

8. Ibbenbürener Klippenlauf

Klippenlauf 24,7 Km

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	87	3042	Mehlfeld, Dennis	Lübecker SC	M 30	01:32:49	01:32:47
2	2	2	89	1706	Leusink, Eric	Hac'63	M 30	01:35:54	01:35:52
3	1	3	81	2972	Ruthe, Ralf	Tus Eintracht Bielfeld	M 35	01:37:10	01:37:08
4	1	4	92	1990	Abdalla, Abdelmajeed	Jede Oma zählt	M HK	01:42:40	01:42:38
5	1	5	72	3046	Schuler, Markus	LV Oelde	M 45	01:43:06	01:43:04
6	3	6	87	3404	Stoye, Kai	TrailTeam Osnabrück	M 30	01:43:57	01:43:52
7	2	7	80	3921	Tesch, Daniel	Sudbrack-Läufer Bielefeld	M 35	01:43:58	01:43:51
8	4	8	88	3516	Walz, Christian		M 30	01:44:22	01:44:20
9	3	9	82	3478	Schmitz, Armin	UBC Münster	M 35	01:44:25	01:44:23
10	1	10	77	3351	Lehmann, Achim	SV Teuto Riesenbeck	M 40	01:44:51	01:44:47
11	2	11	70	1704	van der vinne, Aard	HAC'63	M 45	01:45:03	01:45:00
12	4	12	84	3465	von der Assen, Niklas	TV Refrath	M 35	01:46:04	01:46:02
13	5	13	82	3009	Hankemeier, Michèl	LSF Münster	M 35	01:46:25	01:46:22
14	1	1	95	2923	Fels, Anika	LG Coesfeld	W HK	01:46:32	01:46:29
15	3	14	74	1702	Karssies, Bert	HAC 63	M 45	01:47:41	01:47:38
16	2	15	96	3342	Book, Lars Henrik	SV Teuto Riesenbeck	M HK	01:47:50	01:47:45
17	5	16	88	1611	Daut, Fabian	BSG LVM Versicherung	M 30	01:49:04	01:49:02
18	6	17	84	3338	Attermeyer, Andre	SV Teuto Riesenbeck	M 35	01:49:28	01:49:21
19	7	18	80	3096	Otte, Johannes	Northwood Runners	M 35	01:49:53	01:49:49
20	8	19	81	2919	Krauße, Alex	LG Burg Wiedenbrück	M 35	01:50:31	01:50:23
21	9	20	84	3518	Herberg, Rainer		M 35	01:51:08	01:51:04
22	1	2	87	2940	Arlom, Hannah	LG Emsdetten	W 30	01:51:48	01:51:45
23	2	21	77	2906	Böttick, Carsten	LC Nordhorn	M 40	01:51:55	01:51:50
24	4	22	72	1651	Meinders, Koen	Dionysos	M 45	01:52:00	01:51:52
25	5	23	74	2965	Koch, Matthias	LG Oerlinghausen	M 45	01:52:29	01:52:23
26	3	24	75	2948	Lagemann, Maik	LG Emsdetten	M 40	01:52:31	01:52:27
27	6	25	72	3907	Scarabis, Michael	Stahl Altenberge	M 45	01:52:42	01:52:20
28	3	26	90	2924	Fels, Sven	LG Coesfeld / skinfit® Crew	M HK	01:52:58	01:52:55
29	4	27	92	3466	Flucht, Christoph	TV-Epe	M HK	01:53:07	01:53:05
30	4	28	76	2897	Steffen, Markus	SV Eintracht Neuenkirchen	M 40	01:53:22	01:52:46
31	1	29	68	2926	Marquardt, Christof	LG Deiringsen	M 50	01:53:32	01:53:30
32	7	30	70	2981	Kochsiek , Tilo	LG Oerlinghausen	M 45	01:54:05	01:53:59
33	2	31	69	2911	Wessling, Henning	LC Solbad Ravensberg	M 50	01:55:07	01:54:54
34	8	32	72	2989	Taute, Heinz	LG Uplengen	M 45	01:55:07	01:54:51
35	2	3	94	2980	Herrmann, Annika	LG Oerlinghausen	W HK	01:55:40	01:55:36
36	10	33	84	1579	Kleinhesselink, Niek	AVA70	M 35	01:56:18	01:56:03
37	3	34	69	3359	Brüning, Michael		M 50	01:56:28	01:55:45
38	5	35	93	3418	Aulbert, Maximilian	TSG 07 Burg Gretesch	M HK	01:56:29	01:56:17
39	4	36	69	2973	Koppmann, Lars	LG Oerlinghausen	M 50	01:56:38	01:56:32
40	9	37	71	3818	Querdel, Andreas	SC Füchtorf	M 45	01:57:18	01:57:15
41	11	38	83	1696	Katzberg, Daniel	TV Löhne-Bahnhof	M 35	01:57:24	01:57:10
42	1	4	74	3786	Auffenberg, Melanie	SC Altenrheine	W 45	01:57:32	01:57:28
43	10	39	72	2944	Löckemann, Markus	LG Emsdetten	M 45	01:57:35	01:57:14
44	5	40	77	1602	Grube, Karsten	Borgholzhausen	M 40	01:57:46	01:57:32
45	11	41	70	3339	Giesecke, Jürgen	SV Teuto Riesenbeck	M 45	01:57:52	01:57:30
46	12	42	80	3395	Veldboer, Dirk	Teuto Runner	M 35	01:57:53	01:57:35
47	5	43	68	1577	Dijkslag, Gerrit	AVA'70	M 50	01:57:59	01:57:44
48	13	44	80	2910	Brockmann, Benedikt	LC Solbad Ravensberg	M 35	01:58:05	01:57:51
49	14	45	84	1707	Sandherm, Christian	Hannover	M 35	01:58:11	01:58:01

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	6	46	78	3497	Kramer, Nils	VfR Voxtrup	M 40	01:58:18	01:58:11
51	12	47	71	1617	Hoogstraat, Michael	BW Borssum	M 45	01:58:38	01:58:10
52	6	48	68	1553	Renners, Georg	!.TriTeamGütersloh	M 50	01:58:50	01:58:36
53	15	49	81	3336	Berghaus, Oliver	SV Teuto Riesenbeck	M 35	01:59:01	01:58:40
54	16	50	83	3007	Wulfmeyer , Henning	Lokomotive Teuto	M 35	01:59:05	01:58:47
55	6	51	89	3519	Ebke, Henning		M 30	01:59:10	01:59:03
56	17	52	81	1705	Kip, Jan-Bart	Hac'63	M 35	01:59:21	01:59:18
57	13	53	70	3939	Norbert, Gövert	SuS Olfen	M 45	01:59:36	01:59:32
58	7	54	65	3447	Wiesenmüller, Jens	TV Georgsmarienhütte	M 50	01:59:37	01:59:10
59	7	55	78	3674	Hoffmann, Peer	pacerechner.de	M 40	02:00:05	02:00:00
60	8	56	69	3025	Teicher, Jürgen	LSF Werne	M 50	02:00:06	02:00:03
61	6	57	94	3399	Hötger, Steven	Teutokenianer	M HK	02:00:08	02:00:01
62	18	58	84	3053	Schrameyer, Kai	Marathon Ibbenbüren	M 35	02:00:12	02:00:06
63	19	59	83	3026	Mangelmans, Christoph	LSFSCP	M 35	02:00:32	02:00:21
64	14	60	71	3446	Farwick, Andreas	TV Georgsmarienhütte	M 45	02:00:37	02:00:11
65	8	61	76	2957	Feige, Matthias	LG Marienfeld	M 40	02:00:52	02:00:30
66	7	62	87	1684	Bambey, Sebastian	Fortuna Logabirum	M 30	02:01:08	02:00:33
67	15	63	70	3382	Brunsfeld, Harald	Team Heinz	M 45	02:01:23	02:01:08
68	9	64	79	1594	Fahrenwald, Lars	SC Peckeloh	M 40	02:01:29	02:01:16
69	1	65	57	1997	Küpker, Heinz		M 60	02:01:29	02:01:17
70	1	66	60	1709	Moritz, Ernst Günther	Hannover Athletics	M 55	02:01:37	02:01:33
71	9	67	67	3345	Gößling, Andreas	SV Teuto Riesenbeck	M 50	02:01:47	02:01:26
72	16	68	72	1988	Tormöhlen, Jörn	Ibbenbüren	M 45	02:01:53	02:01:29
73	2	69	62	3897	Mertz, Thomas	Spiridon Haltern	M 55	02:01:54	02:01:51
74	17	70	70	1662	Klinkenberg, Andreas	DJK Gütersloh	M 45	02:02:26	02:02:01
75	3	5	90	3052	Straten, Susanne	Marathon Ibbenbüren	W HK	02:02:35	02:02:30
76	10	71	69	3455	Pösse, Mario	TV Mettingen	M 50	02:02:48	02:02:36
77	18	72	72	3828	Kreling, Thomas	SC Hörstel	M 45	02:02:50	02:02:26
78	19	73	70	3070	Herbert , Stephan	Marathon Steinfurt/Northwood Ru	M 45	02:02:57	02:02:36
79	10	74	75	3409	Melzer, Hagen	Tri-Force Fulda	M 40	02:03:02	02:02:53
80	8	75	87	3494	Gausmann, Andre	TV Georgsmarienhütte	M 30	02:03:19	02:02:52
81	20	76	80	3370	Hiebing, Sebastian	Team Erdinger Alkoholfrei	M 35	02:03:32	02:03:28
82	20	77	74	1697	Westphal, Maik	gsw westerkappeln	M 45	02:03:53	02:03:26
83	21	78	72	3029	Luig, Martin	LSF Münster	M 45	02:04:01	02:03:45
84	11	79	68	1987	Schossig, Hagen	SC-Altenrheine	M 50	02:04:20	02:03:59
85	11	80	76	3326	Kleine Buening, Klaus	SV Lembeck	M 40	02:04:25	02:04:17
86	7	81	91	3412	Jaffke , Felix	Trifinish	M HK	02:04:29	02:04:22
87	12	82	69	3449	Langen, Stefan	TV Georgsmarienhütte	M 50	02:04:30	02:03:52
88	3	83	64	3458	Elstrodt, Dieter	TV Mettingen	M 55	02:04:34	02:04:21
89	12	84	75	3720	Meier, Sebastian	RC Olympia Bünde	M 40	02:04:59	02:04:43
90	13	85	67	3976	Schrant, Jürgen	SV Bokeloh	M 50	02:05:02	02:04:47
91	21	86	80	3763	Burkhard, Alke	Rennschweine Greffen	M 35	02:05:04	02:04:47
92	14	87	65	2963	Wehmeier, Olaf	LG Oerlinghausen	M 50	02:05:40	02:05:28
93	1	6	84	3011	Sprenger, Silvia	LSF Münster	W 35	02:05:45	02:05:32
94	22	88	70	3443	Becks, Michael	TV Frieden Telgte	M 45	02:05:45	02:05:30
95	13	89	78	3396	Löchte, Volker	Teuto Runner	M 40	02:05:47	02:05:28
96	14	90	75	2893	Wollenberg, Holger	Lauftreff Filsum	M 40	02:05:53	02:05:34
97	22	91	81	3097	Wiening, Frank	Northwood Runners	M 35	02:05:57	02:05:50
98	4	7	90	2955	Teutemacher, Lena	LG Emsdetten	W HK	02:06:01	02:05:39
99	15	92	69	3008	Lammers, Stefan	LSF Münster	M 50	02:06:12	02:05:17
100	9	93	85	1908	Hauch, Peter	hillpower	M 30	02:06:20	02:06:15
101	23	94	74	2959	Kisse, Stefan	LG Marienfeld	M 45	02:06:21	02:05:57

