

7. Ibbenbürener Klippenlauf

Klippenlauf 12,4 Km Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	99	1175	Feder, Jannik	LSF Münster	M Jgd A	00:49:04	00:49:02
2	1	2	77	2768	Lehmann, Achim	SV Teuto Riesenbeck	M 40	00:49:34	00:49:29
3	1	3	70	1191	Gräfedüinkel, Frank	LSF Oldenburg	M 45	00:49:42	00:49:40
4	1	4	02	1142	Becker, Felix	LG Rheine-Elte	M Jgd B	00:51:10	00:51:07
5	1	5	83	1690	Westermann, Ingo	SV Teuto Riesenbeck	M 35	00:52:15	00:52:12
6	2	6	73	1658	Jäger, Jörg	SV Teuto Riesenbeck	M 45	00:52:47	00:52:42
7	2	7	81	2799	Diekenbrock, Timm	SV Hullern 68	M 35	00:53:08	00:53:06
8	3	8	80	2764	Schade, Rene		M 35	00:53:18	00:53:15
9	1	9	87	1519	Franke, Julian	SG Diepholz	M 30	00:53:35	00:53:32
10	1	1	87	1104	Arlom, Hannah	LG Emsdetten	W 30	00:53:53	00:53:49
11	2	10	85	2742	Kahlert, Bastian	Werkfeuerwehr VW Emden	M 30	00:54:36	00:54:33
12	2	11	77	1145	Runde, Martin	LG Schmitz Katze	M 40	00:54:51	00:54:48
13	1	12	67	1137	Gehrmann, Stefan	LG Rheine-Elte	M 50	00:55:29	00:55:26
14	4	13	81	2767	Filipiak, Jan	2Rad-Rück-RacingTeam	M 35	00:55:36	00:55:34
15	1	14	94	1135	Fels, Marcel	LG Rheine-Elte	M HK	00:56:38	00:56:35
16	3	15	76	67	Baars, Paul	AV Daventria	M 40	00:56:52	00:56:49
17	5	16	80	1472	Schmidtke, Lars	Run4Fun-Greven e.V.	M 35	00:57:06	00:57:04
18	2	17	92	2694	Beraki, Mulugeta	TV Hohne	M HK	00:57:19	00:57:17
19	1	18	63	469	Schnelle, Holger	Gehrde läuft...!	M 55	00:57:22	00:57:18
20	3	19	87	1419	Schallenberg, Dennis	privat	M 30	00:58:09	00:58:00
21	4	20	78	1704	Grewe, Markus	SW Esch	M 40	00:58:35	00:58:28
22	3	21	72	677	Tormöhlen , Jörn	Ibbenbüren	M 45	00:58:40	00:58:32
23	2	22	02	1397	Lübeß, Tobias	Laufend Besser	M Jgd B	00:59:14	00:59:11
24	4	23	87	1492	Stolz, Dirk	SC Altenrheine	M 30	00:59:21	00:59:15
25	2	24	61	1691	Czerlinski, Manfred	SV Warsingsfehn	M 55	00:59:37	00:59:34
26	2	25	00	2626	Selchow, Jan	Team Goethe	M Jgd A	00:59:54	00:59:50
27	3	26	95	367	Wiehle, Robin	FC Stella Bevergern	M HK	00:59:58	00:59:54
28	5	27	76	1455	Möller, Christian	Run4fun Greven e.V.	M 40	01:00:12	01:00:08
29	2	2	88	1692	Czerlinski, Stephanie	SV Warsingsfehn	W 30	01:00:13	01:00:10
30	6	28	80	964	Beulting, Thomas	Lauftreff KGS	M 35	01:00:15	01:00:05
31	6	29	77	2820	Reeker, Timo	Stella Bevergern	M 40	01:00:16	01:00:02
32	3	30	59	1115	Tillack, Hans	LG Emsdetten	M 55	01:00:30	01:00:22
33	3	31	01	2608	Schnetgöke, Anton	Team Goethe	M Jgd B	01:00:31	01:00:24
34	4	32	01	1746	Berger, Jonas	Team Goethe	M Jgd B	01:00:39	01:00:32
35	2	33	65	2744	Rohmann, Wolfgang	Wildeshauser Lauftreff	M 50	01:01:00	01:00:56
36	4	34	70	1148	Thesing, Andreas	LG Waldhügel	M 45	01:01:16	01:01:08
37	5	35	70	1467	Suwelack, Karsten	Run4fun Greven e.V.	M 45	01:01:27	01:01:16
38	5	36	01	1102	Lehmann, Jerik	LG Ems Warendof	M Jgd B	01:01:58	01:01:54
39	3	37	68	499	Recker, Michael	Grün-Weiß Steinbeck	M 50	01:02:28	01:02:17
40	1	3	75	2817	Reichert, Susanne	Sudbrack-Läufer Bielefeld	W 40	01:02:36	01:02:31
41	6	38	02	2000	Egbers, Erik	Team Goethe	M Jgd B	01:02:56	01:02:34
42	4	39	63	2741	Rogge, Uwe	W&H-Laufgruppe	M 55	01:02:59	01:02:44
43	4	40	65	2780	Alfing, Karl-Heinz	DJK Arminia Ibbenbüren	M 50	01:03:08	01:02:50
44	5	41	86	1410	Gebel, Pascal	Privat	M 30	01:03:12	01:02:59
45	7	42	81	152	Dierkes, Peter	BSG Kreissparkasse Steinfurt	M 35	01:03:26	01:03:20
46	6	43	86	1198	Niehaus, Kons	LSG Hütte/ Wiehen	M 30	01:03:27	01:03:20
47	1	4	89	1423	Schallenberg, Janine	privat	W HK	01:03:31	01:03:22
48	7	44	85	1309	Gerkmann, Tim	Münster	M 30	01:03:49	01:03:26
49	5	45	66	2376	Kroll, Martin	Team Goethe	M 50	01:04:03	01:03:53

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	7	46	75	93	König, Stefan	ASV Ellewick	M 40	01:04:05	01:03:23
51	5	47	62	1342	Wilken, Joachim	Münster	M 55	01:04:06	01:03:31
52	6	48	65	2714	Naatz, Olaf	TV Hohne	M 50	01:04:08	01:03:59
53	8	49	86	1716	Borgmann, Oliver	SW Havixbeck	M 30	01:04:21	01:04:18
54	9	50	87	2316	Kimmeyer, Fabian	Team Goethe	M 30	01:04:22	01:04:08
55	10	51	88	1203	Olbricht , Christian	LSG Hütte/Wiehen	M 30	01:04:27	01:04:19
