

12. Steinbecker Osterlauf

Osterlauf 10 Km

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	79	455	Pott, Andreas	SV Teuto Riesenbeck	M 35	00:35:10	00:35:09
2	1	2	83	137	Günnigmann, Michael	SC Falke Saerbeck	M 30	00:35:11	00:35:10
3	2	3	80	235	Windoffer , Patrick	SV Teuto Riesenbeck	M 30	00:35:29	00:35:28
4	2	4	76	415	Weber, Sascha	Marathon Steinfurt	M 35	00:36:20	00:36:18
5	1	5	73	215	Tertünte, Björn	MTG Horst Essen	M 40	00:36:23	00:36:22
6	1	6	69	372	Schröer, Ludger		M 45	00:36:52	00:36:51
7	1	7	89	458	Bröcker, Benjamin	TV 01 Bohmte	M HK	00:37:22	00:37:22
8	1	8	94	441	Oelgemöller, Lars	TV Mettingen	M HK	00:37:33	00:37:30
9	2	9	67	135	Gößling, Andreas	SV Teuto Riesenbeck	M 45	00:37:36	00:37:32
10	3	10	81	413	van Hove, Derk	TSG Burg Gretesch	M 30	00:37:38	00:37:37
11	1	11	58	218	Thünemann, Günther	LG Emsdetten	M 55	00:38:12	00:38:11
12	1	12	63	115	Borgmann, Andreas	LG Emsdetten	M 50	00:38:13	00:38:12
13	1	13	95	471	Hilden, Marlon	LG Rheine Elte	MJ U20	00:38:33	00:38:29
14	3	14	68	132	Giesecke, Andreas	TV Mettingen	M 45	00:38:50	00:38:49
15	4	15	69	399	Brüning, Michael	SC Altenrheine	M 45	00:38:52	00:38:50
16	2	16	62	434	Gottwald, Dieter	SV Teuto Riesenbeck	M 50	00:39:08	00:39:06
17	4	17	83	231	Westermann, Ingo	SV Teuto Riesenbeck	M 30	00:39:13	00:39:09
18	1	1	93	367	Freimuth, Friederike	SV Nikar Heidelberg	W HK	00:39:24	00:39:23
19	5	18	68	202	Schorlau, Rainer	Marathon Soest	M 45	00:39:27	00:39:24
20	2	19	90	374	Machill, Michael	LSF Münster	M HK	00:39:36	00:39:34
21	6	20	67	149	Kamp, Guido	LG Emsdetten	M 45	00:39:59	00:39:58
22	1	2	91	136	Großkopf, Isabelle Anna	LAV Stadtwerke Tübingen	W HK	00:40:09	00:40:07
23	3	21	77	186	Reeker, Timo	TriTeam Bevergern	M 35	00:40:10	00:40:07
24	3	22	89	104	Ascheberg, Christoph	Emsdetten	M HK	00:40:11	00:40:05
25	2	23	95	169	Lücke, Marcel	SV Teuto Riesenbeck	MJ U20	00:40:11	00:40:08
26	7	24	69	116	Brüseke, Andreas	TV Hohne	M 45	00:40:25	00:40:23
27	3	25	61	217	Thünemann, Christoph	LG Emsdetten	M 50	00:40:33	00:40:32
28	2	26	94	350	Hegenbarth, Amadeus	LC Solbad Ravensberg	M HK	00:40:47	00:40:41
29	2	27	72	174	Mertens, Holger	Bad Vilbel	M 40	00:41:03	00:40:59
30	4	28	64	418	Elstrodt, Dieter	TV Mettingen	M 50	00:41:04	00:41:01
31	2	29	59	403	Deiting, Thomas	Stella Bevergern	M 55	00:41:07	00:41:04
32	1	3	66	386	Stöppler, Petra	Marathon Steinfurt	W 45	00:41:11	00:41:08
33	4	30	79	227	Verlage, Daniel	Marathon Ibbenbüren	M 35	00:41:11	00:41:04
34	3	31	57	219	Thünemann, Helmut	LG Emsdetten	M 55	00:41:12	00:41:10
