

## 32 Riesenbecker Triathlon 2014

## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
1	602	Günnigmann Stefan	Mondi TriFinish Münster	00:08:57	6	00:50:48	2	00:21:56	4	01:21:41	M 30	1	00:00:00
2	490	König Martin	TV Friesen Telgte	00:08:39	2	00:52:02	3	00:22:50	9	01:23:31	M 50	1	00:00:00
3	515	Wagemaker Simon	SC Altenrheine	00:09:27	10	00:53:48	5	00:21:21	2	01:24:36	M 30	2	00:00:00
4	401	Ricklin Manfred	SC Altenrheine	00:10:52	40	00:52:27	4	00:24:56	23	01:28:15	M 55	1	00:00:00
5	529	Nickel Daniel	Team ERDINGER Alkohol	00:09:51	16	00:56:28	18	00:22:29	6	01:28:48	M 25	1	00:00:00
6	842	Büscher Andreas	Tri-Team Dissen	00:11:38	76	00:55:52	14	00:22:20	5	01:29:50	M 50	2	00:00:00
7	622	Schlenkhoff Moritz	W+F Münster	00:10:15	24	00:57:48	29	00:22:36	7	01:30:39	M 25	2	00:00:00
8	426	Riesmeier Andre	Tri Finish Münster	00:10:31	30	00:56:12	17	00:24:22	14	01:31:05	M 45	1	00:00:00
9	815	Herrmann Michael	TSG 07 Burg Gretesch	00:10:54	41	00:54:04	8	00:26:09	41	01:31:07	M 35	1	00:00:00
10	807	Goik Markus	Greven	00:10:22	25	00:56:32	19	00:24:28	16	01:31:22	M 50	3	00:00:00
11	835	Schmitz Harald	TSG 07 Burg Gretesch	00:10:43	36	00:55:15	9	00:25:27	28	01:31:25	M 45	2	00:00:00
12	540	Bergmeier Udo	TV langenberg	00:10:09	23	00:56:39	20	00:24:53	22	01:31:41	M 40	1	00:00:00
13	630	Brinkmann Jürgen	SC Altenrheine	00:10:04	19	00:57:25	24	00:24:15	13	01:31:44	M 50	4	00:00:00
14	750	Menger Carsten	Trirun Ibbenbüren	00:11:12	53	00:56:00	15	00:24:45	20	01:31:57	M 40	2	00:00:00
15	822	Kohstall Sascha	Lotte	00:09:36	13	00:57:11	23	00:25:12	24	01:31:59	M 40	3	00:00:00
16	443	Reimers Damian	DLC Aachen	00:08:44	3	00:56:04	16	00:27:25	68	01:32:13	M 20	1	00:00:00
17	561	Melching Rudolf	SC Altenrheine	00:11:12	54	00:56:53	22	00:24:38	18	01:32:43	M 45	3	00:00:00
18	545	Anders Maik	TSG 07 Burg Gretesch	00:10:30	29	00:56:47	21	00:25:31	30	01:32:48	M 40	4	00:00:00
19	770	Menger Frank	Ibbenbüren	00:11:45	79	00:55:30	10	00:25:39	31	01:32:54	M 30	3	00:00:00
20	830	Wargers Martin	BSG Westfalen AG	00:11:59	87	00:55:39	11	00:25:25	27	01:33:03	M 45	4	00:00:00
21	556	Linnenbaum Peter	LG Emsdetten Tri-Team	00:11:01	46	00:58:32	36	00:23:31	11	01:33:04	M 30	4	00:00:00
22	536	Kemper Andre	LG Emsdetten Tri Team	00:11:00	45	00:55:42	12	00:26:23	44	01:33:05	M Jur	1	00:00:00
23	534	Flatemersch Torben	LG Osnabrück	00:12:17	98	00:59:46	54	00:21:12	1	01:33:15	M 20	2	00:00:00
24	445	Horstkemper Ralf	TV Einigkeit Langenberg	00:09:20	8	00:58:13	31	00:25:48	33	01:33:21	M 35	2	00:00:00
25	402	Scharfenstein Sven	SV Tri City Darmstadt	00:12:22	102	00:53:54	7	00:27:13	61	01:33:29	M 40	5	00:00:00
26	767	Wentrup Benedikt	Lüdinghausen	00:10:45	38	00:55:49	13	00:26:59	56	01:33:33	M 35	3	00:00:00
27	582	Peine Sebastian	TVE Greven Triathlon	00:09:34	11	00:54:48	6	00:29:15	111	01:33:37	M 20	3	00:01:00
28	435	Kotten Udo	Hilo Lengerich					00:24:25	15	01:33:51	M 40	6	00:00:00
29	501	Schrameyer Kai	Marathon Ibbenbüren	00:09:34	12	00:59:39	52	00:24:47	21	01:34:00	M 30	5	00:00:00
30	511	Lüring Sandra	Lg Brillux Münster	00:13:00	120	00:58:39	38	00:22:40	8	01:34:19	W 25	1	00:00:00