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	24	95	73	3445	Borgmann, Mirco	TV Friesen Telgte	M 45	02:06:30	02:06:09
103	15	96	78	3783	Wesendahl, Christian	SC Altenrheine	M 40	02:06:31	02:06:09
104	4	97	62	3148	Wilken, Joachim		M 55	02:06:33	02:06:28
105	10	98	85	3385	Steghaus, Fabian	Team Seegerlinge	M 30	02:06:41	02:06:31
106	11	99	88	2862	Gersmeier , Andre	Köln	M 30	02:06:53	02:06:17
107	2	8	85	3407	Schwanager, Steffi	Tri Team Steinfurt	W 30	02:07:09	02:07:06
108	23	100	84	3387	Hölker, Christian	Team Seegerlinge	M 35	02:07:12	02:07:02
109	25	101	73	3435	Schult, Karsten	TuS Altenberge 09	M 45	02:07:20	02:06:55
110	16	102	69	3469	Brüseke, Andreas	TV-Hohne	M 50	02:07:35	02:07:16
111	5	103	64	3393	Hinzelmann, Uli	Teuto Runner	M 55	02:07:44	02:07:32
112	16	104	78	3115	Lenger, Stefan	northwoodrunners	M 40	02:08:00	02:07:38
113	8	105	91	3707	Benneker, Guus		M HK	02:08:06	02:07:07
114	17	106	67	3908	Kordsmeyer, Michael	Stella Bevergern	M 50	02:08:11	02:07:52
115	1	9	75	3337	Krüer, Cornelia	SV Teuto Riesenbeck	W 40	02:08:11	02:07:51
116	17	107	76	3871	Betz, Dirk	SG Reubach	M 40	02:08:15	02:07:52
117	26	108	73	1644	ter Braak, harold	Dionysos	M 45	02:08:21	02:08:16
118	27	109	71	3748	Nobbe, Markus	TVE Triathlon Greven	M 45	02:08:21	02:07:55
119	24	110	80	3533	Brischke, Marc		M 35	02:08:27	02:07:39
120	25	111	82	3417	Otten, Markus	TSG 07 Burg Gretesch	M 35	02:08:36	02:07:54
121	18	112	75	3033	Westerhoff, Ingo	LT Gnadenlos	M 40	02:08:41	02:08:18
122	18	113	66	2929	Zumdieck, Norbert	LG Ems Warendorf	M 50	02:08:51	02:08:41
123	19	114	78	1674	Flick, Jan	Eulen & Lerchen	M 40	02:09:04	02:08:45
124	19	115	69	3373	Knecht, Karsten	Team Erdinger alkoholfrei	M 50	02:09:10	02:09:02
125	20	116	69	3047	Steinsträter, Ingo	LV Oelde	M 50	02:09:14	02:08:48
126	12	117	88	1587	Wachsmuth, Tim Ole	Berlin	M 30	02:09:17	02:09:07
127	20	118	79	3017	Piegza, Sebastian	LSF Münster	M 40	02:09:25	02:08:24
128	21	119	77	3523	Bachmann, Dirk	SV Teuto Riesenbeck	M 40	02:09:29	02:08:39
129	6	120	61	3360	Lütkemeyer , Paul	SV Teuto Riesenbeck	M 55	02:09:32	02:09:12
130	21	121	68	3423	Stuckmann, Thomas	TSVE 1890 Bielefeld	M 50	02:09:36	02:09:11
131	13	122	87	3027	Heyder, Max	LSFSCP	M 30	02:09:38	02:09:27
132	26	123	84	3430	Dicks, Christopher	TUS Altenberge 09	M 35	02:09:38	02:09:31
133	9	124	92	1571	Assies, Jonas	Aperol Runner Pack	M HK	02:09:42	02:08:49
134	22	125	68	2999	Waltermann , Andreas	LippeRunners	M 50	02:09:42	02:09:38
135	1	126	53	3063	Grond, Josef	Marathon Steinfurt	M 65	02:09:44	02:09:35
136	28	127	70	3749	Suwelack, Karsten	Run4fun Greven e.V.	M 45	02:10:03	02:09:43
137	27	128	81	2956	Wachsmuth, Jan Malte	LG HC Elte	M 35	02:10:15	02:10:03
138	7	129	63	1608	Siemann, Thomas	Bremerhaven	M 55	02:10:22	02:10:15
139	22	130	75	2978	Wilmsmann, Dirk	LG Oerlinghausen	M 40	02:10:26	02:10:17
140	23	131	67	2894	Oestmann, Robert	Laufftreff Ganderkesee	M 50	02:10:45	02:10:29
141	28	132	80	3238	Flämig , Torsten	Only anarchists are pretty	M 35	02:10:47	02:09:34
142	10	133	92	1620	Greiling, Jochen	Canu Club Emsdetten	M HK	02:10:47	02:10:29
143	29	134	81	3004	Führer, Axel	Lipperunners Werne E.V.	M 35	02:11:12	02:11:08
144	29	135	72	3062	Hallau, Frank	Marathon Steinfurt	M 45	02:11:15	02:10:58
145	23	136	76	3758	Reiß, Christian	Running Knappe 04	M 40	02:11:18	02:11:04
146	30	137	81	1612	Beuing, Stefan	BSG LVM Versicherung Münster	M 35	02:11:29	02:11:24
147	8	138	61	3475	Simon, Frank	TVE Greven Triathlon	M 55	02:11:30	02:11:04
148	24	139	69	3091	Schroven, Frank	Nordhorn	M 50	02:11:32	02:10:43
149	24	140	78	2960	Dißmann, Thomas	LG Marienfeld	M 40	02:11:32	02:11:09
150	31	141	84	3885	Deiters, Christoph	Ski Club Rheine	M 35	02:11:34	02:11:19
151	14	142	89	3431	Spanel, Stefan	TuS Altenberge 09	M 30	02:11:43	02:11:06
152	25	143	66	2943	Wille, Thomas	LG Emsdetten	M 50	02:11:59	02:10:48
153	26	144	65	3679	Neuhaus, Walter	PC Telgte	M 50	02:12:04	02:11:53