35	8	32	65	419	Gäbel, Martin	Marathon Ibbenbüren	M 45	00:41:31	00:41:27
36	1	33	53	457	Grond, Josef	Marathon Steinfurt	M 60	00:41:32	00:41:29
37	5	34	60	209	Speller, Guido	Grün-Weiß Steinbeck	M 50	00:41:39	00:41:37
38	5	35	82	179	Müller, Marcel	OKE Group	M 30	00:41:43	00:41:28
39	5	36	77	183	Peters, Frank	SV Teuto Riesenbeck	M 35	00:41:47	00:41:43
40	3	37	73	397	Menger, Carsten	Trirala Püsselbüren	M 40	00:42:06	00:42:03
41	4	38	58	408	Schweer, Hartmut	SV Eintracht Neuenkirchen	M 55	00:42:12	00:42:09
42	9	39	66	414	Lukas, Steven	OKE-Group	M 45	00:42:35	00:42:20
43	10	40	68	144	Hoppe, Ulrich	SC Falke Saerbeck	M 45	00:42:39	00:42:34
44	6	41	77	467	Altehülsing, Thomas	Laufzentrum Rheine	M 35	00:42:41	00:42:39
45	2	4	93	435	Glandorf, Franziska	DJK Arminia Ibbenbüren	W HK	00:42:43	00:42:42
46	4	42	88	466	Kampling, Tobias	Laufzentrum Rheine	M HK	00:42:43	00:42:41
47	2	43	51	190	Runde, Detlev	Marathon Ibbenbüren	M 60	00:42:45	00:42:40
48	6	44	84	170	Lüttkemöller, Daniel	LG Emsdetten	M 30	00:42:46	00:42:42
49	4	45	71	167	Linnenbaum, Thomas	LG Emsdetten	M 40	00:42:50	00:42:48

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	6	46	61	198	Schneekloth, Wolfgang	Marathon Ibbenbüren	M 50	00:43:22	00:43:17
51	7	47	76	177	Möller, Christian	Greven	M 35	00:43:26	00:43:20
52	7	48	64	450	Breckweg, Bernward	Marathon Ibbenbüren	M 50	00:43:34	00:43:29
53	5	49	58	193	Schäche, Guido	LG Emsdetten	M 55	00:43:38	00:43:29
54	2	5	66	153	Kebbedies, Elisabeth	TV Werne 03	W 45	00:43:43	00:43:40
55	3	50	96	214	Tepe, Raphael	SC Altenrheine	MJ U20	00:43:49	00:43:44
56	7	51	84	459	Sandherm, Christian		M 30	00:43:53	00:43:46
57	3	52	92	197	Schluch, Pascal	SV Teuto Riesenbeck	M HK	00:44:17	00:44:07
58	6	53	58	420	Wibbeling, Reinhard	Etus Rheine	M 55	00:44:25	00:44:19
59	11	54	67	114	Blase, Stefan	LG Rheine Elte	M 45	00:44:39	00:44:26
60	12	55	67	238	Wulfert, Martin	TV Werne 03	M 45	00:44:43	00:44:40
61	5	56	88	180	Nössler, Johannes	Recke	M HK	00:44:55	00:44:50
62	8	57	79	206	Schürmann, Daniel	Wilhelmshaven	M 35	00:44:58	00:44:51
63	13	58	69	112	Beyer, Andreas	Marathon Ibbenbüren	M 45	00:45:00	00:44:53
64	7	59	59	472	Brönstrup, Detlev	Marathon Ibbenbüren	M 55	00:45:05	00:44:56
65	8	60	64	411	Rüther, Stefan	SC Altenrheine	M 50	00:45:29	00:45:23
66	14	61	68	208	Selbach, Stefan	Kürten	M 45	00:45:32	00:45:27
67	1	6	82	430	Weßling, Jutta	Tri As Hamm	W 30	00:45:35	00:45:31
68	9	62	76	127	Franke, Frank	TV Hohne	M 35	00:45:50	00:45:45
69	3	63	50	143	Hoge, Werner	TV Hohne	M 60	00:45:58	00:45:54