31	523	Richter Ingo	Marathon Ibbenbüren	00:12:50	114	00:58:28	34	00:23:16	10	01:34:34	M 40	7	00:00:00
32	448	Koch Ralf	TV Werne 03 Wassertreu	00:09:58	18	00:57:47	27	00:27:21	66	01:35:06	M 45	5	00:00:00
33	404	Nössler Johannes	Mondi Tri-Finish Münster	00:09:22	9	00:59:05	43	00:26:44	52	01:35:11	M 25	3	00:00:00
34	533	Jürgensen Lukas	LG Osnabrück	00:13:15	127	01:00:36	63	00:21:22	3	01:35:13	M Jur	2	00:00:00
35	531	Bröker Hermann	LG Tri Team Emsdetten	00:11:31	70	00:58:29	35	00:25:19	26	01:35:19	M 50	5	00:00:00
36	574	Heckhuis Michael	SC Altenrheine	00:11:22	58	00:57:48	28	00:26:22	43	01:35:32	M 45	6	00:00:00
37	409	Reeker Timo	TriTeam Bevergern					00:25:18	25	01:35:40	M 35	4	00:00:00
38	844	Wiedemann Thomas	Wasser & Freizeit MS	00:11:32	71	00:58:49	39	00:25:51	34	01:36:12	M 35	5	00:00:00
39	450	Mittelberg Michael	SC Altenrheine	00:11:33	72	01:00:11	57	00:24:38	19	01:36:22	M 50	6	00:00:00
40	498	Krude Bernd	Marathon Steinfurt	00:11:18	55	00:58:52	40	00:26:31	46	01:36:41	M 45	7	00:00:00
41	429	Olberding Patrick	TuS Blau Weiß-Lohne	00:10:22	26	00:58:53	41	00:27:32	75	01:36:47	M 20	4	00:00:00
42	403	Hauptmann Andreas	ETG-Recklinghausen	00:10:43	37	00:58:38	37	00:27:42	80	01:37:03	M 45	8	00:00:00
43	580	Romberg Petra	SC Altenrheine	00:11:09	52					01:37:15	W 40	1	00:00:00
44	557	Hardeweg Steffen	Emsstern Rheine	00:11:22	57	00:59:30	47	00:26:33	47	01:37:25	M 20	5	00:00:00
45	423	Gehlen Markus	LG Rheine-Elte	00:12:10	91	00:59:30	48	00:26:05	38	01:37:45	M 45	9	00:00:00
46	579	Gerling Denise	SC-Altenrheine	00:09:19	7	00:59:01	42	00:29:47	130	01:38:07	W 30	1	00:00:00
47	588	Matheke Marcel	Team Hawaii	00:11:30	69	01:02:13	86	00:24:36	17	01:38:19	M 25	4	00:00:00
48	496	Riesmeier Barbara	LSF Münster	00:13:40	150	00:58:01	30	00:26:42	51	01:38:23	W 40	2	00:00:00
49	499	Remme Stefan	Marathon Ibbenbüren	00:11:24	60	00:59:14	32	00:27:57	83	01:38:35	M 25	5	00:01:00
50	626	Teigeler Martin	Marathon Steinfurt e.V	00:09:51	15	01:00:31	49	00:28:16	89	01:38:38	M 45	10	00:01:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
51	768	Götten Michael	Ibbenbüren	00:11:08	50	01:00:25	60	00:27:22	67	01:38:55	M 30	6	00:00:00
52	421	Braun Viktor	Nordrhein-Westfalen - Hör	00:14:56	194	00:57:32	25	00:26:35	48	01:39:03	M 30	7	00:00:00
53	841	Pagenkämper Frank	Dortmund	00:12:49	113	00:59:13	44	00:27:06	59	01:39:08	M 45	11	00:00:00
54	441	Ott Christian	ETG Recklinghausen	00:09:36	14	01:00:09	56	00:29:29	119	01:39:14	M 40	8	00:00:00
55	508	Görlich Reiner	TV HohneS	00:13:22	134	00:59:52	55	00:26:05	40	01:39:19	M 40	9	00:00:00
56	562	Chill Jan	Herner Triathlon Team 11	00:11:45	80	01:01:25	75	00:26:31	45	01:39:41	M 45	12	00:00:00
57	625	Schönborn Thomas	Trifinish Münster	00:12:27	104	01:03:29	111	00:23:59	12	01:39:55	M 25	6	00:00:00
58	613	Schulze Palstring Stefanie	ASV Köln Triathlon	00:10:26	27	01:01:35	79	00:27:56	82	01:39:57	W 20	1	00:00:00
59	486	Cordes Ulla	RW Kirchhundem	00:11:29	67	01:01:18	73	00:27:15	64	01:40:02	W 50	1	00:00:00
60	480	Brüggmann Andreas	W+F	00:12:58	118	01:00:16	58	00:27:00	57	01:40:14	M 50	7	00:00:00