56	3	5	86	1513	de Rijcke, Annekarlijn	Scrambled Legs	W 30	01:04:39	01:04:31
57	7	52	65	573	Sievers, Uwe	Hörstel	M 50	01:04:39	01:04:22
58	6	53	73	2072	Lünnemann, Robin	Team Goethe	M 45	01:04:49	01:04:08
59	7	54	73	2806	Goerds, Jörg	Olympia Üelsen	M 45	01:05:00	01:04:38
60	8	55	76	1317	Post, Hendrik	Münster	M 40	01:05:02	01:04:27
61	4	56	92	1666	Plake, Christoph	SV Teuto Riesenbeck	M HK	01:05:16	01:05:11
62	3	57	99	1270	Groll, Matthias	Melle	M Jgd A	01:05:25	01:05:18
63	9	58	77	115	Weber, Jens	Becks Lemon	M 40	01:05:27	01:05:17
64	5	59	93	155	Herkenhoff, Andreas	BSV Leeden/Ledde	M HK	01:05:30	01:05:09
65	8	60	80	1125	te Poel, Markus	LG Emsdetten	M 35	01:05:32	01:05:26
66	2	6	91	819	Voss, Ina	Lahme Enten Osnabrück	W HK	01:05:39	01:05:33
67	11	61	84	972	Siering, Tobias	Laufftreff KGS	M 30	01:05:42	01:05:32
68	4	62	00	2339	Kortemeyer, Aaron	Team Goethe	M Jgd A	01:05:43	01:05:39
69	8	63	64	88	Vallböhmer, Ingo	ASC Schöppingen	M 50	01:05:43	01:05:34
70	9	64	81	2622	Freude, Andre	Team Goethe	M 35	01:05:45	01:05:27
71	1	65	98	2026	Fenollosa, León	Team Goethe	M U23	01:05:47	01:05:28
72	2	66	98	2633	Steingröver, Robin	Team Goethe	M U23	01:05:57	01:05:32
73	6	67	63	980	Nalli, Angel	Laufftreff Nottuln	M 55	01:06:08	01:06:05
74	7	68	01	2589	Schley, Kilian	Team Goethe	M Jgd B	01:06:09	01:06:04
75	8	69	71	1711	Lünnemann, Volker	SW Esch	M 45	01:06:13	01:06:06
76	10	70	76	2766	Schubert, Thorsten		M 40	01:06:17	01:06:04
77	9	71	68	2797	Klasing, Jürgen	3187	M 50	01:06:38	01:06:19
78	9	72	69	770	Köning, Thomas	Klippenbezwinger Mettingen	M 45	01:06:51	01:06:40
79	10	73	71	749	Schlottbohm , Jörg	Klippenbezwinger	M 45	01:06:52	01:06:42
80	11	74	69	2740	Schneider, Bernd	W&H-Laufgruppe	M 45	01:06:53	01:06:39
81	6	75	91	1378	Metten, Karsten	Osnabrück	M HK	01:06:54	01:06:47
82	12	76	72	2790	Frilling, Hendrik	LT Gnadenlos	M 45	01:06:56	01:06:46
83	12	77	85	2798	Sterthaus, Jens	TV Mesum	M 30	01:07:00	01:06:40
84	13	78	85	1555	Maduschka, Hendrik	SuS Stadtlohn	M 30	01:07:02	01:06:48
85	13	79	73	209	Rahe, Frank	Crespel & Deiters	M 45	01:07:03	01:06:47
86	1	7	68	1456	Suwelack, Birgit	Run4fun Greven e.V.	W 50	01:07:07	01:06:55
87	2	8	67	1452	Jamroszczyk, Jutta	Run4Fun Greven e.V	W 50	01:07:07	01:06:54
88	14	80	84	1675	Varelmann, Hendrik	SV Teuto Riesenbeck	M 30	01:07:14	01:07:03
89	7	81	90	2642	Korfmann, Jakob	TSVHandorf	M HK	01:07:19	01:07:05
90	14	82	71	2770	Burghardt, Lars	Hannover 96 Triathlon	M 45	01:07:20	01:07:13
91	2	9	76	1361	Nierhoff, Kerstin	Olfen	W 40	01:07:24	01:07:08
92	3	10	92	1315	Jansing , Nina	Münster	W HK	01:07:24	01:07:04
93	1	11	99	2421	Neumann, Lea Sophie	Team Goethe	W Jgd A	01:07:32	01:07:28
94	15	83	73	2810	Stephan, Reiter	Werkfeuerwehr VW Emden	M 45	01:07:36	01:07:27
95	16	84	71	2789	Gutierrez-Canas, Ignacio	Bremen	M 45	01:07:39	01:07:31
96	11	85	76	69	Kammler , Andreas	AktivPark	M 40	01:07:42	01:07:36
97	8	86	01	2399	Laumeyer, Finn	Team Goethe	M Jgd B	01:07:56	01:07:23
98	10	87	68	2802	Buenker, Guido	LG Emsdetten	M 50	01:08:06	01:07:56
99	11	88	68	2683	Kleine, Andreas	TUS Recke	M 50	01:08:09	01:07:28
100	9	89	01	2614	Schrammeyer, Henri	Team Goethe	M Jgd B	01:08:18	01:07:57
101	10	90	79	2746	Rabe , Lutz	Zevener Fahrradverein e.V.	M 35	01:08:24	01:07:41

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	5	91	00	2427	Niemöller, Linus	Team Goethe	M Jgd A	01:08:27	01:08:23
103	15	92	88	419	Hügelmeyer, Jens	VFL Kloster Oesede	M 30	01:08:27	01:08:19
104	1	93	50	1179	Quattrocchi, Fulvio	LSF Münster	M 65	01:08:27	01:07:59
105	8	94	92	596	Gerdas, Gerrit	Ibbenbüren	M HK	01:08:31	01:08:11
106	17	95	73	1714	Menger, Carsten	SW Esch	M 45	01:08:31	01:07:54
107	12	96	64	362	Zudrop, Egbert	Family&friends	M 50	01:08:35	01:08:07
108	18	97	69	1552	Rudolph , Eugen	SuS 09 Neuenkirchen	M 45	01:08:35	01:08:13
109	1	12	83	2796	Uden, Christiane	Osnabrück	W 35	01:08:46	01:08:07
110	16	98	86	2054	Fremerey, Christian	Team Goethe	M 30	01:08:47	01:08:32
111	17	99	86	291	Börger, Johannes	Emsdetten	M 30	01:08:53	01:07:57
112	12	100	75	107	Röttgers, Dirk	Barschweg Racing Team	M 40	01:08:56	01:08:25
