

32 Saerbecker Triathlon 2014

Saerbeck Classic

| Platz | St_Nr | Name/Vorname | Verein | Schwimmen | Rad | Laufen | Zeit | AK | Platz AK | Zeitstrafe |
|-------|-------|---------------------|--------------------------|-----------|----------|----------|----------|-------|----------|------------|
| 1 | 81 | Imhoff Sven | MaxMo LGM | 00:09:47 | 00:33:23 | 00:17:47 | 01:00:57 | M 35 | 1 | 00:00:00 |
| 2 | 273 | Ohls Gerriet | TRI Finish MS | 00:10:27 | 00:32:14 | 00:18:31 | 01:01:12 | M 25 | 1 | 00:00:00 |
| 3 | 30 | Schlenkhoff Moritz | LSF Münster | 00:10:57 | 00:33:02 | 00:18:24 | 01:02:23 | M 25 | 2 | 00:00:00 |
| 4 | 159 | Franke Ralf | LSF Münster | 00:10:55 | 00:32:32 | 00:19:49 | 01:03:16 | M 45 | 1 | 00:00:00 |
| 5 | 87 | Dinklage Hardy | Triathlon Team Witten | 00:09:52 | 00:35:06 | 00:18:42 | 01:03:40 | M 35 | 2 | 00:00:00 |
| 6 | 267 | Brinkmann Marc | Tri OSC Osnabrück | 00:09:43 | 00:34:52 | 00:19:10 | 01:03:45 | M 35 | 3 | 00:00:00 |
| 7 | 262 | Lopez Pascal | | 00:10:03 | 00:34:20 | 00:19:24 | 01:03:47 | M 20 | 1 | 00:00:00 |
| 8 | 100 | Götz Markus | LC Nordhorn | 00:10:21 | 00:34:34 | 00:18:58 | 01:03:53 | M 40 | 1 | 00:00:00 |
| 9 | 271 | Beckemper Ingo | LC Nordhorn | 00:12:17 | 00:32:24 | 00:19:15 | 01:03:56 | M 45 | 2 | 00:00:00 |
| 10 | 19 | Bröcker Benjamin | TV Bohmte | 00:10:40 | 00:34:19 | 00:19:08 | 01:04:07 | M 25 | 3 | 00:00:00 |
| 11 | 21 | Sturm Jannis | Triathlon TEAM TG Witten | 00:10:41 | 00:34:14 | 00:19:22 | 01:04:17 | M 25 | 4 | 00:00:00 |
| 12 | 45 | Diekenbrock Timm | Tus 09 Erkenschwick | 00:09:48 | 00:35:14 | 00:19:33 | 01:04:35 | M 30 | 1 | 00:00:00 |
| 13 | 158 | Uhlenbruch Ralf | SC Altenrheine | 00:10:09 | 00:35:19 | 00:19:25 | 01:04:53 | M 45 | 3 | 00:00:00 |
| 14 | 188 | Goik Markus | | 00:10:43 | 00:33:56 | 00:20:15 | 01:04:54 | M 50 | 1 | 00:00:00 |
| 15 | 29 | Damnitz Dennis | Team ERDINGER Alkohol | 00:10:58 | 00:35:17 | 00:19:15 | 01:05:30 | M 25 | 5 | 00:00:00 |
| 16 | 270 | Beckemper Marvin | LC Nordhorn | 00:10:00 | 00:34:55 | 00:20:38 | 01:05:33 | M Jug | 1 | 00:00:00 |
| 17 | 132 | Winking Ralf | Tri Team Steinfurt | 00:09:08 | 00:36:47 | 00:19:46 | 01:05:41 | M 45 | 4 | 00:00:00 |
| 18 | 37 | Lüttkemöller Daniel | LTC Follow Me Emsdetten | 00:10:04 | 00:34:48 | 00:21:23 | 01:06:15 | M 30 | 2 | 00:00:00 |
| 19 | 250 | Brechler Stefan | ROSE Team Münsterland | 00:12:30 | 00:32:08 | 00:21:38 | 01:06:16 | M 25 | 6 | 00:00:00 |
| 20 | 162 | Kleeberg Jochen | | 00:11:55 | 00:35:03 | 00:19:26 | 01:06:24 | M 45 | 5 | 00:00:00 |
| 21 | 111 | Severin Sascha | Cemex | 00:10:36 | 00:34:23 | 00:21:27 | 01:06:26 | M 40 | 2 | 00:00:00 |
| 22 | 15 | Tschoepke Lukas | Tri Finish Münster | 00:10:53 | 00:36:11 | 00:19:25 | 01:06:29 | M 20 | 2 | 00:00:00 |
| 23 | 13 | Lennart Aschermann | Spvgg. Brandlecht-Hestru | 00:11:39 | 00:33:25 | 00:21:33 | 01:06:37 | M 20 | 3 | 00:00:00 |
| 24 | 14 | Logemann Johannes | | 00:12:23 | 00:32:30 | 00:22:04 | 01:06:57 | M 20 | 4 | 00:00:00 |
