

## 33 Riesenbecker Triathlon 2015

## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
1	465	Ensink Daniel	LC Nordhorn	00:08:31	1	00:29:47	1	00:24:40	6	01:02:58	M 30	1	00:00:00
2	474	Feldschnieders Mark	LC Nordhorn	00:09:07	2	00:31:08	8	00:23:24	2	01:03:39	M 35	1	00:00:00
3	317	Lembcke Nicholas	LC Nordhorn	00:09:13	3	00:31:30	12	00:23:34	3	01:04:17	M 30	2	00:00:00
4	413	Beckemper Marvin	LC Nordhorn	00:09:42	6	00:31:29	11	00:24:29	5	01:05:40	M Jun	1	00:00:00
5	448	Tschoepke Lukas	Tri Finish Münster	00:10:37	15	00:32:06	22	00:23:08	1	01:05:51	M 20	1	00:00:00
6	446	Sievers Thomas	Tri Finish Münster	00:11:12	23	00:30:47	4	00:24:42	7	01:06:41	M 40	1	00:00:00
7	320	Bischof Markus	Tri Finish Münster	00:11:09	21	00:31:07	7	00:24:52	9	01:07:08	M 45	1	00:00:00
8	419	Uhlenbruch Ralf	SC Altenrheine	00:10:14	10	00:32:24	33	00:24:59	11	01:07:37	M 50	1	00:00:00
9	363	Ricklin Manfred	SC Altenrheine	00:12:03	44	00:30:41	2	00:26:09	22	01:08:53	M 55	1	00:00:00
10	440	Jungeilges Steven	1. TCO Oldenburg	00:11:43	30	00:33:02	50	00:24:12	4	01:08:57	M 25	1	00:00:00
11	333	Bockholt Peter	SV Gladbeck 13	00:10:43	16	00:31:46	14	00:26:33	28	01:09:02	M 45	2	00:00:00
12	416	Jakisch Jann-Paul	WSU-Tri-Team	00:12:00	42	00:31:50	15	00:25:20	13	01:09:10	M Jun	2	00:00:00
13	498	Goik Markus	kein	00:10:52	17	00:32:39	40	00:25:56	17	01:09:27	M 50	2	00:00:00
14	414	Portheine Lukas	WASPO Nordhorn	00:09:38	5	00:32:03	20	00:27:54	61	01:09:35	M Jun	3	00:00:00
15	347	Gogrewé Luc	LG Emsdetten	00:10:02	7	00:33:07	53	00:26:32	27	01:09:41	M Jun	4	00:00:00
16	441	Thiel Sascha	Warendorfer SU	00:09:22	4	00:33:45	81	00:26:55	39	01:10:02	M 20	2	00:00:00
17	381	Trumpp Henning	BSG AGRAVIS Raiffeisen	00:13:09	82	00:32:13	27	00:24:47	8	01:10:09	M 50	3	00:00:00
18	260	Petrich Alexander	Recke	00:12:31	57	00:31:52	18	00:26:06	20	01:10:29	M 30	3	00:00:00
19	424	Tutino Michael	SV Teuto Riesenbeck	00:13:02	76	00:32:23	31	00:25:17	12	01:10:42	M 35	2	00:00:00
20	280	Denne Bastian	RSC Ochtrup	00:11:59	41	00:31:50	16	00:26:59	41	01:10:48	M 20	3	00:00:00
21	323	Menger Frank	Ibbenbüren	00:12:27	54	00:30:59	5	00:27:24	47	01:10:50	M 30	4	00:00:00
22	371	Kemper Andre	LG Emsdetten Tri-Team	00:11:44	31	00:32:11	24	00:26:58	40	01:10:53	M Jun	5	00:00:00
23	274	Tepe Frank	Reha&Vital Hörstel	00:12:32	59	00:32:52	46	00:25:32	14	01:10:56	M 40	2	00:00:00
24	478	Kohstall Sascha	Team Erdinger Alkoholfrei	00:10:24	12	00:33:19	60	00:27:28	48	01:11:11	M 40	3	00:00:00
25	462	Miethe Frank	SV Teuto Riesenbeck	00:13:50	113	00:32:31	36	00:24:57	10	01:11:18	M 40	4	00:00:00
26	334	Noffke Bert	SV Gladbeck 13	00:11:03	20	00:32:50	45	00:27:40	54	01:11:33	M 50	4	00:00:00
27	303	Anders Maik	TSG 07 Burg Gretesch	00:11:31	27	00:33:15	56	00:26:50	35	01:11:36	M 20	4	00:00:00
28	238	Aschermann Lennart	LC Nordhorn	00:11:56	40	00:31:37	13	00:28:16	64	01:11:49	M 20	5	00:00:00
29	201	Scharfenstein Sven	SV Tri City Darmstadt	00:13:23	91	00:31:04	6	00:27:30	50	01:11:57	M 40	5	00:00:00
30	284	ten Brink Christian	LC Nordhorn	00:12:41	63	00:32:37	38	00:26:55	38	01:12:13	M 35	3	00:00:00
31	527	Harms Andre	Osnabrücker SC	00:13:49	112	00:32:22	29	00:26:08	21	01:12:19	M 30	5	00:00:00
32	366	Christ Maximilian	Canu Club Emsdetten	00:12:26	53	00:33:02	51	00:26:53	37	01:12:21	M 20	6	00:00:00
33	411	Jansen Merlyn	SV Union Meppen	00:11:45	32	00:34:06	94	00:26:34	29	01:12:25	M 20	7	00:00:00
34	388	Evers Simon	Eintracht Rodde	00:13:05	79	00:33:25	67	00:25:58	19	01:12:28	M 25	2	00:00:00
35	391	Zurfähr Johannes	SuS Darne e.V.	00:12:52	70	00:32:40	41	00:27:03	42	01:12:35	M 30	6	00:00:00
36	535	Bittner Thorsten	TSG 07 Burg Gretesch	00:10:28	13	00:33:14	55	00:28:53	77	01:12:35	M 45	3	00:00:00