113	13	101	74	486	Spenthof, Maik	Grasshopper Espel	M 40	01:09:01	01:08:41
114	11	102	79	618	Hesping, Jens	Ibbenbüren	M 35	01:09:22	01:08:58
115	4	13	92	685	Witte, Katrin	Ibbenbüren	W HK	01:09:26	01:09:19
116	6	103	99	2412	Minnerup, Jan-Malte	Team Goethe	M Jgd A	01:09:26	01:09:22
117	13	104	66	1256	Richert, Ingo	Marathon Steinfurt	M 50	01:09:37	01:09:05
118	14	105	75	786	Bitter, Daniel	KlippenKletterer	M 40	01:09:38	01:09:00
119	5	14	90	1534	Emming, Sonja	SSV Freiburg	W HK	01:09:38	01:09:01
120	15	106	77	112	Lappe, Dennis	Becks Lemon	M 40	01:09:41	01:09:30
121	6	15	93	1564	Goß, Carolin	SV Dickenberg	W HK	01:09:43	01:09:20
122	16	107	76	638	Overmeyer, Jens	Ibbenbüren	M 40	01:09:56	01:09:39
123	3	16	74	640	Overmeyer, Mechthild	Ibbenbüren	W 40	01:09:56	01:09:39
124	18	108	86	655	Huth , Michael	Ibbenbüren	M 30	01:09:57	01:09:03
125	19	109	71	2804	Scheve, Michael	SV Olympia Uelsen	M 45	01:09:57	01:09:34
126	19	110	84	1321	Preckeler, Mathias	Münster	M 30	01:09:58	01:09:02
127	20	111	70	1715	Schönig, Christer	SW Esch	M 45	01:09:58	01:09:38
128	17	112	76	2731	Thiede, Ralf	TV Mettingen	M 40	01:10:07	01:09:40
129	21	113	71	803	Lampe, Christian	Laggenbeck	M 45	01:10:08	01:09:24
130	12	114	82	1209	Vahrenkamp , Andre	LSG Hütte/Wiehen	M 35	01:10:19	01:10:12
131	7	115	99	2024	Egelkamp, Carsten	Team Goethe	M Jgd A	01:10:32	01:10:03
132	2	17	79	2715	Rücker, Anja	TV Hohne	W 35	01:10:35	01:10:09
133	7	116	63	1144	Fels , Jörg	LG Rheine-Elte	M 55	01:10:36	01:10:11
134	10	117	01	2574	Przesang, Jonas	Team Goethe	M Jgd B	01:10:39	01:10:23
135	8	118	60	1498	Hagemann, Dieter	SC Hörstel	M 55	01:10:42	01:10:26
136	4	18	85	2652	Jasper-Steinke, Katharina	SV Dickenberg	W 30	01:10:42	01:10:19
137	3	119	97	2753	Goß, Michael		M U23	01:10:51	01:10:29
138	13	120	81	2651	Hassink, Björn	Team MBH	M 35	01:10:55	01:10:28
139	18	121	75	2659	Vaezi, Mehdi	Team MBH	M 40	01:10:55	01:10:49
140	7	19	91	2785	Espinozu Mojica, Nariana Denis		W HK	01:10:59	01:10:57
141	14	122	66	2775	Schieve, Lutz		M 50	01:11:02	01:10:24
142	20	123	87	838	Osterbrink, Dirk	Laufen am Aasee	M 30	01:11:06	01:10:11
143	14	124	82	2795	Henner, Salow	Osnabrück	M 35	01:11:07	01:10:29
144	21	125	86	236	Felzmann, Jens	Die Klippenrunner	M 30	01:11:07	01:10:36
145	3	20	79	1522	Rohlmann, Daniela	SG Ostenwalde	W 35	01:11:09	01:10:35
146	11	126	01	1742	Beitzenkroll, Jan	Team Goethe	M Jgd B	01:11:10	01:10:54
147	4	21	76	1139	Horstmann, Simone	LG Rheine-Elte	W 40	01:11:14	01:10:40
148	12	127	02	218	Tietmeyer, Lukas	Crespel & Deiters	M Jgd B	01:11:19	01:10:39
149	19	128	76	1591	Mertens, Alexander	SV Eintracht Neuenkirchen	M 40	01:11:20	01:11:01
150	8	22	89	933	Hindersmann, Jenny	Laufsport Senden	W HK	01:11:21	01:11:05
151	9	23	91	2708	Laig, Anna-Elisabeth	TV Hohne	W HK	01:11:29	01:10:58
152	10	24	92	2710	Lutterbeck, Tina	TV Hohne	W HK	01:11:32	01:11:07
153	20	129	74	1411	König, Christian	privat	M 40	01:11:38	01:11:32

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	21	130	77	2831	Schürenkamp, Peter	Lauftreff Sassenberg	M 40	01:11:38	01:11:32
155	9	131	63	1496	Lampe, Jürgen	Sc Falke Saerbeck	M 55	01:11:46	01:11:04
156	15	132	64	2788	Dzionsko, Christoph	Lauftreff Hohenholte	M 50	01:11:48	01:11:18
157	3	25	68	516	Werner, Elke	Grün-Weiß Steinbeck	W 50	01:11:55	01:11:36
158	1	26	54	502	Rieskamp, Irmgard	Grün-Weiß Steinbeck	W 60	01:12:02	01:11:43
159	1	27	72	2725	Höfker, Melanie	TV Jahn Rheine	W 45	01:12:03	01:11:16
160	16	133	67	2726	Höfker, Klaus	TV Jahn Rheine	M 50	01:12:03	01:11:16
161	13	134	01	2494	Ostendorf, Simon	Team Goethe	M Jgd B	01:12:05	01:11:57
162	22	135	77	1524	Hochhard, Thorsten	SG Voltlage	M 40	01:12:09	01:11:17
163	9	136	92	1398	Hell, Dennis	Pantera Fighter	M HK	01:12:09	01:11:58
164	17	137	64	2091	Glasmeierer, Andreas	Team Goethe	M 50	01:12:12	01:11:59
165	23	138	78	634	Lütke-meier, Andre	Ibbenbüren	M 40	01:12:13	01:11:13
166	24	139	77	1574	Steinke, Felix	SV Dickenberg	M 40	01:12:16	01:11:51
167	25	140	76	628	Keller, Timo	Ibbenbüren	M 40	01:12:18	01:11:39
