

31 Riesenbecker Triathlon 2013

Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
1	487	Mersmann Timo	LTC FM Emsdetten	00:10:34	87	00:51:43	2	00:21:08	2	01:23:25	M 35	1	00:00:00
2	854	Eggert Sebastian	Mondi TriFinish Münster	00:08:07	7	00:53:12	6	00:22:18	10	01:23:37	M 25	1	00:00:00
3	588	Hoffmann Patrik	Wasser & Freizeit MS	00:08:59	22	00:52:37	4	00:22:19	11	01:23:55	M 30	1	00:00:00
4	790	Weiss Peter	SC Union 08 Lüdinghause	00:09:04	24	00:53:07	5	00:21:45	3	01:23:56	M 45	1	00:00:00
5	885	Feldschnieders Mark	LC Nordhorn	00:08:10	8	00:54:14	14	00:21:53	6	01:24:17	M 30	2	00:00:00
6	569	Schürmann Daniel	Mondi Trifinish Münster	00:08:45	16	00:53:37	8	00:22:02	7	01:24:24	M 30	3	00:00:00
7	783	Casimir Dirk	SC Union 08 Lüdinghause	00:07:56	3	00:54:18	15	00:22:22	12	01:24:36	M 40	1	00:00:00
8	403	Ricklin Manfred	SC Altenrheine	00:09:53	60	00:51:27	1	00:23:31	19	01:24:51	M 55	1	00:00:00
9	622	Czysch Boris	TEAM STARBIKEWEAR	00:08:30	10	00:53:13	7	00:23:15	16	01:24:58	M 30	4	00:00:00
10	614	Ensink Daniel	LC Nordhorn	00:08:02	4	00:54:08	12	00:23:29	18	01:25:39	M 30	5	00:00:00
11	509	Strotmann Matthias	Haselünner SV	00:12:01	171	00:53:37	9	00:20:05	1	01:25:43	M 35	2	00:00:00
12	633	Meyer Carsten	Zoo Osnabrück	00:08:05	5	00:52:11	3	00:25:33	67	01:25:49	M 40	2	00:00:00
13	607	Staggenborg Nick	SV Teuto Riesenbeck	00:07:35	2	00:54:12	13	00:24:23	31	01:26:10	M 25	2	00:00:00
14	857	Aßhoff Maik	TriTeam Selm	00:09:19	33	00:55:00	23	00:22:05	9	01:26:24	M Jun	1	00:00:00
15	774	Böttick Carsten	LC Nordhorn	00:09:35	42	00:54:42	17	00:22:35	14	01:26:52	M 35	3	00:00:00
16	772	Wiesen Christoph	Tri Finish Münster	00:08:57	21	00:54:52	20	00:23:11	15	01:27:00	M 30	6	00:00:00
17	400	Blaschke Göran	SC Altenrheine	00:08:38	12	00:54:57	22	00:23:43	22	01:27:18	M 35	4	00:00:00
18	479	Philipp Norbert	SC Altenrheine	00:08:06	6	00:55:30	26	00:23:48	23	01:27:24	M 50	1	00:00:00
19	599	Nübel Markus	1. Tri-Club Paderborn	00:09:57	63	00:55:57	28	00:21:48	4	01:27:42	M 40	3	00:00:00
20	765	Peine Sebastian	TVE Greven Triathlon	00:09:08	27	00:54:45	19	00:24:17	29	01:28:10	M 20	1	00:00:00
21	404	Westermann Ingo	SV Teuto Riesenbeck	00:09:02	23	00:54:54	21	00:24:14	27	01:28:10	M 30	7	00:00:00
22	879	Büscher Andreas	Tri-Team Dissen	00:09:51	58	00:56:25	32	00:22:02	8	01:28:18	M 50	2	00:00:00
23	791	Wilner Willi	SC Union 08 Lüdinghause	00:08:38	11	00:54:45	18	00:25:01	51	01:28:24	M 50	3	00:00:00
24	759	Remke Tobias	WSU Tri-Team Warendorf	00:09:36	43	00:53:55	10	00:25:02	52	01:28:33	M 40	4	00:00:00
25	401	Dirkes Christoph	SC Altenrheine	00:08:52	19	00:55:38	27	00:24:16	28	01:28:46	M 35	5	00:00:00
26	600	Melching Rudolf	SC Altenrheine	00:10:24	81	00:55:17	24	00:24:35	37	01:30:16	M 45	2	00:00:00
27	448	Nikulla Ulrich	TSVE Bielefeld 1890e.V.	00:10:07	70	00:56:02	30	00:24:17	30	01:30:26	M 55	2	00:00:00
28	786	Daldrup Christoph	SC Union 08 Lüdinghause	00:09:40	48	00:56:29	33	00:24:29	36	01:30:38	M 45	3	00:00:00
29	624	Becker Robert	TRISPEED Marienfeld	00:08:51	18	00:57:24	44	00:24:29	34	01:30:44	M 45	4	00:00:00
30	804	Marienfeld Markus	Jericho Tri Team	00:11:28	121	00:57:02	38	00:22:29	13	01:30:59	M 40	5	00:00:00
31	431	Uhlenbruch Ralf	SCA Altenrheine	00:08:45	15	00:57:26	45	00:24:55	49	01:31:06	M 45	5	00:00:00
32	515	Lüttkemöller Daniel	LTC Follow Me Emsdette	00:09:14	30	00:56:16	31	00:25:36	69	01:31:06	M 25	3	00:00:00
33	407	Rauer Michael	SC Altenrheine	00:10:39	92	00:55:22	25	00:25:14	54	01:31:15	M 40	6	00:00:00
34	619	Mittendorf Roland	Radevormwald	00:08:47	17	00:55:59	29	00:26:41	93	01:31:27	M 35	6	00:00:00
35	840	Probst Wolfgang	Marathon Steinfurt	00:09:48	54	00:57:31	46	00:24:25	32	01:31:44	M 45	6	00:00:00
36	584	Strotmeier Florian	WSU Tri-Team Warendorf	00:10:46	97	00:57:17	41	00:23:43	21	01:31:46	M 25	4	00:00:00
37	406	Brinkmann Jürgen	SC Altenrheine	00:09:36	45	00:57:10	39	00:25:17	57	01:32:03	M 50	4	00:00:00
38	796	Gerling Hendrik	BSG Westfalen AG	00:08:39	13	00:57:58	52	00:25:45	71	01:32:22	M 35	7	00:00:00
39	457	Ostendorf Stefan	Bevergern	00:11:44	144	00:54:06	11	00:26:58	103	01:32:48	M 20	2	00:00:00
40	851	Hellmich Siegfried	Köln	00:09:39	47	00:58:51	70	00:24:29	35	01:32:59	M 35	8	00:00:00
41	536	Watta Matthias	SC Altenrheine	00:08:40	14	00:57:22	42	00:26:59	104	01:33:01	M 45	7	00:00:00
42	498	Stolz Dirk	SC Altenrheine	00:09:43	50	00:58:02	53	00:25:45	70	01:33:30	M 25	5	00:00:00
43	644	Sumbeck Imke	LC Nordhorn	00:10:14	75	00:58:06	55	00:25:19	61	01:33:39	W 25	1	00:00:00