37	267	Sumbeck Imke	LC Nordhorn	00:11:13	24	00:34:15	100	00:27:17	44	01:12:45	W 30	1	00:00:00
38	505	Gotsch Helmut	ASV Duisburg	00:10:03	8	00:33:05	52	00:29:41	97	01:12:49	M 50	5	00:00:00
39	224	Meier Olaf	Herner Triathlon Team 11	00:12:15	49	00:31:15	9	00:29:20	88	01:12:50	M 45	4	00:00:00
40	403	Schluchter Thommy	Tri Team TuS Engter	00:13:11	84	00:33:26	70	00:26:20	24	01:12:57	M 40	6	00:00:00
41	415	Jakisch Thomas	WSU-Tri-Team	00:11:51	37	00:32:00	19	00:29:12	86	01:13:03	M 50	6	00:00:00
42	362	Deters Oliver	Marathon Steinfurt	00:12:48	69	00:30:41	3	00:29:46	100	01:13:15	M 35	4	00:00:00
43	272	Pohl Martin	TV Georgsmarienhütte	00:13:47	110	00:33:43	79	00:25:58	18	01:13:28	M 50	7	00:00:00
44	451	Reeker Timo	Tri Team Bevergern	00:13:24	93	00:32:23	30	00:27:46	56	01:13:33	M 35	5	00:00:00
45	264	Sonntag Mike	Team-Pirate	00:13:30	97	00:32:43	42	00:27:37	52	01:13:50	M 50	8	00:00:00
46	338	Bünker Guido	LG Emsdetten Tri-Team	00:11:15	25	00:33:55	87	00:28:42	71	01:13:52	M 45	5	00:00:00
47	226	Katscherowski Marc	www.evp-exklusiv.de	00:14:04	122	00:32:28	35	00:27:23	46	01:13:55	M 40	7	00:00:00
48	312	Finke Marcel	SV Eintracht Neuenkirche	00:14:15	135	00:33:09	54	00:26:37	33	01:14:01	M 35	6	00:00:00
49	361	Droste Klaus-Peter	Luhdener SV	00:12:22	51	00:32:04	21	00:29:36	96	01:14:02	M 55	2	00:00:00
50	328	Bröker Hermann	LG Emsdetten Tri Team	00:13:10	83	00:33:24	66	00:27:35	51	01:14:09	M 50	9	00:00:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
51	536	Rosenbaum Dieter	TRI Finish MS	00:11:00	19	00:33:22	64	00:29:56	107	01:14:18	M 55	3	00:00:00
52	513	Mertes Moritz	Police im Helicopter	00:11:48	34	00:33:27	71	00:29:04	81	01:14:19	M 25	3	00:00:00
53	504	Jaspers Frank	HSV	00:12:39	61	00:31:22	10	00:30:18	113	01:14:19	M 40	8	00:00:00
54	438	Ricklin Jens	SC Altenrheine	00:13:18	87	00:33:22	62	00:27:44	55	01:14:24	M 25	4	00:00:00
55	455	Ludwig Sascha	TV Lengerich	00:11:38	28	00:33:44	80	00:29:06	83	01:14:28	M 20	8	00:00:00
56	521	Wargers Martin	Stella Bevergern	00:14:01	120	00:32:13	26	00:28:32	70	01:14:46	M 45	6	00:00:00
57	432	Brüggemann Andreas	Münster	00:14:15	134	00:32:57	48	00:27:40	53	01:14:52	M 50	10	00:00:00
58	490	Hentschel Adrian	Agravis BSG	00:14:12	128	00:34:07	95	00:26:37	32	01:14:56	M 30	7	00:00:00
59	444	Brinkmann Jürgen	SC Altenrheine	00:12:43	65	00:33:30	73	00:28:45	73	01:14:58	M 50	11	00:00:00
60	356	Remme Stefan	Marathon Ibbenbüren	00:13:09	81	00:32:28	34	00:29:22	89	01:14:59	M 25	5	00:00:00
61	241	Bosse Reiner	TV Kattenvenne	00:15:02	178	00:32:37	37	00:27:21	45	01:15:00	M 45	7	00:00:00
62	368	Möhlmann Tobias	Eintracht Rodde	00:15:07	181	00:34:25	104	00:25:38	16	01:15:10	M 20	9	00:00:00
63	231	Alaze Matthias	Emsdetten	00:13:22	90	00:33:42	78	00:28:12	63	01:15:16	M 45	8	00:00:00
64	500	Gronover Stefan	Djk Grün-Weiß Nottuln	00:11:55	39	00:33:26	69	00:30:02	109	01:15:23	M 45	9	00:00:00
65	409	Schroven Frank	Vfl WE nordhorn	00:13:14	86	00:34:26	105	00:27:51	60	01:15:31	M 45	10	00:00:00
66	344	Schwarte Dieter	ENGEL-QUAKENBRÜCK	00:14:14	131	00:35:04	133	00:26:14	23	01:15:32	M 50	12	00:00:00
67	340	Ahrens Markus	VfL Lingen	00:16:06	223	00:33:55	86	00:25:34	15	01:15:35	M 35	7	00:00:00
68	252	Klisch Markus	ohne	00:14:03	121	00:33:22	63	00:28:23	65	01:15:48	M 45	11	00:00:00
69	467	Lagemann Maik	LG Emsdetten	00:14:31	153	00:33:49	83	00:27:29	49	01:15:49	M 40	9	00:00:00
70	380	Mertens Palle	Vorwärts Lowina	00:14:48	161	00:32:39	39	00:28:23	66	01:15:50	M 40	10	00:00:00
71	207	Jochum Markus	TeaMaike	00:13:46	109	00:33:23	65	00:28:47	75	01:15:56	M 40	11	00:00:00
72	270	von der Straten Regina	ETuS Rheine	00:14:46	159	00:34:43	121	00:26:28	26	01:15:57	W 50	1	00:00:00
