

# 34 Aaseelauf 2017

## Jedermannslauf 5Km

## Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	94	348	Gottwald, Timo	SV Teuto Riesenbeck	M HK	00:16:27	00:16:25
2	1	2	81	172	Luber, Benjamin	Team Erdinger Alkoholfrei	M 35	00:17:39	00:17:35
3	2	3	80	178	Demmler, Marcus	Viva con aqua	M 35	00:17:50	00:17:47
4	1	4	01	396	Ginten, David	SC Spelle Venhaus	MJ U18	00:18:14	00:18:12
5	1	5	71	277	Lemkau, Gerrit	LSF Münster	M 45	00:18:25	00:18:22
6	1	6	05	220	Rittscher, Ben	Rot-Weiß Unna	MJ U14	00:18:38	00:18:34
7	2	7	01	354	Kamp, Paul	TV Mettingen	MJ U18	00:18:50	00:18:48
8	2	8	92	154	Angosom, Samsom	Marathon Ibbenbüren	M HK	00:19:07	00:19:03
9	3	9	94	171	Fels, Marcel	LG Rheine Elte	M HK	00:19:12	00:19:08
10	1	10	76	363	Vogt, Sven	Hundefreunde Lengerich	M 40	00:19:19	00:19:16
11	2	11	68	360	Konermann, Werner	Westfalia Hopsten	M 45	00:19:35	00:19:31
12	4	12	88	304	Metzner, Tobias	TNT Like Dynamite	M HK	00:19:40	00:19:37
13	1	13	99	142	Fudicar, Simon	SV Teuto Riesenbeck	MJ U20	00:19:46	00:19:42
14	3	14	01	382	Simon, Dustin	SV Teuto Riesenbeck	MJ U18	00:19:47	00:19:42
15	1	15	84	159	Horstmann, Michael		M 30	00:19:53	00:19:47
16	1	1	96	295	Konermann, Kira	SV Teuto Riesenbeck	W HK	00:19:58	00:19:55
17	2	16	98	148	Goeke, Lennart	TuS Recke	MJ U20	00:20:04	00:19:59
18	5	17	89	152	Eising, Felix		M HK	00:20:04	00:19:58
19	1	18	02	149	Donnermeyer, Lukas	TVI Mettingen	MJ U16	00:20:13	00:20:09
20	2	2	93	340	Berghaus, Eva	HSP Münster Triathlon	W HK	00:20:25	00:20:21
21	1	19	58	175	Thuenemann, Günther	LG Emsdetten	M 55	00:20:47	00:20:41
22	3	20	72	151	Niehues, Christoph	LG Rheine Elte	M 45	00:21:20	00:21:13
23	6	21	90	337	Wacker, Torben	BSV Leeden/Ledde	M HK	00:21:43	00:21:36
24	2	22	05	353	Kamp, Leo	TV Mettingen	MJ U14	00:21:45	00:21:41
25	1	23	55	265	Epping, Gerhard	LG Emsdetten	M 60	00:21:46	00:21:42
26	2	24	03	156	Stöckel, Paul	Nerf United	MJ U16	00:21:49	00:21:44
27	4	25	71	393	Mietke, Ralf	TV Mesum	M 45	00:21:52	00:21:44
28	1	3	64	366	Kloppenborg, Petra	LG Emsdetten	W 50	00:22:14	00:22:07
29	2	26	84	356	Bücker, Markus		M 30	00:22:23	00:22:16
30	1	4	77	387	Bielefeld, Katja	Bramscher Rumläufer	W 40	00:22:28	00:22:24
31	3	27	04	307	Beck, Linus	LAV Rheine	MJ U14	00:22:43	00:22:35
32	3	28	85	395	Sterthaus, Jens	TV Mesum	M 30	00:22:46	00:22:38
33	3	29	03	325	Neuhaus , Hannes	RAG	MJ U16	00:22:48	00:22:42
34	1	30	65	364	Heming, Ingo	TV Lengerich	M 50	00:22:51	00:22:43