44	884	Strathaus Nils	Münster	00:10:00	65	00:58:36	63	00:25:17	56	01:33:53	M Jun	2	00:00:00
45	571	Dobrzinski Oliver	SC Altenrheine	00:09:48	55	00:59:09	78	00:25:18	59	01:34:15	M 30	8	00:00:00
46	850	Glose Frank	TUS Bersenbrück	00:09:56	61	00:59:29	87	00:24:51	45	01:34:16	M 45	8	00:00:00
47	782	Birrong Henric	SC Union 08 Lüdinghause	00:09:16	31	00:57:36	49	00:27:28	114	01:34:20	M 45	9	00:00:00
48	878	Rosenbaum Dieter	TRI Finish MS	00:09:14	29	00:57:13	40	00:28:01	129	01:34:28	M 55	3	00:00:00
49	771	Kämper Marcel	TriFinish	00:12:16	195	00:56:38	35	00:25:34	68	01:34:28	M 25	6	00:00:00
50	581	Tepe Frank	Hörstel	00:12:37	223	00:57:45	50	00:24:12	26	01:34:34	M 35	9	00:00:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
51	553	Kotten Udo	Lengerich	00:10:35	89	00:59:27	86	00:24:55	48	01:34:57	M 35	10	00:00:00
52	480	Ricklin Jens	SC Altenrheine	00:10:50	98	00:59:34	90	00:24:37	38	01:35:01	M 25	7	00:00:00
53	496	Scharfenstein Sven	Beckum	00:11:43	141	00:56:50	37	00:26:30	88	01:35:03	M 40	7	00:00:00
54	623	Brinker Uwe	LC Nordhorn	00:09:27	37	00:58:50	69	00:26:48	98	01:35:05	M 50	5	00:00:00
55	527	Richter Ingo	Marathon Ibbenbüren	00:12:21	203	00:58:07	56	00:24:38	39	01:35:06	M 40	8	00:00:00
56	889	Schulte-Bosies Markus	WSU Tri Team Warendorf	00:10:25	82	00:59:12	79	00:25:30	66	01:35:07	M Jun	3	00:00:00
57	636	Sudmann Rolf	TriFinish	00:09:57	62	00:58:41	65	00:26:30	89	01:35:08	M 45	10	00:00:00
58	870	Mörtl Sebastian	Ibbenbüren	00:09:25	35	01:02:36	158	00:23:16	17	01:35:17	M 30	9	00:00:00
59	586	Grond Josef	Marathon Steinfurt	00:11:56	163	00:58:34	62	00:24:48	42	01:35:18	M 60	1	00:00:00
60	462	Hauptmann Andreas	Recklinghausen	00:10:19	78	00:58:15	58	00:26:52	101	01:35:26	M 45	11	00:00:00
61	561	Lammers Dominik	W+F Münster	00:11:22	115	00:58:47	68	00:25:27	63	01:35:36	M 25	8	00:00:00
62	483	Angenendt Jens	Osnabrück	00:11:33	126	01:00:03	110	00:24:03	25	01:35:39	M 35	11	00:00:00
63	784	Claassen Christian	SC Union 08 Lüdinghause	00:10:07	69	00:57:35	48	00:28:03	130	01:35:45	M 50	6	00:00:00
64	591	Anders Maik	Osnabrück	00:09:50	57	01:00:05	113	00:26:00	77	01:35:55	M 40	9	00:00:00
65	430	Schaper Thomas	Münster	00:09:34	41	00:58:18	60	00:28:03	131	01:35:55	M 25	9	00:00:00
66	582	Meiser Corinna	LSF Münster	00:09:29	39	01:00:29	125	00:26:07	82	01:36:05	W 40	1	00:00:00
67	573	Ketzer Christoph	Iserlohner Triathlon Team	00:09:45	51	00:59:23	83	00:27:07	107	01:36:15	M 45	12	00:00:00
68	559	Beermann Steffen	SV Teuto Riesenbeck	00:09:36	44	01:00:22	122	00:26:23	86	01:36:21	M 25	10	00:00:00
69	422	Reeker Timo	Topp die Wette gilt...	00:11:39	133	00:58:59	75	00:25:46	72	01:36:24	M 35	12	00:00:00
70	846	Brege Bernd	LC Nordhorn	00:10:10	71	01:00:08	115	00:26:08	83	01:36:26	M 45	13	00:00:00
71	497	Tepe Raphael	SC Altenrheine	00:09:13	28	00:59:45	97	00:27:29	115	01:36:27	M Jun	4	00:00:00
72	645	Janta Klaudius	LV Tri Star Oelde	00:10:05	68	01:00:34	127	00:25:52	75	01:36:31	M 45	14	00:00:00
73	419	Kuhlmann Björn	Vfl Hüls	00:11:37	131	01:00:03	111	00:24:54	47	01:36:34	M 30	10	00:00:00
74	844	Meyhuber Frank	Tri Run Ibbenbüren	00:09:06	25	00:57:33	47	00:30:00	181	01:36:39	M 35	13	00:00:00
75	891	Flatemersch Torben	LG Osnabrück	00:12:01	169	01:01:09	137	00:23:32	20	01:36:42	M Jun	5	00:00:00
76	780	Aschermann Lennart	Spvgg Brandlecht Hestrup	00:12:50	239	00:56:37	34	00:27:18	110	01:36:45	M 20	3	00:00:00
77	809	Menger Carsten	Trirun Ibbenbüren	00:11:43	140	01:00:04	112	00:24:59	50	01:36:46	M 40	10	00:00:00
78	567	Reichling Marc	Haltern am See	00:09:20	34	01:01:29	144	00:26:02	80	01:36:51	M 35	14	00:00:00
79	634	Schieße Peer	OSC-LKG					00:24:50	43	01:37:01	M 50	7	00:00:00
80	520	Siering Norbert	GWSteinbeck	00:12:02	173	00:58:42	66	00:26:30	90	01:37:14	M 50	8	00:00:00
81	583	Westerbusch Timo	SV Hellern	00:11:37	130	00:54:34	16	00:31:03	216	01:37:14	M 25	11	00:00:00
82	643	Klimek Joachim	MTV Kronberg Triathlon	00:12:25	207	00:57:24	43	00:27:27	112	01:37:16	M 50	9	00:00:00
83	880	Revermann Martin	Salzbergen	00:12:34	218	01:00:20	120	00:24:26	33	01:37:20	M 45	15	00:00:00
84	606	Sonntag Mike	MC-Pirate	00:11:20	114	00:58:17	59	00:27:48	124	01:37:25	M 45	16	00:00:00
85	766	Pagenkämper Frank	Dortmund	00:11:40	135	00:58:08	57	00:27:47	123	01:37:35	M 45	17	00:00:00
86	537	Roß Josef	SC Altenrheine	00:11:29	122	00:58:58	74	00:27:08	108	01:37:35	M 45	18	00:00:00
87	409	Walker-Olberding Nicole	TuS Blau-Weiß-Lohne Tri	00:10:32	84	00:59:24	84	00:27:42	120	01:37:38	W 45	1	00:00:00