70	1	7	75	178	Möller-Emminghaus, Sandra	Marathon Soest	W 35	00:46:24	00:46:19
71	10	64	79	111	Berghaus, Stefan	Tri Team Bevergern	M 35	00:46:25	00:46:21
72	11	65	77	150	Kampmann, Jens	Marathon Ibbenbüren	M 35	00:46:34	00:46:21
73	3	8	67	123	Felchner, Marion	LG Emsdetten	W 45	00:46:36	00:46:31
74	5	66	73	156	Kortenbreer, Markus	SV Teuto Riesenbeck	M 40	00:46:42	00:46:32
75	6	67	70	106	Bartsch, Matthias	LG Emsdetten	M 40	00:46:43	00:46:36
76	15	68	66	236	Wohkittel, Christof	ohne	M 45	00:46:47	00:46:41
77	8	69	57	211	Stallbörger, Reinhard	SV Teuto Riesenbeck	M 55	00:47:15	00:47:06
78	1	70	44	129	Gacioch, Horst	DUV	M 70	00:47:17	00:47:03
79	9	71	64	213	Tepe, Eddy	SC Altenrheine	M 50	00:47:18	00:47:12
80	7	72	71	113	Bierbaum, Udo	Marathon Ibbenbüren	M 40	00:47:21	00:47:08
81	8	73	71	401	Nospickel, Udo	TV Mettingen	M 40	00:47:22	00:47:13
82	10	74	63	161	Lampe, Jürgen	Sc Falke Saerbeck	M 50	00:47:25	00:47:17
83	2	9	85	204	Schultz, Kerstin	Ibbenbüren	W HK	00:47:37	00:47:31
84	9	75	72	402	Büscher, Dirk	Mettingen	M 40	00:47:46	00:47:38
85	9	76	59	133	Glaßmeyer , Michael	Castrop-Rauxel	M 55	00:47:51	00:47:42
86	16	77	68	349	Steuer, Holger	LC Solbad Ravensberg	M 45	00:48:01	00:47:51
87	10	78	56	368	Gawinski, Heinz	Marathon Ibbenbüren	M 55	00:48:04	00:47:52
88	4	79	54	463	Kemper, Siegfried	LC Solbad Ravensberg	M 60	00:48:14	00:48:08
89	10	80	70	126	Potthoff, Frank	OKE Group	M 40	00:48:27	00:48:13
90	1	81	97	387	Sitte, Fritz	Marathon Steinfurt	MJ U18	00:48:29	00:48:23
91	11	82	70	362	Furmanek, Ralf	Grubenwehr Ibbenbüren	M 40	00:48:38	00:48:27
92	17	83	66	234	Windoffer, Hermann	Ibbenbüren	M 45	00:48:44	00:48:37
93	2	84	98	417	Raneberg, Jannik	TuS Recke	MJ U18	00:48:57	00:48:53
94	3	10	85	166	Lindemann, Marlene	LAG Saarbrücken	W HK	00:48:57	00:48:48
95	8	85	83	105	Barlak, Christoph	wir überlegen noch	M 30	00:49:19	00:48:58
96	11	86	60	449	Gieß, Werner	Westfalia Hopsten	M 50	00:49:20	00:48:54
97	1	11	58	228	Wegmann, Aloysia	SC Altenrheine	W 55	00:49:33	00:49:24
98	12	87	70	358	Beck, Uwe	Grubenwehr Ibbenbüren	M 40	00:49:34	00:49:18
99	13	88	72	425	Meng, Markus	LT Phoenix Dudweiler e.V.	M 40	00:49:44	00:49:30
100	9	89	82	427	Günther, Christian	BV Merzen	M 30	00:49:46	00:49:33
101	14	90	73	339	Lubinski, Torsten	Grün-Weiß Steinbeck	M 40	00:49:52	00:49:35

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	11	91	59	470	Bertram, Heinz-Jürgen	Laufzentrum Rheine	M 55	00:49:54	00:49:36
103	15	92	74	340	Koner mann, Michael	FF Steinbeck	M 40	00:50:06	00:49:49
104	12	93	78	172	Wielage, Martin	OKE Group	M 35	00:50:10	00:49:54