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	27	145	65	3343	Uphoff, Peter	SV Teuto Riesenbeck	M 50	02:12:06	02:11:33
155	3	10	85	3074	Kranz, Birgit	Meppen Runnie	W 30	02:12:12	02:11:45
156	9	146	60	1595	Fels, Hubert	Billerbecker Läufer	M 55	02:12:21	02:11:51
157	25	147	75	1983	Quiroga, Fernando	Ibbenbüren	M 40	02:12:26	02:12:17
158	30	148	71	3448	Pankratz, Oliver	TV Georgsmarienhütte	M 45	02:12:42	02:12:11
159	26	149	76	3078	Post, Hendrik	Münster	M 40	02:12:44	02:12:40
160	28	150	69	1609	Hacke, Winfried	BSG Kraftwerke Lingen	M 50	02:12:51	02:12:38
161	29	151	68	3790	Hoppe, Ulrich	SC Falke Saerbeck	M 50	02:12:53	02:11:57
162	2	152	51	1550	Klus, Ernst		M 65	02:12:59	02:12:44
163	27	153	77	3077	Wolfsdorf, Olaf	MOK2015	M 40	02:12:59	02:12:04
164	2	154	59	3012	Geske, Michael	LSF Münster	M 60	02:13:04	02:12:09
165	10	155	63	3000	Baldrich, Frank	LippeRunners Werne	M 55	02:13:07	02:12:56
166	15	156	87	3515	Budde, Marcel		M 30	02:13:12	02:12:54
167	28	157	76	3444	Ranger, Thorsten	TV Friesen Telgte	M 40	02:13:36	02:13:15
168	32	158	82	3372	Götten, Michael	Team Erdinger Alkoholfrei	M 35	02:13:42	02:13:32
169	3	159	59	3464	Tenberg, Hemut	TV Mettingen	M 60	02:13:47	02:13:15
170	1	160	97	2868	Diepenbrock, Eddi	Noorthwood Runners	M U23	02:13:52	02:13:04
171	29	161	76	1650	IJland, Marcel	Dionysos	M 40	02:14:00	02:13:55
172	33	162	81	2883	Knese, Christian	Lauffreunde Emsland	M 35	02:14:01	02:13:08
173	31	163	70	3039	Fenn, Ingo	LU Steinhagen	M 45	02:14:04	02:13:36
174	1	164	49	1668	Holterman, Jan	Emmen	M 70	02:14:05	02:13:47
175	30	165	79	3018	Eichendorff, Daniel	LSF Münster	M 40	02:14:13	02:13:11
176	31	166	78	2912	Lueckebergfeld, Marco	SG Oesterweg	M 40	02:14:15	02:13:57
177	11	167	61	3015	Fleiß, Hermann	LSF Münster	M 55	02:14:19	02:13:25
178	1	168	1	3377	Berger, Jonas	Team Goethe	M Jgd A	02:14:27	02:14:10
179	32	169	74	3320	Kobus, Martijn	SV Groningen	M 45	02:14:32	02:14:21
180	30	170	68	2985	Gude, Ralf	LG Rheine-Elte	M 50	02:14:38	02:14:18
181	33	171	73	1582	Leusenkamp, Sander	BB Lopers	M 45	02:14:40	02:14:28
182	12	172	62	1554	Höflich, Siegfried	LG Wiedmüller	M 55	02:14:42	02:14:24
183	31	173	67	2921	Wieskus, Michael	LG Coesfeld	M 50	02:15:00	02:14:19
184	34	174	72	1680	Franzke, Martin	Fit2Run-Beckum	M 45	02:15:02	02:14:36
185	13	175	62	2899	Hovest, Ludger	Laufftreff Ostbevern	M 55	02:15:03	02:14:31
186	16	176	89	3513	Fast, Edgar		M 30	02:15:08	02:14:31
187	32	177	69	1991	Dulle, Norbert	Jede Oma zählt	M 50	02:15:11	02:14:48
188	3	178	51	3055	Runde, Detlev	Marathon Ibbenbüren	M 65	02:15:29	02:15:08
189	2	11	80	3541	Haagstra, LJ	Sv de Koploper	W 35	02:15:38	02:15:23
190	34	179	82	3308	Bischoff, André	SV Burgsteinfurt	M 35	02:16:09	02:15:22
191	33	180	68	3048	Kallenbach, Joachim	LV Oelde	M 50	02:16:18	02:15:53
192	35	181	73	3402	Linke, Jens	Trail Team Lippe	M 45	02:16:21	02:16:03
193	36	182	70	2937	Mattern, Jürgen	LG totes Viertel	M 45	02:16:23	02:15:55
194	11	183	94	2931	Polomka, Niklas	LG Ems Warendorf	M HK	02:16:32	02:15:53
195	32	184	76	2934	Siegmund, Benjamin	LG Ems Warendorf	M 40	02:16:32	02:15:53
196	34	185	69	1698	Müller, Holger	GüMi Gesundheitssport	M 50	02:16:36	02:16:17
197	1	12	61	3429	Herrmann, Beate	TuS Altenberge 09	W 55	02:16:39	02:16:15
198	14	186	61	3331	Rentmeister, Helmut	SV Lembeck	M 55	02:16:39	02:16:33
199	35	187	80	3452	Fröhner, Andreas	TV Gronau	M 35	02:16:51	02:16:32
200	33	188	79	2872	Zauner, Christoph	Laer	M 40	02:17:08	02:16:04
201	34	189	77	1584	Weber, Jens	Becks Lemon	M 40	02:17:12	02:16:12
202	2	13	70	1636	Schumann, Moni	Die VitaSol Krabbelgrupe	W 45	02:17:12	02:16:29
203	15	190	63	1599	Hartmann, Uwe	Bippener SC	M 55	02:17:21	02:16:31
204	37	191	74	1639	Huttenhuis, Frits	Dionysos	M 45	02:17:28	02:17:24
205	17	192	89	3094	Kahlich, Joseph	Northwood Runners	M 30	02:17:34	02:16:24

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	35	193	75	3365	Brune-Suszkza, Andre	SW Osterfeine Lauftreff	M 40	02:17:50	02:16:40
207	38	194	71	1663	Schönrock, Mark	DJK Gütersloh	M 45	02:17:52	02:17:26
208	35	195	67	3368	Bieber, Andreas	Team Allroad	M 50	02:18:00	02:17:28
209	36	196	65	2922	Engels, Joachim	LG Coesfeld	M 50	02:18:03	02:17:33
210	37	197	68	2880	Hintemann, Andreas	Läuferherz e.V.	M 50	02:18:11	02:17:13
211	36	198	81	3855	Menger, Andre	Schwarz Weiß Esch	M 35	02:18:35	02:17:40
212	39	199	70	2991	Thesing, Andreas	LG Waldhügel	M 45	02:18:36	02:17:55
213	36	200	76	1606	Meyer, Sven	Bramscher Rumläufer	M 40	02:18:40	02:18:03
214	38	201	69	1600	Schluchter, Thommy	TriTeam TUS Engter	M 50	02:18:40	02:17:50
215	39	202	67	3512	Schulte, Werner	Zoofreunde Kopenhagen	M 50	02:18:44	02:18:25
216	40	203	72	2898	Möllmann, Stefan	SV Olympia Uelsen	M 45	02:18:44	02:17:56
217	18	204	86	2975	Wallbaum, Björn	LG Oerlinghausen	M 30	02:18:54	02:18:46
218	16	205	62	2974	Lienen, Dieter	LG Oerlinghausen	M 55	02:18:55	02:18:44
219	40	206	68	3451	Voigt, Hartmut	TV Georgsmarienhütte	M 50	02:18:58	02:18:24
220	41	207	70	2878	Arlt, Andreas	Laufen rund um Münster	M 45	02:19:02	02:18:38
221	3	14	71	3974	Schrant, Heike	SV Bokeloh	W 45	02:19:10	02:18:39
222	42	208	72	3327	Hartmann, Horst	Marathon Steinfurt	M 45	02:19:13	02:18:39
223	41	209	69	3867	Richter, Hans	SFD75	M 50	02:19:13	02:18:13
224	43	210	73	3829	Birke, Frank	SC Nolle	M 45	02:19:20	02:18:12
225	42	211	68	3888	Wallbaum, Heiner	Spiridon Haltern	M 50	02:19:22	02:18:16
226	4	15	72	3454	Berkath, Petra	TV Jahn Walsrode	W 45	02:19:23	02:19:00
227	37	212	78	3408	Grabow, Hilmar	Tri Team Tus Engter	M 40	02:19:29	02:18:33
228	43	213	67	2900	Steinkamp, Franz	Lauftreff SW Osterfeine	M 50	02:19:30	02:18:20
229	4	214	59	1570	Timmerhuis, Henri	Almelo	M 60	02:19:42	02:19:02
230	17	215	60	3503	Hannink, Peter	Wierden	M 55	02:19:43	02:19:04
231	44	216	68	1694	Visse, Jürgen	Grün-Weiß Steinbeck	M 50	02:19:43	02:19:01
232	44	217	72	3020	Musigmann, Manfred	Lsf Münster	M 45	02:19:48	02:19:31
233	3	16	82	3392	Dux, Alexandra	Teuto Runner	W 35	02:19:55	02:19:22
234	5	17	70	1655	Van der valk, Hedwig	Dionysos	W 45	02:20:11	02:20:05
235	38	218	78	3334	Köbbe , Jörg	SV Lengerich-Handrup / TEA	M 40	02:20:14	02:19:20
236	4	18	83	3333	Köbbe, Jessica	SV Lengerich-Handrup	W 35	02:20:14	02:19:20
237	45	219	65	3442	Theisges, Dirk	TV Deilinghofen	M 50	02:20:16	02:19:58
238	18	220	64	2994	Hilder, Robin	Lienen	M 55	02:20:18	02:20:06
239	46	221	69	2949	Terhorst, Dirk	LG Emsdetten	M 50	02:20:18	02:19:51
240	19	222	60	3420	Schlattmann, Winand	TSV Raesfeld	M 55	02:20:27	02:19:52
241	39	223	75	1665	Meyer, Andreas	DUV	M 40	02:20:29	02:20:14
242	45	224	74	3966	Wittke, Jörg	SuS Stadtlohn	M 45	02:20:32	02:19:30
243	47	225	66	1626	Hellweg, Jörn	Cool Runnings	M 50	02:20:35	02:20:00
244	4	19	85	3051	Fischer, Mareike	Marathon Ibbenbüren	W 30	02:20:41	02:20:22
245	48	226	66	2856	Willmann, Frank		M 50	02:20:42	02:20:03
246	20	227	60	1562	Langner, Eckhard	1.Tri-Team Gütersloh GTV	M 55	02:20:45	02:20:12
247	46	228	73	3366	Hoffmann, Carsten	TEA / Laufen rund um Münster	M 45	02:20:46	02:19:31
248	40	229	76	3421	Borgstädt, Herwig	TSV Riemsloh	M 40	02:20:49	02:20:10
249	49	230	69	1699	Kümpel, Harald	Gütersloh	M 50	02:20:56	02:20:28
250	50	231	66	3484	Real, Thomas	VfB Salzkotten	M 50	02:20:56	02:20:01
251	19	232	89	3388	Osthues, Stephan	Team Seegerlinge	M 30	02:21:00	02:20:50
252	51	233	68	3045	Peitzmann, Martin	LV Oelde	M 50	02:21:05	02:20:38
253	52	234	66	2904	Trittel, Stephan	Bad Iburg	M 50	02:21:06	02:20:37
254	47	235	73	2992	Pöhl, Andre	LG Weidmüller	M 45	02:21:09	02:20:37
255	20	236	89	3082	Pferdekemper , Sebastian	Münster	M 30	02:21:18	02:20:44
256	53	237	67	3955	Haeske, Volker	SuS Olfen	M 50	02:21:19	02:20:27
257	2	20	79	3095	Lembeck, Daniela	Northwood Runners	W 40	02:21:21	02:20:30