88	886	Kallabis Michael	Lingen	00:09:29	38	01:02:42	162	00:25:29	64	01:37:40	M 40	11	00:00:00
89	604	Schwarte Dieter	ENGEL-Quakenbrück	00:11:26	118	01:00:25	124	00:25:49	73	01:37:40	M 45	19	00:00:00
90	775	Gewohn Simon	Kanu-Club-Rheine	00:11:27	119	01:00:16	118	00:26:01	78	01:37:44	M 25	12	00:00:00
91	646	Wendker Thomas	Brock Rocks	00:11:55	161	01:01:12	139	00:24:45	40	01:37:52	M 45	20	00:00:00
92	890	Jungeblut Jens	Meppen	00:11:09	107	00:59:50	103	00:27:04	106	01:38:03	M 40	12	00:00:00
93	825	Göldner Frank	SC Union 08 Lüdinghause	00:12:43	229	00:56:38	36	00:28:55	155	01:38:16	M 45	21	00:00:00
94	620	Büscher Susanne	1. TCO Die Bären	00:10:15	76	01:00:06	114	00:27:56	128	01:38:17	W 45	2	00:00:00
95	549	Nössler Johannes	Tri-Finish Münster	00:08:56	20	01:03:06	169	00:26:29	87	01:38:31	M 25	13	00:00:00
96	451	Kubarth Eduard	1.Tri-Team Gütersloh GT	00:10:22	79	00:59:50	102	00:28:29	145	01:38:41	M 60	2	00:00:00
97	829	Herbort Franz	Dampflok Driehausen	00:12:09	185	01:01:11	138	00:25:22	62	01:38:42	M 45	22	00:00:00
98	641	Deifuß Holger	FC Nordkirchen	00:11:02	102	01:02:25	157	00:25:15	55	01:38:42	M 45	23	00:00:00
99	894	Diessel D.	Aachen	00:12:54	243	00:59:55	106	00:25:55	76	01:38:44	M 25	14	00:00:00
100	552	Lemper Bernd	SC Glandorf 36	00:11:04	103	01:00:17	119	00:27:24	111	01:38:45	M 30	11	00:00:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf
101	856	Wolking Clemens	LSF Münster	00:13:20 265	00:59:56 108	00:25:30 65	01:38:46	M 50	10	00:00:00
102	574	Lischka Anne	WSU-Tri-Team Warendorf	00:11:35 128	00:59:43 96	00:27:28 113	01:38:46	W 35	1	00:00:00
103	863	Hagn Thomas	TWE Tri-Team	00:09:07 26	01:01:54 151	00:27:49 125	01:38:50	M 45	24	00:00:00
104	539	Kortmann Markus	TEAM Erdinger Alkoholfre	00:12:34 216	01:02:25 156	00:23:54 24	01:38:53	M 30	12	00:00:00
105	598	Donnermeyer Julian	Tri Finish Münster	00:09:30 40	00:58:52 71	00:30:32 202	01:38:54	M 20	4	00:00:00
106	807	Gehlen Markus	LG Rheine-Elte	00:12:50 238	00:59:53 105	00:26:14 84	01:38:57	M 45	25	00:00:00
107	618	Klug Marcel	Münster	00:10:33 85	00:59:58 109	00:28:31 147	01:39:02	M 20	5	00:00:00
108	589	Röper Henrik	Münster	00:12:35 220	01:00:45 129	00:25:49 74	01:39:09	M 30	13	00:00:00
109	446	Stübner Mathias	Mister X	00:13:40 276	00:58:55 73	00:26:49 100	01:39:24	M 35	15	00:00:00
110	892	Jürgens Lukas	LG Osnabrück	00:12:42 228	01:04:51 201	00:21:52 5	01:39:25	M Jur	6	00:00:00
111	469	Bosse Reiner	Lengerich	00:12:40 226	01:00:30 126	00:26:16 85	01:39:26	M 40	13	00:00:00
112	585	Strotmeier Franz Josef	WSU Tri-Team Warendorf	00:12:09 187	00:59:35 92	00:27:47 122	01:39:31	M 55	4	00:00:00
113	827	Vogt Christian	Tri-Team Hagen	00:09:47 53	01:03:07 170	00:26:38 91	01:39:32	M 30	14	00:00:00
114	805	Lagemann Maik	LG Emsdetten	00:12:21 205	01:00:21 121	00:26:57 102	01:39:39	M 35	16	00:00:00
115	458	Kaup Holger	SC Altenrheine	00:10:13 74	00:59:46 98	00:29:42 172	01:39:41	M 40	14	00:00:00
116	819	Stenzel Michael	Marathon Steinfurt	00:11:37 132	00:59:42 95	00:28:24 143	01:39:43	M 50	11	00:00:00
117	821	Becke Christian	Teuto Riesenbeck	00:12:53 242	00:58:22 61	00:28:57 156	01:40:12	M 40	15	00:00:00
118	610	Meyer Herbert	Ibbenbüren	00:09:59 64	00:59:26 85	00:30:50 210	01:40:15	M 50	12	00:00:00
119	778	Kammertöns Hubert	Langenberg	00:11:46 148	01:00:54 133	00:27:40 118	01:40:20	M 60	3	00:00:00
120	611	Brügmann Andreas	W+F	00:31:50 1	01:45:23 344	00:26:47 97	01:40:20	M 50	13	00:00:00
121	764	Kronenberg Markus	Osnabrück	00:11:08 106	00:59:52 104	00:29:25 164	01:40:25	M 35	17	00:00:00
122	447	Ott Christian	ETG - Recklinghausen	00:09:49 56	01:01:15 140	00:29:21 162	01:40:25	M 40	16	00:00:00
123	472	Besting Ulrich	androGym Münster	00:10:43 95	01:01:39 147	00:28:06 134	01:40:28	M 55	5	00:00:00
124	872	Winnemöller Ralf	Hörstel	00:11:14 111	00:58:39 64	00:30:41 206	01:40:34	M 40	17	00:00:00
125	824	Menger Frank	Ibbenbüren	00:13:12 259	00:59:19 82	00:28:08 136	01:40:39	M 30	15	00:00:00
126	882	Hoffmann Hans-Georg	SC Altenrheine	00:12:46 232	01:00:14 116	00:27:41 119	01:40:41	M 50	14	00:00:00
127	798	Horstmann Michael	Mettingen	00:11:13 109	00:59:48 100	00:29:44 174	01:40:45	M 25	15	00:00:00
128	887	Frenke Jonas	Volker & Racho	00:12:09 186	00:59:19 81	00:29:18 161	01:40:46	M 20	6	00:00:00
129	875	Öing Thomas	Sportbeat.de	00:13:19 264	01:02:43 163	00:24:47 41	01:40:49	M 45	26	00:00:00
130	758	Alaze Matthias	Lg Emsdetten	00:10:34 86	01:02:06 152	00:28:10 137	01:40:50	M 45	27	00:00:00
