

# 35 Aaseelauf 2018

## Hauptlauf 10 KM

## Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	91	3236	Spinneker, Jens	Westfalia Hopsten	M HK	00:33:34	00:33:35
2	1	2	80	3457	Steinbrügger, Andreas	CLG Geistringen	M 35	00:35:00	00:35:00
3	2	3	94	3392	Freitag, Finn Jannis	LT DSHS Köln	M HK	00:36:48	00:36:48
4	1	4	84	3394	Rodionov, Artem	Stralez.com.	M 30	00:37:03	00:37:03
5	1	5	77	43	Lehmann, Achim	SV Teuto Riesenbeck	M 40	00:37:21	00:37:20
6	3	6	95	3260	Hilt, Simon	nolteteam	M HK	00:38:31	00:38:30
7	1	7	71	3537	Küttner, Sven	LWK B	M 45	00:39:02	00:39:02
8	2	8	81	3292	Heger, Mirco	SC Hörstel	M 35	00:39:19	00:39:12
9	2	9	76	3310	Höflich, Tobias	SVC Laggenbeck	M 40	00:40:05	00:40:05
10	2	10	87	3113	Klaus, Georg	-	M 30	00:40:38	00:40:37
11	3	11	84	3683	Bovenkerk, Maik		M 30	00:41:02	00:40:59
12	1	12	67	3477	Welscher, Benno		M 50	00:41:11	00:41:11
13	4	13	87	3263	Kleingünther, Tobias	Bone Machine	M 30	00:41:14	00:41:12
14	5	14	87	3333	Sandherm, Henrik	Marathon Ibbenbüren	M 30	00:41:22	00:41:21
15	3	15	78	3140	Kramer, Nils	VfR Voxtrup	M 40	00:41:38	00:41:37
16	6	16	84	3150	Dierkes, Simon	LG Interim KIMS	M 30	00:42:06	00:41:59
17	4	17	76	3622	Vogt, Sven	Hundefreunde Lengerich	M 40	00:42:12	00:42:10
18	2	18	65	3671	Klöcker, Frank	TV Bohmte	M 50	00:42:19	00:42:15
19	5	19	75	3281	Miethe, Frank	SV Teuto Riesenbeck	M 40	00:42:25	00:42:23
20	1	1	75	3608	Krüer, Cornelia	SV Teuto Riesenbeck	W 40	00:43:05	00:43:03
21	1	20	00	3308	Guhe, Elias		MJ U20	00:43:15	00:43:13
22	3	21	68	3668	Schossig, Hagen	SC Althenheine	M 50	00:43:24	00:43:23
23	4	22	66	3539	Löhr, Carsten	TV Lengerich	M 50	00:43:46	00:43:44
24	7	23	84	3646	Magga, Sebastian	VfR Voxtrup	M 30	00:44:04	00:43:56
25	2	24	69	3599	Roesse, Mario	TV Mettingen	M 45	00:44:05	00:44:02
26	8	25	87	3623	Schallenberg, Dennis		M 30	00:44:16	00:44:11
27	5	26	65	3302	Wilke, Guido	SC Altenheine	M 50	00:44:20	00:44:20
28	1	2	94	3272	Lepper, Kristin	TV Lengerich	W HK	00:44:27	00:44:26
29	6	27	64	3287	Merschmeier, Frank	vereinslos	M 50	00:44:28	00:44:25
30	3	28	83	3659	Daldrup, Philipp	DJK VFL Billerbeck	M 35	00:44:45	00:44:39
31	7	29	66	3278	Schwarte, Christian	LG Emsdetten	M 50	00:44:51	00:44:46
32	1	30	63	3474	Dierkes, Manfred		M 55	00:45:26	00:45:24
33	8	31	66	420	Gerwe, Theo	TV G.M. Hütte	M 50	00:45:40	00:45:36
34	2	32	99	3565	Voskuhl, Lukas		MJ U20	00:45:49	00:45:46
35	3	33	71	3232	Duling, Matthias	Lavendelrunners	M 45	00:46:03	00:45:54
36	4	34	69	414	Starr, Günther	SC Melle	M 45	00:46:06	00:46:05
37	9	35	87	3132	Heider, Sebastian		M 30	00:46:08	00:46:00
38	4	36	81	3449	Freude, Andre	BSV Brochterbeck	M 35	00:46:28	00:46:23
39	10	37	86	3538	Klausmeyer, Karsten	Atletico Obermetten	M 30	00:46:38	00:46:37
40	6	38	78	3387	Machner, Christian	TV G.M. Hütte	M 40	00:46:40	00:46:37
41	5	39	81	3189	Sendal, Rafael	Trifinish Münster	M 35	00:46:49	00:46:41