35	7	31	95	290	Schippmann, André		M HK	00:22:52	00:22:43
36	4	32	01	358	Kuse, Julian	BSV Holzhausen	MJ U18	00:22:58	00:22:51
37	5	33	68	392	Klausing, Jürgen	TV Mesum	M 45	00:23:00	00:22:52
38	5	34	00	372	Schneider, Ole	VFL Eintracht Mettingen	MJ U18	00:23:06	00:22:59
39	8	35	88	338	Ottow, Kai		M HK	00:23:07	00:22:59
40	1	5	02	153	Ströning, Ann-Christin	TSVE 1890 Bielefeld	WJ U16	00:23:22	00:23:18
41	1	36	06	378	Mehring, Paul	VFL Eintracht Mettingen	MK U12	00:23:23	00:23:20
42	6	37	00	173	Kempker, Justus	DJK Arminia Ibbenbüren	MJ U18	00:23:23	00:23:13
43	4	38	05	374	Meyer, Henry	VFL Eintracht Mettingen	MJ U14	00:23:24	00:23:21
44	2	39	55	369	Henke, Gerhard	SG Bad Bentheim	M 60	00:23:39	00:23:34
45	9	40	91	342	Herrmann, Felix		M HK	00:23:55	00:23:50
46	3	41	56	391	Prins, Arie	Hali 63	M 60	00:23:56	00:23:46
47	2	42	63	303	Müller, Christian	Sportler 4 a childrens world	M 50	00:24:03	00:23:59
48	6	43	71	261	Fromme, Martin	AWO rennt	M 45	00:24:11	00:24:01
49	2	44	06	253	Kitte, Jarne	Marathon ibbenbueren	MK U12	00:24:12	00:24:04

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	1	6	58	390	Wegmann, Aloysia	SV Alten Rheine	W 55	00:24:14	00:24:06
51	2	7	75	383	Simon, Ivonne	SV Teuto Riesenbeck	W 40	00:24:19	00:24:11
52	1	8	04	273	Krabbe, Johanna		WJ U14	00:24:20	00:24:15
53	5	45	04	176	Niehüser, Jo-Henning		MJ U14	00:24:22	00:24:19
54	7	46	01	207	Kappelhoff, Maximilian	SW Esch	MJ U18	00:25:08	00:24:48
55	1	9	79	170	Hitt, Iris	TV Friesen Telgte	W 35	00:25:15	00:25:07
56	1	10	85	361	Fenk, Alexandra		W 30	00:25:19	00:25:09
57	4	47	85	258	Börger, Daniel	FC Charlotte	M 30	00:25:21	00:25:07
58	1	11	71	347	Misch, Eva	TV Mettingen	W 45	00:25:27	00:25:13
59	7	48	71	271	Gronemann, Torsten	Marathon Ibbenbüren	M 45	00:25:31	00:25:24
60	6	49	05	138	Wiennecke, Jannik	DJK Arminia Ibbenbüren	MJ U14	00:25:32	00:25:26
61	3	50	65	334	Runde , Achim	RAG	M 50	00:25:41	00:25:24
62	1	12	01	281	Schulte-Austum, Emily	LG Emsdetten	WJ U18	00:25:49	00:25:42
63	10	51	88	323	Treuner , Ingo	RAG	M HK	00:25:57	00:25:36
64	2	13	71	355	Kamp, Katja	TVM Mettingen	W 45	00:26:01	00:25:47
65	2	14	03	313	Alfing, Nele	DJK Arminia Ibbenbüren	WJ U16	00:26:05	00:25:55
66	4	52	65	312	Alfing, Karl Heinz	DJK Arminia Ibbenbüren	M 50	00:26:08	00:25:57
67	8	53	71	324	Heeger , Thomas	RAG	M 45	00:26:13	00:25:56
68	1	15	54	167	Voges, Jutta	TV Georgsmarienhütte	W 60	00:26:16	00:26:11