168	2	28	71	1405	Plate, Vera	Laufend Besser	W 45	01:12:21	01:12:17
169	18	141	64	2546	Ostendorf, Stefan.	Team Goethe	M 50	01:12:23	01:12:15
170	10	142	63	2824	Althaus, Paul	Hattinger Hügelläufer	M 55	01:12:27	01:12:17
171	15	143	79	632	Lindmeier, Ingo	Ibbenbüren	M 35	01:12:37	01:12:20
172	22	144	73	2749	Bröskamp, Heinz		M 45	01:12:38	01:12:03
173	5	29	75	566	Wiese, Maren	Horst Tefau	W 40	01:12:40	01:12:27
174	1	145	58	1408	Gebel, Reiner	privat	M 60	01:12:44	01:12:19
175	3	30	69	2815	Dölle, Monika	Bramscher Rummläufer	W 45	01:12:52	01:12:37
176	16	146	82	971	Janz, Matthias	Lauftreff KGS	M 35	01:12:55	01:12:43
177	4	147	98	2144	Heeke, Lukas	Team Goethe	M U23	01:12:56	01:12:32
178	19	148	67	2771	Strauch, Ingo	SV Dickenberg	M 50	01:12:58	01:12:09
179	11	149	59	2821	Mäuer, Jürgen	SV Dickenberg	M 55	01:12:58	01:12:08
180	6	31	74	2713	Mikolajew, Jeanet	TV Hohne	W 40	01:13:02	01:12:37
181	4	32	70	2685	Korte, Renate	TV Dinklage-Burgläufer	W 45	01:13:05	01:12:50
182	26	150	77	153	Lüdtke, Dennis	BSG Kreissparkasse Steinfurt	M 40	01:13:07	01:12:28
183	12	151	61	1592	van der Weide, Bert		M 55	01:13:24	01:13:12
184	23	152	69	2830	Weddewer, Stefan	VfL Ahaus	M 45	01:13:26	01:13:15
185	14	153	02	2644	Windoffer, Mathis	Team Goethe	M Jgd B	01:13:34	01:13:09
186	4	33	80	229	Wieggers, Jessica	Crespel & Deiters	W 35	01:13:35	01:12:58
187	20	154	68	217	Schulz, Dieter	Crespel & Deiters	M 50	01:13:36	01:12:53
188	24	155	69	202	Jasper, Manfred	Crespel & Deiters	M 45	01:13:36	01:12:54
189	27	156	77	2756	Irländer, Torsten		M 40	01:13:40	01:13:04
190	28	157	77	494	Laumann, Markus	Greven	M 40	01:13:45	01:13:08
191	25	158	72	2758	Kahl, Christian		M 45	01:13:51	01:13:35
192	2	159	50	1608	Diekenbrock, Manfred	SV Lembeck	M 65	01:13:51	01:13:19
193	5	34	72	468	Renze, Elke	Gehrde läuft...!	W 45	01:13:51	01:13:31
194	10	160	90	1355	Altmann, Andre		M HK	01:13:54	01:13:03
195	7	35	75	1312	Janke, Sandra	Münster	W 40	01:13:57	01:13:44
196	21	161	67	114	Overmeyer, Peter	Becks Lemon	M 50	01:13:58	01:13:40
197	26	162	69	1542	Kipker, Ralf	Stichlinge SV	M 45	01:14:01	01:13:08
198	5	36	87	688	Wulf, Stefanie	Ibbenbüren	W 30	01:14:03	01:13:56
199	29	163	75	77	Degenhardt, Dennis	All in 08	M 40	01:14:05	01:13:44
200	30	164	77	81	Ording, Lars	All In 08	M 40	01:14:05	01:13:44
201	4	37	67	2828	Brauer, Heike Helene	Jede Oma zählt	W 50	01:14:06	01:13:46
202	5	38	65	571	Runde, Mechthild	Hörstel	W 50	01:14:07	01:14:02
203	27	165	73	1567	Kriz, Sascha	SV Dickenberg	M 45	01:14:08	01:13:19
204	22	166	67	2822	Nienhaus, Paul	SC Altenrheine	M 50	01:14:09	01:13:41
205	6	39	71	498	Bach, Stephanie	Grün-Weiß Steinbeck	W 45	01:14:12	01:13:39

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	1	40	59	940	Reher, Elisabeth	Laufsport Senden	W 55	01:14:23	01:14:02
207	5	41	80	1434	Vieth, Judith	Run 4 Fun Greven e.V.	W 35	01:14:26	01:14:14
208	28	167	69	1617	Becke, Christian	SV Teuto Riesenbeck	M 45	01:14:32	01:14:08
209	29	168	70	615	Hegemann, Martin	Ibbenbüren	M 45	01:14:34	01:14:19
210	13	169	61	1724	Sorge, Olaf	TC Blau-Weiß Halle	M 55	01:14:40	01:14:16
211	15	170	01	2627	Sievers, Maximilian	Team Goethe	M Jgd B	01:14:45	01:14:27
212	16	171	02	2640	Veismann, Malte	Team Goethe	M Jgd B	01:14:47	01:14:28
213	31	172	76	2680	Werger , Guido	TuS Altenberge	M 40	01:14:52	01:14:19
214	23	173	67	727	Schaefer, Klaus	Kirche läuft Wilhelmshaven	M 50	01:14:52	01:14:26
215	32	174	75	1357	Tausch, Carsten	nix	M 40	01:14:59	01:14:08
216	6	42	88	2787	Auf der Lanwer, Nadine	LC Solbad Ravensberg	W 30	01:15:00	01:14:37
217	22	175	88	2784	Barenbrügge, Andreas	SuS Legden Selbstläufer	M 30	01:15:06	01:14:36
218	11	43	91	2782	Picker, Annemarie	SuS Legden Selbstläufer	W HK	01:15:06	01:14:36
219	33	176	76	2676	Marten, Norbert	TSG Hatten Sandkrug	M 40	01:15:14	01:14:25
220	24	177	67	392	Tuchen, Bernd	Feuerwehr Lengerich	M 50	01:15:23	01:15:05
221	25	178	67	385	Kipp, Thomas	Feuerwehr Lengerich	M 50	01:15:23	01:15:05
222	7	44	69	2833	Senff, Beate	Bippener SC	W 45	01:15:27	01:14:41