131	859	Elfers Jürgen	Köln	00:09:53 59	01:02:37 161	00:28:22 141	01:40:52	M 45	28	00:00:00
132	544	Teigeler Martin	Marathon Steinfurt	00:10:10 72	01:01:05 135	00:29:43 173	01:40:58	M 45	29	00:00:00
133	518	Roos Christian	GW Steinbeck	00:12:02 172	00:58:43 67	00:30:14 188	01:40:59	M 45	30	00:00:00
134	526	Prinz Guido	Tus Recke	00:11:45 146	00:59:00 76	00:30:15 189	01:41:00	M 40	18	00:00:00
135	441	ter Bahne Lars	Radclub Emsbüren	00:12:30 213	01:00:14 117	00:28:24 142	01:41:08	M 40	19	00:00:00
136	806	Witte Ingo	Team Schaltzentrale	00:13:01 250	00:58:05 54	00:30:24 194	01:41:30	M 35	18	00:00:00
137	482	Bölker Birgit	SC Altenrheine	00:12:18 199	00:59:18 80	00:30:02 182	01:41:38	W 45	3	00:00:00
138	627	Witte Andreas	Stella Bevergern	00:12:15 194	00:59:07 77	00:30:20 190	01:41:42	M 40	20	00:00:00
139	511	Cordes Gerhard	RW Kirchhundem	00:13:56 283	00:59:33 89	00:28:16 140	01:41:45	M 55	6	00:00:00
140	519	Matheke Marcel	AllroundsportMM	00:12:36 222	01:03:55 188	00:25:17 58	01:41:48	M 25	16	00:00:00
141	510	Cordes Ulla	RW Kirchhundem	00:12:14 192	01:01:46 149	00:28:07 135	01:42:07	W 50	1	00:00:00
142	762	Eick Holger	Bielefeld	00:11:54 159	01:00:47 131	00:29:34 170	01:42:15	M 45	31	00:00:00
143	843	Altmann Marion	Rheine	00:08:14 9	01:02:58 168	00:31:18 221	01:42:30	W 35	2	00:00:00
144	513	Korbanek Olaf	SC Altenrheine	00:12:32 214	00:59:35 91	00:30:26 198	01:42:33	M 40	21	00:00:00
145	792	Wilner Anne	SC Union 08 Lüdinghause	00:10:01 67	01:01:35 146	00:30:59 214	01:42:35	W 45	4	00:00:00
146	631	Blom Lennart	RSV Concordia Lengerich	00:12:14 193	01:02:12 154	00:28:14 139	01:42:40	M 20	7	00:00:00
147	547	Niemöller Thomas	Ibbenbüren	00:14:02 289	00:57:52 51	00:30:47 208	01:42:41	M 40	22	00:00:00
148	603	Farwick Andreas	TV Georgsmarienhütte	00:12:33 215	01:05:37 218	00:24:51 44	01:43:01	M 40	23	00:00:00
149	551	Lemper Christina	SC Glandorf 36	00:15:23 324	01:02:45 164	00:24:53 46	01:43:01	W 25	2	00:00:00
150	818	Schiemann Hendrik	Bremen	00:12:47 234	01:00:24 123	00:29:54 180	01:43:05	M 35	19	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf			
151	477	Böhne-Hasenclever Reinhard	PV-Triathlon Witten	00:10:56	100	00:59:40	94	00:32:30	251	01:43:06	M 55	7	00:00:00
152	637	Köhler Thomas	Münster	00:12:55	244	01:03:34	181	00:26:41	92	01:43:10	M 50	15	00:00:00
153	562	Struzik Christian	TCH Selbst	00:12:17	198	01:02:37	159	00:28:25	144	01:43:19	M 35	20	00:00:00
154	812	Neuhaus Gerrit	Berlin	00:10:52	99	01:05:42	221	00:26:48	99	01:43:22	M 30	16	00:00:00
155	898	Erpenbeck Alex	BSV Ostbevern	00:12:46	231	01:03:30	178	00:27:08	109	01:43:24	M 25	17	00:00:00
156	506	Gäbel Martin	Marathon Ibbenbüren	00:14:55	310	01:03:32	179	00:25:07	53	01:43:34	M 45	32	00:00:00
157	797	Holthaus Frank	LG Rheine -Elte	00:11:31	124	01:01:16	141	00:30:59	213	01:43:46	M 35	21	00:00:00
158	421	Meier Olaf	SV Gladbeck 13	00:11:57	165	00:59:32	88	00:32:22	248	01:43:51	M 45	33	00:00:00
159	816	Reimers Damian	Altenberge	00:09:40	49	01:01:29	143	00:32:44	254	01:43:53	M 20	8	00:00:00
160	504	Hesping Ralf	SC Altenrheine	00:11:41	137	01:02:37	160	00:29:40	171	01:43:58	M 45	34	00:00:00
161	542	Kirst Thomas	1.Tri-Team Güters GTV	00:11:36	129	01:03:53	187	00:28:37	149	01:44:06	M 50	16	00:00:00
162	787	Jakob Bernd	SC Union 08 Lüdinghause	00:11:23	116	01:01:29	145	00:31:16	219	01:44:08	M 55	8	00:00:00
163	616	Diekmann Anne	SV Ballsport Eversburg	00:11:33	125	01:03:52	186	00:28:44	152	01:44:09	W 45	5	00:00:00
164	895	Serafin Melissa	Tritus SV Neptun	00:12:53	240	01:03:13	175	00:28:04	132	01:44:10	W 25	3	00:00:00
165	566	Stüllein Bettina	W+F Münster	00:12:13	190	01:01:04	134	00:30:54	212	01:44:11	W 35	3	00:00:00
166	465	Mundhenke Andreas	Versmold	00:11:52	157	01:04:20	194	00:28:13	138	01:44:25	M 35	22	00:00:00
167	523	Rossmann Sebastian	Team Rossi	00:12:40	225	01:05:03	206	00:26:43	94	01:44:26	M 30	17	00:00:00
168	835	Sewing Sven	Münster	00:12:27	210	01:00:38	128	00:31:30	230	01:44:35	M 35	23	00:00:00
169	817	Jung-Wüller Theodor	Jericho Tri Team	00:13:26	268	00:59:48	101	00:31:30	231	01:44:44	M 45	35	00:00:00
170	803	Offermann Jill	Jericho Tri Team	00:09:27	36	01:03:49	183	00:31:28	229	01:44:44	W 30	1	00:00:00
171	808	Laudage Dirk	Altenberge	00:11:41	136	00:59:48	99	00:33:16	263	01:44:45	M 35	24	00:00:00
172	753	Joppich Kay	EFC Emsbusch 02	00:12:21	204	01:01:54	150	00:30:30	201	01:44:45	M 30	18	00:00:00
173	423	Botzke Andreas	Topp die Wette gilt	00:12:38	224	01:03:14	176	00:29:04	157	01:44:56	M 40	24	00:00:00