61	526	Dobrzinski Sebastian	Rheine	00:11:25	62	00:59:22	45	00:29:28	117	01:40:15	M 30	8	00:00:00
62	560	Grond Josef	Marathon Steinfurt	00:14:54	193	00:58:22	33	00:27:01	58	01:40:17	M 60	1	00:00:00
63	437	Stübner Mathias	Team ERDINGER Alkohol	00:13:17	129	00:59:39	53	00:27:35	76	01:40:31	M 35	6	00:00:00
64	509	Kammertöns Hubert	TVE Langenberg	00:11:26	65	01:01:35	80	00:27:40	78	01:40:41	M 60	2	00:00:00
65	436	Mundhenke Andreas	Versmold	00:12:15	96	01:02:31	89	00:25:56	36	01:40:42	M 35	7	00:00:00
66	464	Walker-Olberding Nicole	TuS Blau Weiß-Lohne	00:11:04	48	01:00:26	61	00:29:15	112	01:40:45	W 45	1	00:00:00
67	755	Böhne-Hasenclever Reinhard	PV-Triathlon Witten	00:11:35	74	00:57:40	26	00:31:37	167	01:40:52	M 55	2	00:00:00
68	823	Julius Dr Julius	Hoppel Hoppel Wadelhei	00:11:36	75	01:00:55	68	00:28:23	92	01:40:54	M 40	10	00:00:00
69	532	Bröker Jule	LG Emsdetten Tri Team	00:08:46	4	01:03:52	94	00:28:29	93	01:41:07	N Jur	1	00:01:00
70	843	Voß Leo	WSU Tri Team Warendorf	00:11:07	49	01:02:01	83	00:28:05	85	01:41:13	M 45	13	00:00:00
71	427	Bosse Reiner	Lengerich	00:14:05	168	01:00:55	67	00:26:14	42	01:41:14	M 45	14	00:00:00
72	487	Cordes Gerhard	RW Kirchhundem	00:13:12	125	00:59:34	50	00:28:41	96	01:41:27	M 55	3	00:00:00
73	610	Wiethoelter Gerd	--	00:11:00	44	01:01:00	69	00:29:35	122	01:41:35	M 45	15	00:00:00
74	601	Spieker Andre	TuS Germania Horstmar	00:14:32	184	00:59:34	51	00:27:30	74	01:41:36	M 20	6	00:00:00
75	792	Gausmann Katrin	Osnabrücker SC	00:08:57	5	01:01:59	82	00:31:03	155	01:41:59	W 30	2	00:00:00
76	839	Winnemöller Ralf	Hörstel	00:11:21	56	01:00:50	65	00:30:01	135	01:42:12	M 40	11	00:00:00
77	600	Dittmeyer Andreas	SV TRICITY Darmstadt	00:12:27	106	01:03:40	113	00:26:05	39	01:42:12	M 50	8	00:00:00
78	434	Mess Herbert	Germania Asbeck	00:11:52	83	01:03:07	97	00:27:15	63	01:42:14	M 45	16	00:00:00
79	795	Thal Stefan	Lengerich	00:13:13	126	01:00:31	62	00:28:42	97	01:42:26	M 25	7	00:00:00
80	507	Meier Olaf	HTT 11	00:12:31	108	00:59:26	46	00:30:31	146	01:42:28	M 45	17	00:00:00
81	575	König Ingrid	SC Altenrheine	00:13:05	121	01:02:01	84	00:27:26	69	01:42:32	W 50	2	00:00:00
82	838	Glatzer Oliver	Osnabrücker SC	00:12:53	116	01:00:50	64	00:28:54	102	01:42:37	M 35	8	00:00:00
83	773	Dombrowski Markus	Tri Finish Münster	00:12:16	97	01:03:25	106	00:27:07	60	01:42:48	M 50	9	00:00:00
84	500	Jansing Matthias	one man army	00:10:54	42	01:02:14	87	00:29:45	126	01:42:53	M 25	8	00:00:00
85	491	Lillack Charlotte	LG Brillux Münster	00:13:07	122	01:03:55	119	00:25:52	35	01:42:54	W 20	2	00:00:00
86	802	Laudage Dirk	Rennrad-Treff Altenberge	00:12:25	103	01:00:24	59	00:30:24	143	01:43:13	M 35	9	00:00:00
87	829	Hüsing André	Hoppel Hoppel Wadelhei	00:11:26	64	01:01:16	72	00:30:42	149	01:43:24	M 40	12	00:00:00
88	492	Brüseke Andreas	TV Hohne	00:13:25	136	01:04:13	123	00:25:47	32	01:43:25	M 45	18	00:00:00
89	826	Petermann Stefan	Haren (EMS)	00:13:35	144	01:01:27	76	00:28:52	101	01:43:54	M 30	9	00:00:00
90	497	Koordt Achim	LG Emsdetten Tri Team	00:13:41	151	01:02:23	88	00:27:50	81	01:43:54	M 40	13	00:00:00