223	26	179	68	249	Borsutzki, Frank	Die Wilden Trainer-Power Workou	M 50	01:15:29	01:15:11
224	8	45	71	257	Borsutzki, Andrea	Die Wilden Trainer-Power Workou	W 45	01:15:29	01:15:10
225	14	180	59	1413	Müller, Norbert	privat	M 55	01:15:39	01:15:33
226	17	181	83	2069	Freude, Daniel	Team Goethe	M 35	01:15:41	01:15:24
227	23	182	86	2636	Herzog, Juri	Team Goethe	M 30	01:15:41	01:15:24
228	7	46	87	707	Hoppe, Lars	Ja, er läuft doch	W 30	01:15:43	01:15:05
229	24	183	87	138	Bringemeier , Gerrit	Bielefeld	M 30	01:15:43	01:15:03
230	27	184	65	1726	Dalichau, Stefan	TC Huntlosen	M 50	01:15:45	01:15:29
231	25	185	88	2801	Brüggemann, Christoph	Warendorf	M 30	01:15:48	01:15:29
232	8	47	74	1537	Westermann , Nicole	Stadtlohn	W 40	01:15:55	01:15:27
233	15	186	63	2807	van Wieren, Gebhard	Olympia Uelsen Laufen	M 55	01:15:55	01:15:32
234	18	187	79	159	Wanke, Daniel	BSV Ostbevern	M 35	01:16:00	01:15:21
235	9	48	76	175	Wanke, Meike	BSV Ostbevern	W 40	01:16:00	01:15:20
236	10	49	74	1683	Wallmeier , Jenny	SV Teuto Riesenbeck	W 40	01:16:02	01:15:53
237	28	188	67	2681	Gehlthomholt, Christof	Tus Altenberge 09	M 50	01:16:03	01:15:36
238	29	189	66	500	Konermann, Jürgen	Grün-Weiß Steinbeck	M 50	01:16:05	01:15:43
239	11	50	74	1571	Linnemann, Ines	SV Dickenberg	W 40	01:16:12	01:15:23
240	3	190	51	1565	Vismann, Josef	SV Dickenberg	M 65	01:16:12	01:15:20
241	8	191	00	1747	Seveneick, Tobias	Team Goethe	M Jgd A	01:16:20	01:15:48
242	17	192	01	1731	Averbeck, Luca Noel	Team Goethe	M Jgd B	01:16:20	01:15:48
243	16	193	62	2800	Schäfers, Jürgen	SV Teuto Riesenbeck	M 55	01:16:24	01:15:58
244	30	194	65	2783	Schönfeld, Jörg	TV Mettingen	M 50	01:16:25	01:15:52
245	26	195	86	2750	Delkeskamp, Benjamin		M 30	01:16:26	01:15:47
246	30	196	69	646	Hoppe, Kerstin	Ibbenbüren	M 45	01:16:28	01:15:54
247	19	197	81	2678	Thoden, Andreas	TSV St. Magnus	M 35	01:16:58	01:16:04
248	31	198	67	505	Schäl, Reiner	Grün-Weiß Steinbeck	M 50	01:17:02	01:16:15
249	2	199	58	2774	Leyk, Heinrich	FC Stella Bevergern	M 60	01:17:04	01:16:03
250	6	51	64	1196	Lachmann, Antje	LSF Oldenburg	W 50	01:17:05	01:16:31
251	31	200	71	1133	Breulmann, Andreas	LG Rheine-Elte	M 45	01:17:06	01:16:35
252	32	201	72	1141	Krüssel, Martin	LG Rheine-Elte	M 45	01:17:07	01:16:35
253	2	52	63	2812	von der Straten, Regina	ETuS Rheine	W 55	01:17:07	01:16:12
254	12	53	77	470	Wübbelmann , Andrea	Gehrde läuft...!	W 40	01:17:09	01:16:47
255	7	54	65	942	Duhr, Heike	Laufftreff Ganderkese	W 50	01:17:13	01:16:36
256	20	202	83	1305	Campe, Martin	Münster	M 35	01:17:24	01:16:37
257	2	55	56	2786	Masch, Hedwig	Stella Bevergern	W 60	01:17:33	01:17:11

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	21	203	82	1753	Block, Matthias	Team Goethe	M 35	01:17:40	01:17:26
259	34	204	76	157	Knauer, Mirko	BSV Ostbevern	M 40	01:17:42	01:17:00
260	6	56	80	2571	Paluschek, Marta	Team Goethe	W 35	01:17:44	01:17:31
261	33	205	73	2559	Paluschek, Maik	Team Goethe	M 45	01:17:44	01:17:32
262	18	206	01	2378	Lange, Marlon	Team Goethe	M Jgd B	01:17:45	01:17:27
263	34	207	69	2826	Wrocklage , Ralf	Ibbenbüren	M 45	01:17:46	01:16:56
264	12	57	93	648	Runde, Jessica	Ibbenbüren	W HK	01:17:47	01:17:41
265	3	58	63	2811	Schuermann, Petra	VFL Holsen	W 55	01:17:48	01:17:07
266	11	208	91	2711	Matheke, Marco	TV Hohne	M HK	01:17:52	01:16:58
267	22	209	80	1118	Sterthaus, Peter		M 35	01:17:56	01:17:51
268	35	210	74	1539	Westermann , Jochen	Stadtlohn	M 40	01:17:57	01:17:32
269	8	59	68	2736	Kretschmann , Sabine	VfL Lingen	W 50	01:18:05	01:17:55
270	17	211	59	1602	Busekros, Lüder	SV Hepstedt-Breddorf	M 55	01:18:06	01:17:26
271	9	60	66	2834	Hartmann, Britta	Bippener SC	W 50	01:18:12	01:17:27
272	32	212	68	1529	Schockmann, Reiner	SG Voltlage	M 50	01:18:15	01:17:22
273	12	213	95	2199	Blömker, Ralf	Team Goethe	M HK	01:18:16	01:17:17
274	33	214	65	2645	Drontmann, Peter	Team Keller HCW	M 50	01:18:17	01:18:05
275	7	61	79	2650	Deters, Anja	Team MBH	W 35	01:18:26	01:17:52
276	27	215	84	2653	Hoppe, Michael	Team MBH	M 30	01:18:26	01:17:58
277	34	216	66	1710	Lempert, Klaus	SW Esch	M 50	01:18:34	01:18:14