| 25 | 325 | Sumbeck Imke | Lc Nordhorn | 00:10:25 | 00:36:04 | 00:20:37 | 01:07:06 | W 30 | 1 | 00:00:00 |
| 26 | 147 | Langerbein Bernhard | Tri-As Hamm | 00:10:00 | 00:35:27 | 00:21:55 | 01:07:22 | M 45 | 6 | 00:00:00 |
| 27 | 51 | Behle Björn | SV Horst 1919 e.V. | 00:10:48 | 00:36:02 | 00:20:35 | 01:07:25 | M 30 | 3 | 00:00:00 |
| 28 | 98 | Speller Oliver | TSG 07 Burg Gretesch | 00:10:33 | 00:35:10 | 00:22:04 | 01:07:47 | M 40 | 3 | 00:00:00 |
| 29 | 40 | Menger Frank | | 00:11:44 | 00:34:25 | 00:21:42 | 01:07:51 | M 30 | 4 | 00:00:00 |
| 30 | 258 | Schrammeyer Kai | Marathon Ibbenbüren | 00:10:37 | 00:36:39 | 00:20:38 | 01:07:54 | M 25 | 7 | 00:00:00 |
| 31 | 103 | Kohstall Sascha | Team Magic | 00:10:22 | 00:36:11 | 00:21:33 | 01:08:06 | M 40 | 4 | 00:00:00 |
| 32 | 42 | Kramer Bastian | TV-Emsdetten | 00:14:09 | 00:35:50 | 00:18:11 | 01:08:10 | M 30 | 5 | 00:00:00 |
| 33 | 104 | Dürmann Sven | Berufsfeuerwehr Münster | 00:12:50 | 00:34:55 | 00:20:28 | 01:08:13 | M 40 | 5 | 00:00:00 |
| 34 | 351 | Schwefer Ira | LSF Münster | 00:11:57 | 00:35:44 | 00:20:38 | 01:08:19 | W 40 | 1 | 00:00:00 |
| 35 | 345 | Kons Nicole | ASV Duisburg | 00:10:01 | 00:35:52 | 00:22:31 | 01:08:24 | W 40 | 2 | 00:00:00 |
| 36 | 263 | Schultheis Thorsten | | 00:12:37 | 00:35:31 | 00:20:35 | 01:08:43 | M 30 | 6 | 00:00:00 |
| 37 | 191 | Bröker Hermann | LG Emsdetten | 00:12:09 | 00:35:24 | 00:21:16 | 01:08:49 | M 50 | 2 | 00:00:00 |
| 38 | 22 | Nössler Johannes | Trifinish Münster | 00:09:45 | 00:36:30 | 00:22:39 | 01:08:54 | M 25 | 8 | 00:00:00 |
| 39 | 27 | Wenker Philipp | TSV Handorf | 00:10:31 | 00:37:54 | 00:20:33 | 01:08:58 | M 25 | 9 | 00:00:00 |
| 40 | 305 | Pfaffenberger Lisa | Kölner Triathlon Team 01 | 00:09:37 | 00:38:23 | 00:21:00 | 01:09:00 | W 20 | 1 | 00:00:00 |
| 41 | 218 | Egbert Frank | SC Falke Saerbeck | 00:10:15 | 00:37:37 | 00:21:21 | 01:09:13 | M 50 | 3 | 00:00:00 |
| 42 | 144 | Stöckel Frank | TSG 07 Burg Gretesch | 00:13:09 | 00:35:17 | 00:20:48 | 01:09:14 | M 45 | 7 | 00:00:00 |
| 43 | 9 | Olberding Patrick | TuS Blau-Weiß Lohne | 00:11:08 | 00:35:51 | 00:22:18 | 01:09:17 | M Jun | 1 | 00:00:00 |
| 44 | 192 | Taube Siegfried | | 00:10:05 | 00:36:24 | 00:22:49 | 01:09:18 | M 50 | 4 | 00:00:00 |
| 45 | 145 | Klümper Rolf | Equipe Borschemich | 00:14:06 | 00:35:07 | 00:20:08 | 01:09:21 | M 45 | 8 | 00:00:00 |
| 46 | 94 | Janzen Berthold | Team ERDINGER Alkohol | 00:13:59 | 00:34:52 | 00:20:36 | 01:09:27 | M 40 | 6 | 00:00:00 |
| 47 | 156 | Bittner Thorsten | Tsg 07 Burg Gretesch | 00:11:50 | 00:35:20 | 00:22:18 | 01:09:28 | M 45 | 9 | 00:00:00 |
| 48 | 327 | Gröne Bärbel | Tri Finish Münster | 00:11:06 | 00:36:27 | 00:22:04 | 01:09:37 | W 30 | 2 | 00:00:00 |
| 49 | 266 | Menger Carsten | Ibbenbüren | 00:12:35 | 00:35:20 | 00:21:42 | 01:09:37 | M 40 | 7 | 00:00:00 |
| 50 | 200 | Wilken Joachim | | 00:12:47 | 00:35:54 | 00:21:18 | 01:09:59 | M 50 | 5 | 00:00:00 |