91	430	Schönhoff Thomas	Schönhoff Münster	00:11:02	47	01:02:40	91	00:30:17	140	01:43:59	M 40	14	00:00:00
92	438	Wesendahl Christian	SC Altenrheine	00:10:58	43	01:03:56	120	00:29:06	107	01:44:00	M 35	10	00:00:00
93	538	Hesping Ralf	SC Altenrheine	00:13:42	152	01:01:29	77	00:28:58	104	01:44:09	M 45	19	00:00:00
94	847	Lagemann Maik	LG Emsdetten	00:14:00	162	01:03:14	101	00:26:56	55	01:44:10	M 35	11	00:00:00
95	425	Scheid Franz	Münster	00:11:56	84	01:03:08	98	00:29:08	108	01:44:12	M 45	20	00:00:00
96	428	Terhorst Dirk	TuS Graf Kobbo Tecklenb	00:11:08	51	01:03:21	105	00:29:46	128	01:44:15	M 45	21	00:00:00
97	552	Harleman Jan	LOSSER	00:11:46	81	01:01:30	78	00:31:05	156	01:44:21	M 60	3	00:00:00
98	467	Veltrup Markus	LG Emsdetten Tri Team	00:27:51	1	01:43:59	236	00:28:14	87	01:44:22	M 50	10	00:00:00
99	495	Sukatsch Joerg	ISV	00:11:33	73	01:04:44	129	00:28:11	86	01:44:28	M 50	11	00:00:00
100	798	Kraft Axel	Oer-Erkenschwick	00:13:34	143	01:03:28	110	00:27:28	71	01:44:30	M 50	12	00:00:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf
101	627	Hoffmann Hans-Georg	SC-Altenrheine	00:14:12 176	01:02:51 93	00:27:29 73	01:44:32	M 50	13	00:00:00
102	546	Ahrens Markus	wietmarschen	00:14:26 182	01:03:01 95	00:27:14 62	01:44:41	M 35	12	00:00:00
103	483	Schmiemann Saskia	SV Teuto Riesenbeck	00:13:20 130	01:03:49 116	00:27:42 79	01:44:51	W 20	3	00:00:00
104	553	Wargers Ronny	Losser	00:10:38 33	01:07:36 165	00:26:40 50	01:44:54	M 50	14	00:00:00
105	617	Osthus Jens	TRISPEED Marienfeld	00:10:41 34	01:02:34 90	00:31:42 168	01:44:57	M 45	22	00:00:00
106	484	Franke Frank	TV Hohne	00:13:38 147	01:03:51 117	00:27:29 72	01:44:58	M 35	13	00:00:00
107	420	Kubarth Eduard	1.Tri-Team Gütersloh GT	00:11:25 63	01:04:25 125	00:29:20 115	01:45:10	M 60	4	00:00:00
108	632	Gottensträter Hartmut	Time2Skate	00:14:21 179	01:01:11 71	00:29:39 124	01:45:11	M 45	23	00:00:00
109	584	Obrikat Guido	TV Werne 03 Wasserfreu	00:10:38 32	01:05:01 133	00:29:46 129	01:45:25	M 40	15	00:00:00
110	488	Cordes Christine	TSG Lennestadt	00:13:08 124	01:04:02 121	00:28:15 88	01:45:25	W 30	3	00:00:00
111	591	Gratilow Timo	W+F Münster	00:13:31 141	01:01:49 81	00:30:11 139	01:45:31	M 35	14	00:00:00
112	417	Ulitzka Carsten	TriTeam Bevergern	00:12:35 109	01:05:27 142	00:27:37 77	01:45:39	M 40	16	00:00:00
113	772	Menger Nikolas	Ibbenbüren	00:16:04 213	01:03:52 118	00:25:58 37	01:45:54	M Jur	3	00:00:00
114	519	Kottke Carsten	Laer	00:12:58 117	01:03:02 96	00:29:54 131	01:45:54	M 45	24	00:00:00
115	840	Erpenbeck Axel	BSV Ostbevern	00:12:21 99	01:05:36 145	00:28:03 84	01:46:00	M 30	10	00:00:00
116	565	Imgeneberg Jens	HSC Tri-Team Hamm	00:14:09 174	01:00:54 66	00:30:59 153	01:46:02	M 45	25	00:00:00
117	513	Weidling Ralph	Münster	00:11:30 68	01:03:20 104	00:31:14 160	01:46:04	M 50	15	00:00:00
118	796	Ludwig Sascha	TV Lengerich	00:11:25 61	01:05:45 148	00:28:59 105	01:46:09	M 20	7	00:00:00
119	422	Kreft Gerald	TriStar	00:11:40 77	01:04:17 124	00:30:20 141	01:46:17	M 40	17	00:00:00
120	776	Schöler Burkhard	Hamm	00:12:43 112	01:04:52 130	00:28:44 98	01:46:19	M 50	16	00:00:00