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	21	238	64	3310	van der Knaap, Erik	SV Cosmos Getelo	M 55	02:21:22	02:21:05
259	48	239	74	3038	Brinker, Thorsten	LTB	M 45	02:21:22	02:20:39
260	54	240	68	3060	Tiemann, Andreas	Marathon Steinfurt	M 50	02:21:24	02:20:40
261	55	241	65	3383	Schulze, Klaus	LSF Oldenburg	M 50	02:21:26	02:20:54
262	41	242	77	1676	Wentrup, Benne	FC St. Pauli Triathlon	M 40	02:21:34	02:20:27
263	21	243	89	3514	Busmann, Manuel		M 30	02:21:35	02:20:35
264	6	21	71	3406	Meier, Sandra	Osnabrücker SC	W 45	02:21:38	02:20:39
265	1	22	66	3061	Stöppler, Petra	Marathon Steinfurt	W 50	02:21:41	02:21:27
266	42	244	79	3521	Viße, Martin		M 40	02:21:42	02:21:11
267	12	245	92	1572	Zander, Luca	Aperol Runner Pack	M HK	02:21:57	02:21:03
268	2	23	67	3428	Gehlthomholt, Petra	TuS Altenberge 09	W 50	02:21:57	02:21:18
269	56	246	69	3988	Tietz, Udo	SV Bokeloh	M 50	02:22:28	02:21:53
270	57	247	65	1713	Arkenberg , Bernd	Harpendorf	M 50	02:22:29	02:21:50
271	43	248	78	3071	Trautmann, Sebastian	Martin Oelrich Logistik	M 40	02:22:32	02:22:20
272	13	249	90	3291	Lindemann, Lukas	Osnabrück	M HK	02:22:34	02:22:03
273	44	250	76	3526	Bischof, Thorsten	Apollo 13	M 40	02:22:38	02:21:58
274	5	24	87	3929	Schlüter, Marina	SuS Olfen	W 30	02:22:43	02:22:38
275	37	251	83	2969	Kupka, Martin	LG Oerlinghausen	M 35	02:22:46	02:22:38
276	49	252	73	3369	vieth, markus	Team ArtivaAthletix	M 45	02:22:52	02:22:42
277	5	25	90	3324	Böckenhoff, Kerstin	SV Lembeck	W HK	02:22:54	02:22:47
278	50	253	73	3252	Westerhof, Robert	Ootmarsum	M 45	02:22:58	02:22:54
279	7	26	73	2867	Menderink, Bianca	LAAC	W 45	02:23:06	02:22:58
280	45	254	78	3397	Wassel, Nico	Teuto Runner	M 40	02:23:10	02:22:50
281	38	255	82	1681	Münz, Sebastian	Fleischkappen	M 35	02:23:20	02:22:19
282	22	256	88	2914	Bosse, Mathias	Lehen	M 30	02:23:24	02:22:55
283	5	27	82	2966	Lerwe, Janet	LG Oerlinghausen	W 35	02:23:24	02:23:16
284	22	257	63	3099	Diepenbrock , Thomas	Northwood Runners	M 55	02:23:30	02:22:34
285	23	258	64	2967	Meusel, Andreas	LG Oerlinghausen	M 55	02:23:31	02:23:22
286	51	259	71	3440	Kullik, Oliver	TUS09 Erkenschwick Triathlon	M 45	02:23:40	02:23:34
287	52	260	72	3319	Kipar, Mirco	SV Gladbeck 13 e.V.	M 45	02:24:06	02:23:45
288	5	261	59	3506	Toepper, Georg	WSU	M 60	02:24:07	02:23:32
289	8	28	73	2854	Austermann, Tanja		W 45	02:24:08	02:23:35
290	58	262	65	3092	Beenen, Christoph	Northwood Runner	M 50	02:24:10	02:23:18
291	46	263	79	3034	Brune, Jens	LT Handorf-Langenberg	M 40	02:24:20	02:23:15
292	47	264	76	3480	Berlekamp, Uwe		M 40	02:24:35	02:23:28
293	9	29	73	1686	de Groot, Elke	Fortuna Logabirum	W 45	02:24:36	02:23:56
294	59	265	66	3830	Beumer, Helmut	SC Spelle Venhaus	M 50	02:24:38	02:24:02
295	14	266	92	3492	Paschke, Lukas	VfL Lingen	M HK	02:24:38	02:23:27
296	48	267	77	1588	Starke, Sebastian	BEWI run	M 40	02:24:40	02:24:27
297	39	268	84	1690	Späker, Julian	Grenzläufer Oeding	M 35	02:24:40	02:24:26
298	60	269	65	1590	Penno , Hermann	BEWI run	M 50	02:24:40	02:24:25
299	61	270	66	3426	Baumeister, Dietmar	TuS Altenberge 09	M 50	02:24:47	02:23:43
300	23	271	85	1622	Bentler, Dominik	Chiparella Atletica	M 30	02:24:48	02:23:57
301	24	272	64	3937	Sauer, Wigand	SuS Olfen	M 55	02:24:50	02:23:58
302	53	273	71	3335	Michael, Scheve	SV Olympia Uelsen	M 45	02:24:57	02:24:11
303	10	30	74	2971	Hachmeister, Bastian	LG Oerlinghausen	W 45	02:24:57	02:24:50
304	11	31	72	2970	KÄñneke, Antje	LG Oerlinghausen	W 45	02:24:57	02:24:51
305	4	274	52	3884	De Lange, Foppe	Sisu Almelo	M 65	02:24:58	02:24:17
306	25	275	63	2909	Morisse, Karsten	LC Solbad Ravensberg	M 55	02:25:00	02:24:46
307	62	276	68	3528	Recker, Michael	Grün-Weiß Steinbeck	M 50	02:25:02	02:24:22
308	63	277	69	3054	Kipke, Ralf	Marathon Ibbenbüren	M 50	02:25:05	02:25:00
309	54	278	72	1711	Pier, Thomas	harlerunner.de	M 45	02:25:09	02:24:32