69	3	16	90	292	Wacker, Larissa		W HK	00:26:16	00:26:09
70	9	54	72	328	Grass , Rainer	RAG	M 45	00:26:24	00:26:07
71	3	17	74	350	Wallmeier, Jenny	SV Teuto Riesenbeck	W 40	00:26:27	00:26:13
72	1	18	06	147	Piffko, Hannah Sophie		WK U12	00:26:41	00:26:37
73	5	55	67	150	Leffler, Peter	RAG	M 50	00:27:08	00:26:50
74	6	56	63	296	Hoppe, Hans-Bernd	LG Zollern Soest	M 50	00:27:11	00:27:05
75	10	57	68	388	Borsutzki, Frank	Die wilden Trainer	M 45	00:27:11	00:27:05
76	3	19	71	389	Borsutzki, Andrea	Power Workout Team	W 45	00:27:11	00:27:05
77	4	20	89	368	Schwarze, Katharina	Rennende Rosinen	W HK	00:27:17	00:27:02
78	3	58	07	140	Brinker, Cedric	LTB	MK U12	00:27:20	00:27:14
79	2	21	06	274	Krabbe, Lena		WK U12	00:27:22	00:27:16
80	4	22	77	262	Lachmann, Jessica		W 40	00:27:27	00:27:17
81	5	23	77	278	Wennemer, Bianka	Laggenbeck	W 40	00:27:28	00:27:12
82	11	59	69	333	Böggemann , Frank	RAG	M 45	00:27:42	00:27:26
83	4	60	06	373	Keller, Louis	VFL Eintracht Mettingen	MK U12	00:27:45	00:27:42
84	7	61	67	310	Al Mahmoud, Ahmad		M 50	00:27:51	00:27:46
85	2	24	83	362	Rüther, Jessica		W 30	00:27:52	00:27:41
86	2	25	63	283	Roschanski, Heike		W 50	00:28:08	00:27:48
87	2	26	81	285	Gausler, Michaela		W 35	00:28:09	00:27:50
88	1	62	52	394	Kutza, Heiner	Team Laufen-Os.de	M 65	00:28:16	00:28:08
89	2	63	60	174	Kempker, Helmut		M 55	00:28:18	00:28:08
90	8	64	67	326	Dierkes , Michael	RAG	M 50	00:28:32	00:28:13
91	4	27	68	331	Jansing , Doreen	RAG	W 45	00:28:36	00:28:19
92	12	65	70	330	Jansing , Mike	RAG	M 45	00:28:37	00:28:20
93	13	66	69	297	Quaas, Thomas	DJK Arminia Ibbenbüren	M 45	00:28:37	00:28:28
94	14	67	69	146	Gehling, Frank	RAG	M 45	00:28:37	00:28:20
95	3	28	87	165	Siering, Vera		W 30	00:28:50	00:28:37
96	15	68	71	276	Schnietz, Daniel		M 45	00:28:56	00:28:43
97	4	29	85	343	Waterkamp, Sandra		W 30	00:28:57	00:28:43
98	5	30	86	344	Böckenfeld, Carolin		W 30	00:29:02	00:28:47
99	9	69	67	279	Godde, Frank	Godde Running Team	M 50	00:29:03	00:28:50
100	5	70	86	301	Delkeskamp, Benjamin		M 30	00:29:04	00:28:52
101	7	71	05	377	Nospickel, Colin	VFL Eintracht Mettingen	MJ U14	00:29:08	00:29:04

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	5	72	06	376	Plath, Marvin	Mettingen	MK U12	00:29:08	00:29:05
103	16	73	72	282	Schulte-Austum, Jörg	LG Emsdetten	M 45	00:29:10	00:28:57
104	6	31	77	336	Schwieterjann, Melanie	SV Dickenberg	W 40	00:29:21	00:29:07
