshausen	M 40	02:19:33	02:18:38
400	16	54	64	397	Scheele-Wiedey, Christiane	BellZett	W 45	02:19:37	02:19:14
401	64	347	59	173	Hevink, Hans	LAAC Twente	M 50	02:19:46	02:18:29
402	7	55	61	62	Brueggen, Cornelia	TriRun Ibbenbüren	W 50	02:19:51	02:18:59
403	69	348	70	558	Winnemöller, Ralf	Hörstel	M 40	02:19:56	02:19:26
404	96	349	65	447	Sievers, Uwe	Hörstel	M 45	02:19:57	02:19:26
405	97	350	65	91	Echternkamp, Carsten	Keniatrics	M 45	02:20:07	02:19:12
406	98	351	67	446	Siekmann, Gunnar	Keniatrics	M 45	02:20:07	02:19:10
407	65	352	59	304	Mäuer, Jürgen	Sv-Dickenber	M 50	02:20:07	02:19:06
408	66	353	61	273	LEMKE, THOMAS	SEGEL CLUB MÜNSTER	M 50	02:20:13	02:19:45
409	99	354	64	270	Leesmann, Thomas	Hasbergen	M 45	02:20:22	02:19:40
410	9	355	48	401	Schlaefke, Dieter	DJK Adler 07 Bottrop	M 60	02:20:38	02:20:10
411	10	356	52	195	Hukriede, Werner	LG Rheine Elte	M 60	02:21:12	02:20:33
412	26	357	78	580	Kortman, Mirco	LT Wettringen	M 30	02:21:16	02:20:14
413	1	358	47	512	Venker, Paul	LG Emsdetten	M 65	02:21:18	02:20:23

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	34	359	73	320	Metschies, Maik	Leeden	M 35	02:21:27	02:21:16
415	8	56	80	222	Kempkes, Jessica	Crespel & Deiters - Bewegung	W 30	02:21:40	02:21:15
416	67	360	62	167	Helmig, Tobias	SV Teuto Riesenbeck	M 50	02:21:41	02:21:20
417	1	361	42	605	Sprick, Wilhelm	VFL Oldenburg	M 70	02:21:45	02:21:27
418	70	362	68	451	Sontopski, Andreas	LSF Münster	M 40	02:21:45	02:21:04
419	100	363	64	455	Sroka, Stefan	TuS Altenberge 09	M 45	02:21:45	02:20:40
420	35	364	77	406	Schmedt, Christian	HoplaHopsten	M 35	02:21:47	02:20:36
421	10	57	69	78	Diekmann, Ute	BellZett	W 40	02:22:04	02:21:42
422	36	365	77	144	Hagedorn, Thorsten	somo 7	M 35	02:22:05	02:21:24
423	5	58	83	162	Hegemann, Julia	Ibbenbüren	W HK	02:22:08	02:21:49
424	68	366	62	647	Steffan, Christoph	Lotte	M 50	02:22:14	02:21:26
425	8	59	61	228	Klausing, Lille	SV Eintracht Neuenkirchen	W 50	02:22:21	02:21:49
426	71	367	68	116	Fuchs, Olaf	Gaste-Hasbergen	M 40	02:22:27	02:21:03
427	101	368	67	16	Aulke, Andreas	BROCK ROCKS	M 45	02:22:32	02:21:42
428	69	369	61	353	Ovelgönne, Alfons	Dülmen	M 50	02:22:35	02:21:54
429	102	370	67	602	Kleemann, Jürgen	Ibbenbüren	M 45	02:22:47	02:22:02
430	17	60	63	90	Dunnewind, Irma	Kontrast Dalfsen	W 45	02:23:01	02:22:33
431	10	61	74	608	sandbote, ines	TVE Greven	W 35	02:23:10	02:22:03
432	11	62	69	143	Gutknecht, Claudia	BellZett Bielefeld	W 40	02:23:16	02:22:55
433	27	371	80	83	Dölling, Mischel	Grogsmarienhütte	M 30	02:23:24	02:22:10
434	103	372	66	220	Kattenbeck, Jürgen	Kanufreunde Emshaie Greven	M 45	02:23:39	02:23:18
435	104	373	64	584	albermann, ralf	GW Steinbeck	M 45	02:23:44	02:22:26
436	105	374	65	354	Ovelgönne, Gregor	Dülmen	M 45	02:23:50	02:22:29
437	22	375	57	571	Schluer, Thomas	TuS Hiltrup	M 55	02:23:54	02:23:27
438	70	376	62	476	Streibel, Stefan	SV Teuto Riesenbeck	M 50	02:24:08	02:23:05