278	1	62	97	2641	Veismann, Maike	Team Goethe	W U23	01:18:45	01:18:06
279	35	217	72	2825	Erbel, Markus	Hattinger Hügelläufer	M 45	01:18:55	01:18:45
280	18	218	62	2772	Wiethölter, Uwe	SV Dickenberg	M 55	01:18:58	01:18:10
281	35	219	65	2803	Fels, Ansgar	Lauffreunde Emsland	M 50	01:19:10	01:19:08
282	9	63	72	1431	Talen, Jolanda	Reestridders	W 45	01:19:14	01:19:00
283	2	64	99	1100	Lehmann, Janne Marleen	LG Ems Warendof	W Jgd A	01:19:18	01:18:57
284	8	65	80	1557	Tenbusch, Ruth	Sus Stadtlohn	W 35	01:19:24	01:18:56
285	10	66	66	2700	Fechner, Perdita	TV Hohne	W 50	01:19:29	01:19:01
286	19	220	62	2779	Ernst, Ferry	HAC63	M 55	01:19:33	01:19:24
287	3	67	99	1769	Böttinger, Greta	Team Goethe	W Jgd A	01:19:42	01:18:57
288	13	221	89	2127	Fremerey, Luc	Team Goethe	M HK	01:19:42	01:18:57
289	14	222	93	2794	Kaul, Jan Philipp	BW Oberbauerschaft	M HK	01:19:43	01:18:44
290	20	223	63	2809	Lindemann, Jörg	OSC/ Wüstenläufer/M3	M 55	01:19:48	01:19:11
291	4	224	50	1495	Günnigmann, Alfons	SC Falke Saerbeck	M 65	01:19:49	01:19:08
292	1	225	48	2720	Vahrenhorst, Dieter	TV Hohne	M 70	01:19:50	01:18:57
293	15	226	90	292	Börger, Justus	Emsdetten	M HK	01:19:57	01:19:01
294	11	68	67	2712	Menebröker, Karin	TV Hohne	W 50	01:19:58	01:19:34
295	5	227	50	1229	Janssen, Harrie	LV Kooiveld	M 65	01:20:00	01:19:29
296	12	69	66	1481	Bölker, Birgit	SC Altenrheine	W 50	01:20:02	01:19:33
297	36	228	65	2823	Henke, Michael	Tri-Cops Warstein	M 50	01:20:02	01:19:35
298	13	70	95	1173	Pfister, Lis		W HK	01:20:05	01:19:19
299	3	229	56	1176	Pfister, Ulrich	LSF Münster	M 60	01:20:05	01:19:19
300	13	71	68	2814	Hilmes, Maria	ETUS Rheine	W 50	01:20:13	01:19:17
301	37	230	66	1287	Böhmann, Jürgen	Mettingen	M 50	01:20:16	01:19:32
302	38	231	67	1523	Große-Berg, Ludger	SG Voltlage	M 50	01:20:31	01:19:39
303	23	232	82	2793	Loheide, Nico	BW Oberbauerschaft	M 35	01:20:39	01:19:40
304	9	72	79	2658	Pope, Marita	Team MBH	W 35	01:20:41	01:20:06
305	14	73	64	937	Piek, Tina	Laufsport Senden	W 50	01:20:43	01:20:22
306	15	74	66	1227	Tebroke, Ira	Laufsport Senden	W 50	01:20:43	01:20:23
307	10	75	73	266	Hergemöller, Miriam	DJK Ibbenbüren	W 45	01:20:49	01:20:39
308	11	76	73	1436	Timpe, Meike	run4fun	W 45	01:20:57	01:20:38
309	24	233	80	2686	Gerkmann, Timo	TV Friesen Telgte	M 35	01:21:03	01:20:20

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	39	234	65	2813	Schürmann, Jörg	VfL Holsen	M 50	01:21:06	01:20:24
311	36	235	71	2728	Aulkemeyer, Rainer	TV Mettingen	M 45	01:21:07	01:20:24
312	14	77	89	1660	Kerk, Ina	SV Teuto Riesenbeck	W HK	01:21:08	01:20:21
313	8	78	88	1359	Lammers, Theresa	OBC Rheine	W 30	01:21:08	01:20:22
314	4	79	61	1585	Klausing, Lille	SV Eintracht Neuenkirchen	W 55	01:21:14	01:20:26
315	1	80	01	2322	Kleemann, Hanna	Team Goethe	W Jgd B	01:21:14	01:20:29
316	10	81	82	2777	Reeck , Martina	Ibbenbüren	W 35	01:21:15	01:21:06
317	40	236	67	2769	Kleemann, Jürgen	Ibbenbüren	M 50	01:21:16	01:20:31
318	21	237	63	2733	Schücker , Franz	VfL Ahaus	M 55	01:21:16	01:21:02
319	2	238	47	2759	Kolsloot, gerard		M 70	01:21:20	01:21:18
320	41	239	64	2816	Deitmer, Matthias	ETUS Rheine	M 50	01:21:21	01:20:24
321	5	240	96	2383	Wesselmeier, Jan	SC Dörenthe	M U23	01:21:25	01:20:43
322	36	241	74	2655	Konermann, Michael	Team MBH	M 40	01:21:31	01:20:53
323	9	82	86	2662	Schierenboeken, Katharina	Team Rakäthe	W 30	01:21:35	01:20:59
324	15	83	90	2693	Bautz, Katharina	TV Hohne	W HK	01:21:43	01:20:52
325	5	84	61	2832	Nordemann, Venna	Bippner SC	W 55	01:21:45	01:20:57
326	11	85	79	2687	Hitt, Iris	TV Friesen Telgte	W 35	01:21:47	01:21:18
327	16	86	95	2763	Rohlmann, Kira		W HK	01:21:50	01:21:02
328	37	242	73	2647	Wesselmann, Daniel	Team Keller HCW	M 45	01:21:50	01:21:38
329	12	87	79	193	Gedes, Marina	Crespel & Deiters	W 35	01:21:58	01:21:54
330	17	88	95	654	Wesselmann, Lisa	Ibbenbüren	W HK	01:21:58	01:21:53
331	42	243	64	515	Semken, Manfred	Grün-Weiß Steinbeck	M 50	01:21:59	01:21:15
332	4	244	56	2819	Berg , Martin	Gremmendorfer Lauffreunde	M 60	01:22:19	01:21:37
333	25	245	82	2702	Schmidt, Josef		M 35	01:22:26	01:21:35