105	3	32	66	346	Krankofsky, Gabi	SVO	W 50	00:29:21	00:29:08
106	7	33	73	264	Kotte, Ruth		W 40	00:29:23	00:29:14
107	5	34	95	144	Spinneker, Marion		W HK	00:29:30	00:29:21
108	2	74	73	345	Brebaum, Guido		M 40	00:29:38	00:29:23
109	2	35	60	143	Witt, Gisela	SV Dickenberg	W 55	00:29:41	00:29:32
110	4	75	03	155	Berlemann, Arne	DAV	MJ U16	00:29:41	00:29:36
111	6	36	92	256	Geske, Laura		W HK	00:29:42	00:29:31
112	3	37	80	365	Wesselmann, Judith	Grün-Weiß Steinbeck	W 35	00:29:42	00:29:30
113	2	38	55	399	Muum, Inge	TSVE 1890 Bielefeld	W 60	00:30:01	00:29:52
114	4	39	80	164	Trubig, Andrea	FC 27 Schapen	W 35	00:30:09	00:29:58
115	8	40	75	169	Kleinbuntemeyer, Anita	FC Schapen	W 40	00:30:09	00:29:58
116	7	41	91	357	Rotte, Annerose		W HK	00:30:13	00:30:01
117	6	76	87	359	Pracht, Dominik		M 30	00:30:13	00:30:01
118	5	42	81	302	Schwienheer , Eva	BeKa Zeltverleih	W 35	00:30:15	00:30:07
119	8	43	91	260	Kaczinsky, Julia	FC Charlotte	W HK	00:30:23	00:30:09
120	6	44	87	166	Hensel, Vanessa		W 30	00:30:26	00:30:13
121	9	45	74	194	Kappelhoff, Tanja	SV Teuto Riesenbeck	W 40	00:30:32	00:30:12
122	9	46	95	291	Pahlitzsch, Kathrin		W HK	00:30:37	00:30:28
123	10	47	92	367	Richter, Mareike		W HK	00:30:59	00:30:44
124	3	48	61	384	Twiehaus, Ingrid	Marathon Ibbenbüren	W 55	00:31:11	00:31:00
125	3	77	77	275	Schröder, Ralf		M 40	00:31:26	00:31:17
126	3	78	80	270	Brill, Thomas		M 35	00:31:39	00:31:26
127	2	79	50	141	Dufils, Günter	Marathon Ibbenbüren	M 65	00:31:49	00:31:40
128	7	49	87	311	Jedlitzki, Sabine		W 30	00:31:54	00:31:45
129	2	50	01	293	Ruten, Hannah	ohne	WJ U18	00:31:57	00:31:37
130	11	51	90	349	Rotert, Kerstin		W HK	00:31:57	00:31:38
131	8	52	86	319	Siebert , Sabine	RAG	W 30	00:32:01	00:31:41
132	1	80	44	177	Schröder, Günter	Hunterburger SV	M 70	00:32:01	00:31:52
133	3	53	03	309	Ahrens, Tamy	TuS Recke	WJ U16	00:32:02	00:31:55
134	17	81	69	308	Ahrens, Matthias	GW Steinbeck	M 45	00:32:02	00:31:55
135	6	82	06	385	Bärtels, Malte	TVI	MK U12	00:32:04	00:31:49
136	10	54	75	162	Kruse, Sandra		W 40	00:32:08	00:31:49
137	7	83	06	375	Albermann, Laurenz	VFL Eintracht Mettingen	MK U12	00:32:09	00:32:06
138	7	84	87	266	Grond, Johannes		M 30	00:32:11	00:31:59
139	12	55	88	320	Blanke , Claudia	RAG	W HK	00:32:12	00:31:51
140	13	56	88	351	Overmeyer, Meike		W HK	00:32:33	00:32:13
141	6	57	80	163	Beckmann, Andrea	SV Teuto Riesenbeck	W 35	00:32:33	00:32:14