73	509	Richter Ingo	Marathon Ibbenbüren	00:14:30	150	00:33:39	76	00:27:49	59	01:15:58	M 40	12	00:00:00
74	357	Eselgrim Tobias	WSU Tri Team	00:12:23	52	00:34:50	126	00:28:47	74	01:16:00	M 35	8	00:00:00
75	291	Riesmeier Barbara	LSF Münster	00:14:58	175	00:32:12	25	00:28:50	76	01:16:00	W 45	1	00:00:00
76	449	Lehe Thomas	Marathon Steinfurt	00:13:38	103	00:33:56	89	00:28:27	67	01:16:01	M 50	13	00:00:00
77	355	Baar Lukas	BSFG Porsche Triathlon	00:13:41	105	00:32:48	44	00:29:33	95	01:16:02	M 25	6	00:00:00
78	472	Niemöller Thomas	Ibbenbüren	00:14:54	168	00:31:50	17	00:29:23	90	01:16:07	M 45	12	00:00:00
79	514	Hoffmann Steffi	sc altenrheine	00:11:18	26	00:36:23	172	00:28:29	69	01:16:10	W 30	2	00:00:00
80	292	Johannemann Bernhard	TRI-OSCAR	00:12:33	60	00:33:18	59	00:30:22	114	01:16:13	M 40	13	00:00:00
81	428	Börger Detlef	LG Emsdetten	00:12:02	43	00:33:18	58	00:30:55	128	01:16:15	M 50	14	00:00:00
82	214	Hauptmann Andreas	ETG -Recklinhausen	00:12:09	47	00:33:25	68	00:30:49	126	01:16:23	M 50	15	00:00:00
83	239	Beckmann Michael	Kein Verein	00:14:52	167	00:32:16	28	00:29:26	92	01:16:34	M 30	8	00:00:00
84	427	Arlom Hannah	LG Emsdetten	00:12:04	45	00:36:49	185	00:27:46	57	01:16:39	W 25	1	00:00:00
85	370	Wargers Ronnie	Ronnie wargers	00:12:31	58	00:35:18	140	00:29:11	85	01:17:00	M 50	16	00:00:00
86	369	Bischof Eric	DLRG Rolfshagen	00:11:54	38	00:33:35	75	00:31:37	146	01:17:06	M 20	10	00:00:00
87	322	Götten Michael	Ibbenbüren	00:12:57	73	00:34:38	118	00:29:33	94	01:17:08	M 30	9	00:00:00
88	443	Lindner Katja		00:12:27	55	00:34:59	129	00:29:43	98	01:17:09	W 40	1	00:00:00
89	512	Petermann Stefan	Raketenforscher	00:13:59	118	00:34:28	108	00:28:43	72	01:17:10	M 30	10	00:00:00
90	319	Grond Josef	Marathon Steinfurt	00:16:40	235	00:33:21	61	00:27:11	43	01:17:12	M 60	1	00:00:00
91	290	Widera Sascha	TV Hohne	00:14:19	141	00:32:55	47	00:30:11	111	01:17:25	M 20	11	00:00:00
92	435	Seiche Frank	Team Erdinger Alkoholfrei	00:13:46	108	00:33:56	88	00:29:45	99	01:17:27	M 45	13	00:00:00
93	528	Herse Andreas	Trispeed Marienfeld	00:10:23	11	00:35:04	132	00:32:09	168	01:17:36	M 45	14	00:00:00
94	532	Voß Leo	WSU Tri Team Warendorf	00:11:50	35	00:34:10	98	00:31:40	148	01:17:40	M 50	17	00:00:00
95	245	Cordes Christine	TSG Lennestadt	00:13:21	89	00:35:51	157	00:28:28	68	01:17:40	W 30	3	00:00:00
96	206	Borsutzki Michael	The Teacher	00:16:30	231	00:34:44	122	00:26:26	25	01:17:40	M 35	9	00:00:00
97	497	Ueing Michael	ohne	00:12:41	64	00:35:14	136	00:29:54	106	01:17:49	M 50	18	00:00:00
98	244	Cordes Ulla	RW Kirchhundem	00:13:30	98	00:34:16	101	00:30:06	110	01:17:52	W 55	1	00:00:00
99	354	Baar Simon	Hochschulsport Münster	00:16:09	226	00:32:47	43	00:28:59	79	01:17:55	M 25	7	00:00:00
100	288	Veltrup Markus	LG Emsdetten Tri Team	00:12:57	72	00:34:27	107	00:30:32	120	01:17:56	M 50	19	00:00:00

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## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
101	452	Pagenkämper Frank	Dortmund	00:13:01	75	00:34:31	112	00:30:24	116	01:17:56	M 45	15	00:00:00
102	352	Brüske Andreas	TV Hohne	00:15:35	201	00:35:43	154	00:26:40	34	01:17:58	M 45	16	00:00:00
103	539	Reiling Christian	Tri Speed Marienfeld	00:10:55	18	00:33:46	82	00:33:17	190	01:17:58	M 35	10	00:00:00
104	249	Heidotting Oliver	LG Emsdetten Tri-Team	00:13:42	106	00:33:51	84	00:30:30	118	01:18:03	M 45	17	00:00:00
105	384	Lammers Martin	ASK München	00:12:30	56	00:34:36	117	00:31:04	132	01:18:10	M 45	18	00:00:00
106	279	Besting Ulrich	androGym Münster	00:13:40	104	00:33:58	91	00:30:39	121	01:18:17	M 55	4	00:00:00
107	484	Menger Nikolas	Ohne Verein	00:15:17	189	00:35:12	135	00:27:54	62	01:18:23	M 20	12	00:00:00