174	572	Ketzer Ina	Iserlohner Triathlon Team	00:11:42	139	01:03:49	182	00:29:28	165	01:44:59	W 45	6	00:00:00
175	852	Hüsing Rainer	Marathon Steinfurt	00:11:25	117	01:01:24	142	00:32:11	244	01:45:00	M 50	17	00:00:00
176	773	Neuhaus Helmut	W+F Münster	00:12:06	180	01:00:45	130	00:32:23	249	01:45:14	M 65	1	00:00:00
177	541	Borgmeier Nadine	LSF Münster	00:10:16	77	01:08:52	261	00:26:06	81	01:45:14	W 25	4	00:00:00
178	507	Schnieders Markus	TriRun Ibbenbüren	00:12:00	168	01:06:24	230	00:27:00	105	01:45:24	M 35	25	00:00:00
179	577	Gratlow Timo	Telgte	00:12:46	233	01:02:17	155	00:30:24	195	01:45:27	M 35	26	00:00:00
180	761	Meyer Frank	Kette links Senne	00:13:48	278	01:04:57	204	00:26:43	96	01:45:28	M 40	25	00:00:00
181	455	Fopp Patrick	Tecklenburg-Ledde	00:12:57	247	01:02:12	153	00:30:20	191	01:45:29	M 20	9	00:00:00
182	820	Spitzmüller Harald	Pluggendorfer Kreisel	00:14:05	294	00:58:54	72	00:32:40	253	01:45:39	M 40	26	00:00:00
183	534	Petrich Alexander	Recke	00:13:09	255	01:05:06	209	00:27:44	121	01:45:59	M 30	19	00:00:00
184	470	Korte Bettina	Münster	00:11:55	162	01:03:33	180	00:30:32	203	01:46:00	W 25	5	00:00:00
185	439	Braun Viktor	Topp die Wette gilt	00:15:04	313	01:01:09	136	00:29:50	178	01:46:03	M 25	18	00:00:00
186	602	Brinkmann Klaus	ETuS Rheine	00:12:19	200	01:05:14	212	00:28:34	148	01:46:07	M 45	36	00:00:00
187	481	Windmann Björn	BSG Wersen	00:14:09	296	01:04:15	193	00:27:50	127	01:46:14	M 35	27	00:00:00
188	410	Austinat Nadine	Iserlohner Triathlon Team	00:09:17	32	01:05:06	208	00:32:01	240	01:46:24	W 25	6	00:00:00
189	512	Cordes Christine	TSG Lennestadt	00:13:36	274	01:04:33	197	00:28:31	146	01:46:40	W 30	2	00:00:00
190	833	Julius Dr. Patrick	Hoppel Hoppel Wadelhei	00:11:42	138	01:03:09	172	00:31:49	237	01:46:40	M 40	27	00:00:00
191	810	Hüsing André	Rheine	00:11:55	160	01:02:56	166	00:31:49	236	01:46:40	M 40	28	00:00:00
192	555	Hüning Ingo	Münster	00:13:38	275	01:02:52	165	00:30:13	186	01:46:43	M 45	37	00:00:00
193	757	Schwennecker Nicole	LG Hamm	00:12:58	248	01:05:05	207	00:28:47	153	01:46:50	W 40	2	00:00:00
194	575	Möllers Ralf	Münster	00:12:05	178	01:03:09	173	00:31:36	233	01:46:50	M 50	18	00:00:00
195	505	Runde Detlev	Marathon Ibbenbüren	00:15:59	340	01:05:39	219	00:25:18	60	01:46:56	M 60	4	00:00:00
196	535	Dreverhoff Peter	Undeloh	00:12:06	181	01:05:41	220	00:29:13	159	01:47:00	M 50	19	00:00:00
197	877	Dirks Heike	Fortuna Logabirum	00:10:35	88	01:05:42	222	00:30:45	207	01:47:02	W 50	2	00:00:00
198	460	Hackländer Michael	WSU Tri. Team	00:12:05	179	01:05:57	227	00:29:10	158	01:47:12	M 40	29	00:00:00
199	579	Weidling Ralph	Münster	00:11:50	154	01:03:15	177	00:32:09	242	01:47:14	M 50	20	00:00:00
200	630	Cordsmeier Martin	RMC Schloß Neuhaus	00:12:03	175	00:59:40	93	00:35:32	294	01:47:15	M 45	38	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf
201	502	Schnieders Vera	TriRun Ibbenbüren	00:13:09 256	01:03:12 174	00:31:05 217	01:47:26	W 35	4	00:00:00
202	865	Strotmeier Axel	RHTC Rheine	00:11:16 112	01:08:34 256	00:27:38 116	01:47:28	M Jur	7	00:00:00
203	845	Freimuth Matthias	Ibbenbüren	00:14:03 292	01:07:25 242	00:26:02 79	01:47:30	M 45	39	00:00:00
204	799	Kröger Andreas	Marathon Steinfurt	00:11:52 156	01:00:48 132	00:35:02 292	01:47:42	M 50	21	00:00:00
205	813	Beecken Ingo	Tri-Team DFBe	00:11:48 151	01:06:43 235	00:29:17 160	01:47:48	M 35	28	00:00:00
206	449	Raubart Martin	Tauchclub Bluering Ware	00:12:45 230	01:04:52 202	00:30:13 187	01:47:50	M 50	22	00:00:00
207	540	Eppe Klaus	TVE Greven Triathlon	00:12:04 177	01:04:00 190	00:31:53 238	01:47:57	M 40	30	00:00:00
208	860	Czech Thomas	Ladenburg	00:12:00 167	01:01:42 148	00:34:18 281	01:48:00	M 45	40	00:00:00
209	628	wernink gerhard	Marathon Steinfurt	00:10:44 96	01:03:51 184	00:33:35 265	01:48:10	M 45	41	00:00:00
210	545	Harleman Jan	Tri-Losser	00:11:04 104	01:04:48 199	00:32:19 247	01:48:11	M 60	5	00:00:00
211	781	Mertens Palle	Vorwärts Lowina	00:12:08 184	01:06:31 231	00:29:33 169	01:48:12	M 40	31	00:00:00
212	533	Streibel Stefan	Teuto Riesenbeck	00:12:26 208	01:05:19 213	00:30:29 200	01:48:14	M 50	23	00:00:00
213	752	Tottmann Michael	Ochtrup	00:12:35 219	01:05:29 215	00:30:21 192	01:48:25	M 40	32	00:00:00
214	425	Güttler Thorsten	Münster	00:15:18 323	01:05:33 217	00:27:39 117	01:48:30	M 25	19	00:00:00
215	831	Krawietz Carsten	Hörstel	00:14:25 303	01:07:26 243	00:26:43 95	01:48:34	M 20	10	00:00:00
216	530	König Ingrid	SC Altenrheine	00:12:13 191	01:05:51 224	00:30:35 204	01:48:39	W 50	3	00:00:00