32 Saerbecker Triathlon 2014

Saerbeck Classic

| Platz | St_Nr | Name/Vorname | Verein | Schwimmen | Rad | Laufen | Zeit | AK | Platz AK | Zeitstrafe |
|-------|-------|-------------------------|--------------------------|-----------|----------|----------|----------|-------|----------|------------|
| 51 | 52 | Linnenbaum Peter | LG Emsdetten | 00:12:02 | 00:37:40 | 00:20:24 | 01:10:06 | M 30 | 7 | 00:00:00 |
| 52 | 224 | Mevenkamp Bernd | DJK-Coesfeld | 00:10:27 | 00:37:35 | 00:22:11 | 01:10:13 | M 55 | 1 | 00:00:00 |
| 53 | 68 | Reeker Timo | Tri Team Bevergern | 00:14:05 | 00:35:15 | 00:20:57 | 01:10:17 | M 35 | 4 | 00:00:00 |
| 54 | 105 | Pinkowski Frank | | 00:11:57 | 00:37:09 | 00:21:13 | 01:10:19 | M 40 | 8 | 00:00:00 |
| 55 | 6 | Tepe Raphael | SC Altenrheine | 00:10:40 | 00:38:51 | 00:20:50 | 01:10:21 | M Jun | 2 | 00:00:00 |
| 56 | 31 | Neugebauer Fabian | Uni Triathlöwen Bremen | 00:10:12 | 00:36:35 | 00:24:05 | 01:10:52 | M 25 | 10 | 00:00:00 |
| 57 | 330 | Gerling Denise | SC Altenrheine | 00:10:08 | 00:35:47 | 00:25:06 | 01:11:01 | W 30 | 3 | 00:00:00 |
| 58 | 65 | Menning Thorsten | DjK Benninghausen | 00:13:55 | 00:36:21 | 00:20:48 | 01:11:04 | M 35 | 5 | 00:00:00 |
| 59 | 138 | Bünker Guido | LG Emsdetten | 00:12:19 | 00:35:42 | 00:23:17 | 01:11:18 | M 45 | 10 | 00:00:00 |
| 60 | 95 | Kosakowski Daniel | TuS Germania Horstmar | 00:12:52 | 00:37:36 | 00:20:55 | 01:11:23 | M 40 | 9 | 00:00:00 |
| 61 | 1 | Feder Jannik | Wasser + Freizeit | 00:10:52 | 00:39:47 | 00:20:48 | 01:11:27 | M Jug | 1 | 00:00:00 |
| 62 | 33 | Menke Johannes | | 00:13:15 | 00:37:13 | 00:21:00 | 01:11:28 | M 25 | 11 | 00:00:00 |
| 63 | 207 | Höwekenmeier Thomas | SV Hullern 68 e.V. | 00:10:55 | 00:36:50 | 00:23:49 | 01:11:34 | M 50 | 6 | 00:00:00 |
| 64 | 49 | Schiemann Thomas | W + F Münster | 00:14:04 | 00:34:30 | 00:23:10 | 01:11:44 | M 40 | 10 | 00:00:00 |
| 65 | 77 | Romme Sefan | Marathon Ibbenbüren | 00:12:25 | 00:36:54 | 00:22:35 | 01:11:54 | M 20 | 5 | 00:00:00 |
| 66 | 67 | Stübner Mathias | Team ERDINGER Alkohol | 00:13:58 | 00:35:28 | 00:22:33 | 01:11:59 | M 35 | 6 | 00:00:00 |
| 67 | 2 | Kemper Andre | LG Emsdetten | 00:12:33 | 00:35:31 | 00:24:01 | 01:12:05 | M Jug | 2 | 00:00:00 |
| 68 | 213 | Welslau Johannes | TSG 07 Burg Gretesch | 00:13:19 | 00:34:38 | 00:24:15 | 01:12:12 | M 50 | 7 | 00:00:00 |
| 69 | 360 | Walker-Olberding Nicole | TuS Blau Weiß Lohne | 00:13:03 | 00:34:39 | 00:24:33 | 01:12:15 | W 45 | 1 | 00:00:00 |
| 70 | 34 | Jürgens Michael | | 00:12:15 | 00:38:16 | 00:21:53 | 01:12:24 | M 25 | 12 | 00:00:00 |
| 71 | 109 | Ott Christian | ETG-Recklinghausen | 00:10:39 | 00:37:21 | 00:24:36 | 01:12:36 | M 40 | 11 | 00:00:00 |
| 72 | 157 | Deters Lars | Tri-Finish Münster | 00:10:59 | 00:37:38 | 00:24:10 | 01:12:47 | M 40 | 12 | 00:00:00 |
| 73 | 227 | Strotmeier Franz Josef | WSU Tri-Team Warendorf | 00:12:22 | 00:37:22 | 00:23:05 | 01:12:49 | M 55 | 2 | 00:00:00 |