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	49	279	76	2889	van de Sand, Norbert	Läuft	M 40	02:25:09	02:24:30
311	50	280	77	3759	Guthier-Geier, André	S.C.Altentrheine e.V.	M 40	02:25:10	02:24:16
312	55	281	74	3840	Uphoff , Matthias	SC Sperlingsgrund	M 45	02:25:11	02:24:35
313	26	282	63	2958	Strototte, Martin	LG Marienfeld	M 55	02:25:14	02:24:50
314	40	283	81	3795	Muntau, Torsten	SC Falke Saerbeck	M 35	02:25:22	02:24:50
315	56	284	70	3892	Brathe, Georg	Spiridon Haltern	M 45	02:25:25	02:24:20
316	64	285	68	3255	Fuchs, Olaf	OSC Osnabrück	M 50	02:25:26	02:24:29
317	65	286	65	3796	Dyckhoff, Reinhard	SC Falke Saerbeck	M 50	02:25:32	02:24:23
318	51	287	79	1616	Martel, Dominik	Bünde	M 40	02:25:37	02:24:57
319	6	288	59	3953	Müller, Andreas	SuS Olfen	M 60	02:25:41	02:24:27
320	52	289	78	3014	Zehahla, Ahmed	HSP Münsterlaufteam	M 40	02:25:45	02:25:28
321	41	290	82	3508	Krüger, Tobias		M 35	02:25:46	02:24:53
322	3	32	68	3789	Rudolph-Meier , Marie	SC Altentrheine	W 50	02:25:50	02:25:28
323	57	291	71	1689	Busboom, Wilfried	Fortuna Logabirum	M 45	02:25:53	02:25:15
324	66	292	65	2995	Assies, Bernhard	Lienen	M 50	02:25:57	02:25:06
325	27	293	62	3817	Hövel, Walter	SC Falke Saerbeck	M 55	02:25:58	02:25:42
326	58	294	72	3453	Braemer, Lars	TV Jahn Walsrode	M 45	02:26:03	02:25:39
327	67	295	66	3734	Hoffmann, Peter	Rödinghausen	M 50	02:26:08	02:25:12
328	59	296	73	1576	Pletschmüllers , Achim	artiva ATHLETIX	M 45	02:26:25	02:26:06
329	53	297	75	1791	Matzken, Marc	Heimspielarchitekten	M 40	02:26:29	02:26:01
330	2	33	61	3415	Niehaus, Hildegard	Jede Oma zählt	W 55	02:26:36	02:26:14
331	28	298	61	1596	Mann, Klaus	Billerbecker Läufer	M 55	02:26:39	02:26:09
332	3	34	78	2979	Curic , Anett	LG Oerlinghausen	W 40	02:26:47	02:26:41
333	29	299	61	2918	Sander, Dietmar	LG Burg Wiedenbrück	M 55	02:26:48	02:26:18
334	68	300	66	1672	Gottensträter, Hartmut	ETuS Rheine	M 50	02:26:48	02:26:04
335	6	35	81	2976	Cicek, Natalia	LG Oerlinghausen	W 35	02:26:59	02:26:53
336	30	301	64	3315	Rohlmann, Peter	SV Dickenberg	M 55	02:27:03	02:26:05
337	42	302	84	1629	Stermann, Benjamin	Crespel & Deiters	M 35	02:27:03	02:26:26
338	31	303	62	2177	van Goor, Rob		M 55	02:27:10	02:26:21
339	24	304	85	1551	Böhm, Alexander		M 30	02:27:17	02:26:43
340	69	305	67	2908	Veltmaat , Frank	LC Nordhorn	M 50	02:27:21	02:26:37
341	32	306	63	3505	Schmidtke, Rudi	Wildeshausen	M 55	02:27:28	02:27:04
342	6	36	86	1549	Klus, Corinna		W 30	02:27:44	02:27:00
343	7	37	84	3472	Januschak, Eva	TV-Hohne	W 35	02:27:44	02:27:25
344	54	307	79	3474	Rücker, Jens	TV-Hohne	M 40	02:27:45	02:27:07
345	25	308	86	3468	Brix, Christian	TV-Hohne	M 30	02:27:45	02:27:02
346	60	309	70	3959	bartkowski, Markus	SUS Phönix Bielefeld 09	M 45	02:27:45	02:26:56
347	70	310	66	3461	Schoppe, Jürgen	TV Mettingen	M 50	02:27:51	02:27:25
348	5	311	50	1660	Lütke Schelhowe, Hermann	DJK Dyckburg-Münster	M 65	02:27:54	02:27:01
349	33	312	61	3093	Töns, Karl-Heinz	Northwood Runners	M 55	02:27:57	02:27:05
350	71	313	68	3879	Igelbrink, Jürgen	SG Teuto Handball	M 50	02:27:58	02:26:55
351	61	314	70	1610	Misch, Jörg	BSG Kreissparkasse Steinfurt e.V	M 45	02:28:00	02:26:57
352	4	38	66	3438	Schrade, Cornelia	TUS Norderney	W 50	02:28:05	02:27:54
353	55	315	78	2888	Baumhöver, Daniel	Laufsportfreunde Preußen Münste	M 40	02:28:09	02:27:58
354	8	39	82	2866	Diepenmaat, Jorieke	LAAC	W 35	02:28:11	02:28:01
355	43	316	80	3722	Kohnert, Michael	RC Olympia Bünde e.V.	M 35	02:28:11	02:27:54
356	5	40	69	1568	Schiller, Katrin	Flotte Locke	W 50	02:28:12	02:27:56
357	72	317	68	3362	Dietmar, Kantzer	SVD	M 50	02:28:13	02:27:15
358	73	318	67	1547	Overberg, Wolfgang		M 50	02:28:15	02:27:33
359	74	319	67	3914	Heuvelman, Bas	Streu	M 50	02:28:19	02:27:39
360	44	320	84	3138	Wedig, Christian	OCR Heidesprinter	M 35	02:28:20	02:27:30
361	26	321	86	3143	Weber, Stephan	OCR Heidesprinter	M 30	02:28:20	02:27:32

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	9	41	81	3436	Knippenberg, Kerstin	TuS Graf Kobbo Tecklenburg	W 35	02:28:25	02:27:24
363	45	322	83	3067	Laumann, Henning	Northwood Runners	M 35	02:28:25	02:27:39
364	62	323	70	2950	Heidotting, Oliver	LG Emsdetten	M 45	02:28:37	02:28:11
365	56	324	78	3363	Lütke-meier, André	Sw esch	M 40	02:28:45	02:27:42
366	7	325	58	3352	Schniedergers, Franz-Josel	SC Hörstel	M 60	02:28:48	02:27:58
367	57	326	78	3694	Althermeler, Nico	privat	M 40	02:28:52	02:28:15
368	34	327	61	3064	Menzel, Jürgen	Marathon Steinfurt	M 55	02:28:52	02:28:19
369	6	42	93	3041	Kahlstatt, Julia	Lübecker SC	W HK	02:28:59	02:28:17
370	63	328	73	1649	Leusman, Gerwald	Dionysos	M 45	02:29:00	02:28:47
371	3	43	61	3040	Preuß, Christa	Lübecker SC	W 55	02:29:00	02:28:16
372	2	329	49	3772	Brinkhues, Bernd	SC Altenrheine	M 70	02:29:08	02:28:44
373	27	330	87	3085	Kroesen, Markus	Münster	M 30	02:29:08	02:28:32
374	58	331	75	1569	Rauf, Christoph	Ahlener SG	M 40	02:29:10	02:28:32
375	59	332	75	1618	Focken , Richard	BW Borssum	M 40	02:29:18	02:28:50
376	60	333	76	3090	Overmeyer, Jens	No Horses	M 40	02:29:25	02:28:19
377	64	334	70	1910	Lindemann, Udo	Hopsten	M 45	02:29:33	02:28:52
378	65	335	70	3076	Krause, Uwe	Mettingen-Nierenburg	M 45	02:29:33	02:28:51
379	66	336	71	3354	Bruder, Achim	SV Teuto Riesenbeck	M 45	02:29:38	02:29:13
380	67	337	70	3022	Hempen, Klaus	LSF Oldenburg	M 45	02:29:38	02:28:47
381	75	338	68	1643	Wilbers, Arno	Dionysos	M 50	02:29:44	02:29:36
382	4	44	77	1641	van Langen, Gonnio	Dionysos	W 40	02:29:45	02:29:33
383	76	339	66	3989	Brink, Helmut	SV Bokeloh	M 50	02:30:03	02:29:12
384	61	340	77	3424	Ossiek, Christian	TSVE 1890 Bielefeld	M 40	02:30:03	02:29:03
385	35	341	61	3035	Schröder, Antonius	LT SW Osterfeine	M 55	02:30:11	02:29:00
386	68	342	70	1631	Pante, Holger	Crossout Outdoor Training, Bielef	M 45	02:30:14	02:29:22
387	8	343	56	2917	Windau, Norbert	LG Burg Wiedenbrück	M 60	02:30:35	02:30:06
388	69	344	74	2896	Kleinert, Matthias	Laufftreff Lüdinghausen / runningB	M 45	02:30:38	02:30:04
389	70	345	74	1678	Kissel , Paul	Feuerwehr Bielefeld MT	M 45	02:30:38	02:29:27
390	62	346	77	2890	Florien, Markus	Laufftreff Feldmarksee	M 40	02:30:39	02:30:05
391	7	45	95	3422	Wigand, Miriam	TSVE 1890 Bielefeld	W HK	02:30:46	02:29:35
392	63	347	77	2891	Schürenkamp, Peter	Laufftreff Feldmarksee	M 40	02:30:55	02:30:20
393	71	348	71	1575	Kwint, Arjen	Artemis Winsum	M 45	02:31:11	02:30:48
394	77	349	67	3488	Hennecke, Michael	VfL Lingen	M 50	02:31:13	02:30:13
395	72	350	74	2987	Schmidt, Heiner	LG Uplengen	M 45	02:31:15	02:30:30
396	64	351	79	3536	Vogelsang, Philipp	TV Georgsmarienhütte	M 40	02:31:15	02:30:44
397	6	46	67	2952	Wesseler, Anja	LG Emsdetten	W 50	02:31:20	02:30:17
398	9	352	58	1701	Berghuis, Jans	HAC 63	M 60	02:31:22	02:30:23
399	73	353	70	1603	Brune, Henning	Borgholzhausen	M 45	02:31:23	02:30:42
400	36	354	64	2988	Ottjes, Matthias	LG Uplengen	M 55	02:31:27	02:30:42
401	7	47	69	2855	Willmann, Marion		W 50	02:31:30	02:30:50
402	46	355	80	2863	Budde, Stephan	Köln rennt	M 35	02:31:36	02:30:41
403	10	356	56	3311	Völkert, Clemens	SV Dickenberg	M 60	02:31:43	02:30:45
404	5	48	77	3414	Heidl, Stefanie	Triteam Steinfurt	W 40	02:31:44	02:30:39
405	78	357	66	3390	Wegmann, Claus	Telgte	M 50	02:31:45	02:31:13
406	8	49	68	3834	Roter, Marion	SC Spelle Venhaus	W 50	02:31:46	02:31:10
407	7	50	89	3322	Stach, Julia	SV Holdorf	W 30	02:31:55	02:30:49
408	74	358	72	3032	Frilling, Hendrik	LT Gnadenlos	M 45	02:32:04	02:31:42
409	37	359	61	3332	Thier, Johannes	SV Lembeck	M 55	02:32:18	02:32:09
410	38	360	60	3330	Schulze Tenberge, Gerd	SV Lembeck	M 55	02:32:18	02:32:10
411	11	361	57	3943	Ruholl, Norbert	SuS Olfen	M 60	02:32:25	02:32:18
412	12	51	73	1658	Klingbeil, Iris	DJK Bielefeld	W 45	02:32:26	02:31:58
413	13	52	72	3394	Neumann, Petra	Teuto Runner	W 45	02:32:26	02:32:11