334	2	89	02	2625	Schulz, Julie	Team Goethe	W Jgd B	01:22:26	01:22:09
335	9	246	00	2248	Kimmel, Maximilian	Team Goethe	M Jgd A	01:22:32	01:22:06
336	43	247	67	958	Hunke, Thomas	Laufftreff Greven Aktuell	M 50	01:22:49	01:21:56
337	10	248	00	2400	Mantel, Michael	Team Goethe	M Jgd A	01:22:51	01:22:19
338	38	249	69	2682	Lenzen, Markus	TuS Altenberge 09	M 45	01:22:56	01:21:57
339	16	250	93	2751	Fecht, Malte		M HK	01:23:23	01:22:34
340	10	90	84	1150	Boriß, Stephanie	LippeRunners Werne	W 30	01:23:30	01:23:17
341	13	91	78	64	Stephan, Nadine	Ahlen	W 40	01:23:34	01:23:04
342	37	251	75	59	Rauf, Christoph	Ahlen	M 40	01:23:35	01:23:05
343	11	92	87	306	Rüther, Carina	Everswinkel	W 30	01:23:37	01:23:16
344	12	93	84	518	Winnemöller, Ramona	Grün-Weiß Steinbeck	W 30	01:23:41	01:22:54
345	44	252	66	2660	Wienand, Ralf	Team MBH	M 50	01:23:49	01:23:15
346	45	253	64	2211	Jürgens, Michael	Team Goethe	M 50	01:23:58	01:23:42
347	26	254	83	567	Heitkamp, Lars	Hörstel	M 35	01:24:05	01:23:39
348	28	255	87	2723	Winter, Christian	TV Hohne	M 30	01:24:08	01:23:41
349	13	94	84	2776	Gier, Alexandra		W 30	01:24:30	01:24:20
350	17	256	91	119	Ostendorf, Stefan	SV Teuto Riesenbeck	M HK	01:24:34	01:23:59
351	18	95	91	2579	Rösener, Julia	Team Goethe	W HK	01:24:45	01:24:30
352	38	257	77	713	Althaus, Sascha	just4fun	M 40	01:24:45	01:23:45
353	12	96	70	1169	Ten Brink, Emmy	loopgroep Hoogeveen	W 45	01:24:52	01:24:36
354	14	97	88	283	Ottjes, Tomma	Eat Train Love Singapur	W 30	01:24:54	01:24:13
355	15	98	86	530	Gertjegerdes, Dunja	GV Weser-Ems	W 30	01:24:54	01:24:13
356	39	258	70	799	Ernst, Hardy	Ksk steinfurt	M 45	01:24:55	01:24:33
357	3	99	01	2210	Jürgens, Sarah	Team Goethe	W Jgd B	01:25:13	01:24:56
358	4	100	01	1770	Thomas, Aliyah	Team Goethe	W Jgd B	01:25:23	01:24:57
359	27	259	83	2331	Köhl, Patrick	Team Goethe	M 35	01:25:26	01:25:11
360	16	101	66	2818	Hagemann, Ulla	Grün-Weiß Steinbeck	W 50	01:25:26	01:24:38
361	13	102	70	1450	Rietfort, Barbara	SuS Stadtlohn	W 45	01:25:31	01:25:04

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	17	103	68	1433	Halsch, Carola	Rhönläufer	W 50	01:25:34	01:24:50
363	18	104	65	1535	Bach, Andrea	Stadtlohn	W 50	01:25:45	01:25:17
364	5	260	57	2699	Egbert, Ralf	TV Hohne	M 60	01:25:46	01:24:49
365	22	261	63	1597	Schlautmann, Karl-Heinz	SV Ems Westbevern	M 55	01:25:53	01:25:13
366	28	262	82	572	Schallenberg, Bastian	Hörstel	M 35	01:25:56	01:25:20
367	5	105	02	1754	Book, Lara	Team Goethe	W Jgd B	01:26:01	01:25:50
368	13	106	80	296	Maat, Marjan	Enschede	W 35	01:26:17	01:25:27
369	14	107	69	2805	Karklis, Ute	Teuto Run and Fun Bielefeld	W 45	01:26:19	01:25:44
370	40	263	69	2781	Potthoff , Peter	Teuto Run & Fun	M 45	01:26:19	01:25:43
371	6	264	56	2696	Brix, Michael	TV Hohne	M 60	01:26:24	01:25:56
372	6	108	02	2701	Goß, Anika	TV Hohne	W Jgd B	01:26:24	01:25:55
373	46	265	68	2827	Kantzer, Dietmar	SV Dickenberg	M 50	01:26:28	01:25:40
374	14	109	77	1573	Schwieterjann , Melanie	SV Dickenberg	W 40	01:26:28	01:25:41
375	23	266	59	1562	Conrad, Reimund	SV Bad Laer	M 55	01:26:46	01:25:46
376	15	110	71	854	Lügering-Birck, Tanja	Lauffreunde Emsland	W 45	01:26:50	01:26:29
377	19	111	66	2778	Vos- Westert, Alice	Hac63	W 50	01:26:50	01:26:40
378	19	112	90	2791	Kruse, Franziska	Bremen	W HK	01:26:52	01:26:12
379	20	113	89	2792	Haselon, Silva Lea	Berlin	W HK	01:26:53	01:26:12
380	16	114	73	608	Hegemann, Susanne	Ibbenbüren	W 45	01:26:54	01:26:41
381	20	115	68	1114	Holtmann, Rita	LG Emsdetten	W 50	01:27:03	01:26:12
382	41	267	73	2829	Adrian-Emkow, Markus	NoseKäng	M 45	01:28:03	01:27:10
383	17	116	71	2677	Gräfedüinkel, Tanja	LSF Oldenburg	W 45	01:28:14	01:27:29
384	24	268	59	519	Löpmeier , Thomas	Grün-Weiß Steinbeck	M 55	01:28:27	01:27:39
385	6	117	61	2707	Laig, Susanne	TV Hohne	W 55	01:28:30	01:27:46
386	18	118	69	2717	Saatkamp, Beate	TV Hohne	W 45	01:28:30	01:27:46
387	6	269	98	1738	Bahl, Marvin	Team Goethe	M U23	01:28:48	01:28:19
388	7	119	59	2709	Lutterbeck, Gudrun	TV Hohne	W 55	01:28:57	01:28:11
389	6	270	52	1669	Schlüter, Ulrich	SV Teuto Riesenbeck	M 65	01:29:11	01:28:11