| 74 | 26 | Dünnwald Mathias | Tri Finish Münster | 00:12:59 | 00:37:25 | 00:22:31 | 01:12:55 | M 25 | 13 | 00:00:00 |
| 75 | 369 | Strakeljahn Elke | Marathon Steinfurt | 00:09:34 | 00:38:30 | 00:25:04 | 01:13:08 | W 45 | 2 | 00:00:00 |
| 76 | 141 | Jansen Peter | TSG Kirchhellen | 00:14:25 | 00:37:23 | 00:21:28 | 01:13:16 | M 45 | 11 | 00:00:00 |
| 77 | 89 | Struzik Christian | ICH SELBST | 00:14:10 | 00:36:28 | 00:22:44 | 01:13:22 | M 35 | 7 | 00:00:00 |
| 78 | 5 | Stöckel Kilian | SCO | 00:10:26 | 00:38:56 | 00:24:05 | 01:13:27 | M Jug | 3 | 00:00:00 |
| 79 | 190 | Becker Rainer | Team Erdinger | 00:12:56 | 00:34:58 | 00:25:36 | 01:13:30 | M 50 | 8 | 00:00:00 |
| 80 | 319 | Rayo Martin Felipe | TuS Engter | 00:08:48 | 00:45:19 | 00:19:36 | 01:13:43 | M 25 | 14 | 00:00:00 |
| 81 | 91 | Katscherowski Marc | | 00:13:14 | 00:38:25 | 00:22:09 | 01:13:48 | M 35 | 8 | 00:00:00 |
| 82 | 187 | Feja Michael | kein | 00:13:25 | 00:36:52 | 00:23:33 | 01:13:50 | M 50 | 9 | 00:00:00 |
| 83 | 206 | Schmitz Peter | Marathon Steinfurt | 00:11:28 | 00:36:24 | 00:26:06 | 01:13:58 | M 50 | 10 | 00:00:00 |
| 84 | 150 | Scharf Martin | | 00:12:14 | 00:38:38 | 00:23:12 | 01:14:04 | M 45 | 12 | 00:00:00 |
| 85 | 198 | Wolking Clemens | LSF Münster | 00:15:28 | 00:37:22 | 00:21:20 | 01:14:10 | M 50 | 11 | 00:00:00 |
| 86 | 129 | Kosakowski Rolf | | 00:14:08 | 00:38:17 | 00:21:45 | 01:14:10 | M 45 | 13 | 00:00:00 |
| 87 | 318 | Hoffmann Annette | | 00:13:27 | 00:40:15 | 00:20:33 | 01:14:15 | W 25 | 1 | 00:00:00 |
| 88 | 272 | Wrede Oliver | | 00:14:44 | 00:38:10 | 00:21:26 | 01:14:20 | M 25 | 15 | 00:00:00 |
| 89 | 167 | Gerick Jürgen | Team Sparda-Bank Münt | 00:13:03 | 00:36:48 | 00:24:33 | 01:14:24 | M 45 | 14 | 00:00:00 |
| 90 | 28 | Korfmacher Patrick | | 00:13:32 | 00:40:04 | 00:20:54 | 01:14:30 | M 25 | 16 | 00:00:00 |
| 91 | 115 | Beerhorst Achim | ETG Recklinghausen | 00:12:50 | 00:40:12 | 00:21:31 | 01:14:33 | M 40 | 13 | 00:00:00 |
| 92 | 223 | Appelt Ralf | www.appelt-racing.de | 00:10:10 | 00:37:54 | 00:26:33 | 01:14:37 | M 55 | 3 | 00:00:00 |
| 93 | 3 | Strathaus Fin | W+F | 00:12:23 | 00:37:45 | 00:24:38 | 01:14:46 | M Jug | 4 | 00:00:00 |
| 94 | 257 | Ludwig Sascha | TV Lengerich | 00:12:49 | 00:38:35 | 00:23:23 | 01:14:47 | M 20 | 6 | 00:00:00 |
| 95 | 79 | Schürmann Hendrik | Tri Finish Münster | 00:13:12 | 00:36:33 | 00:25:06 | 01:14:51 | M 35 | 9 | 00:00:00 |
| 96 | 304 | Mancini Angela | Triathlon TEAM TG Witten | 00:11:54 | 00:38:58 | 00:24:09 | 01:15:01 | W 20 | 2 | 00:00:00 |
| 97 | 170 | Schelderhoff Udo | Tri Finish Münster | 00:12:06 | 00:39:01 | 00:23:55 | 01:15:02 | M 45 | 15 | 00:00:00 |
| 98 | 243 | Kubarth Eduard | 1.Tri-Team Gütersloh GT | 00:11:42 | 00:38:48 | 00:24:36 | 01:15:06 | M 60 | 1 | 00:00:00 |
| 99 | 256 | Thal Stefan | Lengerich | 00:14:24 | 00:37:11 | 00:23:33 | 01:15:08 | M 25 | 17 | 00:00:00 |
| 100 | 244 | Spies Leen | Astylos Tiel (NL.) | 00:12:28 | 00:39:09 | 00:23:34 | 01:15:11 | M 65 | 1 | 00:00:00 |