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	65	362	75	1661	Hidajat, Herman	DJK Gütersloh	M 40	02:32:26	02:31:58
415	79	363	65	3483	Mika, Rainer	VfB Salzkotten	M 50	02:32:30	02:31:33
416	75	364	70	3496	Klosswer, Stefan	Die Vitasol Krabbelgruppe	M 45	02:32:52	02:32:10
417	9	53	65	3476	MANDT, Ulrike	TVG KAISERAU	W 50	02:32:55	02:32:35
418	10	54	67	1574	Oortwijn, Ina	aquilo Winschoten	W 50	02:33:00	02:32:24
419	11	55	68	3901	Egbert, Heike	Stadt Ibbenbüren	W 50	02:33:05	02:32:19
420	28	365	89	3723	Overberg, Florian	Recke	M 30	02:33:06	02:32:24
421	4	56	64	3736	Solaro, Katrin	RuFV Norderney	W 55	02:33:07	02:32:01
422	5	57	63	1666	Holsbeek, Jaqueline	Dyonisos	W 55	02:33:07	02:33:00
423	39	366	63	3489	Richter, Paul	VfL Lingen	M 55	02:33:23	02:32:23
424	6	58	77	2982	Wittig, Claudia	LG Oerlinghusen	W 40	02:33:28	02:33:22
425	14	59	72	2983	Schulz, Lisa	LG Rheine-Elte	W 45	02:33:29	02:32:45
426	12	367	57	2968	Zantop, Bernd	LG Oerlinghausen	M 60	02:33:30	02:33:23
427	15	368	91	1548	Wippermann, Piet Hendrik		M HK	02:33:34	02:33:04
428	10	60	84	3487	Fehrrolfes, Sarah	VfL Lingen	W 35	02:33:38	02:32:49
429	66	369	78	2864	Dohmen, Christian	Köln rennt	M 40	02:33:44	02:32:50
430	80	370	66	3413	Hermelbracht, Jürgen	Trispeed Marienfelde	M 50	02:33:57	02:33:31
431	76	371	74	3782	Wulff, Markus	SC Altenrheine	M 45	02:34:01	02:33:08
432	67	372	77	1700	Kiefert, Frank	Gütersloh	M 40	02:34:04	02:33:29
433	7	61	78	3718	Vorndamme, Britta	RC Endspurt Herford	W 40	02:34:05	02:33:27
434	47	373	83	1670	Ten Heuw , Jan Willem	Enschede	M 35	02:34:08	02:33:46
435	8	62	75	3069	Niedick, Tanja	Team Erdinger Alkfrei	W 40	02:34:15	02:33:17
436	81	374	68	3059	Wilfried, Weiß	Marathon Steinfurt	M 50	02:34:25	02:33:42
437	77	375	74	3010	May, Detlev	LSF Münster	M 45	02:34:27	02:33:46
438	15	63	72	2932	Meimann, Tanja	LG Ems Warendorf	W 45	02:34:41	02:34:07
439	13	376	59	3691	Ottensmann , Manfred	PC Telgte	M 60	02:34:47	02:34:34
440	78	377	72	1691	Effing, Dirk	Greven	M 45	02:34:49	02:34:28
441	2	378	1	2936	Lehmann, Jerik	LG Ems Warendorf	M Jgd A	02:35:07	02:34:25
442	48	379	84	2928	Tatje, Julian	LG Ems Warendorf	M 35	02:35:07	02:34:19
443	82	380	65	3023	Erlacher, Robert	LSF Oldenburg	M 50	02:35:09	02:34:20
444	68	381	78	3522	Londa, Andre		M 40	02:35:09	02:34:09
445	1	64	59	3816	Gerlach, Martina	SC Falke Saerbeck	W 60	02:35:28	02:34:23
446	83	382	66	610	Negraszus, Norbert	Make Lauf not war	M 50	02:35:37	02:34:28
447	14	383	58	3329	Gördes, Bernhard	SV Lembeck	M 60	02:35:43	02:35:35
448	12	65	67	3728	Wiethoff, Conny	Renntiere	W 50	02:35:45	02:34:41
449	84	384	65	3891	Pieper, Alfred	Spiridon Haltern	M 50	02:35:45	02:34:42
450	85	385	69	1556	Thielemann, Martin	Post SV Gütersloh	M 50	02:35:55	02:35:28
451	40	386	63	3187	Struck, Martin		M 55	02:36:03	02:35:04
452	69	387	75	2984	Brüning, Markus	LG Rheine-Elte	M 40	02:36:08	02:35:18
453	70	388	77	3500	Liedmann, Henning	Wasser + Freizeit Münster e.V.	M 40	02:36:08	02:35:19
454	13	66	67	3463	Krey, Reinhild	TVJahn Rheine	W 50	02:36:10	02:35:00
455	49	389	81	3726	Kitte, Sebastian	Recke	M 35	02:36:13	02:35:32
456	79	390	72	2986	Warmbold, Matthias	LG Sonnenschein	M 45	02:36:16	02:35:53
457	6	391	50	3068	Ebbing, Rolf	Marathon Steinfurt	M 65	02:36:16	02:35:31
458	86	392	69	3043	Heuven, Erik	LUTTENBERG	M 50	02:36:22	02:35:49
459	16	67	70	3044	Heuven, Bernadet	Luttenberg	W 45	02:36:22	02:35:49
460	1	68	99	1677	Fenn, Ronja	LV Steinhagen	W U23	02:36:24	02:35:52
461	80	393	71	1566	Szrelow, Ecki	Active Laufshop Team	M 45	02:36:27	02:35:18
462	71	394	77	1623	Strohmann , Alexander	CLAAS	M 40	02:36:34	02:36:09
463	14	69	67	3815	Leyer , Astrid	SC Falke Saerbeck	W 50	02:36:34	02:35:24
464	17	70	74	3013	Kolar, Miriam	LSF Münster	W 45	02:36:37	02:35:23
465	81	395	74	3355	Dierkes , Thorsten	SV Teuto Riesenbeck	M 45	02:36:43	02:35:34