121	631	Pieper Dennis	LG Emsdetten Tri Team	00:13:28 137	01:07:22 161	00:25:29 29	01:46:19	M 20	8	00:00:00
122	587	Caus Kristian	I.G Beelen	00:14:08 172	01:01:03 70	00:31:16 161	01:46:27	M 60	5	00:00:00
123	431	Harder Robert	TriStar	00:12:41 111	01:03:48 115	00:30:11 138	01:46:40	M 40	18	00:00:00
124	592	Wohlfahrt Felix	Emsdetten	00:13:59 161	01:03:19 103	00:29:26 116	01:46:44	M Jur	4	00:00:00
125	594	Rossmann Sebastian	Team Hawaii	00:14:18 177	01:03:14 100	00:29:29 118	01:47:01	M 30	11	00:00:00
126	462	Gerbens Jürgen	Soester-Tri-Team	00:12:52 115	01:02:09 85	00:32:01 172	01:47:02	M 55	4	00:00:00
127	603	Müller Lutz	W+F Münster			00:31:05 157	01:47:03	M 50	17	00:00:00
128	832	Becker Wolfram	Lengerich	00:12:11 93	01:06:35 154	00:28:19 90	01:47:05	M 50	18	00:00:00
129	837	Meier Sandra	Osnabrücker SC	00:12:38 110	01:06:10 150	00:28:37 95	01:47:25	W 40	3	00:00:00
130	763	Schwennecker Nicole	Hamm	00:13:59 160	01:04:43 128	00:28:45 99	01:47:27	W 45	2	00:00:00
131	564	Schulze Axel	Münster	00:10:07 22	01:07:21 160	00:29:59 132	01:47:27	M 50	19	00:00:00
132	451	Brox Paul	Münster	00:12:05 89	01:04:11 122	00:31:17 162	01:47:33	M 55	5	00:00:00
133	506	Möllers Ralf	Münster	00:14:07 171	01:01:22 74	00:32:14 174	01:47:43	M 50	20	00:00:00
134	433	Westerkofort Christian	TriStar	00:13:07 123	01:04:39 127	00:30:02 136	01:47:48	M 40	19	00:00:00
135	821	Kamp Oliver	Rheine	00:14:05 169	01:04:35 126	00:29:13 110	01:47:53	M 40	20	00:00:00
136	505	Gäbel Martin	Marathon Ibbenbüren	00:16:17 220	01:05:03 134	00:26:45 53	01:48:05	M 45	26	00:00:00
137	775	Holtkamp Ralf	BGA Tour	00:13:54 158	01:03:26 108	00:30:48 150	01:48:08	M 40	21	00:00:00
138	521	Magnus Dirk	LG Emsdetten Tri Team	00:13:33 142	01:03:46 114	00:30:59 154	01:48:18	M 35	15	00:00:00
139	599	Poninski Tomasz	Emsdetten	00:14:08 173	01:03:25 107	00:30:58 151	01:48:31	M 30	12	00:00:00
140	813	Berelsmann Andreas	TV-Georgsmarienhütte	00:13:31 140	01:05:24 141	00:29:37 123	01:48:32	M 45	27	00:00:00
141	419	Berghaus Stefan	TriTeam Bevergern	00:12:12 94	01:05:32 144	00:30:58 152	01:48:42	M 35	16	00:00:00
142	555	Streich Stefanie	TV Georgsmarienhütte	00:11:51 82	01:09:00 179	00:28:20 91	01:49:11	W 45	3	00:00:00
143	514	Karthäuser Markus	Wasser+Freizeit	00:12:06 90	01:02:49 92	00:34:22 199	01:49:17	M 45	28	00:00:00
144	596	Matheke Jürgen	TV Hohne	00:14:25 181	01:03:10 99	00:31:44 170	01:49:19	M 50	21	00:00:00
145	479	Wißmann Jens	Osnabrück	00:12:58 119	01:05:13 137	00:31:22 163	01:49:33	M 30	13	00:00:00
146	527	Brinkmann Klaus	ETuS Rheine	00:13:35 145	01:06:28 153	00:29:31 120	01:49:34	M 50	22	00:00:00
147	849	Bensch Dr. Waldemar	Etus Rheine	00:15:13 197	01:08:15 171	00:26:46 54	01:50:14	M 35	17	00:00:00
148	827	Büchter Jürgen	Ibbenbüren	00:14:48 190	01:08:13 170	00:27:27 70	01:50:28	M 50	23	00:00:00
149	573	Mense Andrea	Herzebrock	00:12:14 95	01:03:16 102	00:35:10 210	01:50:40	W 45	4	00:00:00
150	528	Wernink Gerhard	Steinfurt	00:10:47 39	01:03:31 112	00:36:27 218	01:50:45	M 45	29	00:00:00

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## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