439	72	377	69	76	Dickmänken, Klaus	WSV Rheine	M 40	02:24:12	02:23:20
440	71	378	61	606	Schwarz, Alfred	Team Erdinger Alkoholfrei	M 50	02:24:12	02:23:48
441	73	379	68	371	Preuß, Torsten	BSG Kreissparkasse Melle	M 40	02:24:30	02:23:41
442	72	380	58	70	Colpa, Joop	Xtensie	M 50	02:24:50	02:24:24
443	9	63	59	168	Hennigs, Liane	Jever	W 50	02:25:00	02:24:36
444	18	64	63	224	Kerk, Ruth	SV Dickenberg	W 45	02:25:01	02:23:44
445	11	381	48	129	Gossert, Dieter	Lauffreunde Emsland	M 60	02:25:05	02:24:10
446	12	382	48	248	Krage, Hermann	Lauffreunde Emsland	M 60	02:25:06	02:24:09
447	74	383	70	303	Mattern, Jürgen	LG Totes Viertel	M 40	02:25:28	02:24:52
448	37	384	76	215	Kammler, Andreas	Emsbüren	M 35	02:25:30	02:24:33
449	75	385	69	370	Potthoff, Peter	Melle	M 40	02:25:32	02:24:28
450	76	386	69	526	Walfort, Christian	TV Vreden	M 40	02:25:44	02:24:33
451	23	387	53	86	Driese, Werner	LSF Münster	M 55	02:25:56	02:25:20
452	106	388	65	429	Schröer, Martin	Tri-As Hamm	M 45	02:26:12	02:25:28
453	12	65	69	554	Willmann, Marion	Hasbergen	W 40	02:26:13	02:25:28
454	38	389	75	329	Münzberger, Thorsten	LG Emsdetten	M 35	02:26:15	02:25:29
455	24	390	53	548	Wiebrock, Claus	TV Georgsmarienhütte	M 55	02:26:17	02:25:00
456	19	66	66	156	Hartmann, Britta	Bippener SC	W 45	02:26:25	02:25:19
457	107	391	65	99	Exeler, Guido	Rheine	M 45	02:26:30	02:25:28
458	73	392	60	14	Artz, Hans-Jürgen	ETuS Rheine	M 50	02:26:52	02:26:09
459	108	393	67	585	Nospickel, Markus	TV Mettingen	M 45	02:27:03	02:26:22
460	39	394	77	205	Jochmann, Ralf	Harsewinkel	M 35	02:27:04	02:26:58
461	9	67	80	175	Hillen, Helga	LSF Münster	W 30	02:27:06	02:25:58
462	3	68	54	518	Voges, Jutta	TV Georgsmarienhütte	W 55	02:27:12	02:25:57
463	11	69	77	444	Siebe, Birte	Lübbecker Berglöwen	W 35	02:27:23	02:26:57
464	109	395	66	641	Becks, Stefan	TV Hohne	M 45	02:27:24	02:26:14
465	74	396	60	436	Schwabe, Matthias	Delbrück Läuft	M 50	02:27:36	02:26:33

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
466	2	397	43	135	Grävingshoff, Christian	Rheine	M 65	02:27:43	02:27:13
467	3	398	44	256	Kunzmann, Günter	LG-Rheine-Elte	M 65	02:27:50	02:27:16
468	1	70	50	563	Woltjer-Veenstra, Aukje	Xtensie	W 60	02:28:03	02:27:42
469	40	399	73	639	Spann, Frank	Spielerverein Niedermark	M 35	02:28:20	02:26:59
470	75	400	60	279	Leuer, Alfred	Everswinkel	M 50	02:28:29	02:27:30
471	110	401	66	333	Nagel, Frank	Tecklenburg/Brochterbeck	M 45	02:28:33	02:28:23
472	76	402	60	247	Kowalski, Hans-Ludwig	Geldern	M 50	02:28:39	02:27:53
473	6	71	89	58	Brix, Verena	TV Hohne	W HK	02:28:56	02:28:00
474	111	403	64	289	Looijestijn, Onno	Kontrast Dalfsen	M 45	02:29:03	02:28:36
475	77	404	59	112	Friedl, Harald	ohne Verein	M 50	02:29:06	02:28:23
476	20	72	63	454	Speksnijder, Yvon	Kontrast Dalfsen	W 45	02:29:10	02:28:44
477	78	405	62	349	Oster, Georg	SoDa Laggenbeck	M 50	02:29:13	02:28:21
478	25	406	54	610	Wehmeyer, Uwe	Airhorne Fit	M 55	02:29:28	02:29:05