42	4	40	95	3483	Hahn, Timo	DJK Arminia Ibbenbüren	M HK	00:46:54	00:46:54
43	6	41	81	3562	Menger, Andre	SW Esch	M 35	00:47:02	00:46:58
44	1	3	86	3643	Daldrup, Christel	DJK Coesfeld	W 30	00:47:03	00:46:57
45	2	42	63	3409	Ruczynski, Jürgen	TSG 07 Burg Gretesch	M 55	00:47:11	00:47:07
46	1	43	57	3628	Glasow, Peter	SV Eintracht Neuenkirchen	M 60	00:47:32	00:47:30
47	7	44	76	3327	Hänsel, Christian	TUS Graf Kobbo Tecklenburg	M 40	00:47:43	00:47:23
48	5	45	94	3144	Kissmann, Dominik	MSA - Münster School of Architect	M HK	00:47:56	00:47:54
49	8	46	77	3323	Nautsch, Tobias	TUS Graf Kobbo Tecklenburg	M 40	00:48:12	00:47:51

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	11	47	85	3283	Böhm, Alexander		M 30	00:48:20	00:48:18
51	12	48	86	3312	Knittel, Matthias	Ibbenbüren	M 30	00:48:35	00:48:27
52	3	49	63	3482	Beckers, Rainer	LC Wiedenbrück	M 55	00:48:49	00:48:34
53	7	50	79	3298	Viße, Martin		M 35	00:48:53	00:48:45
54	9	51	76	3407	Froend, Tobias	LG Rheine Elte	M 40	00:49:01	00:48:54
55	2	4	77	417	Weiß, Kathrin		W 40	00:49:01	00:48:56
56	10	52	74	3561	Konert, Jörg	EGEPLAST	M 40	00:49:06	00:48:57
57	5	53	69	3547	Niemöller, Thomas		M 45	00:49:06	00:48:55
58	6	54	69	3544	Lienesch, Dietmar	Ibbenbüren	M 45	00:49:24	00:49:16
59	2	5	89	3198	Schallenberg, Janine	J. F. Ton und Licht	W HK	00:49:32	00:49:27
60	4	55	60	3546	Knebelkamp, Jörg		M 55	00:49:35	00:49:27
61	9	56	67	3223	Alexander, Schäfer	Team SANIMED	M 50	00:49:44	00:49:41
62	8	57	82	3199	Schmitz, Christian	1. FC Nordwalde	M 35	00:49:47	00:49:41
63	1	6	79	3657	Goosmann, Miriam	SV Esche	W 35	00:50:16	00:50:10
64	10	58	68	3472	Hurnak, Oliver	SV Cheruskia Laggenbeck Tennis	M 50	00:50:18	00:50:08
65	9	59	82	3171	Mertens, Christian	SV Eintracht Neuenkirchen	M 35	00:50:37	00:50:30
66	11	60	65	42	Kohle, Martin	Lauffreunde Emsland	M 50	00:50:43	00:50:41
67	3	7	75	3261	Brüna, Sonja	Frühschwimmer Nordhorn	W 40	00:50:53	00:50:49
68	2	8	84	3155	Steingröver, Christina	LG Interim KIMS	W 30	00:50:56	00:50:47
69	13	61	84	3152	Steingröver, André	LG Interim KIMS	M 30	00:50:56	00:50:46
70	7	62	69	3348	Franke, Erik	RAG	M 45	00:51:13	00:50:58
71	8	63	73	3165	vom Bruch, Matthias	Bünde	M 45	00:51:42	00:51:33
72	10	64	83	3167	Burghardt, Maik	Marathon Ibbenbüren	M 35	00:51:51	00:51:45
73	11	65	82	3639	Esseling, Benedikt	1. FC Nordwalde	M 35	00:51:54	00:51:47
74	12	66	64	3365	Inderwisch, Frank	RAG	M 50	00:52:01	00:51:44
75	6	67	92	3564	Stein, Tobias		M HK	00:52:21	00:52:05
76	11	68	78	3324	Kötterheinrich, Sascha	TUS Graf Kobbo Tecklenburg	M 40	00:52:30	00:52:08
77	12	69	77	3317	Timmer, Sebastian		M 40	00:52:30	00:52:25
78	13	70	76	3112	Kammler, Andreas	AktivPark	M 40	00:52:30	00:52:25
79	1	71	50	3542	Reeker, Otto	SC Altenrheine	M 65	00:52:42	00:52:42
80	12	72	81	418	Busch, Hendrik	Team Nutrixion 4Fun	M 35	00:52:48	00:52:28
81	13	73	81	3362	Gerber, Alexander	RAG	M 35	00:52:51	00:52:31