108	425	Gentrupp Jens		00:11:45	33	00:34:54	128	00:31:48	154	01:18:27	M 35	11	00:00:00
109	234	Pflug Jeanette	Oh je oh je	00:15:08	182	00:32:24	32	00:30:57	130	01:18:29	W 25	2	00:00:00
110	406	Pelster Daniel	WSU	00:13:33	101	00:35:52	158	00:29:08	84	01:18:33	M Jur	6	00:00:00
111	286	Heile Maximilian	Marathon Ibbenbüren	00:14:51	164	00:34:33	113	00:29:13	87	01:18:37	M 25	8	00:00:00
112	417	Albers Lothar	LG Emsdetten Tri-Team	00:14:25	147	00:32:58	49	00:31:17	138	01:18:40	M 55	5	00:00:00
113	442	Pfaff Angela	Mettmann-Sport e.V.	00:12:39	62	00:35:01	130	00:31:10	135	01:18:50	W 35	1	00:00:00
114	471	Stübner Mathias	Team ERDINGER Alkohol	00:14:51	165	00:34:36	116	00:29:26	93	01:18:53	M 35	12	00:00:00
115	518	Kammertöns Hubert	TV Langenberg	00:13:04	77	00:35:10	134	00:30:45	124	01:18:59	M 60	2	00:00:00
116	531	Kähler Hinrich	Concordia Langen	00:13:29	95	00:34:34	114	00:31:03	131	01:19:06	M 55	6	00:00:00
117	385	Hesping Ralf	SC Altenrheine	00:14:16	136	00:33:18	57	00:31:42	149	01:19:16	M 45	19	00:00:00
118	486	Keuter Maria	Runners Club Münster	00:13:51	114	00:36:24	174	00:29:04	82	01:19:19	W 25	3	00:00:00
119	375	Markenbeck Nicole	GREEN'N FIT	00:15:17	187	00:32:06	23	00:32:03	165	01:19:26	W 40	2	00:00:00
120	483	Kogge Thomas	Tri Finish Münster	00:12:46	67	00:35:16	138	00:31:25	143	01:19:27	M 45	20	00:00:00
121	257	Niemann Dr. Horst	SuS Darne	00:13:04	78	00:34:30	109	00:31:57	160	01:19:31	M 60	3	00:00:00
122	283	Dr. Bensch Waldemar	ETuS Rheine	00:14:57	172	00:35:43	151	00:28:53	78	01:19:33	M 35	13	00:00:00
123	287	Mess Herbert	Germania Asbeck	00:14:05	124	00:35:43	152	00:29:46	102	01:19:34	M 45	21	00:00:00
124	327	Bröker Jule	LG Emsdetten Tri Team	00:10:06	9	00:37:29	202	00:32:02	164	01:19:37	N Jur	1	00:00:00
125	495	Messerschmidt Marcus	Klömpchensklub	00:13:48	111	00:34:38	119	00:31:23	140	01:19:49	M 45	22	00:00:00
126	345	Bölker Birgit	SC Altenrheine	00:14:07	125	00:33:29	72	00:32:15	170	01:19:51	W 45	2	00:00:00
127	422	Hildmann Marko	TVE Greven	00:12:10	48	00:35:31	145	00:32:37	175	01:20:18	M 50	20	00:00:00
128	445	Brünink Johannes	TVE Greven	00:12:06	46	00:34:30	110	00:33:42	198	01:20:18	M 45	23	00:00:00
129	315	Biekötter Kerstin	Marathon Ibbenbüren	00:15:48	211	00:35:36	148	00:29:00	80	01:20:24	W 25	4	00:00:00
130	463	Berelsmann Andreas	TV-Georgsmarienhütte	00:14:29	149	00:34:30	111	00:31:37	147	01:20:36	M 50	21	00:00:00
131	459	Schöler Burkhard	TSV Pelkum	00:13:29	96	00:35:31	146	00:31:36	145	01:20:36	M 50	22	00:00:00
132	304	Gode Norbert	WSU Tri Team Warendorf	00:15:38	202	00:34:05	93	00:31:13	137	01:20:56	M 50	23	00:00:00
133	242	Brewe Markus	TV Georgsmarienhütte	00:16:01	221	00:34:38	120	00:30:28	117	01:21:07	M 45	24	00:00:00
134	316	Bischof Knut	Nordhorn	00:16:08	225	00:33:57	90	00:31:10	134	01:21:15	M 40	14	00:00:00
135	439	Pieper Dennis	LG Emsdetten	00:15:01	177	00:39:21	242	00:26:53	36	01:21:15	M 20	13	00:00:00
136	285	Hempel Dennis	Wardenburger Sommerla	00:13:44	107	00:35:16	139	00:32:18	171	01:21:18	M 25	9	00:00:00
137	299	Gosink Holger	GSV Ringe/Vechtecruiser	00:16:14	228	00:35:15	137	00:29:51	103	01:21:20	M 35	14	00:00:00
138	397	Günnigmann Marina	Tri Finish Münster	00:13:33	100	00:35:52	159	00:32:02	163	01:21:27	W 25	5	00:00:00
139	511	Wiegiers Nina	GW Gelmer Police in Heli	00:12:59	74	00:35:26	143	00:33:08	185	01:21:33	W 25	6	00:00:00
140	302	Wieberg Dirk	LG Emsdetten Tri-Team	00:13:53	115	00:36:26	175	00:31:19	139	01:21:38	M 45	25	00:00:00
141	394	Münch Manuel	Marathon Steinfurt	00:15:04	180	00:35:18	141	00:31:25	142	01:21:47	M 25	10	00:00:00
142	324	Hopster Annika	Rheine	00:14:52	166	00:37:05	191	00:29:52	104	01:21:49	W 20	1	00:00:00