479	77	407	69	467	Stieneker, Uwe	Ibbenbüren	M 40	02:29:33	02:28:57
480	79	408	59	520	Vörckel, Michael	DJK Arminia Ibbenbüren	M 50	02:29:37	02:28:44
481	80	409	59	73	Dammann-Kölsch, Franz	Lc Solbad Ravensberg	M 50	02:29:44	02:29:01
482	28	410	78	214	Kamender, Raphael	Münster	M 30	02:29:56	02:29:48
483	26	411	55	183	Höggemeier, Bernd	Blauweiß Aasee	M 55	02:30:06	02:29:13
484	7	73	90	648	Althaus, Anna	Blau-Weiß-Aasee	W HK	02:30:07	02:29:19
485	112	412	64	494	Tombrink, Michael	LSF Münster	M 45	02:30:23	02:29:22
486	34	413	87	141	Großerhode, Jan	Bramsche	M HK	02:30:33	02:30:30
487	12	74	77	399	Schierenberg, Nicole	Augustdorf	W 35	02:30:34	02:29:49
488	113	414	63	243	Kortekamp, Jochen	Cross+Quer-Team	M 45	02:30:41	02:29:16
489	13	75	69	87	Dröge, Claudia	TLV Rünthe	W 40	02:30:53	02:30:38
490	14	76	70	59	Bröcker, Elke	SV Blau-Weiss Aasee Münster	W 40	02:30:57	02:30:06
491	81	415	60	652	Schlüters, Stefan	SuS 09 Neuenkirchen	M 50	02:31:06	02:30:31
492	27	416	56	362	Pfister, Ulrich	Münster	M 55	02:31:09	
493	10	77	61	509	Vehr, Brigitte	LG-Rheine-Elte	W 50	02:31:11	02:30:32
494	78	417	68	269	Laznik, Christoph	Run4fun - Greven e.V.	M 40	02:31:13	02:30:43
495	4	78	57	96	Erthel, Annette	SV Blau-Weiß Aasee Münster	W 55	02:31:15	02:30:22
496	82	418	60	121	Gerhards, Martin	SV Dickenberg	M 50	02:31:24	02:30:24
497	4	419	47	575	Lienland, Franz-Josef	Oldenburg	M 65	02:31:30	02:30:46
498	13	79	77	342	Nobbe, Nadine	TVE Greven Triathlon	W 35	02:31:31	02:30:24
499	5	80	56	459	Steendijk, Liesbeth	Kontrast Dalfsen	W 55	02:31:47	02:31:21
500	28	420	53	355	Over, Gerhard	TV Meppen	M 55	02:32:05	02:32:01
501	79	421	69	601	Hoppe, Stefan		M 40	02:32:10	02:31:01
502	14	81	76	540	Werner, Daniela	VfL Lingen	W 35	02:32:23	02:31:34
503	35	422	89	67	Chmiel, Andreas	Rheine	M HK	02:32:43	02:31:44
504	83	423	62	22	Bauland, Jürgen	Marathon Steinfurt	M 50	02:32:44	02:31:30
505	21	82	66	583	prost, brigitte	bsg laufen gad	W 45	02:33:02	02:32:32
506	80	424	68	107	Fischer, Carsten	Lauf mit mir - Veldhausen	M 40	02:33:14	02:33:09
507	84	425	60	125	Goldberg, Udo	LSF Münster	M 50	02:33:20	02:32:13
508	41	426	74	253	Krieger, Jürgen	GTRV von 1880 Lingen	M 35	02:33:31	02:32:39
509	29	427	81	519	von Galen, Franz	Lauffreunde Plankorth	M 30	02:33:31	02:32:41
510	30	428	79	232	Knebel, Friedrich	GTRV von 1880 Lingen	M 30	02:33:31	02:32:41
511	22	83	67	161	Heemann-Meyer, Iris	Grün Weiß Steinbeck	W 45	02:34:04	02:33:11
512	36	429	83	254	Kubina, Dennis	TV Ibbenbüren	M HK	02:34:07	02:32:43
513	37	430	85	142	Grunden, Gerrit	Osnabrück	M HK	02:34:07	02:32:43
514	85	431	58	567	Zimmermann, Michael	grün-weiß steinbeck	M 50	02:34:17	02:33:00
515	23	84	66	412	Schnabel, Maria	TVMettingen	W 45	02:34:30	02:33:23
516	15	85	71	296	Marin, Ute	TV Mettingen	W 40	02:34:35	02:33:28
517	81	432	69	430	Schröer, Rainer	TV Mettingen	M 40	02:34:35	02:33:26

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