105	13	94	78	216	Fichtner, Thorsten	OKE Group	M 35	00:50:11	00:49:56
106	2	12	80	187	Riedel, Sabrina	SV Teuto Riesenbeck	W 30	00:50:13	00:50:03
107	2	13	79	364	Rücker, Anja	TV Hohne	W 35	00:50:26	00:50:18
108	12	95	62	353	Schäfers, Jürgen	SV Teuto Riesenbeck	M 50	00:50:35	00:50:25
109	13	96	64	416	Blömker, Volker	TV Lengerich	M 50	00:50:35	00:50:27
110	6	97	88	122	Eymann, Jan	Mettingen	M HK	00:50:40	00:50:37
111	16	98	74	221	Uphoff, Matthias	SC Sperlingsgrund	M 40	00:50:42	00:50:32
112	17	99	73	182	Paluschek, Maik	Team Stifler´s Mum	M 40	00:50:44	00:50:22
113	18	100	68	168	Luck, Holger	Ibbenbüren	M 45	00:50:46	00:50:28
114	14	101	76	176	Mertens, Alexander	SV Eintracht Neuenkirchen	M 35	00:50:54	00:50:47
115	19	102	67	345	Poggemann, Martin	SV Teuto Riesenbeck	M 45	00:51:04	00:50:54
116	2	103	43	195	Schendel, Dieter	LG Rheine Elte	M 70	00:51:07	00:50:55
117	18	104	72	396	Küthe, Guido	Trirala Püsselbüren	M 40	00:51:10	00:50:56
118	14	105	64	276	Hegemann, Josef	Rheine	M 50	00:51:12	00:51:01
119	15	106	61	352	May, Detlef	LC Solbad Ravensberg	M 50	00:51:22	00:51:14
120	4	14	88	155	Koordt, Verena	Münster	W HK	00:51:51	00:51:32
121	1	15	74	152	Kappelhoff, Tanja	SV Teuto Riesenbeck	W 40	00:52:00	00:51:49
122	5	16	90	205	Schulz, Jana	TWE TRI TEAM	W HK	00:52:02	00:51:56
123	15	107	77	439	Abendroth, Christian	SC Spelle Venhaus	M 35	00:52:04	00:51:55
124	20	108	68	444	Ziesselski, Dirk	SV Halverde	M 45	00:52:13	00:52:08
125	21	109	68	445	Hülsmann, Matthias	SV Halverde	M 45	00:52:13	00:52:07
126	3	17	77	464	Schneider, Katrin	LC Solbad Ravensberg	W 35	00:52:19	00:52:10
127	19	110	73	440	Kunkemöller, Carsten		M 40	00:52:19	00:51:57
128	2	18	74	109	Beck, Heike	Marathon Ibbenbüren	W 40	00:52:20	00:52:08
129	22	111	66	181	Nyenhuis, Dieter	LG Rheine Elte	M 45	00:52:32	00:52:07
130	16	112	63	453	Schröer, Ludger		M 50	00:52:35	00:52:17
131	17	113	60	141	Hilbert, Christoph	LG Emsdetten	M 50	00:52:50	00:52:27
132	12	114	58	370	Doeker, Reinhard	Lotte	M 55	00:52:51	00:52:39
133	5	115	50	157	Kowal, Eugen	SC Altenrheine	M 60	00:52:52	00:52:41
134	23	116	67	355	Farwerk, Berti		M 45	00:53:12	00:52:53
135	20	117	74	210	Spenthof, Maik	Mettingen	M 40	00:53:16	00:52:59
136	6	118	51	461	Hagedorn, Horst	Marathon Ibbenbüren	M 60	00:53:26	00:53:14
137	1	19	61	224	Vehr, Brigitte	LG Rheine Elte	W 50	00:53:29	00:53:17
138	10	119	82	175	Mertens, Christian	SV Eintracht Neuenkirchen	M 30	00:53:34	00:53:20
139	18	120	64	107	Baune, Klaus	HC Ibbenbüren	M 50	00:53:44	00:53:37