151	771	Eick Holger	Bielefeld	00:16:07	214	01:07:23	162	00:27:20	65	01:50:50	M 45	30	00:00:00
152	525	Felchner Andre	LG Emsdetten Tri Team	00:16:38	223	01:05:44	146	00:28:33	94	01:50:55	M 45	31	00:00:00
153	463	Luckmann Reinhart	Läufer Münster	00:16:08	215	01:05:09	136	00:29:45	127	01:51:02	M 65	1	00:00:00
154	818	Lanvers Liska	LG Emsdetten	00:13:22	132	01:08:36	176	00:29:16	113	01:51:14	W 20	4	00:00:00
155	790	Heuing Helmut	TuS Germania Horstmar	00:15:33	205	01:07:00	156	00:28:46	100	01:51:19	M 55	6	00:00:00
156	585	Obrikat Kerstin	TV Werne 03 Wasserfreu	00:11:58	86	01:07:45	166	00:31:43	169	01:51:26	W 40	4	00:00:00
157	836	Neuhaus Helmut	W+F Münster	00:13:15	128	01:05:29	143	00:33:02	186	01:51:46	M 65	2	00:00:00
158	777	Schubert Ulf	Dortmund	00:13:51	156	01:05:07	135	00:32:51	183	01:51:49	M 40	22	00:00:00
159	611	Schaffer Thomas	Blomberg	00:13:45	154	01:06:48	155	00:31:34	166	01:52:07	M 50	24	00:00:00
160	503	Freyberg Claudia	ASC Ahlen	00:12:29	107	01:05:24	140	00:34:24	201	01:52:17	W 45	5	00:00:00
161	416	Bischof Thorsten	TriTeam Bevergern	00:15:42	208	01:06:15	151	00:30:29	145	01:52:26	M 35	18	00:00:00
162	424	Koch Frank	Hamm	00:11:42	78	01:08:26	173	00:32:22	176	01:52:30	M 45	32	00:00:00
163	624	Mitschke Bernd	Ibbenbüren	00:12:27	105	01:05:45	147	00:34:22	200	01:52:34	M 55	7	00:00:00
164	547	von der Straten Thomas	ETuS Rheine	00:14:45	189	01:08:19	172	00:29:59	133	01:53:03	M 50	25	00:00:00
165	756	Hasenclever Heike	PV-Triathlon Witten	00:12:05	88	01:07:57	168	00:33:06	187	01:53:08	W 55	1	00:00:00
166	801	Beckmann Rainer	Quakenbrück	00:15:13	196	01:07:35	164	00:30:21	142	01:53:09	M 45	33	00:00:00
167	460	Montag Werner	Sandhasen Bentlage	00:12:10	92	01:06:23	152	00:34:45	205	01:53:18	M 60	6	00:00:00
168	799	Middendorf Edith	Oer-Erkenschwick	00:13:31	139	01:10:36	189	00:29:17	114	01:53:24	W 45	6	00:00:00
169	794	Runde Detlev	Marathon Ibbenbüren	00:16:41	226	01:10:07	187	00:26:39	49	01:53:27	M 60	7	00:00:00
170	469	Woltering Verena	LG Emsdetten Tri Team	00:14:06	170	01:05:19	138	00:34:03	198	01:53:28	W 25	2	00:00:00
171	468	Lüttkemöller Daniel	LG Emsdetten Tri Team	00:13:35	146	01:05:54	149	00:33:59	197	01:53:28	M 30	14	00:00:00
172	456	Walters Ulrich	Ahaus	00:15:23	199	01:05:23	139	00:33:19	189	01:54:05	M 60	8	00:00:00
173	530	Pieper Thomas	LG Emsdetten Tri Team	00:11:28	66	01:11:33	194	00:31:13	159	01:54:14	M 50	26	00:00:00
174	576	Knäpper Inka	HSC Tri Team Hamm	00:13:21	131	01:07:59	169	00:33:10	188	01:54:30	W 35	1	00:00:00
175	623	Langenbrinck Anja	Emsdetten	00:14:36	185	01:08:42	177	00:31:12	158	01:54:30	W 40	5	00:00:00
176	803	Egbers Jürgen	SC UNION EMLICHHEIM	00:16:39	224	01:07:34	163	00:30:32	148	01:54:45	M 55	8	00:00:00
177	412	Schwieters Christian	TriTeam Bevergern	00:15:18	198	01:04:57	131	00:34:37	204	01:54:52	M 35	19	00:00:00
178	597	Rüßmann Andreas	Dortmund	00:13:39	149	01:11:18	193	00:30:04	137	01:55:01	M 45	34	00:00:00
179	522	Schlüter Barbara	LG Emsdetten Tri Team	00:10:37	31	01:09:13	181	00:35:17	211	01:55:07	W 40	6	00:00:00
180	834	Hartung Anna-Valeska	TSG 07 Burg Gretesch	00:14:23	180	01:07:01	157	00:33:46	192	01:55:10	W 25	3	00:00:00