82	14	74	78	3126	Konermann, Christian	Team DB	M 40	00:52:52	00:52:41
83	13	75	65	3491	Hinrichs, Jost	SC Altenrheine	M 50	00:52:55	00:52:53
84	14	76	66	3311	Windoffer, Hermann		M 50	00:53:01	00:52:49
85	5	77	63	3621	Lampe, Jürgen	SC Falke Saerbeck	M 55	00:53:12	00:52:56
86	14	78	87	3158	Huil, Andreas	Teuto Riesenbeck	M 30	00:53:31	00:53:24
87	3	9	91	3397	Rotte, Annerose		W HK	00:53:32	00:53:17
88	6	79	60	3661	Heeke, Antonius	DJK Arminia Ibbenbüren	M 55	00:53:32	00:53:19
89	9	80	71	3316	Fromme, Martin	AWO rennt	M 45	00:53:35	00:53:18
90	10	81	71	3443	Schmedding, Thomas	LG Emsdetten	M 45	00:53:55	00:53:46
91	7	82	91	3667	Nüße, Rolf		M HK	00:54:05	00:53:50
92	14	83	79	3215	Grüter, Dennis	Die Grüters	M 35	00:54:09	00:53:48
93	15	84	87	3129	Scharfenberg, Tobias	Team DB	M 30	00:54:18	00:54:08
94	15	85	78	3137	Parise, Francesco		M 40	00:54:29	00:54:21
95	4	10	93	3216	Haurand, Lena		W HK	00:54:49	00:54:45
96	2	86	55	3543	Rückforth, Günter		M 60	00:54:55	00:54:31
97	11	87	70	3681	Dependener, Dietmar	Wir starten gleich	M 45	00:54:59	00:54:53
98	3	88	58	3515	Linke, Horst		M 60	00:55:01	00:54:45
99	3	11	86	3332	Stevens, Maren	Georgsmarienhütte	W 30	00:55:06	00:54:50
100	1	12	60	3463	Harms, Christiane		W 55	00:55:17	00:55:04
101	1	13	54	3648	Rieskamp, Irmgard	Grün-Weiss-Steinbeck	W 60	00:55:18	00:55:10

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	12	89	69	3347	Laumann, Rainer	RAG	M 45	00:55:19	00:55:04
103	16	90	76	3221	Reul, Andreas	Team SANIMED	M 40	00:55:20	00:55:16
104	17	91	77	3586	Voelkert, Christian	LG Schmitz Katze	M 40	00:55:23	00:55:14
105	15	92	67	3541	Poggemann, Martin	SV Teuto Riesenbeck	M 50	00:55:36	00:55:33
106	1	14	66	3414	Ruczynski, Bettina	TSG 07 Burg Gretesch	W 50	00:55:38	00:55:24
107	2	15	68	3692	Huck, Alexa	VfL Ahaus	W 50	00:55:47	00:55:34
108	16	93	86	3116	Dyk, Stephan	Team DB	M 30	00:56:10	00:55:59
109	7	94	63	3689	Schücker, Franz	VfL Ahaus	M 55	00:56:12	00:55:57
110	15	95	80	3388	Botzke, Christian		M 35	00:56:20	00:56:03
111	1	16	73	3570	Schulte-Austum, Jutta	LG Emsdetten	W 45	00:56:22	00:56:08
112	16	96	79	3496	Lindmeier, Ingo		M 35	00:56:36	00:56:16
113	4	97	58	3660	Leyk, Heinrich	FC Stella Bevergern	M 60	00:56:41	00:56:18
114	4	17	88	3415	Völler, Katharina		W 30	00:56:41	00:56:26
115	17	98	87	3417	Knapheide, Robert		M 30	00:56:42	00:56:27
116	8	99	60	3676	Pohl, Klaus		M 55	00:57:10	00:56:51
117	13	100	70	3363	Reibold, Jörg	RAG	M 45	00:57:25	00:57:04
118	5	18	92	3475	Dierkes, Franziska		W HK	00:57:31	00:57:17
119	18	101	76	3184	Lind, Pedro		M 40	00:57:42	00:57:31
120	4	19	76	3315	Lammerskitten, Kirsten	Arminia	W 40	00:57:55	00:57:45
121	16	102	64	3377	Brenningmeyer, Michael	RAG	M 50	00:58:05	00:57:45
122	17	103	65	3349	Exeler, Guido	RAG	M 50	00:58:05	00:57:46
123	18	104	67	3382	Siemon, Ralf	RAG	M 50	00:58:05	00:57:45