140	3	121	42	378	Sprick, Wilhelm	VfL Oldenburg	M 70	00:53:49	00:53:44
141	24	122	65	230	Weiß, Christian	Ausdauerschule by Bunert	M 45	00:54:00	00:53:51
142	3	20	94	223	Rekers, Vanessa	OKE Group	W HK	00:54:00	00:53:45
143	2	21	64	117	Westhoff, Christiane	OKE Group	W 50	00:54:00	00:53:46
144	11	123	82	125	Feldmann, Timo	wir überlegen noch	M 30	00:54:08	00:53:47
145	25	124	68	460	Schmidt, Dieter	VfL Herzlake	M 45	00:54:15	00:53:58
146	19	125	64	194	Scheer, Stefan	Lauffreunde SV Dohren	M 50	00:54:15	00:53:59
147	3	22	74	138	Harmann, Sabine	Lauffreunde SV Dohren	W 40	00:54:15	00:53:59
148	26	126	69	184	Quaas, Thomas	Ibbenbüren	M 45	00:54:22	00:54:04
149	27	127	66	165	Lenzing, Heinz	TriTeam Bevergern	M 45	00:54:28	00:54:25
150	7	128	91	394	Averbeck, Maik	Grün-Weiß Steinbeck	M HK	00:54:42	00:54:33
151	6	23	90	140	Herbers, Sofia	Recke	W HK	00:54:43	00:54:31
152	1	24	54	424	Rieskamp, Irmgard	Grün-Weiß Steinbeck	W 60	00:54:56	00:54:48
153	1	129	48	163	Lange, Michael	VfL Ahaus	M 65	00:55:16	00:55:09

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	13	130	55	200	Schölling, Walter	LG Emsdetten	M 55	00:55:22	00:55:00
155	4	25	66	302	Heukamp, Birgit	LG Emsdetten	W 45	00:55:27	00:55:05
156	1	26	96	452	Wargers, Christina	FC Stella Bevergern	WJ U20	00:55:28	00:55:03
157	1	131	36	456	Winter, Heinz	TV Georgsmarienhütte	M 75	00:55:29	00:55:14
158	4	27	93	409	Kortemeyer, Charlotte		W HK	00:55:32	00:55:12
159	7	132	50	313	Günnigmann, Alfons	SC Falke Saerbeck	M 60	00:55:50	00:55:41
160	16	133	76	191	Rüther, Marcel	Marathon Ibbenbüren	M 35	00:55:55	00:55:36
161	4	28	74	346	Hesepeling, Sandra	Grün-Weiß Steinbeck	W 40	00:55:57	00:55:52
162	28	134	67	360	Stapper, Josef	Grubenwehr Ibbenbüren	M 45	00:55:58	00:55:47
163	5	29	73	344	Goecke, Sandra	Grün-Weiß Steinbeck	W 40	00:56:02	00:55:56
164	1	30	47	225	Venker, Margret	LG Emsdetten	W 65	00:56:05	00:55:42
165	2	31	95	388	Stöppler, Celina	SV Olympia Borghorst	WJ U20	00:56:26	00:56:20
166	5	32	68	154	Klönne, Ulrike	SV Teuto Riesenbeck	W 45	00:56:27	00:56:14
167	8	135	91	446	Wiethölter, Fabian		M HK	00:56:30	00:56:04
168	7	33	85	237	Woltering, Verena	LG Emsdetten	W HK	00:56:31	00:56:08
169	5	34	92	351	Boelsen, Alexandra	SG Suderwich	W HK	00:57:18	00:57:05
170	8	35	90	139	Herbers, Christine	Köln	W HK	00:57:20	00:57:08
171	4	36	77	469	Conen, Michaela	SV Teuto Riesenbeck	W 35	00:57:22	00:57:02
172	6	37	66	207	Schwöppe, Claudia	Laufzentrum Rheine	W 45	00:57:39	00:57:22
173	2	38	56	377	Siepert, Maria	MTV Wittmund	W 55	00:58:25	00:58:00