32 Saerbecker Triathlon 2014

Saerbeck Classic

| Platz | St_Nr | Name/Vorname | Verein | Schwimmen | Rad | Laufen | Zeit | AK | Platz AK | Zeitstrafe |
|-------|-------|----------------------|------------------------|-----------|----------|----------|----------|-------|----------|------------|
| 101 | 225 | Besting Ulrich | androGym Münster | 00:12:02 | 00:38:38 | 00:24:32 | 01:15:12 | M 55 | 4 | 00:00:00 |
| 102 | 202 | Kraft Axel | | 00:13:48 | 00:37:57 | 00:23:29 | 01:15:14 | M 50 | 12 | 00:00:00 |
| 103 | 47 | Dobrzinski Sebastian | | 00:13:35 | 00:36:51 | 00:24:53 | 01:15:19 | M 30 | 8 | 00:00:00 |
| 104 | 142 | Jasniack Ralf | Aaseemönche Münster | 00:12:50 | 00:38:22 | 00:24:10 | 01:15:22 | M 45 | 16 | 00:00:00 |
| 105 | 333 | Richter Christop | | 00:13:47 | 00:38:58 | 00:22:46 | 01:15:31 | M 35 | 10 | 00:00:00 |
| 106 | 169 | Möllers Andreas | Metelen | 00:12:55 | 00:38:58 | 00:23:42 | 01:15:35 | M 45 | 17 | 00:00:00 |
| 107 | 196 | Kleiböhmer Dietmar | Team ERDINGER Alkohol | 00:14:48 | 00:36:25 | 00:24:33 | 01:15:46 | M 50 | 13 | 00:00:00 |
| 108 | 119 | Holthaus Andre | | 00:10:41 | 00:39:32 | 00:25:36 | 01:15:49 | M 40 | 14 | 00:00:00 |
| 109 | 18 | Hupka Robert | W+F Münster | 00:10:30 | 00:38:11 | 00:27:09 | 01:15:50 | M 25 | 18 | 00:00:00 |
| 110 | 354 | Frahling Simone | Steinfurt | 00:13:02 | 00:38:09 | 00:24:49 | 01:16:00 | W 45 | 3 | 00:00:00 |
| 111 | 20 | Büning Dominik | | 00:13:49 | 00:39:23 | 00:23:14 | 01:16:26 | M 25 | 19 | 00:00:00 |
| 112 | 261 | Bücker Christian | | 00:13:32 | 00:39:12 | 00:23:48 | 01:16:32 | M 45 | 18 | 00:00:00 |
| 113 | 73 | Tarabek Tobias | Langguth | 00:12:27 | 00:38:27 | 00:25:41 | 01:16:35 | M 35 | 11 | 00:00:00 |
| 114 | 99 | Hackländer Michael | | 00:13:14 | 00:39:15 | 00:24:10 | 01:16:39 | M 40 | 15 | 00:00:00 |
| 115 | 208 | Damnitz Michael | Erdinger Alkoholfrei | 00:12:06 | 00:39:11 | 00:25:26 | 01:16:43 | M 50 | 14 | 00:00:00 |
| 116 | 348 | Bröckelmann Martina | Trifit Lüdenscheid | 00:13:12 | 00:37:03 | 00:26:29 | 01:16:44 | W 40 | 3 | 00:00:00 |
| 117 | 143 | Hesping Ralf | SC Altenrheine | 00:13:44 | 00:39:23 | 00:23:44 | 01:16:51 | M 45 | 19 | 00:00:00 |
| 118 | 303 | Uphoff Johanna | | 00:11:43 | 00:41:28 | 00:23:48 | 01:16:59 | W 20 | 3 | 00:00:00 |
| 119 | 197 | Cremer Johannes | | 00:12:52 | 00:39:42 | 00:24:35 | 01:17:09 | M 50 | 15 | 00:00:00 |
| 120 | 226 | Balke Hans-Jürgen | SV Gladbeck 13 | | | | 01:17:20 | M 55 | 5 | 00:00:00 |
| 121 | 84 | Yenen Galip Yener | YES I CAN | 00:14:00 | 00:40:58 | 00:22:26 | 01:17:24 | M 35 | 12 | 00:00:00 |
| 122 | 124 | Horn-Angsmann Holger | ASC Ahlen | 00:15:21 | 00:37:55 | 00:24:11 | 01:17:27 | M 45 | 20 | 00:00:00 |
| 123 | 322 | Arnsmann Sandra | SC DHfK Leipzig | 00:11:50 | 00:41:45 | 00:23:54 | 01:17:29 | W 25 | 2 | 00:00:00 |
| 124 | 252 | Farwick Andreas | TV G.M. Hütte | 00:16:08 | 00:39:53 | 00:21:31 | 01:17:32 | M 40 | 16 | 00:00:00 |
| 125 | 7 | Münsterkötter Kai | | 00:13:12 | 00:40:25 | 00:23:55 | 01:17:32 | M Jun | 3 | 00:00:00 |
| 126 | 339 | Simon Ivonne | SV Teuto Riesenbeck | 00:13:06 | 00:39:50 | 00:24:41 | 01:17:37 | W 35 | 1 | 00:00:00 |
| 127 | 186 | Hemsing Hermann | LSF Münster | 00:12:23 | 00:39:28 | 00:25:58 | 01:17:49 | M 50 | 16 | 00:00:00 |
| 128 | 36 | Kleis Thomas | | 00:15:08 | 00:40:53 | 00:21:53 | 01:17:54 | M 30 | 9 | 00:00:00 |
| 129 | 328 | Wilken Esther | Tri Finish Münster | 00:12:10 | 00:39:39 | 00:26:17 | 01:18:06 | W 30 | 4 | 00:00:00 |
| 130 | 233 | Temme Georg | Herner Triathlon Team | 00:16:17 | 00:38:01 | 00:23:54 | 01:18:12 | M 55 | 6 | 00:00:00 |
| 131 | 140 | Eick Holger | | 00:14:37 | 00:40:45 | 00:22:51 | 01:18:13 | M 45 | 21 | 00:00:00 |
| 132 | 334 | Bays Anne | Tri Finish Münster | 00:13:17 | 00:40:29 | 00:24:30 | 01:18:16 | W 35 | 2 | 00:00:00 |
| 133 | 381 | Schmiemann Petra | ESV Münster | 00:16:03 | 00:40:49 | 00:21:29 | 01:18:21 | W 55 | 1 | 00:00:00 |
| 134 | 135 | Uenning Jürgen | | 00:14:34 | 00:39:13 | 00:24:38 | 01:18:25 | M 45 | 22 | 00:00:00 |
| 135 | 210 | Rausch Stefan | SSF Bonn Triathlon | 00:14:27 | 00:38:42 | 00:25:24 | 01:18:33 | M 50 | 17 | 00:00:00 |
| 136 | 136 | Klein Ralf | SG Welper | 00:14:26 | 00:38:14 | 00:25:54 | 01:18:34 | M 45 | 23 | 00:00:00 |
| 137 | 83 | Frank Franke | TV Hohne | 00:17:05 | 00:38:49 | 00:22:43 | 01:18:37 | M 35 | 13 | 00:00:00 |
| 138 | 180 | Vahrenbrink Jürgen | Marathon Soest | 00:14:16 | 00:37:42 | 00:26:39 | 01:18:37 | M 50 | 18 | 00:00:00 |
| 139 | 248 | Jansing Matthias | Tri 4 Fun | 00:11:53 | 00:40:34 | 00:26:11 | 01:18:38 | M 25 | 20 | 00:00:00 |
| 140 | 222 | Heuing Helmut | TuS Germania Horstmar | 00:15:45 | 00:39:18 | 00:23:35 | 01:18:38 | M 55 | 7 | 00:00:00 |
| 141 | 165 | Busche Michael | LC Nordhorn | 00:13:39 | 00:41:19 | 00:23:41 | 01:18:39 | M 45 | 24 | 00:00:00 |
| 142 | 220 | Brox PAUL | | 00:14:32 | 00:39:07 | 00:25:07 | 01:18:46 | M 55 | 8 | 00:00:00 |
| 143 | 259 | Wohlfahrt Felix | Gummibärchenbande | 00:13:34 | 00:40:53 | 00:24:33 | 01:19:00 | M Jun | 4 | 00:00:00 |
| 144 | 301 | Jansen Regina | TSG Kirchhellen | 00:12:10 | 00:42:26 | 00:24:27 | 01:19:03 | W Jun | 1 | 00:00:00 |
| 145 | 366 | Middendorf Edith | | 00:13:44 | 00:40:42 | 00:24:37 | 01:19:03 | W 45 | 4 | 00:00:00 |
| 146 | 211 | Weidling Ralph | | 00:11:29 | 00:39:19 | 00:28:16 | 01:19:04 | M 50 | 19 | 00:00:00 |
| 147 | 93 | Geuker Jens | TuS Altenberge 09 | 00:14:05 | 00:40:19 | 00:24:41 | 01:19:05 | M 40 | 17 | 00:00:00 |
| 148 | 80 | Stritzel Steffen | BSG Provinzial Münster | 00:13:29 | 00:39:42 | 00:25:58 | 01:19:09 | M 35 | 14 | 00:00:00 |
| 149 | 130 | Nieländer Stefan | TriSpeed Marienfeld | | | 00:23:17 | 01:19:14 | M 45 | 25 | 00:00:00 |
| 150 | 336 | Hoever Jutta | | 00:12:23 | 00:39:28 | 00:27:32 | 01:19:23 | W 35 | 3 | 00:00:00 |