217	452	Stein Vanessa	Münster	00:13:56 284	01:04:56 203	00:29:47 176	01:48:39	W 35	5	00:00:00
218	420	Braatz Oliver	BSG Wersen	00:15:38 336	01:04:22 195	00:28:39 150	01:48:39	M 45	42	00:00:00
219	426	Korsmeyer Sven	Topp die Wette gilt	00:12:07 183	00:59:55 107	00:36:50 309	01:48:52	M 35	29	00:00:00
220	556	Nübel Heike	1. Tri-Club Paderborn	00:12:34 217	01:06:43 236	00:29:49 177	01:49:06	W 40	3	00:00:00
221	594	Hagemann Dieter	SC Hörstel	00:14:34 306	01:05:08 210	00:29:32 168	01:49:14	M 50	24	00:00:00
222	516	Matheke Jürgen	LENGERICH	00:14:44 308	01:02:57 167	00:31:37 234	01:49:18	M 50	25	00:00:00
223	883	Stelwecke Markus	SC Melle 03	00:13:15 261	01:05:59 228	00:30:25 197	01:49:39	M 40	33	00:00:00
224	503	Freyberg Claudia	ASC Ahlen	00:11:43 143	01:03:56 189	00:34:11 280	01:49:50	W 45	7	00:00:00
225	450	Kersting Jens	Ibbenbüren	00:11:30 123	01:04:51 200	00:33:31 264	01:49:52	M 20	11	00:00:00
226	800	Dr. Diessel Clemens	Osnabrücker Ruderverein	00:12:57 246	01:07:32 245	00:29:25 163	01:49:54	M 55	9	00:00:00
227	443	Caus Kristian	L.G Beelen	00:13:08 254	01:03:07 171	00:33:39 267	01:49:54	M 60	6	00:00:00
228	467	Heyen-Wiese Michaela	Ute Mückel Triathlon Tea	00:15:04 312	01:04:15 192	00:30:36 205	01:49:55	W 45	8	00:00:00
229	434	Berghaus Stefan	Top die Wette gilt	00:11:45 147	01:07:22 240	00:31:02 215	01:50:09	M 30	20	00:00:00
230	874	Meyer Michael	Nordhorn	00:11:53 158	01:04:22 196	00:33:55 274	01:50:10	M 25	20	00:00:00
231	592	Pahlke Thomas	TV Werne 03 Wasserfreu	00:12:12 189	01:06:40 234	00:31:27 226	01:50:19	M 45	43	00:00:00
232	416	Wellmann Oliver	BSG Wersen	00:15:16 321	01:04:37 198	00:30:50 209	01:50:43	M 40	34	00:00:00
233	837	Bauerdick Tobias	Arnsberg	00:11:00 101	01:09:23 268	00:30:24 193	01:50:47	M 30	21	00:00:00
234	754	Hemker Daniel	EFC Emsbusch	00:13:05 251	01:03:51 185	00:33:51 273	01:50:47	M 25	21	00:00:00
235	532	Hesping Andrea	SC Altenrheine	00:10:41 93	01:07:23 241	00:32:54 257	01:50:58	W 45	9	00:00:00
236	777	Kleinhaus Wolfgang	TV Langenberg	00:13:00 249	01:05:44 223	00:32:15 245	01:50:59	M 45	44	00:00:00
237	779	Peters Judith	Bissee	00:10:43 94	01:09:55 281	00:30:24 196	01:51:02	W 25	7	00:00:00
238	785	Claassen Martina	SC Union 08 Lüdinghause	00:10:30 83	01:09:17 265	00:31:17 220	01:51:04	W 40	4	00:00:00
239	647	Lohmann Inga	1. Tri Team Gütersl.	00:11:39 134	01:04:12 191	00:35:34 295	01:51:25	W 25	8	00:00:00
240	490	Witte Hans	Team Schaltzentrale	00:14:50 309	01:05:23 214	00:31:18 222	01:51:31	M 65	2	00:00:00
241	601	Hülskramer Peter	Rheine	00:15:24 326	01:06:05 229	00:30:04 183	01:51:33	M 50	26	00:00:00
242	590	Glasow Gerrit	B3-Team	00:10:13 73	01:06:51 237	00:34:40 287	01:51:44	M 25	22	00:00:00
243	557	Bentmann Uwe	Dortmund	00:15:27 328	01:08:39 259	00:27:49 126	01:51:55	M 40	35	00:00:00
244	459	Terhorst Dirk	Tecklenburg	00:11:46 149	01:06:34 233	00:33:43 269	01:52:03	M 40	36	00:00:00
245	858	Wolf Niils	Brock Rocks	00:14:08 295	01:08:30 254	00:29:30 166	01:52:08	M 40	37	00:00:00
246	801	Niggenaber Ralf	TV Hohne	00:10:24 80	01:08:45 260	00:33:00 259	01:52:09	M 50	27	00:00:00
247	649	Schäfers Jürgen	SV Teuto Riesenbeck	00:12:20 201	01:07:45 247	00:32:04 241	01:52:09	M 50	28	00:00:00
248	408	Hüsing Evelyn	Marathon Steinfurt	00:13:26 269	01:07:18 239	00:31:30 232	01:52:14	W 50	4	00:00:00
249	768	Weßling Meike	Münster	00:11:27 120	01:09:27 269	00:31:27 228	01:52:21	W 35	6	00:00:00
250	417	Gawrisch Bernd	LT Siebengebirge	00:15:26 327	01:05:32 216	00:31:43 235	01:52:41	M 50	29	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf
251	546	Streich Stefanie	TV Georgsmarienhütte	00:12:29 211	01:12:20 308	00:28:06 133	01:52:55	W 45	10	00:00:00
252	873	Niehüser Ansgar	Ibbenbüren	00:10:37 91	01:07:50 248	00:34:32 284	01:52:59	M 40	38	00:00:00
253	867	Hellmich Maïke	SV Bergisch Gladbach	00:11:06 105	01:10:51 292	00:31:13 218	01:53:10	W 35	7	00:00:00
254	869	Kähler Stefan	Recke	00:15:38 335	01:07:29 244	00:30:04 184	01:53:11	M 40	39	00:00:00
255	769	Kersting Thomas	Düsseldorf	00:12:17 197	01:09:29 270	00:31:27 225	01:53:13	M 25	23	00:00:00
256	563	Wegmann Claus	TV Friesen Telgte	00:13:13 260	01:10:20 288	00:29:45 175	01:53:18	M 45	45	00:00:00
257	802	Leinker Andrea	Jericho Tri Team	00:14:15 301	01:07:10 238	00:31:57 239	01:53:22	W 45	11	00:00:00
258	760	Schilling Michael	Hamm	00:14:02 290	01:08:55 262	00:30:29 199	01:53:26	M 55	10	00:00:00
259	593	Wolters Anja	LG Emsdetten	00:10:36 90	01:11:31 300	00:31:21 223	01:53:28	W 45	12	00:00:00