518	15	86	73	335	Nickele, Britta	Team Busemann	W 35	02:34:37	02:34:20
519	31	433	79	345	Oink, Andreas	JOG ATTACK NORDHORN	M 30	02:34:37	02:33:27
520	29	434	56	389	Ruhe, Dieter	BSG Westfalen AG	M 55	02:34:58	02:34:00
521	2	435	40	649	Bernhardt, Dieter	Grün Weiß-Steinbeck	M 70	02:35:23	02:35:15
522	5	436	44	381	Rolf, Koch	TUS Hilstrup	M 65	02:35:23	02:34:56
523	3	437	42	74	Daniel, Wolf-Dieter	SV Eintracht Neuenkirchen	M 70	02:35:28	02:34:58
524	8	87	89	508	Vanheiden, Lena	Marathon Steinfurt	W HK	02:35:33	02:34:19
525	16	88	68	637	zuenkler, hildegard	SV Teuto Riesenbeck	W 40	02:35:50	02:35:09
526	86	438	61	136	Greiwe, Ottmar	LG-Rheine-Elte	M 50	02:36:33	02:35:11
527	13	439	52	501	Upmann, Rudolf	LG Rheine-Elte	M 60	02:36:33	02:35:10
528	30	440	55	206	John, Hans-Henning	Tri Team Warendorf	M 55	02:36:42	02:35:39
529	2	89	49	268	Lauxtermann, Annelie	LG Osnabrück	W 60	02:37:05	02:35:48
530	87	441	60	638	Hunsche, Volker	Osnabrück	M 50	02:37:25	02:36:42
531	31	442	57	28	Becker, Gerhard	Xtensie	M 55	02:37:49	02:37:20
532	10	90	78	44	Bögel, Annette	TV Witzhelden	W 30	02:37:59	02:36:59
533	32	443	78	531	Wehrkamp, Stefan	Westerkappeln	M 30	02:38:00	02:37:20
534	88	444	61	119	Geertsma, Egbert		M 50	02:39:34	02:38:50
535	16	91	76	532	Weirauch, Eva	LG Emsdetten	W 35	02:40:44	02:39:34
536	11	92	61	343	Nordemann, Venna	Bippener SC	W 50	02:41:01	02:39:53
537	82	445	72	521	Voß, Carsten	Lauf die Hacken ab Lüstringen	M 40	02:41:09	02:40:17
538	32	446	56	227	Kikenberg, Uwe	Bielefeld	M 55	02:41:17	02:40:02
539	14	447	50	427	Schremmer, Hans	Flora-Runners	M 60	02:41:23	02:40:32
540	12	93	62	244	Korth, Bettina	Trail Team OWL	W 50	02:41:36	02:41:10
541	89	448	60	445	Siebecker, Frank	Telgte	M 50	02:42:42	02:41:32
542	90	449	60	387	Rottmann, Ralf	Holzhausen	M 50	02:43:46	02:42:25
543	91	450	62	103	Felmet, Klaus-Dieter	LG Emsdetten	M 50	02:44:23	
544	83	451	70	123	Gibmeier, Ingo	Bielfelder Ski-Club	M 40	02:44:52	02:44:39
545	92	452	58	498	Uhlen, Karl-Heinz	SV Lengerich-Handrup	M 50	02:45:04	02:43:50
546	24	94	66	318	Mersmann, Maria	SV Lengerich-Handrup	W 45	02:45:04	02:43:50
547	42	453	74	441	Sekera, Petr	Team Busemann	M 35	02:46:53	02:46:34
548	93	454	60	328	Münstermann, Albert	DJK RW Alverskirchen	M 50	02:48:56	02:48:04
549	25	95	66	26	Becker, Angelika	SC Falke Saerbeck	W 45	02:50:34	02:49:20
550	114	455	64	486	Tewes, Christoph	Berlin	M 45	02:51:11	02:50:12
551	115	456	63	339	Nigbur, Frank	TV Hohne	M 45	02:52:03	02:50:42
552	33	457	53	614	Brockmann, Fredy	TV G.M. Hütte	M 55	02:52:20	02:51:05
553	17	96	68	196	Hullerum, Sylvia	LG Coesfeld	W 40	02:54:55	02:54:11
554	3	97	52	423	Schräder, Marianne	Aasee-Schnecken Münster	W 60	03:00:04	02:59:35
555	94	458	58	497	Troche, Daniel	Aasee-Schnecken Münster	M 50	03:00:06	02:59:37
556	43	459	75	620	Lüken, Guido	Lauffreunde Emsland	M 35	03:01:07	03:00:28
557	34	460	57	1	Abel, Karlheinz	Rodenberg	M 55	03:21:18	03:21:18