32 Saerbecker Triathlon 2014

Saerbeck Classic

| Platz | St_Nr | Name/Vorname | Verein | Schwimmen | Rad | Laufen | Zeit | AK | Platz AK | Zeitstrafe |
|-------|-------|----------------------|---------------------------|-----------|----------|----------|----------|-------|----------|------------|
| 151 | 71 | Sieve Christian | | 00:11:40 | 00:39:57 | 00:27:48 | 01:19:25 | M 35 | 15 | 00:00:00 |
| 152 | 55 | Deters Oliver | Nutrixion 4Fun | 00:13:11 | 00:39:14 | 00:27:24 | 01:19:49 | M 35 | 16 | 00:00:00 |
| 153 | 46 | Stark Ingo | BSG Berufsfeuerwehr Mü | 00:12:26 | 00:41:08 | 00:26:22 | 01:19:56 | M 30 | 10 | 00:00:00 |
| 154 | 38 | Pommerening Frank | Sportschule der Bundesw | 00:14:24 | 00:38:32 | 00:27:01 | 01:19:57 | M 30 | 11 | 00:00:00 |
| 155 | 160 | Hermelbracht Jürgen | TRISPEED Marienfeld | 00:16:05 | 00:38:04 | 00:25:57 | 01:20:06 | M 45 | 26 | 00:00:00 |
| 156 | 229 | Gerbens Jürgen | Soester-Tri-Team | 00:14:34 | 00:39:27 | 00:26:06 | 01:20:07 | M 55 | 9 | 00:00:00 |
| 157 | 221 | Austermann Peter | SC Relax Beckum | 00:12:01 | 00:37:47 | 00:30:27 | 01:20:15 | M 55 | 10 | 00:00:00 |
| 158 | 365 | Schaible Claudia | LG Rheine-Elte | 00:10:49 | 00:41:45 | 00:27:46 | 01:20:20 | W 45 | 5 | 00:00:00 |
| 159 | 10 | Gode Marvin | 1.Tri-Club Paderborn | 00:15:10 | 00:38:08 | 00:27:14 | 01:20:32 | M Jun | 5 | 00:00:00 |
| 160 | 193 | van Wieren Gebhard | Lauftreff Olympia UELSE | 00:15:41 | 00:40:50 | 00:24:07 | 01:20:38 | M 50 | 20 | 00:00:00 |
| 161 | 215 | Severin Josef | RC Münster | 00:14:55 | 00:39:29 | 00:26:18 | 01:20:42 | M 50 | 21 | 00:00:00 |
| 162 | 154 | Karthäuser Markus | Wasser+Freizeit | 00:14:23 | 00:38:04 | 00:28:16 | 01:20:43 | M 45 | 27 | 00:00:00 |
| 163 | 350 | Bohdorf Martina | SC Bayer Uerdingen | 00:16:55 | 00:39:59 | 00:23:57 | 01:20:51 | W 40 | 4 | 00:00:00 |
| 164 | 316 | Kell Lisa | Trias-Hamm | 00:13:13 | 00:44:04 | 00:23:50 | 01:21:07 | W 25 | 3 | 00:00:00 |
| 165 | 134 | Terhorst Dirk | TuS Graf Kobbo Tecklenb | 00:12:32 | 00:41:19 | 00:27:42 | 01:21:33 | M 45 | 28 | 00:00:00 |
| 166 | 337 | Weirauch Eva | LG Emsdetten | 00:13:35 | 00:42:27 | 00:25:36 | 01:21:38 | W 35 | 4 | 00:00:00 |
| 167 | 39 | Stallkamp Timo | Tri-OSC | 00:13:19 | 00:41:36 | 00:26:44 | 01:21:39 | M 30 | 12 | 00:00:00 |
| 168 | 251 | Schäfer Judith | Telgte | 00:12:25 | 00:43:09 | 00:26:11 | 01:21:45 | W 45 | 6 | 00:00:00 |
| 169 | 175 | Lindner Hans Jürgen | | 00:14:22 | 00:43:08 | 00:24:18 | 01:21:48 | M 50 | 22 | 00:00:00 |
| 170 | 343 | Tottmann Barbara | | 00:13:42 | 00:42:13 | 00:25:58 | 01:21:53 | W 40 | 5 | 00:00:00 |
| 171 | 312 | Nowak Anna Christina | ETG Recklinghausen | 00:14:02 | 00:43:08 | 00:24:45 | 01:21:55 | W 25 | 4 | 00:00:00 |
| 172 | 260 | Hesse Christian | Skiclub Ope | 00:16:16 | 00:41:08 | 00:24:42 | 01:22:06 | M 30 | 13 | 00:00:00 |
| 173 | 92 | Frese Michael | SC Glandorf 36 | 00:13:07 | 00:43:21 | 00:25:38 | 01:22:06 | M 40 | 18 | 00:00:00 |
| 174 | 361 | Albers Jutta | TWE TRI-TEAM | 00:12:30 | 00:41:18 | 00:28:19 | 01:22:07 | W 45 | 7 | 00:00:00 |
| 175 | 148 | Milke Jörg | | 00:12:30 | 00:40:44 | 00:28:59 | 01:22:13 | M 45 | 29 | 00:00:00 |
| 176 | 240 | Caus Kristian | LG Beelen | 00:15:08 | 00:39:55 | 00:27:11 | 01:22:14 | M 60 | 2 | 00:00:00 |
| 177 | 370 | Boehm Helga | | 00:14:31 | 00:42:54 | 00:24:50 | 01:22:15 | W 45 | 8 | 00:00:00 |
| 178 | 353 | Fehmer Silke | Marathon Steinfurt | 00:13:46 | 00:41:43 | 00:26:48 | 01:22:17 | W 40 | 6 | 00:00:00 |
| 179 | 173 | Strotmann Christoph | Casis Kindpinkelclub | 00:14:07 | 00:42:29 | 00:25:41 | 01:22:17 | M 50 | 23 | 00:00:00 |
| 180 | 60 | Brockmeyer Tobias | | 00:15:44 | 00:41:05 | 00:25:39 | 01:22:28 | M 35 | 17 | 00:00:00 |
| 181 | 302 | Gründing Sarah | Tri-Team TuS Engter | 00:16:39 | 00:41:53 | 00:24:06 | 01:22:38 | W 20 | 4 | 00:00:00 |
| 182 | 127 | Thymian Thomas | Waltroper LC 06 | 00:13:13 | 00:43:28 | 00:26:00 | 01:22:41 | M 45 | 30 | 00:00:00 |
| 183 | 177 | Ohlemüller Robert | Marosi | 00:16:50 | 00:39:05 | 00:26:59 | 01:22:54 | M 50 | 24 | 00:00:00 |
| 184 | 179 | Hovermann Christian | Münster | 00:13:27 | 00:44:08 | 00:25:22 | 01:22:57 | M 40 | 19 | 00:00:00 |
| 185 | 311 | Stäsch Johanna | | 00:15:02 | 00:41:38 | 00:26:26 | 01:23:06 | W 25 | 5 | 00:00:00 |
| 186 | 62 | Fleige Dirk | Lauftreff Nottuln | 00:15:41 | 00:41:29 | 00:26:04 | 01:23:14 | M 35 | 18 | 00:00:00 |
| 187 | 166 | Mertens Matthias | | 00:12:58 | 00:45:06 | 00:25:14 | 01:23:18 | M 45 | 31 | 00:00:00 |
| 188 | 183 | Bekemeier Thomas | | 00:12:55 | 00:44:50 | 00:25:40 | 01:23:25 | M 50 | 25 | 00:00:00 |
| 189 | 255 | Tyrrell Derek | Münster | 00:14:24 | 00:44:36 | 00:24:42 | 01:23:42 | M 45 | 32 | 00:00:00 |
| 190 | 32 | Helsberg Andreas | Team Erdinger Alkoholfrei | 00:14:32 | 00:42:18 | 00:27:02 | 01:23:52 | M 25 | 21 | 00:00:00 |
| 191 | 236 | Meyendriesch Burkard | Meerwiesel | 00:17:21 | 00:41:17 | 00:25:14 | 01:23:52 | M 55 | 11 | 00:00:00 |
| 192 | 64 | Kopshoff Marius | | 00:15:55 | 00:40:56 | 00:27:10 | 01:24:01 | M 35 | 19 | 00:00:00 |
| 193 | 126 | Kolligs Carsten | TSG Kirchhellen | 00:13:10 | 00:44:39 | 00:26:13 | 01:24:02 | M 45 | 33 | 00:00:00 |
| 194 | 201 | Wrede Bernd | | 00:15:49 | 00:41:18 | 00:26:57 | 01:24:04 | M 50 | 26 | 00:00:00 |
| 195 | 314 | Wilson Lauren | | 00:12:52 | 00:43:19 | 00:28:05 | 01:24:16 | W 25 | 6 | 00:00:00 |
| 196 | 307 | Heidfeld Stefanie | | 00:12:29 | 00:43:27 | 00:28:23 | 01:24:19 | W 20 | 5 | 00:00:00 |
| 197 | 321 | Woltering Verena | LG Emsdetten | 00:14:17 | 00:41:37 | 00:28:33 | 01:24:27 | W 25 | 7 | 00:00:00 |
| 198 | 310 | Breitkopf Jürgen | | 00:15:01 | 00:44:05 | 00:25:26 | 01:24:32 | M 50 | 27 | 00:00:00 |
| 199 | 217 | König Johannes | TVE Greven | 00:17:07 | 00:43:15 | 00:24:15 | 01:24:37 | M 50 | 28 | 00:00:00 |
| 200 | 178 | Hegemann Josef | | 00:17:17 | 00:41:14 | 00:26:19 | 01:24:50 | M 50 | 29 | 00:00:00 |