181	846	Löchte Dirk	Tri Team Stenfurt	00:14:03	165	01:05:00	132	00:36:09	216	01:55:12	M 35	20	00:00:00
182	415	Lenzing Heinz	TriTeam Bevergern	00:14:50	192	01:07:55	167	00:32:42	181	01:55:27	M 45	35	00:00:00
183	489	Grube Frank	Tus Hiltrup/ Schachverein	00:14:39	186	01:08:59	178	00:32:34	179	01:56:12	M 40	23	00:00:00
184	791	Sietmann Beate	Aids-Hilfe Münster	00:10:06	21	01:13:33	208	00:32:43	182	01:56:22	W 45	7	00:00:00
185	766	Hefner Klaus	Ascheberg	00:14:03	164	01:10:03	186	00:32:27	178	01:56:33	M 35	21	00:00:00
186	548	Hopster Annika	Rheine	00:13:22	135	01:14:18	214	00:28:57	103	01:56:37	N Jur	2	00:00:00
187	549	Hopster Alena	Rheine	00:13:22	133	01:14:16	213	00:28:59	106	01:56:37	N Jur	3	00:00:00
188	819	Foppe Rüdiger	Just 4 Fun	00:15:31	203	01:09:09	180	00:32:09	173	01:56:49	M 50	27	00:00:00
189	455	Burger Martin	Münster	00:14:03	166	01:09:40	185	00:33:21	190	01:57:04	M 55	9	00:00:00
190	476	Nowak Anna Christina	ETG Recklinghausen	00:13:43	153	01:13:11	206	00:30:31	147	01:57:25	W 25	4	00:00:00
191	805	Brink Arend	SC Union Emlichheim	00:15:08	195	01:12:47	204	00:29:32	121	01:57:27	M 45	36	00:00:00
192	482	Weirauch Eva	LG Emsdetten	00:12:22	101	01:12:27	200	00:32:56	185	01:57:45	W 35	2	00:00:00
193	567	Raeker Andre	Münster	00:15:24	200	01:11:11	192	00:31:26	165	01:58:01	M 45	37	00:00:00
194	831	Pfeifer Jens	Westfalia Hopsten	00:13:58	159	01:13:45	212	00:30:25	144	01:58:08	M 45	38	00:00:00
195	614	Gang Julika	Triathlon Team Witten	00:14:28	183	01:08:35	175	00:35:22	212	01:58:25	W 45	8	00:00:00
196	452	Schaper Peter	Münster	00:15:47	209	01:07:11	159	00:36:04	214	01:59:02	M 55	10	00:00:00
197	789	Althoff Daniel	BGA-Tour	00:16:14	219	01:10:19	188	00:32:36	180	01:59:09	M 35	22	00:00:00
198	845	Brönstrp Nico	Ibbenbüren	00:16:48	228	01:13:38	210	00:29:11	109	01:59:37	M Jun	5	00:00:00
199	566	Lindebaum Marie	Saerbeck	00:15:36	206	01:09:21	183	00:34:52	206	01:59:49	N Jur	4	00:00:00
200	405	Korb Eckhard	Marathon Steinfurt	00:16:13	218	01:07:04	158	00:36:47	219	02:00:04	M 70	1	00:00:00

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## Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf
201	787	Baigar Natascha	Albersloh	00:14:04 167	01:11:06 191	00:35:05 208	02:00:15	W 20	5	00:00:00
202	598	Niggemann Andreas	Laufgruppe ziiiiisch und w	00:14:48 191	01:08:33 174	00:37:09 224	02:00:30	M 55	11	00:00:00
203	418	Lange Reinhold	TriTeam Bevergern - Stell	00:17:03 229	01:09:15 182	00:34:26 202	02:00:44	M 45	39	00:00:00
204	816	Upmann Rudolf	LG Rheine-Elte	00:13:30 138	01:15:13 217	00:32:15 175	02:00:58	M 60	9	00:00:00
205	520	Laszig Elke	SV Teuto Riesenbeck	00:15:32 204	01:11:35 195	00:33:54 196	02:01:01	W 55	2	00:00:00
206	470	Koch Thorsten	LG Emsdetten Tri Team	00:10:42 35	01:09:25 184	00:41:02 230	02:01:09	M 45	40	00:00:00
207	804	Pohlman Harald	SCU Emlichheim	00:16:40 225	01:13:34 209	00:31:25 164	02:01:39	M 50	28	00:00:00
208	493	Schulz Dietmar	Albersloh	00:17:14 231	01:11:37 196	00:32:52 184	02:01:43	M 45	41	00:00:00
209	554	Lippinkhoff Anne	Losser	00:12:21 100	01:15:33 219	00:33:52 195	02:01:46	W 25	5	00:00:00