390	1	271	42	1563	Kreienbaum, Bernhard	LSF Münster	M 75	01:29:58	01:29:51
391	21	120	68	2808	Wille, Anja	LG Emsdetten	W 50	01:30:59	01:30:22
392	1	121	47	1127	Venker, Margret	LG Emsdetten	W 70	01:31:13	01:30:19
393	7	272	56	2648	Baar, Alfons	Team MBH	M 60	01:31:18	01:30:46
394	8	122	63	2716	Rüschenkemper, Astrid	TV Hohne	W 55	01:31:23	01:30:37
395	2	273	42	1584	Daniel, Wolf-Dieter	SV Eintracht Neuenkirchen	M 75	01:32:19	01:31:44
396	19	123	70	2773	Rieskamp, Karin	SV Dickenberg	W 45	01:32:27	01:31:29
397	47	274	64	1575	Zahnen, Johannes	SV Dickenberg	M 50	01:32:27	01:31:29
398	3	124	57	1186	Revering, Elisabeth	LSF Münster	W 60	01:32:58	01:32:27
399	42	275	73	2657	Mentrup, Marco	Team MBH	M 45	01:33:17	01:32:42
400	43	276	73	1239	Albers, Frank	Marathon Steinfurt	M 45	01:33:33	01:33:01
401	20	125	69	2734	Nebelsiek, Heike	VFL Lingen	W 45	01:34:19	01:33:27
402	9	126	61	2737	Kruse, Birgit	VfL Lingen LLL	W 55	01:34:19	01:33:27
403	48	277	66	1098	Menebröcker, Jörg	Lengerich	M 50	01:34:49	01:33:53
404	49	278	68	528	Engelhard, Sven	Gütersloh	M 50	01:34:52	01:34:41
405	15	127	78	1121	Magnus, Kathrin	LG Emsdetten	W 40	01:35:08	01:34:14
406	8	279	54	2754	Heienbrock, Klaus		M 60	01:35:15	01:34:37
407	21	128	73	2688	Worch, Bettina	TV Friesen Telgte	W 45	01:35:20	01:34:24
408	22	129	67	2724	Wittig, Anja	TV Hohne	W 50	01:35:29	01:34:39
409	10	130	59	2719	Teckenbrock, Petra	TV Hohne	W 55	01:35:29	01:34:39
410	16	131	77	235	Eiben, Ruth	Die Flemminge	W 40	01:36:06	01:35:11
411	39	280	74	420	Kolhoff, Ingo	Firefighter Sport	M 40	01:36:12	01:35:14
412	40	281	78	431	Krabbe, Klaus	Firefighter Sport	M 40	01:36:12	01:35:14
413	4	132	58	2721	Vogelpohl, Ursula	TV Hohne	W 60	01:36:41	01:35:51

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	3	282	42	2690	Lüersen, Werner	TV Georgsmarienhütte	M 75	01:37:12	01:36:23
415	25	283	60	2706	Konermann, Peter	TV Hohne	M 55	01:37:19	01:36:26
416	9	284	56	2697	Buczilowski, Eckhard	TV Hohne	M 60	01:37:31	01:37:04
417	1	133	49	1515	van Wezel, Helma	Scrambled Legs	W 65	01:38:14	01:37:36
418	41	285	74	2739	Eiben , Lars	Vision	M 40	01:38:21	01:37:26
419	11	134	60	2722	Voss, Iris	TV Hohne	W 55	01:38:55	01:38:05
420	10	286	58	2718	Teckenbrock, Udo	TV Hohne	M 60	01:39:07	01:38:10
421	26	287	63	1428	Bettels, Michael	Raesfeld	M 55	01:39:19	01:38:36
422	22	135	72	1429	Sonnet-Brockhaus, Sandra	Raesfeld	W 45	01:39:19	01:38:35
423	11	288	00	2194	Himpel, Marius	Team Goethe	M Jgd A	01:40:40	01:40:11
424	19	289	01	2220	Keller, Simon	Team Goethe	M Jgd B	01:40:43	01:40:16
425	12	290	00	2429	Onken, John-Patrick	Team Goethe	M Jgd A	01:40:44	01:40:14
426	7	136	02	2092	Godow, Rieka	Team Goethe	W Jgd B	01:40:54	01:40:42
427	8	137	02	2637	Tran, Vanessa	Team Goethe	W Jgd B	01:40:54	01:40:43
428	23	138	68	947	Fangmeier, Karin	Laufftreff Ganderkese	W 50	01:41:39	01:41:05
429	24	139	67	949	Sinn, Marion	Laufftreff Ganderkese	W 50	01:41:39	01:41:05
430	12	140	60	2703	Haamann, Annette	TV Hohne	W 55	01:43:18	01:42:28
431	13	141	61	537	Mastebroek, Rita	HAC'63	W 55	01:44:50	01:44:41
432	5	142	57	2671	Kley, Sonja	Teuto Run and Fun Bielefeld	W 60	01:45:07	01:44:31
433	23	143	70	2738	Foppe , Edeltraud	VfL.L L L	W 45	01:46:03	01:45:14
434	3	291	48	2745	Pößiger, Wolfgang	Kirche läuft Wilhelmshaven	M 70	01:48:41	01:48:17
435	1	292	33	2689	Ungemach, Andreas	TV Georgsmarienhütte	M 80	01:52:05	01:51:26
436	6	144	58	2695	Brix, Petra	TV Hohne	W 60	01:57:39	01:56:49
437	14	145	61	2705	Konermann, Susanne	TV Hohne	W 55	01:57:39	01:56:48
438	29	293	85	96	Lembeck, Sven	Firefighter Sport	M 30	01:59:27	01:58:30
439	7	146	57	2670	Tölle, Kerstin	Teuto Run and Fun	W 60	02:03:40	02:03:07
440	25	147	65	2668	Freund, Christiane	Teuto Run and Fun	W 50	02:03:40	02:03:07
441	18	294	94	2835	Hollekamp, Chris		M HK	02:04:35	02:03:38
442	44	295	73	435	Krzywanski, Stefan	Firefighter Sport	M 45	02:10:07	02:09:11
443	14	148	81	541	Muhle, Margarete	Hannover Runners	W 35	02:23:25	02:22:24
444	29	296	83	2656	Mann, Sebastian	Team MBH	M 35	02:33:54	