32 Saerbecker Triathlon 2014

Saerbeck Classic

| Platz | St_Nr | Name/Vorname | Verein | Schwimmen | Rad | Laufen | Zeit | AK | Platz AK | Zeitstrafe |
|-------|-------|-----------------------|-------------------------|-----------|----------|----------|----------|-------|----------|------------|
| 201 | 171 | Kampert Martin | LG Deiringsen | 00:13:53 | 00:43:17 | 00:27:44 | 01:24:54 | M 45 | 34 | 00:00:00 |
| 202 | 153 | Stratmann Jörg | | 00:15:51 | 00:46:13 | 00:22:56 | 01:25:00 | M 45 | 35 | 00:00:00 |
| 203 | 355 | Sylvie Rothert | | 00:17:48 | 00:40:24 | 00:27:01 | 01:25:13 | W 45 | 9 | 00:00:00 |
| 204 | 317 | Wessendorf Nora | | 00:16:06 | 00:42:28 | 00:26:40 | 01:25:14 | W 25 | 8 | 00:00:00 |
| 205 | 96 | Reinker Markus | GSK Nordhorn | 00:12:53 | 00:44:53 | 00:27:36 | 01:25:22 | M 40 | 20 | 00:00:00 |
| 206 | 264 | Wiegers Nina | GW Gelmer | 00:14:16 | 00:42:57 | 00:28:11 | 01:25:24 | W 20 | 6 | 00:00:00 |
| 207 | 123 | Kummer Jörg | | 00:15:12 | 00:42:02 | 00:28:13 | 01:25:27 | M 45 | 36 | 00:00:00 |
| 208 | 114 | Neumann Frank | ASV Heckerheide | 00:16:00 | 00:42:07 | 00:27:32 | 01:25:39 | M 40 | 21 | 00:00:00 |
| 209 | 346 | Holthaus Britta | | 00:13:08 | 00:43:48 | 00:28:59 | 01:25:55 | W 40 | 7 | 00:00:00 |
| 210 | 108 | Feldmann Matthias | | 00:14:14 | 00:41:38 | 00:30:11 | 01:26:03 | M 40 | 22 | 00:00:00 |
| 211 | 205 | Oeckermann Karlheinz | ASC Ahlen | 00:13:49 | 00:41:53 | 00:30:21 | 01:26:03 | M 50 | 30 | 00:00:00 |
| 212 | 139 | Kugel Thorsten | SC Falke Saerbeck | 00:13:45 | 00:42:26 | 00:29:52 | 01:26:03 | M 45 | 37 | 00:00:00 |
| 213 | 357 | Scholz Heike | Tri-Team Dissen | 00:15:13 | 00:46:35 | 00:24:23 | 01:26:11 | W 45 | 10 | 00:00:00 |
| 214 | 371 | Michaelis-Hatje Karin | Flotte Lotten | 00:14:14 | 00:44:27 | 00:27:34 | 01:26:15 | W 50 | 1 | 00:00:00 |
| 215 | 364 | Lorenz Martina | | 00:14:53 | 00:43:42 | 00:27:51 | 01:26:26 | W 45 | 11 | 00:00:00 |
| 216 | 241 | upmann rudolf | Ig rheine-elte | 00:15:00 | 00:44:46 | 00:26:59 | 01:26:45 | M 60 | 3 | 00:00:00 |
| 217 | 151 | Fischer Andreas | W & F Münster | 00:13:50 | 00:40:43 | 00:32:12 | 01:26:45 | M 45 | 38 | 00:00:00 |
| 218 | 125 | Richter Markus | | 00:15:31 | 00:44:00 | 00:27:15 | 01:26:46 | M 45 | 39 | 00:00:00 |
| 219 | 12 | Borgmeier Philipp | | 00:18:59 | 00:43:35 | 00:24:13 | 01:26:47 | M 20 | 7 | 00:00:00 |
| 220 | 185 | Sahorn Christian | ohne | 00:16:12 | 00:40:36 | 00:30:05 | 01:26:53 | M 50 | 31 | 00:00:00 |
| 221 | 219 | Engel Hans-Jürgen | | 00:11:36 | 00:46:12 | 00:29:22 | 01:27:10 | M 50 | 32 | 00:00:00 |
| 222 | 382 | Korb Eckhard | Marathon Steinfurt | 00:16:00 | 00:41:01 | 00:30:23 | 01:27:24 | M 70 | 1 | 00:00:00 |
| 223 | 107 | Böhle Markus | Berufsfeuerwehr Münster | 00:14:08 | 00:45:31 | 00:27:52 | 01:27:31 | M 40 | 23 | 00:00:00 |
| 224 | 379 | Reiser Claudia | | 00:13:58 | 00:42:40 | 00:31:11 | 01:27:49 | W 50 | 2 | 00:00:00 |
| 225 | 347 | Erdmann Birgit | | 00:16:47 | 00:40:29 | 00:31:09 | 01:28:25 | W 40 | 8 | 00:00:00 |
| 226 | 63 | Kuhlmann Stephan | | 00:16:04 | 00:40:53 | 00:31:42 | 01:28:39 | M 35 | 20 | 00:00:00 |
| 227 | 265 | Wiegers Silvia | GW Gelmer | 00:15:01 | 00:43:36 | 00:30:04 | 01:28:41 | W 50 | 3 | 00:00:00 |
| 228 | 242 | Kochmann Hans-Joachim | TV Neubeckum | 00:11:51 | 00:47:35 | 00:29:20 | 01:28:46 | M 60 | 4 | 00:00:00 |
| 229 | 146 | Ostermann Thomas | SC Füchtorf | 00:21:23 | 00:41:20 | 00:26:04 | 01:28:47 | M 45 | 40 | 00:00:00 |
| 230 | 184 | Weiß Andre | | 00:15:12 | 00:45:58 | 00:27:47 | 01:28:57 | M 50 | 33 | 00:00:00 |
| 231 | 338 | Scholte Petra | | 00:15:07 | 00:42:37 | 00:31:26 | 01:29:10 | W 35 | 5 | 00:00:00 |
| 232 | 306 | habranke christina | tri team selm | 00:12:42 | 00:44:29 | 00:32:02 | 01:29:13 | W 20 | 7 | 00:00:00 |
| 233 | 203 | Wicknig Roland | twinracers | 00:16:53 | 00:45:30 | 00:26:52 | 01:29:15 | M 50 | 34 | 00:00:00 |
| 234 | 253 | Lalla Sarah | Bonn | 00:16:37 | 00:42:05 | 00:30:34 | 01:29:16 | W 20 | 8 | 00:00:00 |
| 235 | 352 | Roß Sabine | SC Altenrheine | 00:11:04 | 00:47:53 | 00:30:20 | 01:29:17 | W 40 | 9 | 00:00:00 |
| 236 | 320 | Hansel Nora | PV Triathlon Witten | 00:17:02 | 00:43:57 | 00:28:27 | 01:29:26 | W 25 | 9 | 00:00:00 |
| 237 | 122 | Barthen Markus | TSG Sprockhövel | 00:18:15 | 00:44:15 | 00:27:13 | 01:29:43 | M 40 | 24 | 00:00:00 |
| 238 | 232 | Kleis sen. Thomas | Soester Tri Team | 00:16:33 | 00:47:05 | 00:26:11 | 01:29:49 | M 55 | 12 | 00:00:00 |
| 239 | 70 | Harth Sabine | | 00:16:54 | 00:48:14 | 00:24:44 | 01:29:52 | W 35 | 6 | 00:00:00 |
| 240 | 74 | Rausmann Jörg | Team Sparda-Bank | 00:16:11 | 00:44:04 | 00:29:38 | 01:29:53 | M 35 | 21 | 00:00:00 |
| 241 | 378 | Rasper Sabine | Flotte Lotten | 00:14:26 | 00:45:26 | 00:30:08 | 01:30:00 | W 50 | 4 | 00:00:00 |
| 242 | 235 | Burger Martin | | 00:14:54 | 00:46:11 | 00:28:56 | 01:30:01 | M 55 | 13 | 00:00:00 |
| 243 | 315 | Thien Judith | | 00:15:44 | 00:45:52 | 00:28:37 | 01:30:13 | W 25 | 10 | 00:00:00 |
| 244 | 214 | Salmen Christian | Just 4 Fun Greven | 00:17:07 | 00:44:31 | 00:28:48 | 01:30:26 | M 50 | 35 | 00:00:00 |
| 245 | 11 | Gorr Florian | SCN Boxen | 00:14:04 | 00:47:09 | 00:29:15 | 01:30:28 | M Jun | 6 | 00:00:00 |
| 246 | 216 | Rieping Stephan | TSG Harsewinkel | 00:16:11 | 00:44:34 | 00:29:49 | 01:30:34 | M 50 | 36 | 00:00:00 |
| 247 | 373 | Heinemann Birgit | Marathon Steinfurt | 00:16:40 | 00:48:02 | 00:26:07 | 01:30:49 | W 50 | 5 | 00:00:00 |
| 248 | 341 | Dierksen Nadine | | 00:15:37 | 00:44:51 | 00:30:28 | 01:30:56 | W 35 | 7 | 00:00:00 |
| 249 | 102 | Stewing Karsten | | 00:15:45 | 00:46:19 | 00:28:59 | 01:31:03 | M 40 | 25 | 00:00:00 |
| 250 | 329 | Herfurth Ramona | TRI-OSC Osnabrück | 00:16:22 | 00:44:16 | 00:30:28 | 01:31:06 | W 30 | 5 | 00:00:00 |