142	7	58	82	284	Birkfeld-Mittag, Nicole		W 35	00:33:00	00:32:46
143	11	59	76	139	Brinker, Katrin	LTB	W 40	00:33:02	00:32:56
144	14	60	90	252	Piontek, Sabrina		W HK	00:33:07	00:32:56
145	5	61	68	272	von der Dovenmuehle, Anke		W 45	00:33:12	00:32:52
146	8	85	06	379	Esch, Fineas	VFL Eintracht Mettingen	MK U12	00:33:15	00:33:12
147	12	62	74	168	Tölle, Elke		W 40	00:33:22	00:33:05
148	13	63	73	386	Bärtels, Stefanie		W 40	00:33:22	00:33:05
149	15	64	90	317	Plechinger , Christin	RAG	W HK	00:33:38	00:33:16
150	9	65	87	352	Stratmann, Nadine		W 30	00:33:40	00:33:20
151	6	66	71	157	Häusler, Ursula	Live Lauftreff in Versmold	W 45	00:33:53	00:33:41
152	18	86	71	341	Rothe, Oliver	SW Esch	M 45	00:33:56	00:33:38
153	19	87	71	339	Richter, Thorsten	SW Esch	M 45	00:33:56	00:33:38

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	14	67	76	254	Kitte, Britta	Marathon Ibbenbüren	W 40	00:34:15	00:34:07
155	10	68	83	381	Friedrich, Elena	Feuerwehr Tecklenburg	W 30	00:34:20	00:34:09
156	4	88	56	305	Eversmann, Rainer	LC Solbad Ravensberg	M 60	00:34:22	00:34:05
157	2	89	47	298	Matioschat, Gerhard	TSVE1890 Bielefeld	M 70	00:34:29	00:34:18
158	10	90	63	158	Brinkers, Hans		M 50	00:34:33	00:34:17
159	11	69	83	161	Brinkers, Michaela		W 30	00:34:33	00:34:17
160	8	91	85	160	Borgmann, Timo		M 30	00:34:33	00:34:17
161	15	70	73	289	Heitjan, Petra		W 40	00:34:34	00:34:19
162	16	71	95	257	Kröger, Christine		W HK	00:34:38	00:34:27
163	12	72	84	269	Wiefel, Kerstin	4 und aus	W 30	00:34:59	00:34:45
164	8	92	05	370	Dobben, Yannick	VFL Eintrach Mettingen	MJ U14	00:35:08	00:35:04
165	3	93	99	371	Aulkemeyer, Jonas	VfL Eintracht Mettingen	MJ U20	00:35:08	00:35:01
166	8	94	01	322	Rekers , Luca	RAG	MJ U18	00:35:14	00:34:56
167	20	95	69	321	Rekers , Reinhard	RAG	M 45	00:35:15	00:34:58
168	8	73	79	398	Eggest, Katrin		W 35	00:35:36	00:35:24
169	4	74	64	306	Kühnel, Marion	LC Solbad Ravensberg	W 50	00:35:39	00:35:22
170	9	96	86	380	Saatkamp, Kristoph	Feuerwehr Tecklenburg	M 30	00:35:40	00:35:28
171	5	75	65	397	Engelsberg, Christine	SV Teuto Riesenbeck	W 50	00:35:41	00:35:20
172	3	97	60	294	Ruten, Markus	ohne	M 55	00:35:41	00:35:19
173	17	76	91	299	Tenambergen, Helena		W HK	00:36:36	00:36:21
174	1	98	38	228	Peters, Heinz	TTC Lengerich	M 75	00:36:53	00:36:43
175	10	99	87	300	Welschemeyer, Marc		M 30	00:37:25	00:37:10
176	18	77	89	318	Wellenbrock , Carolin	RAG	W HK	00:39:46	00:39:25