174	3	39	80	158	Kügler, Anja	Laufftreff Rheine	W 30	00:58:29	00:58:12
175	3	40	64	405	Kortemeyer, Angelika		W 50	00:58:32	00:58:12
176	17	136	75	412	Schulze, Ole	OKE Group	M 35	00:58:33	00:58:20
177	9	41	86	118	Dominique, Stark	OKE Group	W HK	00:58:33	00:58:19
178	4	42	63	203	Schräder-Heyne, Stephanie	LG Emsdetten	W 50	00:58:41	00:58:17
179	7	43	66	232	Wilmer, Marion	LG Emsdetten	W 45	00:58:45	00:58:21
180	6	44	70	373	Spieker, Heike	LG Mettingen	W 40	00:58:45	00:58:21
181	8	45	69	131	Gerhards, Anja	ohne Verein	W 45	00:58:46	00:58:26
182	9	46	66	462	Krakofsky, Gabi	SV Dickenberg	W 45	00:58:54	00:58:28
183	20	137	61	375	Machill, Reinhard	VFL Ahaus	M 50	00:59:00	00:58:52
184	4	138	92	130	Gerdes, Gerrit	ibbenbüren	M HK	00:59:05	00:58:44
185	6	47	93	134	Goß, Carolin	ibbenbüren	W HK	00:59:05	00:58:44
186	4	48	84	121	Ewald, Daniela	Kukula	W 30	00:59:26	00:59:06
187	5	49	82	426	Krieger, Silvia		W 30	00:59:27	00:59:11
188	6	50	80	160	Kukula, Kerstin	Kukula	W 30	00:59:28	00:59:09
189	10	51	67	384	Schmitte, Beate		W 45	01:00:02	00:59:38
190	21	139	63	407	Kortemeyer, Norbert		M 50	01:00:05	00:59:46
191	10	52	91	406	Kortemeyer, Franziska		W HK	01:00:18	00:59:58
192	14	140	56	120	Eversmann, Rainer	runnig gag	M 55	01:01:01	01:00:45
193	11	53	89	147	Hübner, Laura Charlotte	Belm	W HK	01:01:13	01:00:52
194	12	54	88	110	Becker, Linda	Osnabrück	W HK	01:01:18	01:00:57
195	11	55	68	357	Meck, Dorothe	Renntiere	W 45	01:01:34	01:01:26
196	15	141	58	212	Steinforth, Ewald	Obersteinbeck	M 55	01:02:23	01:02:11
197	4	142	40	454	Ortmeier, Günter	LG Emsdetten	M 70	01:02:46	01:02:23
198	13	56	85	192	Rüther, Julia	Laufzentrum Rheine	W HK	01:03:35	01:03:18
199	12	57	68	188	Rottmann, Susanne	Ausdauerschule by Bunert	W 45	01:03:36	01:03:17
200	5	58	64	159	Kühnel, Marion	runnig gag	W 50	01:04:28	01:04:12
201	2	143	37	390	Hoermann, Manfred	LSF Münster	M 75	01:04:47	01:04:42
202	9	144	90	423	Aulkemeier, Heiko		M HK	01:04:55	01:04:32
203	6	59	63	421	Witthacke, Uschi	Grün-Weiß Steinbeck	W 50	01:04:55	01:04:33
204	7	60	92	422	Aulkemeier, Ines	Grün-Weiß Steinbeck	W HK	01:04:56	01:04:33
205	13	61	67	229	Weiß, Anke	Ausdauerschule by Bunert	W 45	01:05:52	01:05:33

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	2	62	50	369	Peter, Heidi		W 60	01:06:24	01:06:00
207	14	63	87	185	Raufi, Nicole	Braunschweig	W HK	01:07:55	01:07:32
208	12	145	83	164	Laurenz, Bernd	Wettringen	M 30	01:07:55	01:07:32
209	8	146	53	201	Schomaker, Ludwig	LG Emsdetten	M 60	01:09:23	01:08:58
210	5	64	79	806	Becker, Anke	Osnabrück	W 35	01:10:50	01:10:28