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
466	72	396	79	1682	Stein, Hendrik	Fleischkappen	M 40	02:36:46	02:35:45
467	87	397	67	1583	Overmeyer, Peter	Becks Lemon	M 50	02:36:54	02:35:50
468	82	398	73	3936	Hemesath, Jürgen	SuS Olfen	M 45	02:37:15	02:36:03
469	11	71	83	3367	Askin, Yvonne	TEA / Laufen rund um Münster	W 35	02:37:15	02:36:03
470	9	72	76	3935	Koch, Susanne	SuS Olfen	W 40	02:37:16	02:36:04
471	29	399	87	3357	Grüter, Simon	SV Teuto Riesenbeck	M 30	02:37:19	02:36:49
472	41	400	64	3678	Oelgemöller , Dieter	PC Telgte	M 55	02:37:33	02:37:20
473	73	401	78	3925	Melchers, Mike	SuS Legden	M 40	02:37:50	02:37:14
474	42	402	64	1625	jans, arno	coevorden (NL)	M 55	02:37:52	02:37:06
475	10	73	75	2964	Wehmeier, Michaela	LG Oerlinghausen	W 40	02:38:02	
476	12	74	80	1627	Engmann, Natascha	Crazy Daisy	W 35	02:38:05	02:37:49
477	83	403	74	3706	Kirsfelds, Lars	Promillejäger	M 45	02:38:05	02:37:49
478	88	404	68	1692	Höger, Andreas	Grün - Weiß Steinbeck	M 50	02:38:06	02:37:27
479	74	405	79	1546	Rieskamp, Stefan Ferdinand		M 40	02:38:07	02:37:14
480	6	75	64	1637	Steeb, Beatrix	Die VitaSol Krabbelgruppe	W 55	02:38:08	02:37:22
481	43	406	62	2869	Bode, Alex	LAAC Twente	M 55	02:38:09	02:38:00
482	44	407	62	3540	Koekkoek, Serard	Dionysos	M 55	02:38:14	02:38:01
483	45	408	60	3230	Heerink, Renó	Diongsos	M 55	02:38:15	02:38:02
484	89	409	69	1989	Lienesch , Dietmar	Ibbenbüren	M 50	02:38:34	02:37:58
485	30	410	87	3356	Lehmann, Stefan	SV Teuto Riesenbeck	M 30	02:38:40	02:38:10
486	11	76	76	2902	Hollensteiner, Katja	LC 92 Bad Salzuflen	W 40	02:38:59	02:38:28
487	84	411	72	1601	Forster, Jürgen	Borbecker Raketen Essen	M 45	02:39:05	02:38:09
488	46	412	62	3312	Kerk, Thomas	SV Dickenberg	M 55	02:39:05	02:38:02
489	12	77	75	3538	Leuters, Svenja	TUS 09	W 40	02:39:11	02:38:33
490	18	78	74	3425	Nykamp, Andrea	TuS Altenberge	W 45	02:39:11	02:38:33
491	85	413	74	1818	Kis, Matthias	Hermann gegen Polio	M 45	02:39:22	02:38:56
492	8	79	94	2905	Scholz, Petra	LC 92 Bad Salzuflen / VitaSol Kra	W HK	02:39:24	02:38:39
493	19	80	71	3271	Greiwe, Ute		W 45	02:39:32	02:38:22
494	3	414	46	1560	Lichtblau, Reinhard	1.Tri-Team Gütersloh GTV	M 70	02:39:40	02:38:27
495	50	415	82	2851	Slot, Wybe		M 35	02:39:50	02:39:27
496	75	416	75	2990	Kloppenburg , Michael	LG Uplengen	M 40	02:39:50	02:39:05
497	90	417	67	2861	Schaefer, Klaus	Kirche läuft Wilhelmshaven	M 50	02:39:58	02:39:10
498	76	418	75	3511	Röttgers, Dirk	ZMZ Recke	M 40	02:39:58	02:39:31
499	13	81	79	1580	Heinze, Dorothee		W 40	02:40:18	02:39:16
500	91	419	69	1783	Markus, Erbel	Hattinger Hügelläufer	M 50	02:40:19	02:40:04
501	15	420	57	1770	Wegener, Rainer	Hattinger Hügelläufer	M 60	02:40:19	02:40:14
502	86	421	74	3968	Wittland, Peter	SuS Stadtlohn	M 45	02:40:26	02:39:25
503	20	82	74	3384	Schlaugk, Birgit	Team Laufrausch Oldenburg	W 45	02:40:51	02:39:57
504	92	422	69	1563	Fröhlich, Jens	3er Waldläufer	M 50	02:40:54	02:40:07
505	93	423	68	1654	Beld, Vincent	Dionysos	M 50	02:41:03	02:40:53
506	47	424	64	3050	veenendaal, berend	lwc losser	M 55	02:41:07	02:40:32
507	48	425	63	2874	decker, richard	laftreff SWO	M 55	02:41:08	02:39:57
508	77	426	79	1664	Baumeister, Manuel	Düsseldorf	M 40	02:41:09	02:40:10
509	14	83	75	1564	Fröhlich-Primus, Natalie	3er Waldläufer	W 40	02:41:16	02:40:29
510	94	427	69	3534	Korte, Frank	BSV Ostbevern	M 50	02:41:21	02:40:48
511	2	84	58	3482	Hellmann, Rita	VfB Salzkotten	W 60	02:41:53	02:40:55
512	95	428	69	3350	Wrocklage, Ralf		M 50	02:41:55	02:40:55
513	3	85	59	3495	Hennigs, Liane	VfR Voxtrup	W 60	02:41:58	02:41:03
514	49	429	64	3481	Schaffer, Thomas		M 55	02:42:05	02:41:36
515	50	430	61	3547	Lietz, Ralf	100 Marathon Club	M 55	02:42:09	02:41:46
516	87	431	71	3459	Aulkemeyer, Rainer	TV Mettingen	M 45	02:42:18	02:41:22
517	78	432	77	3079	Brockmann, Torsten	Münster	M 40	02:42:22	02:41:30

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
518	88	433	72	3510	Momkvist, Henrik	ZMZ Recke	M 45	02:42:27	02:41:56
519	21	86	74	3987	Ull-Tietz, Melanie	SV Bokeloh	W 45	02:42:30	02:41:42
520	4	87	57	3325	Winkelman, Ulla	SV Lembeck	W 60	02:42:49	02:42:43
521	7	88	64	3328	Fitzlaff, Doro	SV Lembeck	W 55	02:42:49	02:42:43
522	16	434	94	1585	Benneker, Pim	Bennies	M HK	02:42:59	02:41:59
523	31	435	85	3504	Harnack, Stefan	Wietmarschen	M 30	02:43:04	02:41:51
524	96	436	67	3318	Boolke, Matthias	SV Germania Hauenhorst	M 50	02:43:09	02:42:19
525	89	437	70	2933	Meimann, Christian	LG Ems Warendorf	M 45	02:43:14	02:42:41
526	79	438	78	3479	Ahlers, Sascha	Uplengener Lauftreff	M 40	02:43:16	02:42:07
527	51	439	64	3493	Schirmeyer, Dr. Stefan	VfL Pinneberg Triathlon	M 55	02:43:22	02:42:58
528	15	89	78	3502	Stephan, Nadine	Werne	W 40	02:43:35	02:42:42
529	8	90	63	3306	Rosner, Evelyn	Osnabrücker SC	W 55	02:43:42	02:42:44
530	22	91	72	1985	Haarmeyer, Birgit	TV Mettingen	W 45	02:43:52	02:42:49
531	13	92	82	3391	Van den Berg , Hanna	Teuto riesenbeck	W 35	02:43:58	02:43:41
532	8	93	88	3403	Wolf, Susi	Trail Team Lippe	W 30	02:44:08	02:43:31
533	15	94	67	3314	Völkert , Silvia	SV Dickenberg	W 50	02:44:12	02:43:16
534	80	440	78	3477	Kathrein, Carsten	Two Lions Club	M 40	02:44:16	02:43:42
535	16	95	66	2882	Lübbbers, Claudia	Lauffreunde Emsland	W 50	02:44:19	02:43:23
536	23	96	73	1667	Velthuis, Marloes	Dyonisos Denekamp	W 45	02:44:22	02:44:11
537	24	97	71	1638	Olde Dubbelink, Mariët	Dionysos	W 45	02:44:22	02:44:14
538	16	98	75	1640	Rijnders, Nathalie	Dionysos	W 40	02:44:22	02:44:15
539	17	99	75	1642	Grunder, Elke	Dionysos	W 40	02:44:22	02:44:12
540	4	441	47	2941	Venker, Paul	LG Emsdetten	M 70	02:44:26	02:43:12
541	9	100	64	2942	Heukamp, Birgit	LG Emsdetten	W 55	02:44:30	02:43:18
542	14	101	84	3353	Gier, Alexandra	SV Teuto Riesenbeck	W 35	02:44:32	02:43:44
543	10	102	60	3089	Schliephake, Marlies	SV Teuto Riesenbeck	W 55	02:45:09	02:44:29
544	15	103	83	3016	Warbinger, Jennifer	LSF Münster	W 35	02:45:22	02:44:35
545	51	442	82	3083	Warbinger, Sebastian	Münster	M 35	02:45:22	02:44:35
546	81	443	75	3066	Hegemann , Peter	Marathon Steinfurt	M 40	02:45:31	02:44:46
547	18	104	77	2947	Krimphove, Judith	LG Emsdetten	W 40	02:45:38	02:44:34
548	19	105	75	3844	Kissner, Tina	Schloß Holte - Stukenbrock	W 40	02:45:49	02:45:07
549	25	106	71	3462	Marin, Ute	TV Mettingen	W 45	02:45:50	02:44:49
550	90	444	72	3098	Averbeck , Frank	Northwood Runners	M 45	02:45:54	02:45:01
551	97	445	69	3317	Müller, Mike	SV Germania Hauenhorst	M 50	02:46:01	02:45:10
552	16	107	83	2998	Ender, Angela	Lingen	W 35	02:46:08	02:44:56
553	82	446	77	1632	Kortman, Henk	Dalen	M 40	02:46:08	02:45:21
554	98	447	66	3427	Budzinski, Jörg	TuS Altenberge 09	M 50	02:46:28	02:45:23
555	16	448	58	2915	Zander, Olaf	Lengerich	M 60	02:46:37	02:45:42
556	17	108	80	1592	Adrian, Kathrin	Nosekäng	W 35	02:46:38	02:45:27
557	91	449	73	3485	Teubener, Kai	VfL Bückeburg	M 45	02:46:46	02:45:47
558	18	109	80	1679	Sisenop, Rebecca	FiBri Runners	W 35	02:46:46	02:45:47
559	11	110	60	3295	Harms, Christiane	Osnabrück	W 55	02:47:09	02:46:12
560	83	450	76	2876	Masuch, Andreas	Laufen gegen Leiden e.V.	M 40	02:47:22	02:46:08
561	52	451	64	1671	Brinkmann, Klaus	ETuS Rheine	M 55	02:47:36	02:46:44
562	99	452	69	1624	Lambers, Bas	codac	M 50	02:47:45	02:46:58
563	9	111	93	2853	Otto, Jennifer		W HK	02:48:38	02:48:08
564	17	112	65	1703	Ernst, Jozina	HAC 63	W 50	02:48:43	02:48:29
565	19	113	81	1996	Zobjact, Sabrina	Lauffreunde Emsland	W 35	02:48:45	02:47:30
566	1	114	54	1715	Voges, Jutta	Hasbergen	W 65	02:48:45	02:48:09
567	52	453	83	2877	Dettloff, Pa	Laufen rund um Münster	M 35	02:48:46	02:47:31
568	84	454	75	3065	Mortsiefer, Björn	Marathon Steinfurt	M 40	02:48:55	02:47:52
569	18	115	65	3499	Lange, Manu	Warburg SV	W 50	02:49:19	02:48:11