210	754	Stauermann Hubert	Lippetal	00:16:12 217	01:12:32 202	00:33:31 191	02:02:15	M 60	10	00:00:00
211	615	von der Straten Regina	ETuS Rheine	00:15:59 211	01:11:40 197	00:34:56 207	02:02:35	W 50	3	00:00:00
212	550	Kleinhaus Wolfgang	TV Langenberg	00:13:39 148	01:15:33 220	00:33:47 193	02:02:59	M 50	29	00:00:00
213	453	Schaefer Joachim	Muenster	00:14:42 188	01:11:47 198	00:36:48 220	02:03:17	M 55	12	00:00:00
214	459	Dr.Streitberger Hans-Joachi	kein	00:13:45 155	01:10:53 190	00:40:33 229	02:05:11	M 65	3	00:00:00
215	780	Kissmann Dominik	Münster	00:16:33 222	01:15:23 218	00:33:51 194	02:05:47	M 20	9	00:00:00
216	542	Lorenz Martina	Emsdetten	00:14:11 175	01:14:39 215	00:37:07 222	02:05:57	W 45	9	00:00:00
217	543	Erdmann Birgit	Emsdetten	00:16:18 221	01:12:32 203	00:37:08 223	02:05:58	W 40	7	00:00:00
218	848	Reef Katrin	Steinfurt	00:15:28 201	01:16:33 223	00:34:31 203	02:06:32	W 50	4	00:00:00
219	411	Herrmann Thomas	TriTeam Bevergern	00:16:09 216	01:12:30 201	00:39:20 226	02:07:59	M 35	23	00:00:00
220	605	Heuing Meike	Marathon Ibbenbüren	00:14:41 187	01:13:43 211	00:39:42 228	02:08:06	W 30	4	00:00:00
221	620	Hoffmann Sebastian	Les canards de plomb	00:16:03 212	01:16:32 222	00:36:08 215	02:08:43	M 45	42	00:00:00
222	586	Steinforth Ewald	Obersteinbeck	00:17:06 230	01:12:59 205	00:39:21 227	02:09:26	M 55	13	00:00:00
223	752	Bodien Reno	Bochum	00:17:26 232	01:16:56 224	00:35:40 213	02:10:02	M 35	24	00:00:00
224	457	Völkert Hinz	LSF Münster	00:19:49 237	01:14:47 216	00:36:59 221	02:11:35	M 65	4	00:00:00
225	524	Rotthues Juergen	Stadtlohn	00:11:23 59	01:13:18 207	00:47:52 235	02:12:33	M 45	43	00:00:00
226	774	Tost Stefan	SC-Altenrheine	00:14:03 163	01:26:13 229	00:32:27 177	02:12:43	M 45	44	00:00:00
227	788	Baigar Heike	GW Albersloh	00:16:46 227	01:19:43 226	00:37:57 225	02:14:26	W 45	10	00:00:00
228	474	Klose Edgar	TV Langenberg	00:14:19 178	01:15:49 221	00:44:35 233	02:14:43	M 55	14	00:00:00
229	577	Streibel Stefan	Teuto Riesenbeck	00:13:53 157	01:31:19 232	00:29:41 125	02:14:53	M 50	30	00:00:00
230	633	Varnskühler Norbert	SV Teuto Riesenbeck	00:22:57 241	01:11:52 199	00:41:42 232	02:16:31	M 60	11	00:00:00
231	782	Schniederjann Frank	Grenzen	00:15:30 202	01:31:21 233	00:29:59 134	02:16:50	M 40	24	00:00:00
232	811	Heinemann Birgit	Marathon Steinfurt	00:15:37 207	01:30:03 230	00:31:56 171	02:17:36	W 50	5	00:00:00
233	604	Vonderhagen Ralf	Triateam Kira	00:15:52 210	01:21:15 227	00:41:04 231	02:18:11	M 50	31	00:00:00
234	808	Kottmann Rolf	LG Kotti			00:35:07 209	02:20:50	M 50	32	00:00:00
235	406	Korb Anneliese	Marathon Steinfurt	00:20:28 239	01:19:02 225	00:47:01 234	02:26:31	W 70	1	00:00:00
236	828	Mey Kati	Marathon Ibbenbüren	00:17:53 234	01:34:36 234	00:36:09 217	02:28:38	W 45	11	00:00:00
237	820	Litau Viktoria	Just 4 Fun	00:19:16 236			02:31:11	W 35	3	00:00:00
238	606	Kaminski Kirsten	Triateam Kira	00:19:04 235	01:30:12 231	00:49:39 236	02:38:55	W 45	12	00:00:00
239	472	Brinkmann Mechthild	Marathon Soest	00:17:43 233	01:39:11 235	00:56:15 237	02:53:09	W 65	1	00:00:00