143	396	Driussi Luis	TuS-Gildehaus	00:21:37	283	00:33:42	77	00:26:34	30	01:21:53	M 50	24	00:00:00
144	348	Freimuth Matthias	Marathon Ibbenbüren	00:15:40	204	00:35:45	155	00:30:32	119	01:21:57	M 50	25	00:00:00
145	494	Schweer Oliver	RC Pommers-Ruhr 01 e.V.	00:14:25	146	00:36:40	182	00:30:55	129	01:22:00	M 40	15	00:00:00
146	447	Rosing Christian		00:16:48	240	00:38:37	230	00:26:37	31	01:22:02	M 40	16	00:00:00
147	313	Wennemer Maik	Laggenbeck	00:13:53	116	00:37:54	209	00:30:17	112	01:22:04	M 40	17	00:00:00
148	508	Liebing Volker	Münster	00:12:46	68	00:37:26	198	00:31:55	158	01:22:07	M 45	26	00:00:00
149	235	Schönhoff Thomas	Kein Verein	00:13:23	92	00:34:09	96	00:34:37	213	01:22:09	M 45	27	00:00:00
150	515	Schwennecker Nicole	LG Hamm	00:14:17	139	00:36:35	180	00:31:26	144	01:22:18	W 45	3	00:00:00

## 33 Riesenbecker Triathlon 2015

## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
151	330	Bottegal Attilio	Aloha Triathlon	00:15:20	190	00:37:41	204	00:29:25	91	01:22:26	M 35	15	00:00:00
152	387	Jansen Marc	Lc Nordhorn	00:12:56	71	00:35:32	147	00:34:06	206	01:22:34	M 45	28	00:00:00
153	437	Greve Ralph		00:14:12	129	00:37:22	196	00:31:04	133	01:22:38	M 50	26	00:00:00
154	376	WIJNHOFEN JANNEKE	HASELÜNNER SPORT V	00:15:27	194	00:34:19	103	00:33:01	182	01:22:47	W 40	3	00:00:00
155	429	Albers Jutta	LG Emsdetten	00:13:37	102	00:36:01	161	00:33:17	189	01:22:55	W 45	4	00:00:00
156	277	Cordes Gerhard	RW Kirchhundem	00:16:24	229	00:34:44	123	00:31:56	159	01:23:04	M 60	4	00:00:00
157	540	Beining Bernd	TRI OSC	00:13:54	117	00:37:27	201	00:31:44	151	01:23:05	M 45	29	00:00:00
158	393	ter Laak Rolf	Vos Bikes Losser	00:18:38	270	00:33:35	74	00:30:54	127	01:23:07	M 30	11	00:00:00
159	402	Jungeiliges Jochen	Die Bären Oldenburg	00:15:28	195	00:34:44	124	00:33:04	183	01:23:16	M 60	5	00:00:00
160	423	Magnus Dirk	LG Emsdetten Tri-Team	00:15:13	184	00:34:52	127	00:33:12	186	01:23:17	M 35	16	00:00:00
161	318	Segger Maylin	selfmade	00:15:15	185	00:38:09	219	00:30:00	108	01:23:24	W 20	2	00:00:00
162	246	Frenking-Kalisch Diana	SV-Teuto Riesenbeck	00:11:38	29	00:37:57	212	00:33:51	202	01:23:26	W 40	4	00:00:00
163	450	Schroer Frank	LG Rheine-Elte	00:14:54	169	00:34:45	125	00:33:50	201	01:23:29	M 50	27	00:00:00
164	204	Berg Günter	-----	00:15:45	207	00:33:52	85	00:33:56	204	01:23:33	M 60	6	00:00:00
165	337	Schulte Linda	RWA	00:14:38	157	00:35:28	144	00:33:30	195	01:23:36	W 30	4	00:00:00
166	454	Eick Holger	Bielefeld	00:14:23	145	00:37:22	197	00:32:09	167	01:23:54	M 45	30	00:00:00
167	523	Wargers Christina	Stella Bevergern	00:14:14	133	00:37:59	214	00:31:42	150	01:23:55	N Jur	2	00:00:00
168	335	Marquardt Anika	SV Gladbeck 13	00:12:17	50	00:34:26	106	00:37:16	245	01:23:59	W 35	2	00:00:00
169	499	Piesbergen Christoph	U-Boot	00:14:04	123	00:39:18	238	00:30:43	122	01:24:05	M 35	17	00:00:00
170	477	Laudage Dirk	Rennrad-Treff Altenberge	00:14:14	132	00:34:04	92	00:35:49	223	01:24:07	M 35	18	00:00:00
171	529	Bradler Vanessa	Trispeed Marienfeld	00:10:33	14	00:37:55	210	00:35:40	222	01:24:08	W 30	5	00:00:00
172	243	Brinkmann Klaus	ETuS Rheine	00:14:17	137	00:37:15	195	00:32:36	174	01:24:08	M 50	28	00:00:00
173	506	Kleinhaus Wolfgang	TV-Langenberg	00:15:26	193	00:36:34	178	00:32:15	169	01:24:15	M 50	29	00:00:00
174	325	Aulbert Carmen		00:15:00	176	00:36:24	173	00:32:54	181	01:24:18	W 25	7	00:00:00
175	321	Kappen Tim	Tahlfahrt Team Emsland	00:18:42	271	00:35:43	153	00:29:54	105	01:24:19	M 25	11	00:00:00
176	399	Weßling Meike	BSV Roxel	00:14:11	127	00:37:06	192	00:33:14	188	01:24:31	W 40	5	00:00:00
177	524	Schupp Frank	SC Falke Saerbeck	00:15:46	209	00:36:11	166	00:32:45	180	01:24:42	M 40	18	00:00:00
178	247	Göbel Uwe	Rheine	00:16:29	230	00:36:50	186	00:31:24	141	01:24:43	M 50	30	00:00:00