260	621	Grauert Martin	Ibbenbüren	00:13:33 272	01:05:51 225	00:34:05 276	01:53:29	M 25	24	00:00:00
261	826	Brosch Michael	Bochum	00:12:36 221	01:08:08 250	00:32:46 256	01:53:30	M 50	30	00:00:00
262	612	Schliephake Marlies	SV Teuto Riesenbeck	00:14:28 305	01:09:12 263	00:29:51 179	01:53:31	W 50	5	00:00:00
263	412	Koch Barbara	TV Werne 03 Wasserfreu	00:11:47 150	01:08:00 249	00:34:11 278	01:53:58	W 45	13	00:00:00
264	638	van den Berg Ines	Hörstel	00:12:26 209	01:08:23 253	00:33:14 262	01:54:03	W 40	5	00:00:00
265	531	Stallkamp Timo	OSC Osnabrück	00:14:16 302	01:05:12 211	00:34:36 286	01:54:04	M 30	22	00:00:00
266	834	Sewing Doris	Fyp Team MS	00:11:58 166	01:09:17 266	00:33:00 260	01:54:15	W 35	8	00:00:00
267	595	Ahrens Markus	Wietmarschen	00:15:28 330	01:09:17 264	00:29:31 167	01:54:16	M 30	23	00:00:00
268	832	Foppe Rüdiger	Just 4 Fun	00:14:03 293	01:09:33 272	00:30:53 211	01:54:29	M 50	31	00:00:00
269	456	Korte Niklas	Stella Bevergern	00:13:05 252	01:13:08 311	00:28:48 154	01:55:01	M 20	12	00:00:00
270	861	Brockmann Anne	SC Falke Saerbeck	00:14:02 291	01:09:55 280	00:31:27 227	01:55:24	W 45	14	00:00:00
271	868	Wessendorf Nora	RV Wadelheim	00:14:00 286	01:11:18 298	00:30:07 185	01:55:25	W 25	9	00:00:00
272	876	Dirks Maja	Fortuna Logabirum	00:11:11 108	01:09:41 274	00:34:46 289	01:55:38	W 20	1	00:00:00
273	466	Hasenclever Heike	PV-Triathlon Witten	00:11:43 142	01:09:32 271	00:34:23 282	01:55:38	W 55	1	00:00:00
274	897	Ahmann Sigi	TV Friesen	00:13:29 270	01:09:47 276	00:32:45 255	01:56:01	M 60	7	00:00:00
275	463	Hülskötter Klaus	Laer	00:12:48 235	01:08:30 255	00:34:44 288	01:56:02	M 50	32	00:00:00
276	849	Holthaus Andre	TWE Tri-Team	00:09:38 46	01:11:22 299	00:35:05 293	01:56:05	M 40	40	00:00:00
277	473	Schönhoff Thomas	Münster (kein Verein)	00:12:49 237	01:05:02 205	00:38:18 323	01:56:09	M 40	41	00:00:00
278	822	Sladek Peter	SG Technische Betriebe	00:13:53 282	01:09:21 267	00:33:03 261	01:56:17	M 50	33	00:00:00
279	888	Wiesmann Alexander	Volker & Racho	00:13:10 258	01:11:16 297	00:32:09 243	01:56:35	M 20	13	00:00:00
280	440	Walters Ulrich	Canisiusschule	00:13:49 279	01:08:15 251	00:34:35 285	01:56:39	M 55	11	00:00:00
281	445	Nagelschmidt Eva	Emsstern Rheine	00:12:41 227	01:10:12 286	00:33:50 272	01:56:43	W 35	9	00:00:00
282	836	Runde Michael	Witten	00:15:53 338	01:09:52 277	00:31:26 224	01:57:11	M 35	30	00:00:00
283	494	Zudrop Jana	1. Tri Team Gütersloh GT	00:11:44 145	01:10:13 287	00:35:41 296	01:57:38	W 25	10	00:00:00
284	756	Flacke Olaf	TV Georgsmarienhütte	00:12:49 236	01:12:02 303	00:32:59 258	01:57:50	M 45	46	00:00:00
285	862	Pfeifer Jens	Hopsten	00:15:27 329	01:13:54 318	00:28:41 151	01:58:02	M 45	47	00:00:00
286	461	Schneuing Tobias	SC Hörstel	00:11:13 110	01:11:00 295	00:35:49 297	01:58:02	M 35	31	00:00:00
287	475	Korb Eckhard	Marathon Steinfurt	00:15:31 332	01:05:53 226	00:36:43 307	01:58:07	M 65	3	00:00:00
288	617	Wiechers Marlana	Münster	00:11:34 127	01:09:37 273	00:37:00 311	01:58:11	W 20	2	00:00:00
289	629	Brendel Christina	Osnabrück	00:12:04 176	01:07:32 246	00:38:48 325	01:58:24	W 20	3	00:00:00
290	429	Völkert Hinz	LSF Münster	00:15:01 311	01:08:39 258	00:34:56 290	01:58:36	M 65	4	00:00:00
291	900	Dreverhoff Nikolas	Vreden	00:15:12 319	01:09:53 278	00:33:35 266	01:58:40	M Jun	8	00:00:00
292	788	Möller Norbert	SC Union 08 Lüdinghause	00:14:14 300	01:10:41 291	00:33:46 270	01:58:41	M 55	12	00:00:00
293	471	van den Berg Hanna	Hörstel	00:13:20 266	01:06:33 232	00:38:49 326	01:58:42	W 30	3	00:00:00
294	424	Schäfer Joachim	Münster	00:11:57 164	01:10:05 285	00:37:15 315	01:59:17	M 55	13	00:00:00
295	853	Schnelle Esther	Osnabrück	00:15:10 317	01:08:21 252	00:35:57 298	01:59:28	W 35	10	00:00:00
296	815	Schulz Dietmar	Spielmannszug Albersloh	00:15:56 339	01:09:44 275	00:34:03 275	01:59:43	M 40	42	00:00:00
297	438	Obrikat Kerstin	TV Werne 03 Wasserfreu	00:11:51 155	01:12:03 304	00:36:12 301	02:00:06	W 40	6	00:00:00
298	751	Stauvermann Hubert	Lippetal	00:13:58 285	01:13:13 313	00:33:48 271	02:00:59	M 60	8	00:00:00
299	414	Möller Heinz	Marathon Soest	00:16:51 342	01:10:34 290	00:33:42 268	02:01:07	M 70	1	00:00:00
300	501	Varnskühler Norbert	SV Teuto Riesenbeck	00:13:16 262	01:10:59 294	00:37:02 312	02:01:17	M 55	14	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim. Platz	Rad Platz	Laufen Platz	Zeit	AK	Platz	Zeitstraf
301	418	Niggemann Andreas	Laufgruppe ziiiiisch und w	00:14:00 288	01:10:02 283	00:37:21 316	02:01:23	M 50	34	00:00:00