124	18	105	84	3511	Schmies, Johann		M 30	00:58:17	00:58:03
125	19	106	76	3497	Richter, Maik		M 40	00:58:33	00:58:11
126	9	107	60	3461	Südhölder, Michael		M 55	00:58:41	00:58:27
127	5	20	85	3151	Dierkes, Carolin	LG Interim KIMS	W 30	00:58:47	00:58:26
128	5	108	55	3309	Joachim, Rother	SC Spelle-Venhaus	M 60	00:58:59	00:58:46
129	14	109	72	3226	Markus, Ahlert	Team SANIMED	M 45	00:59:16	00:59:10
130	19	110	66	3551	Wenning, Thomas		M 50	00:59:20	00:59:02
131	2	21	62	3552	Weber, Claudia		W 55	00:59:21	00:59:09
132	20	111	64	3523	Brinkmann, Rainer		M 50	00:59:51	00:59:34
133	8	112	97	3256	Pilarski, Emil	nolteteam	M HK	00:59:59	00:59:49
134	1	22	00	3228	Dürken, Elisa	SV Halverde	WJ U20	01:00:06	01:00:01
135	21	113	65	413	Frehe, Detlef	TV Mettingen	M 50	01:00:12	00:59:59
136	15	114	69	416	Schröer, Rainer	TV Mettingen	M 45	01:00:12	00:59:59
137	9	115	94	3217	Busch, Martin	Team SANIMED	M HK	01:00:34	01:00:30
138	6	23	91	3134	Schoo, Sonja		W HK	01:00:38	01:00:21
139	7	24	91	3213	Heeger, Ann-Cathin	GW Steinbeck	W HK	01:01:31	01:01:24
140	2	25	71	3203	Mause, Birgit	GW Steinbeck	W 45	01:01:32	01:01:25
141	22	116	68	3435	Nollmann, Christian		M 50	01:01:43	01:01:34
142	10	117	94	421	Verle, Roman	ISV	M HK	01:01:55	01:01:47
143	2	26	83	3553	Fenk, Jessica		W 35	01:02:29	01:02:13
144	6	118	55	411	Henke, Gerhard	SG Bad Bentheim	M 60	01:03:11	01:03:01
145	3	27	63	3275	de Vries, Karin	MPM	W 55	01:03:29	01:03:24
146	16	119	72	3585	Schulte-Austum, Jörg	LG Emsdetten	M 45	01:03:37	01:03:18
147	1	28	49	419	Grewe, Roswitha	TV Ibbenbüren	W 65	01:03:49	01:03:38
148	6	29	88	3344	Fritzensmeier, Lena		W 30	01:04:05	01:03:48
149	17	120	80	3680	Bruns, Malte		M 35	01:04:46	01:04:28
150	8	30	92	3563	Feldmann, Corinna	EGEPLAST	W HK	01:04:57	01:04:44
151	9	31	89	415	Hoelter, Verena	GSV-Ringe-Neugnadenfeld	W HK	01:05:00	01:04:42
152	1	121	45	3493	Richter, Alfons	SW Esch	M 70	01:05:10	01:04:49
153	1	122	43	3647	Olsman, Jan	LAAC Twente	M 75	01:05:13	01:05:03

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	2	123	42	3286	Daniel, Wolf-Dieter	SV Eintracht Neuenkirchen	M 75	01:05:27	01:05:08
155	3	32	66	3490	Lienemann, Gabi	Sportfreunde Lotte	W 50	01:06:27	01:06:23
156	20	124	77	3532	Blome, Volker	Marathon Ibbenbüren	M 40	01:07:00	01:06:48
157	18	125	81	3534	Kleemann, Rüdiger		M 35	01:07:01	01:06:49
158	10	33	90	3425	Knapheide, Yvonne		W HK	01:07:15	01:07:01
159	2	126	52	3460	Schlüter, Ulrich	SV Teuto Riesenbeck	M 65	01:08:35	01:08:12
160	19	127	88	3360	Raiser, Patrik	RAG	M 30	01:08:40	01:08:22
161	20	128	88	3558	Rehorst, Michael		M 30	01:11:20	01:11:09
162	11	34	90	3559	Rehorst, Leonie	Egeplast	W HK	01:11:20	01:11:08
163	1	129	36	3554	Winter, Heinz	TV G.M. Hütte	M 80	01:11:38	01:11:18
164	2	130	33	3550	Ungemach, Andreas	TV Georgsmarienhütte	M 80	01:24:10	01:23:47
165	19	131	79	1964	Boldt, Sergey		M 35	01:49:14	02:03:58