179	240	Berghaus Stefan	Tri Team Bevergern	00:14:17	138	00:36:08	165	00:34:22	211	01:24:47	M 35	19	00:00:00
180	392	Verwold Holger	FC Schüttorf	00:15:17	188	00:36:08	164	00:33:28	193	01:24:53	M 50	31	00:00:00
181	278	Altenburger Christopher	Tve Greven	00:14:50	162	00:38:25	224	00:31:48	155	01:25:03	M 20	14	00:00:00
182	236	Schönhoff Jennifer	Kein Verein	00:15:23	191	00:35:58	160	00:33:42	199	01:25:03	W 35	3	00:00:00
183	405	Nachtwey Thomas	Triathlon-Team Selm e.V.	00:15:33	200	00:36:03	162	00:33:30	196	01:25:06	M 45	31	00:00:00
184	466	Kröger Andreas	Marathon Steinfurt	00:13:26	94	00:34:13	99	00:37:27	246	01:25:06	M 55	7	00:00:00
185	533	Busse Bettina	Rennschnecken 33	00:14:35	155	00:39:53	250	00:30:45	123	01:25:13	W 40	6	00:00:00
186	309	Grosskopff Gudrun	ESV -Münster	00:15:50	213	00:38:19	221	00:31:11	136	01:25:20	W 55	2	00:00:00
187	520	Schnebeck Christian	SuS Darne	00:16:39	234	00:40:57	269	00:27:47	58	01:25:23	M 40	19	00:00:00
188	502	Dekker Ralf		00:11:11	22	00:35:43	150	00:38:31	256	01:25:25	M 50	32	00:00:00
189	305	Gode Marvin	VfL Sassenberg	00:14:33	154	00:35:03	131	00:35:57	225	01:25:33	M 20	15	00:00:00
190	353	Echelmeyer Stephan	Beermann Einzel	00:16:49	241	00:36:17	169	00:32:30	172	01:25:36	M 45	32	00:00:00
191	202	Bischof Thorsten	Apollo 13	00:17:42	255	00:34:34	115	00:33:27	191	01:25:43	M 35	20	00:00:00
192	516	Foppe Rüdiger	Just4Fun	00:16:46	237	00:37:05	190	00:32:00	162	01:25:51	M 50	33	00:00:00
193	343	Schaffer Thomas	A3K	00:18:22	267	00:35:45	156	00:31:47	152	01:25:54	M 50	34	00:00:00
194	481	Pohlman Harald	SCU Emlichheim	00:15:31	198	00:37:50	207	00:32:34	173	01:25:55	M 50	35	00:00:00
195	342	Ehmann Brigitte	...	00:15:56	218	00:39:37	247	00:30:23	115	01:25:56	W 40	7	00:00:00
196	383	Hantke Holger	TC Marienfeld	00:13:20	88	00:34:10	97	00:38:31	255	01:26:01	M 45	33	00:00:00
197	480	Egbers Jürgen	SC Union Emlichheim	00:17:58	259	00:36:17	168	00:31:52	157	01:26:07	M 55	8	00:00:00
198	228	Rotthues Jürgen	-	00:14:57	173	00:39:09	237	00:32:09	166	01:26:15	M 45	34	00:00:00
199	220	Gerbens Jürgen	Soester-Tri-Team	00:15:39	203	00:36:18	170	00:34:26	212	01:26:23	M 55	9	00:00:00
200	522	Rottmann Sabine	ohne	00:14:19	142	00:39:23	243	00:32:43	179	01:26:25	W 40	8	00:00:00

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## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
201	233	Gessner Jenny	Oh je oh je	00:15:56	217	00:37:27	199	00:33:12	187	01:26:35	W 25	8	00:00:00
202	475	Vortmeier Martin	jogmap ruhr	00:14:21	143	00:40:30	263	00:31:52	156	01:26:43	M 55	10	00:00:00
203	250	Kampert Martin	LG Deiringsen	00:14:17	140	00:36:19	171	00:36:08	230	01:26:44	M 50	36	00:00:00
204	232	Keller Peter	Team Floragard	00:18:08	264	00:36:49	184	00:31:58	161	01:26:55	M 45	35	00:00:00
205	211	Weirauch Eva	LG Emsdetten	00:14:55	171	00:36:31	177	00:35:29	218	01:26:55	W 35	4	00:00:00
206	367	Puckert Benjamin	Ohne	00:16:32	232	00:36:51	187	00:33:32	197	01:26:55	M 20	16	00:00:00
207	329	Ruczynski Bettina	TSG 07 Burg Gretesch	00:14:37	156					01:26:58	W 45	5	00:00:00
208	401	Schmiemann Saskia	SV Teuto Riesenbeck	00:17:14	248	00:40:33	265	00:29:46	101	01:27:33	W 20	3	00:00:00
209	430	Eppe Klaus	TVE Greven	00:15:13	183	00:36:55	189	00:35:29	219	01:27:37	M 45	36	00:00:00
210	217	Neuhaus Helmut	W+F Münster	00:14:23	144	00:37:08	193	00:36:09	231	01:27:40	M 65	1	00:00:00
211	395	Taute Jan	Roxel	00:15:59	220	00:37:27	200	00:34:19	209	01:27:45	M 45	37	00:00:00
212	491	Ortmann Andreas	PSV Steinhagen Brockha	00:12:44	66	00:38:04	217	00:37:01	241	01:27:49	M 45	38	00:00:00
213	364	Vos Anita	Vos Bikes Losser	00:15:47	210	00:35:41	149	00:36:24	233	01:27:52	W 50	2	00:00:00