302	605	Holthaus Britta	SC Altenrheine	00:12:01 170	01:12:05 305	00:37:24 319	02:01:30	W 35	11	00:00:00
303	453	Kalkhoff Rudi	Münster	00:15:07 314	01:10:21 289	00:36:22 302	02:01:50	M 65	5	00:00:00
304	554	Laszig Elke	Sv Teuto Riesenbeck	00:15:33 333	01:10:03 284	00:36:40 305	02:02:16	W 55	2	00:00:00
305	648	Huil Bernhard	SC Hörstel	00:15:31 331	01:09:53 279	00:37:14 314	02:02:38	M 60	9	00:00:00
306	587	Schwieters Christian	Topp die Wette gilt	00:12:30 212	01:12:00 302	00:38:21 324	02:02:51	M 35	32	00:00:00
307	842	Peters Daniel	Teitus SV Neptun	00:13:17 263	01:12:09 307	00:37:45 321	02:03:11	M 30	24	00:00:00
308	896	Decker Martin	GM-Hütte	00:13:10 257	01:09:56 282	00:40:06 327	02:03:12	M 50	35	00:00:00
309	881	Matheke Marco	TV Hohne	00:13:24 267	01:13:23 314	00:36:45 308	02:03:32	M 20	14	00:00:00
310	838	Neumann Gesine	Osnabrück	00:12:07 182	01:15:16 324	00:36:42 306	02:04:05	W 35	12	00:00:00
311	427	Hemmelgarn Martin	TriFinish Münster	00:12:03 174	01:10:59 293	00:41:24 331	02:04:26	M 50	36	00:00:00
312	626	Kortenbreer Sonja	SV Teuto Riesenbeck	00:15:07 315	01:15:09 322	00:34:23 283	02:04:39	W 35	13	00:00:00
313	493	Ganssaug Ronja	Münster	00:13:45 277	01:13:36 317	00:37:25 320	02:04:46	W 20	4	00:00:00
314	839	Upmann Rudolf	LG Rheine Elte	00:14:11 297	01:15:38 327	00:35:00 291	02:04:49	M 60	10	00:00:00
315	841	Rother Marion	Emsstern Rheine	00:12:56 245	01:17:55 332	00:34:05 277	02:04:56	W 45	15	00:00:00
316	435	Kaup Friedhelm	TC Bluering	00:12:16 196	01:16:42 330	00:36:10 299	02:05:08	M 55	15	00:00:00
317	500	Weirauch Eva	LG Emsdetten	00:12:22 206	01:20:21 337	00:32:27 250	02:05:10	W 35	14	00:00:00
318	437	Oeckermann Karlheinz	ASC - Ahlen	00:13:33 271	01:11:00 296	00:40:39 330	02:05:12	M 50	37	00:00:00
319	578	Gratilow Hans-Jürgen	Langlingen	00:14:13 299	01:15:11 323	00:36:11 300	02:05:35	M 55	16	00:00:00
320	568	Niemeier Frank	Tri.-Köche-Team-OWL.de	00:12:21 202	01:13:36 316	00:40:14 328	02:06:11	M 45	48	00:00:00
321	444	Streitberger Hans-Joachim	Kein	00:12:53 241	01:11:43 301	00:42:09 332	02:06:45	M 65	6	00:00:00
322	485	Hoffmann Sebastian	Haxter Lauffreunde Pader	00:15:10 318	01:14:51 319	00:36:56 310	02:06:57	M 40	43	00:00:00
323	529	Blok Jan	Schüttorf	00:16:13 341	01:16:42 329	00:34:11 279	02:07:06	M 50	38	00:00:00
324	433	Herrmann Thomas	Stella Bevergern	00:14:36 307	01:12:26 309	00:40:22 329	02:07:24	M 35	33	00:00:00
325	899	Volmer Michael	Vreden	00:15:24 325	01:15:36 326	00:36:27 304	02:07:27	M 45	49	00:00:00
326	811	Heinemann Birgit	Marathon Steinfurt	00:14:12 298	01:20:39 338	00:32:39 252	02:07:30	W 50	6	00:00:00
327	517	Steinforth Ewald	Obersteinbeck	00:15:13 320	01:15:23 325	00:37:24 318	02:08:00	M 55	17	00:00:00
328	543	Conze Christiane	Telgte	00:11:49 152	01:19:39 334	00:37:21 317	02:08:49	W 50	7	00:00:00
329	763	Brinker Hans-Dieter	RT Osnabrück	00:14:00 287	01:23:37 342	00:32:16 246	02:09:53	M 55	18	00:00:00
330	823	Fluchtmann Maik	ibbenbüren	00:14:28 304	01:19:32 333	00:36:24 303	02:10:24	M 40	44	00:00:00
331	596	Klose Edgar	TV Langenberg	00:13:50 280	01:13:08 312	00:43:45 333	02:10:43	M 55	19	00:00:00
332	560	Schmidt Artur	LG Rheine-Elte	00:11:50 153	01:14:52 320	00:44:30 335	02:11:12	M 55	20	00:00:00
333	570	Reckers Maren	Hörstel	00:11:19 113	01:21:56 339	00:38:13 322	02:11:28	W 25	11	00:00:00
334	489	Janowsky Manuela	Tecklenburg	00:15:08 316	01:13:06 310	00:44:42 336	02:12:56	W 40	7	00:00:00
335	615	Bartel Alexander	Ibbenbüren	00:13:52 281	01:14:57 321	00:45:45 337	02:14:34	M 40	45	00:00:00
336	468	Heuing Meike	Ibbenbüren	00:15:16 322	01:13:30 315	00:45:48 338	02:14:34	W 30	4	00:00:00
337	597	Janson Ralf	Ibbenbüren	00:09:47 52	01:12:09 306	00:53:59 343	02:15:55	M 50	39	00:00:00
338	864	Ebbeler Ralf	Ibbenbüren	00:13:08 253	01:17:02 331	00:49:27 342	02:19:37	M 35	34	00:00:00
339	550	Kluck Thomas	Tri.-Köche-Team-OWL.de	00:15:48 337	01:16:20 328	00:48:11 340	02:20:19	M 45	50	00:00:00
340	828	Kenning Matthias	KODAK Brillen Outlet	00:15:35 334	01:22:03 340	00:44:04 334	02:21:42	M 50	40	00:00:00
341	830	Kottmann Rolf	LG Kotti	00:21:02 345	01:23:35 341	00:37:06 313	02:21:43	M 50	41	00:00:00
342	795	Brinkmann Hans	Marathon Soest	00:21:09 346	01:20:03 336	00:46:36 339	02:27:48	M 75	1	00:00:00
343	476	Korb Anneliese	Marathon Steinfurt	00:19:37 344	01:19:49 335	00:49:26 341	02:28:52	W 70	1	00:00:00
344	794	Brinkmann Mechthild	Marathon Soest	00:17:02 343	01:32:36 343	00:54:53 344	02:44:31	W 65	1	00:00:00