32 Saerbecker Triathlon 2014

Saerbeck Classic

| Platz | St_Nr | Name/Vorname | Verein | Schwimmen | Rad | Laufen | Zeit | AK | Platz AK | Zeitstrafe |
|-------|-------|--------------------------|--------------------------|-----------|----------|----------|----------|------|----------|------------|
| 251 | 335 | Nackat Kristina | | 00:16:14 | 00:48:36 | 00:26:25 | 01:31:15 | W 35 | 8 | 00:00:00 |
| 252 | 106 | Schupp Frank | Falke Saerbeck | 00:17:02 | 00:41:50 | 00:33:41 | 01:32:33 | M 40 | 26 | 00:00:00 |
| 253 | 121 | Roß Dietmar | SC Altenrheine | 00:18:51 | 00:45:25 | 00:28:20 | 01:32:36 | M 40 | 27 | 00:00:00 |
| 254 | 363 | Kroll-Brunk Sylvia | TriTeam Radevormwald | 00:15:46 | 00:45:21 | 00:31:31 | 01:32:38 | W 45 | 12 | 00:00:00 |
| 255 | 254 | Zimmermann Tim | Essen | 00:14:30 | 00:44:53 | 00:33:19 | 01:32:42 | M 40 | 28 | 00:00:00 |
| 256 | 163 | Gellesch Andreas | SG Welper | 00:16:10 | 00:48:53 | 00:28:09 | 01:33:12 | M 45 | 41 | 00:00:00 |
| 257 | 331 | Walters Tanja | TWE TRI TEAM | 00:13:41 | 00:46:53 | 00:33:12 | 01:33:46 | W 30 | 6 | 00:00:00 |
| 258 | 380 | Conze Christiane | vereinslos | 00:13:05 | 00:49:20 | 00:31:44 | 01:34:09 | W 55 | 2 | 00:00:00 |
| 259 | 326 | Vohwinkel Svenja | Hauí's Laufteam | 00:14:45 | 00:43:50 | 00:35:57 | 01:34:32 | W 30 | 7 | 00:00:00 |
| 260 | 375 | Hemsing Maria | LSF Münster | 00:16:08 | 00:47:52 | 00:30:39 | 01:34:39 | W 50 | 6 | 00:00:00 |
| 261 | 155 | Wallmann Ulrich | | 00:12:31 | 00:48:24 | 00:34:24 | 01:35:19 | M 45 | 42 | 00:00:00 |
| 262 | 78 | Reinker Udo | | 00:15:59 | 00:45:22 | 00:34:48 | 01:36:09 | M 35 | 22 | 00:00:00 |
| 263 | 228 | Schmidt Artur | LG Rheine-Elte | 00:14:41 | 00:46:12 | 00:35:48 | 01:36:41 | M 55 | 14 | 00:00:00 |
| 264 | 376 | Verwendel Sabine | | 00:15:24 | 00:46:22 | 00:36:22 | 01:38:08 | W 50 | 7 | 00:00:00 |
| 265 | 149 | Shure Dagmar | Solingen | 00:15:54 | 00:48:13 | 00:34:08 | 01:38:15 | W 45 | 13 | 00:00:00 |
| 266 | 101 | Bennemann Andreas | KC Die Unbeweglichen | 00:15:47 | 00:49:40 | 00:32:51 | 01:38:18 | M 40 | 29 | 00:00:00 |
| 267 | 75 | Reef Katrin | | 00:16:56 | 00:52:11 | 00:29:25 | 01:38:32 | W 50 | 8 | 00:00:00 |
| 268 | 269 | Reef Johannes | | 00:19:32 | 00:49:44 | 00:29:16 | 01:38:32 | M 50 | 37 | 00:00:00 |
| 269 | 23 | Zierach Robert | SSF Bonn | 00:26:17 | 00:42:05 | 00:30:34 | 01:38:56 | M 25 | 22 | 00:00:00 |
| 270 | 374 | Spatz Gaby | LSF Mnster | 00:16:33 | 00:49:18 | 00:33:08 | 01:38:59 | W 50 | 9 | 00:00:00 |
| 271 | 249 | Meyer Kati | Marathon Ibbenbüren | 00:19:30 | 00:52:15 | 00:28:20 | 01:40:05 | W 45 | 14 | 00:00:00 |
| 272 | 247 | Petschick Willi | RSV Friedenau Steinfurt | 00:16:51 | 00:48:39 | 00:38:15 | 01:43:45 | M 70 | 2 | 00:00:00 |
| 273 | 246 | Korb Anneliese | Marathon Steinfurt | 00:21:46 | 00:47:55 | 00:36:45 | 01:46:26 | W 70 | 1 | 00:00:00 |
| 274 | 349 | Bergendahl Mireille | Lauftreff R(h)einknaller | 00:20:00 | 00:47:29 | 00:39:11 | 01:46:40 | W 40 | 10 | 00:00:00 |
| 275 | 340 | Rummeling Simone | | 00:16:40 | 00:59:21 | 00:31:14 | 01:47:15 | W 35 | 9 | 00:00:00 |
| 276 | 358 | Hölscher-Neumann Kerstin | ASV Heckerheide | 00:17:15 | 00:53:21 | 00:39:36 | 01:50:12 | W 45 | 15 | 00:00:00 |
| 277 | 69 | Lipsky Manfred | TUSEM Essen | 00:22:13 | 00:56:46 | 00:40:19 | 01:59:18 | M 40 | 30 | 00:00:00 |
| 278 | 567 | Schlüter Thomas | Tri Team TuS Engter | 01:27:55 | 01:08:11 | 00:45:07 | 03:21:13 | M 40 | 31 | 00:00:00 |