214	331	Jocksch Gernot	SV Ems Westbevern	00:19:26	279	00:37:41	205	00:30:47	125	01:27:54	M 50	37	00:00:00
215	473	Holthaus Frank	SC Altenrheine	00:14:50	163	00:38:45	233	00:34:21	210	01:27:56	M 35	21	00:00:00
216	336	Luckmann Reinhart	Läufer Hiltrup	00:18:28	269	00:36:55	188	00:32:39	176	01:28:02	M 70	1	00:00:00
217	418	Kölzer Ulli	Düsseldorf	00:15:41	205	00:39:00	235	00:33:27	192	01:28:08	M 60	7	00:00:00
218	389	Lindebaum Marie		00:17:32	252	00:37:59	215	00:32:43	178	01:28:14	N Jur	3	00:00:00
219	237	Hülskötter Klaus	Kein	00:14:31	151	00:36:47	183	00:37:16	244	01:28:34	M 50	38	00:00:00
220	269	von der Straten Thomas	ETuS Rheine	00:16:33	233	00:39:01	236	00:33:08	184	01:28:42	M 50	39	00:00:00
221	456	Lepper Maik	TV Lengerich	00:18:17	266	00:35:21	142	00:35:11	217	01:28:49	M 20	17	00:00:00
222	400	Ansmann Stefan	RSG Emsdetten	00:13:13	85	00:34:18	102	00:41:33	268	01:29:04	M 50	40	00:00:00
223	503	Mitschke Matthias	FLG Gütersloh	00:17:29	251	00:37:34	203	00:34:03	205	01:29:06	M 55	11	00:00:00
224	525	Keller Florian	Hörstel	00:16:08	224	00:36:29	176	00:36:41	237	01:29:18	M 25	12	00:00:00
225	386	Amshove Torsten		00:17:00	244	00:36:16	167	00:36:04	229	01:29:20	M 25	13	00:00:00
226	360	Kuhlmei Insa	SV Bremen 10 e.V.	00:17:03	245	00:38:26	225	00:33:53	203	01:29:22	W 25	9	00:00:00
227	289	Bockholt Michael	be happy	00:18:58	274	00:38:41	232	00:31:47	153	01:29:26	M 55	12	00:00:00
228	350	Nagel Andre	Sendenhorst	00:17:24	250	00:38:00	216	00:34:06	207	01:29:30	M 20	18	00:00:00
229	221	Westkamp Bea	LG Emsdetten Tri Team	00:15:16	186	00:36:04	163	00:38:22	253	01:29:42	W 20	4	00:00:00
230	404	Dorn Kerstin		00:16:11	227	00:40:52	268	00:32:39	177	01:29:42	W 20	5	00:00:00
231	227	Terhorst Simon	TEBU Volleys	00:15:43	206	00:38:41	231	00:35:30	220	01:29:54	M Jur	7	00:00:00
232	412	Möhn Christina	Team Twins	00:17:50	257	00:37:13	194	00:34:56	214	01:29:59	W 25	10	00:00:00
233	501	Guttermann Marc	FC Deutsche Post	00:16:05	222	00:38:33	229	00:35:34	221	01:30:12	M 30	12	00:00:00
234	261	Schlüter Babsy	LG Emsdetten Tri Team	00:11:50	36	00:39:33	245	00:39:17	260	01:30:40	W 40	9	00:00:00
235	307	Tost Stefan	SC-Altenrheine	00:17:09	246	00:40:08	253	00:33:28	194	01:30:45	M 50	41	00:00:00
236	517	Sladek Peter	Sportgruppe Technische	00:18:50	273	00:38:27	226	00:33:47	200	01:31:04	M 50	42	00:00:00
237	271	Voß Christian	Ohne	00:15:46	208	00:38:15	220	00:37:04	242	01:31:05	M 30	13	00:00:00
238	526	Pfeifer Jens	Hopsten	00:15:51	214	00:40:22	259	00:34:58	215	01:31:11	M 45	39	00:00:00
239	420	Upmann Rudolf	LG Rheine Elite	00:15:32	199	00:38:30	227	00:37:14	243	01:31:16	M 60	8	00:00:00
240	326	Segger Viviane		00:14:40	158	00:40:50	267	00:35:58	226	01:31:28	W 40	10	00:00:00
241	519	Nordmann Olaf	LG Schmitz Katze	00:18:10	265	00:38:19	222	00:35:01	216	01:31:30	M 35	22	00:00:00
242	358	Damkowski Bernd	FC Schüttorf 09	00:18:06	263	00:39:19	239	00:34:16	208	01:31:41	M 50	43	00:00:00
243	205	Schulz Dietmar	Albersloh	00:17:55	258	00:37:57	213	00:35:53	224	01:31:45	M 45	40	00:00:00
244	266	Sterthaus Peter	RSG Emsdetten	00:16:58	243	00:38:23	223	00:36:31	236	01:31:52	M 35	23	00:00:00
245	253	Lenzing Heinz	TriTeam Bevergern	00:17:34	253	00:37:52	208	00:36:29	234	01:31:55	M 45	41	00:00:00
246	365	Holthaus Britta	TWE-TRI-Team	00:14:27	148	00:40:27	262	00:37:36	248	01:32:30	W 40	11	00:00:00
247	281	Wolff Carolin	WSU	00:15:53	216	00:39:53	249	00:36:50	238	01:32:36	W 25	11	00:00:00
248	297	Wolff Thomas	Warendorf	00:17:13	247	00:38:53	234	00:36:30	235	01:32:36	M 50	44	00:00:00
249	460	Schubert Ulf	MLKG	00:14:48	160	00:40:10	255	00:37:48	249	01:32:46	M 45	42	00:00:00