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
570	53	455	60	3401	Lenneffer, Rainer	THE WALKING DEAD SOEST	M 55	02:49:20	02:48:12
571	100	456	67	3087	Farwerk, Berthold	No Horses	M 50	02:49:30	02:48:24
572	101	457	68	3960	Rietfort, Hermann	SuS Stadtlohn	M 50	02:49:37	02:48:40
573	102	458	66	2884	Rose, Norbert	Lauffreunde Gremmendorf	M 50	02:49:38	02:48:41
574	20	116	76	2962	Rose, Nele		W 40	02:49:39	02:48:42
575	21	117	76	1647	Monnikhof, Danielle	Dionysos	W 40	02:49:40	02:49:29
576	9	118	89	1653	Swensson, Rianne	Dionysos	W 30	02:49:40	02:49:30
577	26	119	71	1645	Marsman, Cynthia	Dionysos	W 45	02:49:41	02:49:32
578	103	459	68	1646	Harmsen, Marcel	Dionysos	M 50	02:49:41	02:49:31
579	22	120	75	1656	Goselink, Ilona	Dionysos Denekamo	W 40	02:49:41	02:49:29
580	92	460	71	3531	Buss, Kristin	SC Hörstel	M 45	02:49:42	02:48:34
581	10	121	90	1786	Kruse, Franziska		W HK	02:49:43	02:48:35
582	93	461	71	3437	Eichmann, Ingo	TuS Graf Kobbo Tecklenburg	M 45	02:49:53	02:48:51
583	12	122	60	3072	Masur, Christa	Masur Energiesysteme GmbH	W 55	02:50:00	02:49:15
584	54	462	63	3073	Ziese, Bernd	MDK Rheine	M 55	02:50:30	02:49:37
585	27	123	74	2913	Grube, Andrea	LC Solbad Ravensberg	W 45	02:50:32	02:49:25
586	17	463	95	3737	Solaro, Gregor	RuFV Norderney	M HK	02:50:44	02:49:37
587	17	464	57	3470	Laig, Uwe	TV-Hohne	M 60	02:50:46	02:49:45
588	94	465	72	2895	Köcher, Sascha	Laufftreff Lüdinghausen	M 45	02:50:46	02:49:33
589	19	124	69	1581	Schmidt, Birgit	Bad Salzuflen	W 50	02:51:13	02:50:24
590	95	466	70	2901	Dickmayer, Olaf	Laufftreff SW Osterfeine	M 45	02:51:18	02:50:06
591	13	125	63	3313	Kerk, Ruth	SV Dickenberg	W 55	02:51:28	02:50:25
592	23	126	79	1683	Bangert, Jennifer	Fortuna Logabirum	W 40	02:51:37	02:50:30
593	24	127	77	1685	Vierkant, Kerstin	Fortuna Logabirum	W 40	02:51:37	02:50:30
594	11	128	96	3509	Lippold, Larissa		W HK	02:52:03	02:50:56
595	96	467	72	3539	Kleimeyer, Andre	Ibbenbüren	M 45	02:52:31	02:52:17
596	25	129	76	1693	Bühren, Melanie	Grün-Weiß Steinbeck	W 40	02:52:38	02:51:28
597	28	130	71	3535	Bach, Stephanie	Grün-Weiß Steinbeck	W 45	02:52:38	02:51:28
598	20	131	68	3990	Dittner, Waltraud	SV Bokeloh/ EWTO WingTsun Sc	W 50	02:52:38	02:51:48
599	53	468	83	3321	Stach , Walther	SV Holdorf	M 35	02:52:40	02:51:34
600	18	469	95	3530	Bögel, Kevin	SV Cheruskia Laggenbeck	M HK	02:53:01	02:51:59
601	29	132	70	3524	Vos, Manon		W 45	02:53:06	02:52:52
602	21	133	68	2953	Albers, Jutta	LG Emsdetten	W 50	02:53:09	02:51:54
603	30	134	72	2903	Strauß, Steffi	LC 92 Bad Salzuflen	W 45	02:53:18	02:52:32
604	20	135	83	3416	Marwitz, Anja	OSC Osnabrück	W 35	02:53:38	02:52:36
605	85	470	77	2857	Rossol, Florian		M 40	02:54:01	02:52:49
606	22	136	66	2945	Sommer, Petra	LG Emsdetten	W 50	02:54:09	02:53:25
607	104	471	65	2946	Sommer, Berthold	LG Emsdetten	M 50	02:54:09	02:53:25
608	86	472	78	3729	Schepers, Thomas	Rheine	M 40	02:54:45	02:53:37
609	105	473	69	3456	Schröer, Rainer	TV Mettingen	M 50	02:54:54	02:53:52
610	31	137	72	2859	Blaser, Tanja		W 45	02:55:09	02:54:21
611	32	474	88	1589	Lohoff, Marco	BEWI run	M 30	02:55:15	02:55:01
612	55	475	60	1688	Vry, Ralf	Fortuna Logabirum	M 55	02:55:20	02:54:07
613	32	138	70	1630	Bölefahr, Kati	Crossout Outdoor Training, Bielef	W 45	02:55:34	02:54:42
614	19	476	91	3473	Matheke, Marco	TV-Hohne	M HK	02:56:00	02:54:51
615	21	139	80	2993	Plaskaty, Kathrin	LG-Ems Warendorf WSU	W 35	02:56:11	02:55:34
616	87	477	76	2939	Horstmann, Bernd	LG Ems Warendorf	M 40	02:56:11	02:55:33
617	56	478	63	3739	Schwerbrock , Dirk	Run 4 Fun Greven e.V.	M 55	02:57:02	02:56:33
618	14	140	62	1597	Schulze Bisping, Agnes	Billerbecker Läufer	W 55	02:58:46	02:57:48
619	22	141	82	2858	Reeck , Martina		W 35	02:58:46	02:57:59
620	23	142	69	3030	Dunkel, Ariane	LT Bernd Hübner	W 50	03:00:10	02:59:05
621	5	143	59	3520	Fritzemeier, Christiane		W 60	03:00:10	02:59:06

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
622	106	479	69	3841	Baranski, Markus	Sc-Melle	M 50	03:00:58	02:59:51
623	18	480	59	3056	Blankemeyer, Manni	Marathon Ibbenbüren	M 60	03:01:01	03:00:40
624	88	481	78	3537	Schonhoff , Mario		M 40	03:01:02	02:59:49
625	24	144	69	1708	Mailand, Nicole	Hannover	W 50	03:01:18	03:00:09
626	54	482	84	3898	Hahn, Donatus	STABIL Made in Münster	M 35	03:02:18	03:01:13
627	33	483	86	3486	Günther, Christoph	VfL Gladbeck	M 30	03:02:56	03:02:04
628	23	145	83	3289	Uden, Christiane	Osnabrück	W 35	03:03:21	03:02:19
629	24	146	81	1657	Keizer, nadine	Dionysos Denekamp	W 35	03:04:58	03:04:49
630	26	147	78	1648	willemsen, susan	Dionysos	W 40	03:04:58	03:04:49
631	25	148	80	1652	Steenbeeke, Carla	dionysos	W 35	03:04:58	03:04:45
632	7	484	51	3344	Hülsmeier, Werner	SV Teuto Riesenbeck	M 65	03:09:14	03:08:09
633	107	485	65	1998	Wilkenloh, Rainer		M 50	03:17:32	03:16:40
634	57	486	63	1714	Wilmsen, Dietmar	Harsewinkel	M 55	03:19:26	03:18:53
635	108	487	67	1994	Madeja, Michael	Kamen	M 50	03:25:25	03:24:20