250	349	Möhlenkamp Frank	Möhlenkamp	00:15:57	219	00:38:06	218	00:38:57	258	01:33:00	M 45	43	00:00:00

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## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
251	255	Meyer-Jaschke Tina	keiner	00:14:58	174	00:42:38	274	00:35:59	227	01:33:35	W 35	5	00:00:00
252	208	Uphoff Indra	SV Teuto Riesenbeck	00:13:06	80	00:40:48	266	00:40:34	265	01:34:28	W 35	6	00:00:00
253	314	Jürgens Klaus-Dieter	TC RW Kirchhundem	00:17:39	254	00:39:26	244	00:37:50	250	01:34:55	M 75	1	00:00:00
254	470	Strauch Ingo	SV Dickenberg	00:15:02	179	00:41:57	270	00:37:58	252	01:34:57	M 45	44	00:00:00
255	377	Hummel Monika	RWA	00:18:05	262	00:39:33	246	00:37:34	247	01:35:12	W 40	12	00:00:00
256	487	Diele Hartmut	ohne	00:16:42	236	00:39:52	248	00:38:53	257	01:35:27	M 50	45	00:00:00
257	378	Rothe-Morren Danielle	Danielle	00:13:32	99	00:40:23	260	00:41:49	269	01:35:44	W 40	13	00:00:00
258	212	Schäfer Joachim	Solist	00:18:26	268	00:39:20	241	00:38:23	254	01:36:09	M 55	13	00:00:00
259	436	Wieggers Silvia	GW Gelmer	00:16:47	239	00:42:31	272	00:37:00	240	01:36:18	W 50	3	00:00:00
260	273	Gebhardt Sabine	SKV Mörfelden	00:17:23	249	00:40:15	256	00:39:17	261	01:36:55	W 50	4	00:00:00
261	507	Menger Christof	Ibbenbüren	00:19:57	281	00:39:56	251	00:39:26	262	01:39:19	M 45	45	00:00:00
262	262	Schmidt-Stolze Stefanie	SV Teuto Riesenbeck	00:15:29	196	00:40:21	258	00:43:45	272	01:39:35	W 45	6	00:00:00
263	293	Heuing Meike	Marathon Ibbenbüren	00:15:25	192	00:43:15	276	00:40:58	266	01:39:38	W 30	6	00:00:00
264	218	Kalkhoff Rudi	O.V.	00:19:48	280	00:40:32	264	00:39:54	263	01:40:14	M 70	2	00:00:00
265	426	Kümper Frederik	Ibbenbüren	00:19:09	277	00:45:25	279	00:36:03	228	01:40:37	M 20	19	00:00:00
266	351	Kersting Aron	Sendenhorst	00:15:53	215	00:39:58	252	00:45:08	275	01:40:59	M 20	20	00:00:00
267	213	Völkert Hinz	LSF Münster	00:23:25	285	00:36:35	181	00:41:13	267	01:41:13	M 65	2	00:00:00
268	379	Sommerfeld Frank	ohne Verein	00:13:59	119	00:40:25	261	00:47:16	277	01:41:40	M 65	3	00:00:00
269	482	Mey Kati	Marathon Ibbenbüren	00:17:46	256	00:47:19	281	00:36:59	239	01:42:04	W 50	5	00:00:00
270	229	Seggelmann Stephan	Bünde	00:16:46	238	00:36:35	179	00:48:59	281	01:42:20	M 35	24	00:00:00
271	306	Janson Ralf	Ibbenbüren	00:14:31	152	00:40:20	257	00:47:40	278	01:42:31	M 50	46	00:00:00
272	496	Kottmann Rolf	LG Kotti	00:24:09	286	00:42:50	275	00:36:20	232	01:43:19	M 50	47	00:00:00
273	265	Steinforth Ewald	Obersteinbeck / 27. Teilna	00:19:16	278	00:42:01	271	00:42:08	270	01:43:25	M 55	14	00:00:00
274	493	Niemann Jana	Osnabrück	00:19:05	275	00:39:20	240	00:45:10	276	01:43:35	W 45	7	00:00:00
275	534	Heinze Andreas		00:26:16	288	00:37:48	206	00:40:27	264	01:44:31	M 40	20	00:00:00
276	258	Niemeyer Jennifer	Jenny	00:18:00	260	00:47:39	283	00:39:12	259	01:44:51	W 25	12	00:00:00
277	407	Lenters Kai	LC Nordhorn	00:14:54	170					01:45:53	M 30	14	00:00:00
278	332	Hoffmann Sebastian	Entfesselte Enten	00:19:05	276	00:44:20	278	00:44:12	274	01:47:37	M 45	46	00:00:00
279	479	Baune Philipp	U-Boot	00:18:02	261	00:45:41	280	00:44:04	273	01:47:47	M 35	25	00:00:00
280	259	Niemeyer Franz-Josef	Franjo	00:21:34	282	00:48:54	284	00:37:50	251	01:48:18	M 55	15	00:00:00
281	276	Kathöver Mareike	TRI-OSC	00:16:55	242	00:42:37	273	00:50:05	282	01:49:37	W 30	7	00:00:00
282	461	Cavusman Seref	TSG Bochum	00:18:44	272	00:52:32	287	00:42:44	271	01:54:00	M 35	26	00:00:00
283	359	Blauhut Rolf	Delmenhorst	00:25:33	287	00:44:15	277	00:48:42	279	01:58:30	M 75	2	00:00:00
284	538	Uugermann Uta		00:29:41	289	00:49:10	285	00:48:43	280	02:07:34	W 45	8	00:00:00
285	209	Brinkmann Mechthild	Marathon Soest	00:22:56	284	00:51:27	286	00:58:11	283	02:12:34	W 65	1	00:00:00